

Revi

Citrus



5

student life
REmember



27

academics
search



69

organizations
present



111

sports
play



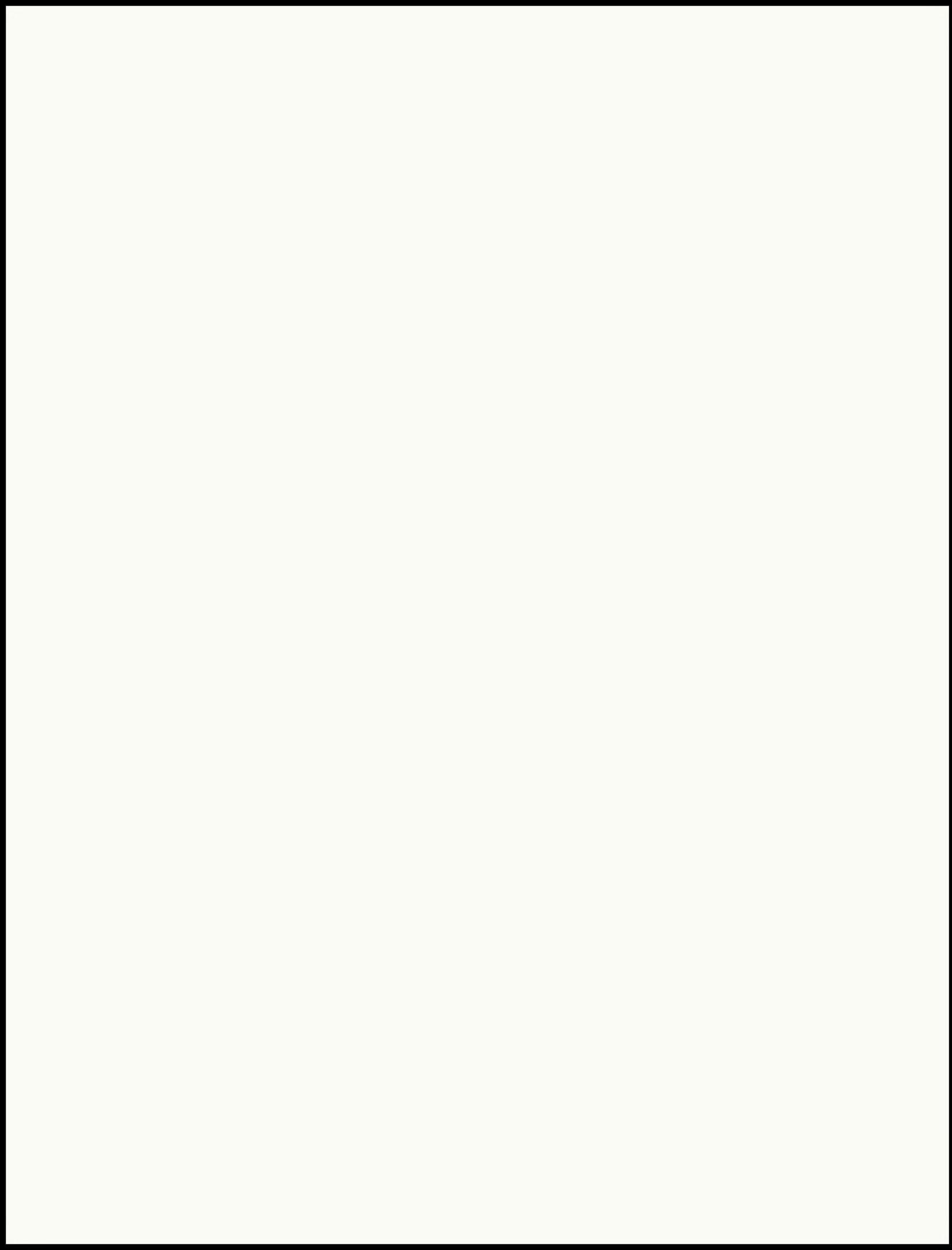
69

people
late



243

ads
REcommend

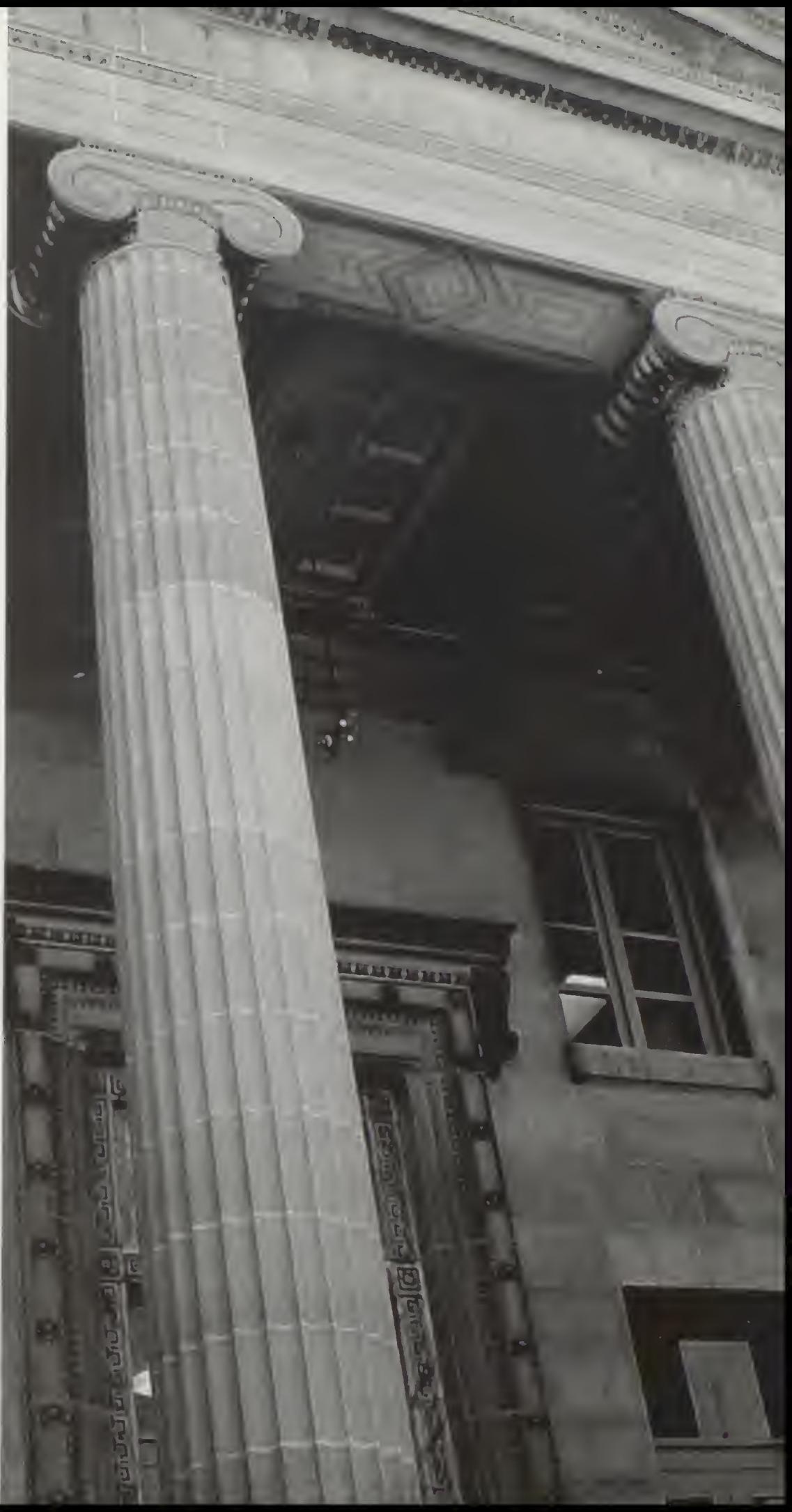


East High School

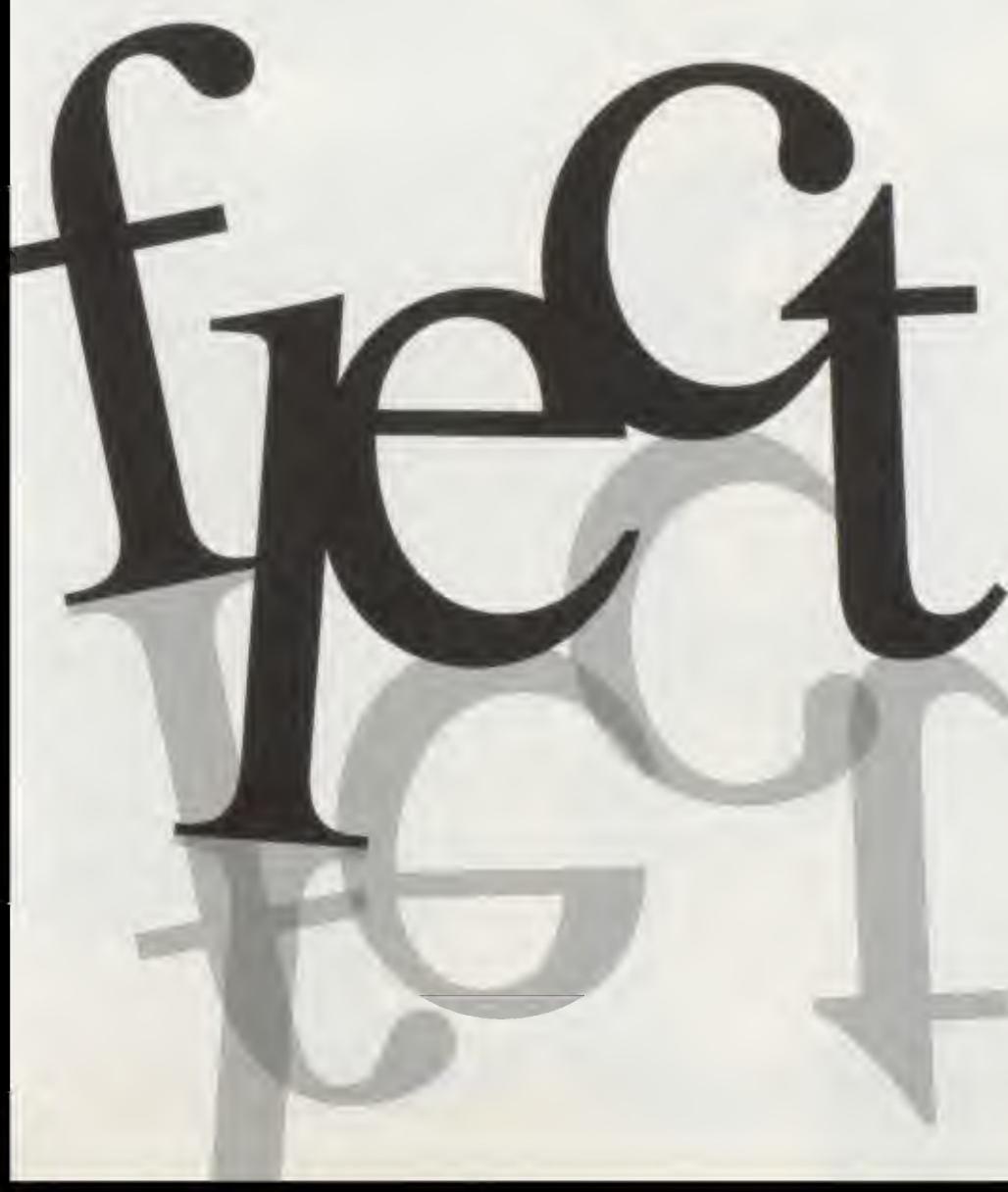
2006-2007

815 East 13th Street
Des Moines, Iowa 50316
515-242-7788

Volume 101
Principal Mike Zelenovich
Enrollment 2,186



RHYTHM



Look into a mirror. What do you see?

You see a reflection; a reflection of your eyes, your hair, your nose, your smile, your tears. Staring back at you is your face, full of emotion and expression. Seeing your feelings directly in front of you causes you to wonder why you feel this way.

Why are your eyes glistening with tears? What made you laugh so hard your cheeks turned red? Who made you furrow your brow in disapproval?

A reflection is not only a picture looking back at you; it is the thoughts that come along with the image. The reminiscing of what has caused you to look like you do at the moment of heightened emotion.

Looking back on your years in high school remember all the things that have made you who you are.

The amazing night you had with your best friend, driving around downtown listening to loud music, the basketball game that had your heart racing and your blood pumping, the walks to McDonald's for lunch that almost made you late for class, the boyfriend who cheated on you and left you crying all first period long.

Good and bad, all of your memories have helped mold and shape you. As you look at the pictures and read the stories in this yearbook, take a moment to reflect on what has brought you to this point in your life.

opening

3

*happiness isn't something you experience;
it's something you remember.*

-oscar levant

The Range

big idea



student life

5

party in the pyramid

Story/Layout by Katie Grimm

ormally, when someone would think of East High, they'd think red, black and Scarlets, right? Well that's not the case for homecoming, the gym and cafeteria was turned into an Egyptian party.

This year's homecoming dance was from 7:30 to 10:30 in the big gym. The dance was on September 30.

"I think making the time earlier this year was kind of stupid, even if it gives you more time to do stuff afterwards, dances are supposed to end later," said junior Jena Bowen.

The theme for this year was "party in the pyramid." Senior Joey Peterson thought this year's theme was "alright, it wasn't anything fancy, but it wasn't really wild either."

Besides coming to the dance and hanging out, there were many preparations for the night. Girls sometimes take longer getting ready than guys, since they have many things to worry about such as finding the perfect dress and accessories, doing their hair, make-up, nails, and looking at themselves hundreds of times before even walking out the door.

"Before the dance Stephanie Rangel, Rachael Schwartztrauber, and me went out to eat at Steph's grandpa's restaurant, and we took lots of cute 'Marilyn Monroe' pictures by my car," said junior Paige Shannon.

"Getting ready was so much work. I woke up around 9, went and got my fingers and toes done, showered, then Brittany O'Dell and I went to the mall to get our make-up done, and after all that we still had to do our hair and get dressed. We went to Mama Lacona's to eat, and then to the dance," said Bowen.

This year's homecoming court from the freshmen were, Sabreen Al-Hameed, and Levi Cardenes; the sophomore court for this year was Jasmien Clouse, and Will Chapman. From the juniors were Mike Boyd, and Tia Mays. The senior court boys were, Ben Ballard, Aaron DeGoey, Ben Hurley, Amara Sama, and Logan Miller. The senior court girls were Amanda Enochs, Sarah Perkins, Addison Speck, Natasha Siders, and Christina Tharp. This year's homecoming king and queen were DeGoey and Enochs.



Freshmen Sean DeGoey and Madison Kasper take a break from a long stretch of dancing.



Senior Derek Hale is full of energy as he dances with junior Jena Bowen.

Below, junior Brandon Labelle, sophomore LaRissa Connell, and juniors Ashley Kasper and Colton Collins enjoyed a meal before the dance. They and a few other friends went to Mama Lacona's.



In the photo above, seniors Ryan Brouwer and Ben Hurley were pictured hanging out and having fun at the homecoming dance.



homecoming

REdeem your spirit

Story/Layout By: Hannah Kilby

To some schools, homecoming week may be just like any other. To EHS, it is a time to show our true Scarlet spirit, the Eastside way.

"I had a lot more fun this year during homecoming week because, me and my friends actually participated," said Sophomore Brittany Scanlon.

During SPIRIT WEEK, each day stands for something different. This year, Monday stood for Character day. Tuesday was Pirate day, Wednesday was Wacky Wednesday, Thursday was red Carpet/Celeb day, and

Friday was the traditional Spirit Day.

"My favorite day was Friday because it was awesome seeing all of the EHS school spirit," said Junior Paige Olgren. "Not only did students dress up, but teachers did as well."

Friday, September 29th 2006 at 7:30p.m. was the kick off for the homecoming game. The Varsity football team led us to a proud victory of 24 to 21 against S.C. West.

"I can't even begin to explain the movement of the team after our VICTORY over Sioux City," said Sophomore Juan Rincon.



Monday

Character
Day



Senior - Lacey Bergan

Tuesday

Pirate
Day



Junior - Alex Mathis

Wednesday

Wacky
Day



Sophomore - Brittany Scanlon



- 1: The FB team gathers in a huddle celebrating their victory against S.C. West.
- 2: The cheerleaders gather together at halftime to decide what cheer to do next.
- 3: Spanish 3 class gets together for a group picture.
- 4: Students of all grades tailgate before the big game to get pumped!
- 5: The FB team charges down the tunnel & onto the field to begin their slaughter of the Wolverines.
- 6: The EHS student section goes crazy as they watch the game.
- 7: Riley Galvin and Emily Mullin pose for a picture on Wacky Wednesday.
- 8: The FB team relaxes for a moment awaiting the call for a first down.
- 9: Molly Fessler-Boylan is the new baton twirler following her older sister's footsteps.
- 10: Senior Sydney Williams puts on her pirate face and strikes a pose.
- 11: The Scarlets prepare to block defensively.
- 12: Senior Karl Althaus runs the flag up & down the track as East scored the first touchdown of the night.

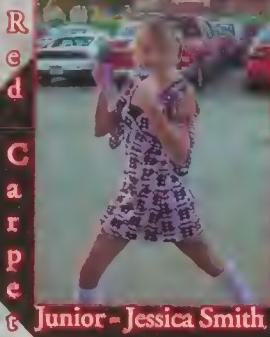
13: Junior Jorden McGriff smiles for the camera on Spirit Day.

14: The football team waits patiently for the call from the refs.

15: TP-ing is an annual tradition where students TP friends to spread homecoming spirit.

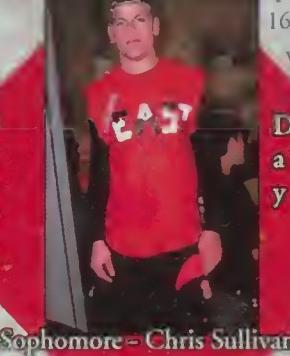
16: The FB players help the cheerleaders out with a routine at the Pep Assembly.

Thursday



Red Carpet
Junior - Jessica Smith

Friday



Sophomore - Chris Sullivan

homecoming

9

get cho hair did.

Story/Layout by Jennifer Harmon

Curly, frizzy, short, straight, blonde, greasy, spiked, long, brown, braided, nappy, green: anything goes when it comes to hair and if that's not good enough, it can always be changed.

One way to alter hair is to dye it. Many people now dye their hair at home. Doing it yourself can be a lot cheaper than a salon, but also riskier.

Junior Nikki Ellis said, "I wanted to go to a darker red, and I always dye my own hair, so I bought some dye and dyed it at home. When I had it on my hair, it looked really orange, so I knew it wasn't going to be good. It turned out nothing like I wanted."

Although going to the salon may be more expensive, there is always the confidence that those dying your hair are professionals and trained to do well. Senior Kacie Eggen trusts her salon to do her hair "because they won't mess it up and if they do, they'll fix it."

The most obvious way a person can change their hair is by getting it cut. Getting a hair cut can be a pretty big deal, or just another task on the to-do list.

"Getting my hair cut is never really a big deal. I usually just get a trim, since I don't have layers or anything," said senior Addison Speck.

For people like junior Clinton Cunningham, hair can be a conversation starter. Cunningham's mullet has people talking.

"When I walk down the hall people say 'Dude, there's a mullet,'" said Cunningham. "Whenever I walk in somewhere people stare and talk about it."

Radical hairstyles also show school pride. Dying hair red and black is a common accessory for football games. Junior Stanley Frederickson used temporary red hair dye for football games. Sophomore RJ Harris also shows his Scarlet pride by shaving his hair into a mohawk.

"The first time I got a mohawk was because East made it to state for basketball and since our mascot is the Indian I thought it'd look good," said Harris.

To some, mohawks, mullets and dye can seem a little out of the ordinary, but teacher Stan Thompson says that he "doesn't see anything too wild" when it comes to his students hair.

"I've seen everything. It all comes and goes with the times," said Thompson.



"I used to have waves in my hair. I did it with my brush and grease. They looked nice. Girls like the waves."

-stuart hall [12]



"When it comes to my hair you either like it or you don't like it at all. Drautz always tells me I need to get it cut."

-david davis [10]



Jenny Crabb [12] or Eddie Clearwater [11]



Kacie yang [12] "I cut my own hair and it's all natural."



"I'm not afraid to do anything with my hair because it grows back. Plus, if you cut it too short, there are always extensions."

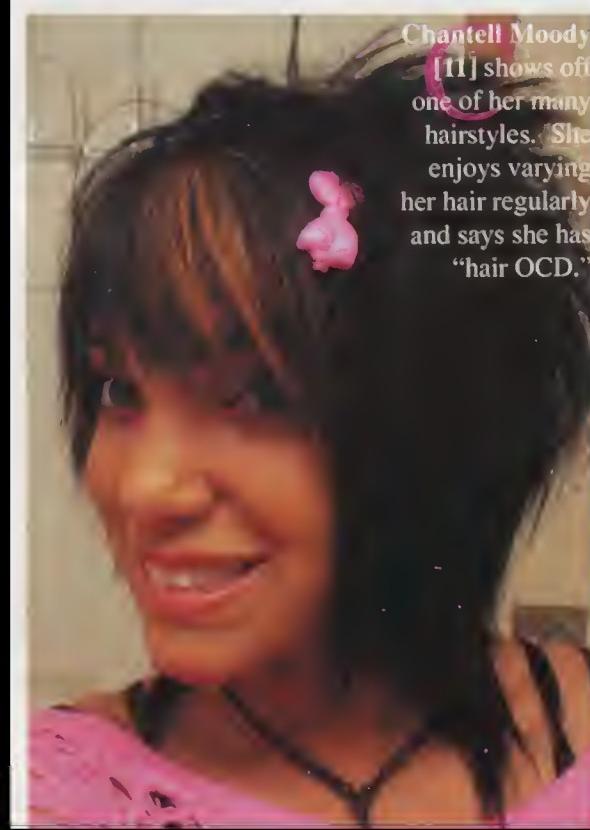
-tasha siders [12]



Stanley Frederickson [11] and Brittany O'Dell [11] show their school spirit in all red, Face painting and hair dye top off the look.



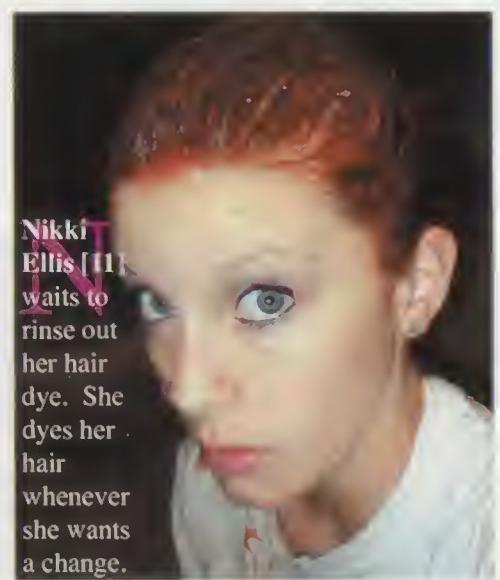
As Joe Rivas [12] looks in the mirror, he combs through his curly hair. Rivas's hair has gone through many transitions throughout high school including extensions, gel, and straightening.



Chantell Moody [11] shows off one of her many hairstyles. She enjoys varying her hair regularly and says she has "hair OCD."



Although the other beads are hidden, Sydney Williams's [12] dreadlocks are filled with screws, beads, and other decoration. Williams has had her dreads since 9th grade.



Nikki Ellis [11] waits to rinse out her hair dye. She dyes her hair whenever she wants a change.

hair

What kind of junk is in your trunk?



Blankets



Shoes

Pictures



Junior Mattison Sellers



Junior Castle Johnson



Junior Allison Cannick stands next to her car and wonders why she is letting her messy trunk be placed in the yearbook for all of student body to see.

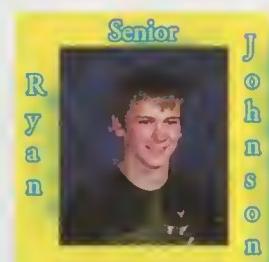
What's in your trunk?



Sophomore
Kory Sly



Junior
Heidi Hockensmith



Senior
Ryan Johnson

"I don't really have space in my trunk for anything, because my subs and amp take up so much space."

"I have a lot of stuff in my trunk; picture hooks, sequins, glitter, clothes, CD's, makeup, candy, hair dye, socks with no matches, and lots of bling."

"I don't have much in my trunk really, I think I only have a blanket in there right now."



This is an example of what a teenage girl in high school's trunk might look like.



Books



Shopping
Bags



Basketball

What kind of
junk is in your
trunk?



GOT JUNK?

Story/Layout By: Hannah Kilby

Maribeth Mullin is one of the few sophomores to have a car however; she is one of the many students at East to have a car. "hairspray, basketball, shoes, chips, books, trash, paper, pictures, movies, tools, volleyball, shopping bags, spare tire, a gas can, junk, everything, were some of the common responses to the question, what do you have in your trunk?"

"I have everything in my trunk, I throw so much crap in there," said Mullen. Many EHS students have way more stuff in their trunk than necessary. Seventy five percent of these students are not even sure of what all is in their trunk.

"I have anything and everything in my trunk," said junior **Abigail Miller**. "It is like a second closet to me."

Clothes and shoes were the most popular responses regarding "junk in your trunk."

"Maybe, junk in your trunk isn't so bad." said senior **Josie Saeeo**. "I like my trunk to be clean, but it depends on the driver's opinion."

If seventy five percent of EHS students just throw everything in their trunks then how much is too much?

"My best friend and I both have like a ton of stuff in my trunk, there are a ton of shopping bags, clothes and shoes in there," said junior **Casie Johnson**. "It's bad enough with just me and my shopping obsession, but with both of our shopping obsessions, things can get a little packed."

Three out of every four students surveyed, said that they haven't cleaned their trunk out since school started.

"I have QuikTrip cups galore in my car's backseat and trunk. I just throw everything from my backseat to my trunk," said junior **Adam Geiger**. "I like my car clean and could really care less about my trunk, nobody really sees it anyway."

Spare
Tire



Clothes



Chips



Papers



Trash

what's in your trunk?

MICHIGAN

**to create the world's
greatest yearbook**

It's been talked about for years by
for the class of 2007, to the 07/
James Bond label associated with their
graduation year. The yearbook staff trans-
forms this idea in a mission to attempt to
create the world's greatest yearbook.

"A great yearbook needs essentials such as creative layouts & designs that preserve the memories of the school year. I am a senior co-ed at Abby Grover. The most important thing behind a good yearbook is having amazing people who are dedicated to it."



"book together in a way that makes it visually attractive," said senior art director **Sydney**

Williams. A great year for the south-
ing without interesting sto-

This involves journalism-style writing
and interviewing the right people.

Junior Jorden McGriff said, "It got easier as the year passed by and it's going to get easier, but it's a lot of work."

"Next year I hope to play a bigger role in the staff, maybe as an editor."

Hannah Kiby (K.C.)
~junior quill member

BOOK with it being
my senior year.”

Casie Johnson (\$100 reward-
dead or alive)
junior quill member

2007 Yearbook Agents

Assignments:

1. Cover
2. Senior section
3. design
4. best of best
5. wills
6. baby pics

Assignments:

1. Group team layouts
2. Student spotlights
3. Surveys
4. Spreads
5. art
6. math

Assignments:

1. Templates
2. Opening
3. Endsheets
4. Quill page
5. Pictures

Assignments:

1. Spreads
- boys soccer
- biology scroll
- girls swimming
- golf

CASINO ROYALE

JAMES BOND (Daniel Craig) has always had his license to kill. But Bond is no lone dragoon, and with two professional间谍 agencies at quick summoning, he is elevated to "007" status. Bond's first 007 mission takes him to Madagascar, where he must stop an assassin. The movie launched on November 1, 2006.

CASINO
ROYALE

15
007 mission

Story/Layout by Nick Mongar



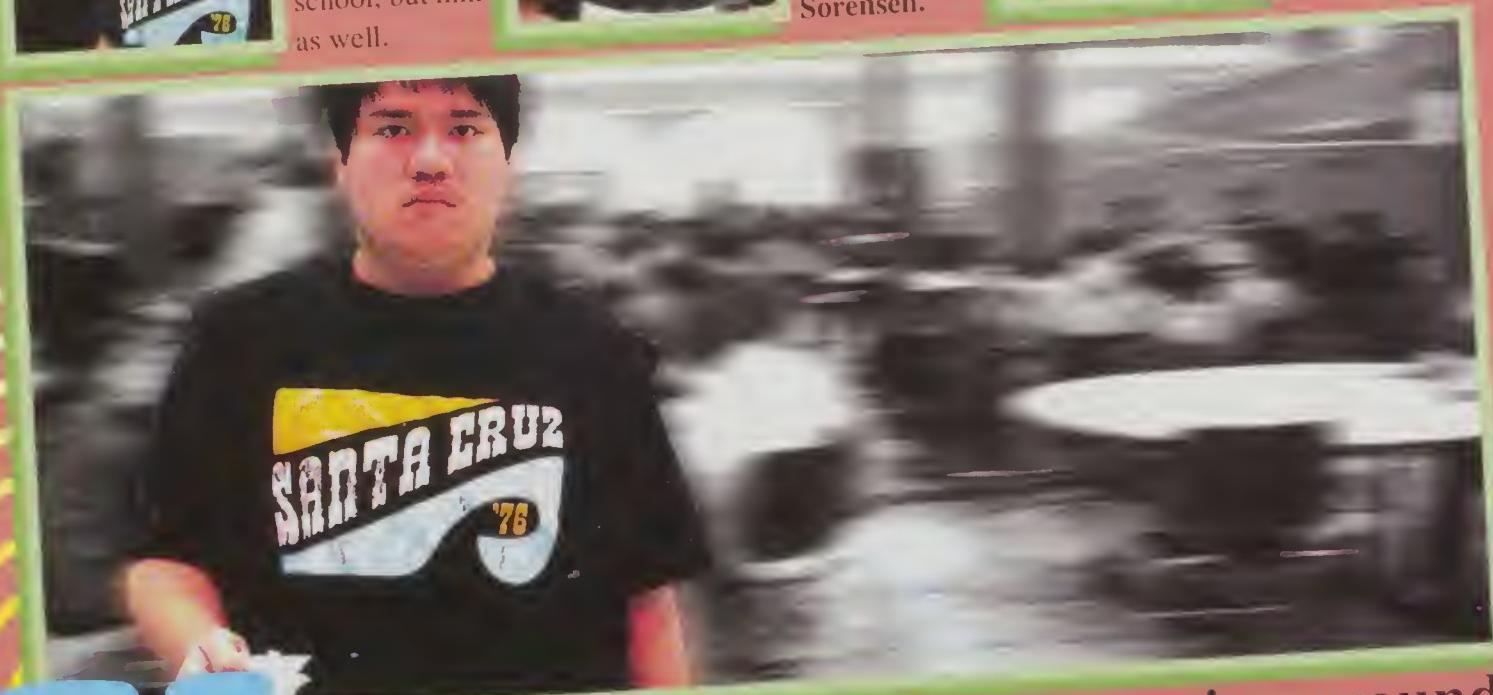
"I like to help," said junior Phillip Pacha. Pacha feels that it's not only helping the school, but him as well.



"He's a great student in class, you can tell that his confidence is way up," said teacher Kevin Sorensen.



"That kid is my hero, I haven't taken back one lunch tray this year!" Said junior Justin Duckworth



You might have seen him at lunch, roaming around

the tables, picking up the empty trays, wiping away spilt drinks, or just helping someone find a chair. This might've just looked some helpful student, but to junior Phillip Pacha, this was more than just picking up trays.

"Phillip is a great student in class, we felt that he just needed to get out and socialize," said teacher Kevin Sorensen. "Working in the cafeteria is a great place for him to socialize and interact with people."

This was Pacha's participating in the work-study program, a school organized job for students to work on their employment skills and work exploration, communication with superiors, respect for others, responsibility, good attendance, and to make some money.

"There are other types of work-study programs; many of them are in the summer though. So when they said they could use some help in the cafeteria, we thought that Phillip would fit the bill," said Sorensen.

Everyday, Pacha spent his lunch period working in the cafeteria, helping out the lunch ladies, picking up trays, and helping to keep the cafeteria clean, and in doing so, learned some important social skills for his future.

"He's becoming more approachable," said Sorensen. "The program has given him more confidence around people and with his classmates."

Pacha agrees that the program has helped him be more comfortable around people; he plans on continuing the work program throughout high school.

"Phillip is a great kid," said work counselor Sid Gordon. "He is becoming a hard worker, he likes working, and he's always on time. I can tell that he is going to be a great employee someday."



helping out



Junior Phillip Pacha picks up some empty trays during lunch. Everyday this year, he spent his lunch period helping out around the cafeteria.

helping others

Friendship



Niswander Sisters

Friendship



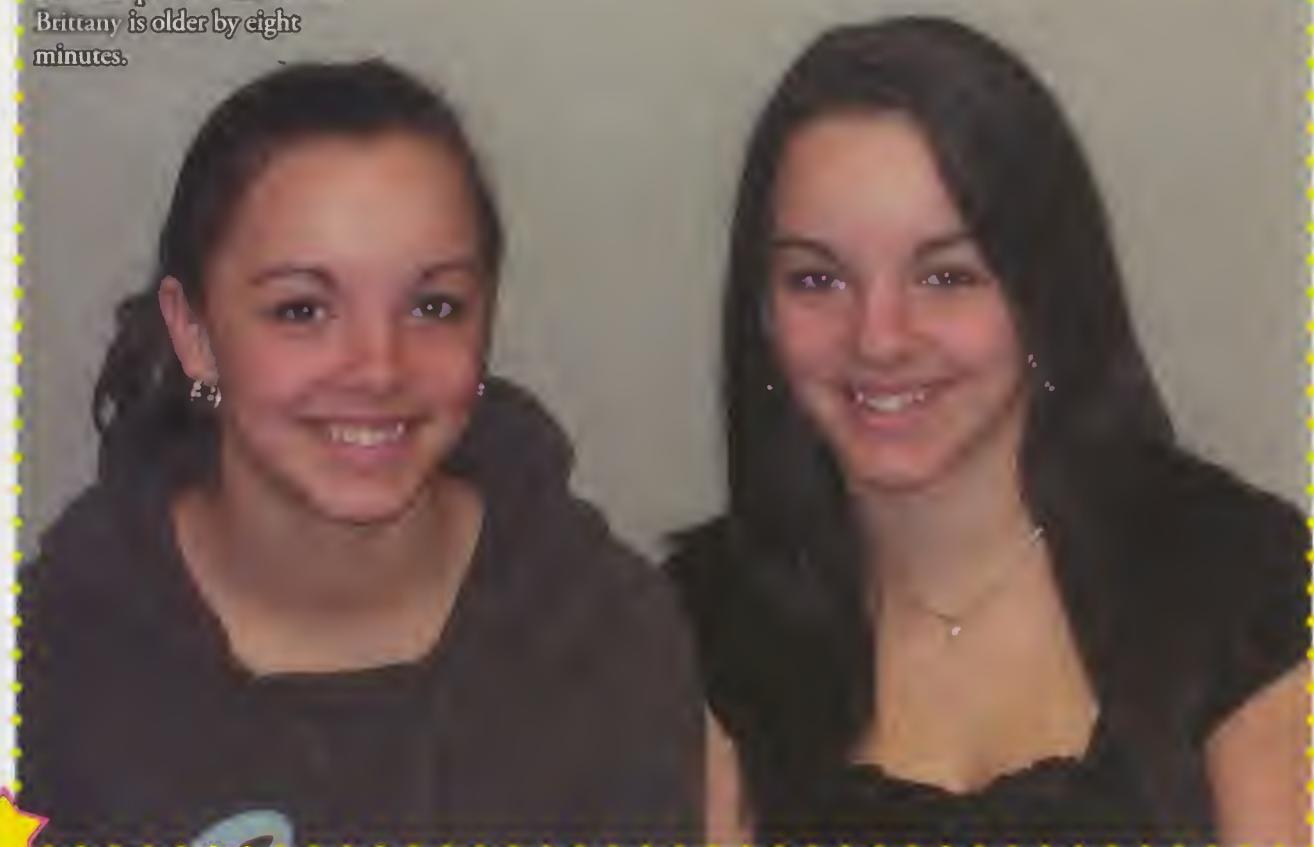
Friendly Sisters

Friendship



Niswander Sisters

Seniors **Nikki** and **Brittney Robbins** pose for the camera. Brittney is older by eight minutes.



Double Trouble

Ever wonder what it's like to be a twin? For seniors **Brittney** and **Nikki Robbins**, they ask just the opposite.

"I can't say that I don't ever wonder what it's like to not be a twin," said Brittney. "I would rather be a twin, though, because someone is always there for me to talk to."

There are four different types of twins: identical, fraternal, polar body, and siamese. Identical twins are when they look exactly alike. Fraternal twins can be different sexes or the same sex but have different physical features. Polar body twins have only half of their chromosomes identical. Siamese twins are identical and conjoined.

"I like being an identical twin, except for when people mix us up," said sophomore **Shardaine Manson**. "It can get very annoying when it happens all the time."

At East, there are many sets of twins. It's common to walk down the halls and have to take another look because you think you're seeing double. It's also common to see a set and think to yourself "how can they be twins?"

"Nikki and I are twins, but we could never switch places without anyone knowing, because we don't look enough alike," said junior **Alyssa Ellis**.

Some twins have rougher lives than others. For the **Niswander** twins life is a lot different. **Gabriella** and **Zoey** are identical twins; the major difference is that Gabriella is physically impaired.

"As I look at the difference between me and my sister, I try to put myself in her shoes, but I can't fully comprehend what it's like to be limited by mobility," said freshman **Zoey**.

Next time you wonder what it's like to be a twin, try to realize that being a twin can be more than just an appearance.

Sophomore



Minton Sisters

Junior



Koth Sisters

Junior



Price Brothers



Juniors Cody and Dalton Price both share the passion to wrestle and playfully practice their skills. They both were on the EHS wrestling team.

What is it like being a twin?

Freshman



Zoey Niswander

- “Being a twin is fun and exiting. People always mix me and my sister up because we are identical, and that can be annoying. We fight a lot, but we do end up making up in like 5 minutes, so it’s not so bad.”

Sophomore



Shardaine Manson

Freshmen Leslie and Melody Sotelo-Mata smile because they were actually getting along when the picture was taken.



Senior



Vorvongthong Sisters

Junior



Bolcher Twins

Story/Layout by Hannah Kilby and Casie Johnson

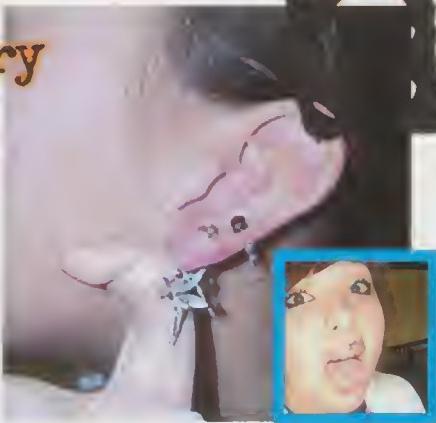
twins

street holes

heather terry

junior

how many! piercings here?
cars, belly button, tongue and lip
who did you? skin kitchen & eastside ink
how big? 1/2 inch gauges
what else...
"I used to want my nipples pierced, but now I don't because it looks gross."



chaney crabb

senior

where? smiley what?
webbing connecting upper lip to gums
who did 'em? eastside ink
did it hurt? "The initial piercing didn't hurt at all. What hurt was when the ring had to be closed. It literally felt like my face was getting ripped off."



clinton cunningham

junior

what? bridge, inverted snakebites, ears
who did 'em? sacred skin
did it hurt? "The inverted snakebites hurt the most."
say what? "Someone said to me one time 'Dog, I should throw a magnet at your face and see what happens.'

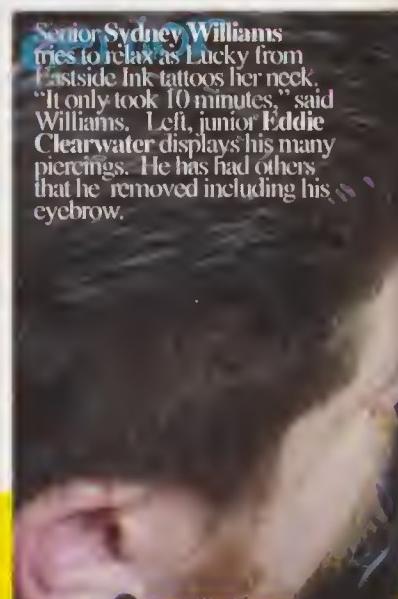


Interviews & Layout by Jennifer Harmon & Sydney Williams

Junior Heidi Hockensmith sits motionless as Biff of Sacred Skin marks and then pierces her lip. Hockensmith removed the piercing shortly after she got it because it bothered her while singing.



Senior Sydney Williams tries to relax as Lucky from Eastside Ink tattoos her neck. "It only took 10 minutes," said Williams. Left, junior Eddie Clearwater displays his many piercings. He has had others that he removed including his eyebrow.



kicktats

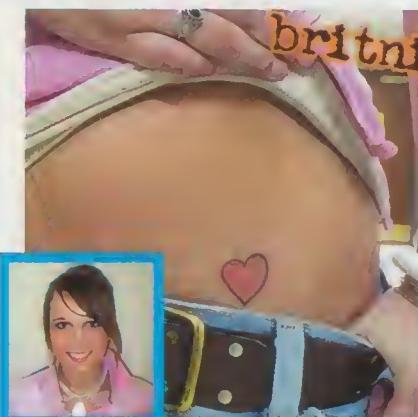


Senior Adam VanHeiten shows off his tree tattoo that he got done at East Side Ink. He picked the design because it was "kick-ass" and "different than any other tattoo" he'd seen.



justin rice
senior

why?!
"Stars have been in the family for generations so I thought I would carry on the tradition."
who did it??!
eastside ink
did it hurt?!
"I'm not going to lie, it felt like being burned with a soldering iron."
want more??!
yes.



britni hellmers
junior

why?!
"I always draw hearts everywhere. Also, I wanted something dainty and girly."
who did it??!
an acquaintance
did it hurt?!
Not really, only when it got closer to the bone. It only sucked because I had to stand the whole time.



colton collins
junior

who did it??!
dr. skin kitchen
want more??!
"Yes of course! Now I believe it when they say 'ink addiction.'"
why?!
"I thought it would be cool and my older brother has tattoos in the same spots and he's a role model to me."

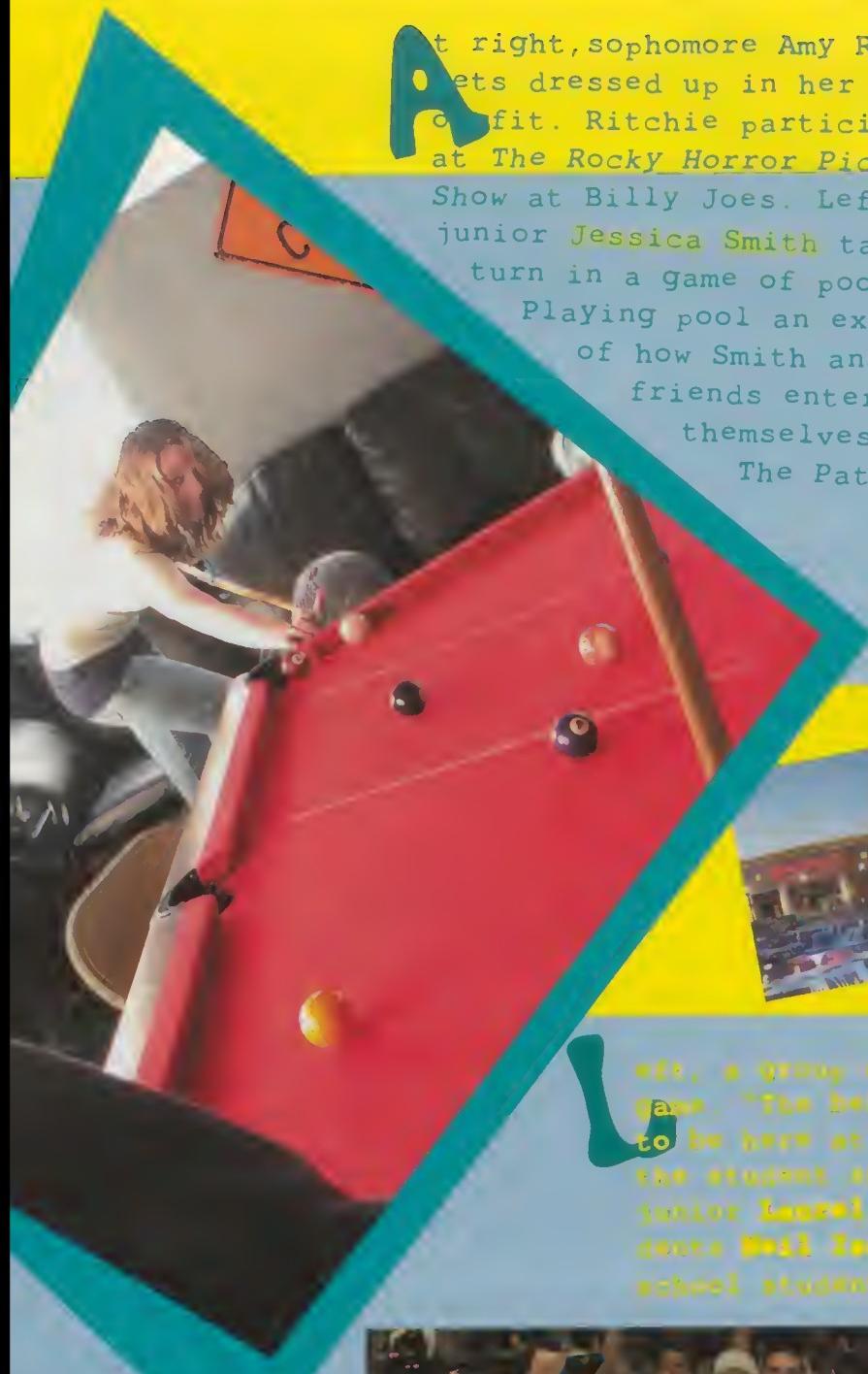


tattoos & piercings

21

At right, sophomore Amy Ritchie gets dressed up in her maid outfit. Ritchie participates at *The Rocky Horror Picture Show* at Billy Joes. Left, junior Jessica Smith takes her turn in a game of pool.

Playing pool an example of how Smith and her friends entertained themselves on The Patio.



Left, a group of basketball fans cheer during a home game. "The best place to be on the weekend would have to be here at school with other East fans cheering in the student section," said senior Josh Myers. Right, junior Laurel Murphy dances with fellow senior students Neil Iess and Eldon Campeo-Anderson. Many high school students go to Club Energy on the weekends.



where do u like 2 hang?



"I like to hang out at Jordan Creek with my friends. There's just so much to do there. We can shop, go to the movie theater, or pig out at the food court."

"On the weekends I like to go to this coffee shop downtown called Java Joes. They have really good coffee and usually have nights where they read poetry."

"My friends and I like to hang out at the gym. Sometimes you just need some friendly competition around to push you that much more. Plus I like to work on my arms."

Student

Social Spots

story and layout by: Jami Bowen

Sophomore Amy Ritchie walks into the Billy Joe Picture Show Theater with her friends to enjoy yet another interesting night showing of the Rocky Horror Picture show.

"My friends and I like going to Billy Joe's on the weekends. I love that you can be totally unconventional. At a regular movie theater people throw things at you if you yell at the screen, but at Billy Joe's it is "expected" that you participate in the audience participation. It's nice to just be wild and let go after a long week at school," said Ritchie.

Ritchie along with many other students, find their own unique ways to unwind when the long-awaited weekend finally comes after a drowned out week of homework and tiresome classes.

"I usually hang out at Merle Hay Mall with my friends. We don't always go there to buy things; we just like getting out and being together. Even though I see my friends every day at school there is just something more fun about hanging out outside of school, even if it is just to walk around the mall," said senior William Sowder.

Not all teenagers need to leave their homes to have a great time when the weekend approaches. Junior Jessica Smith tends to spend most of her weekend in her very own backyard.

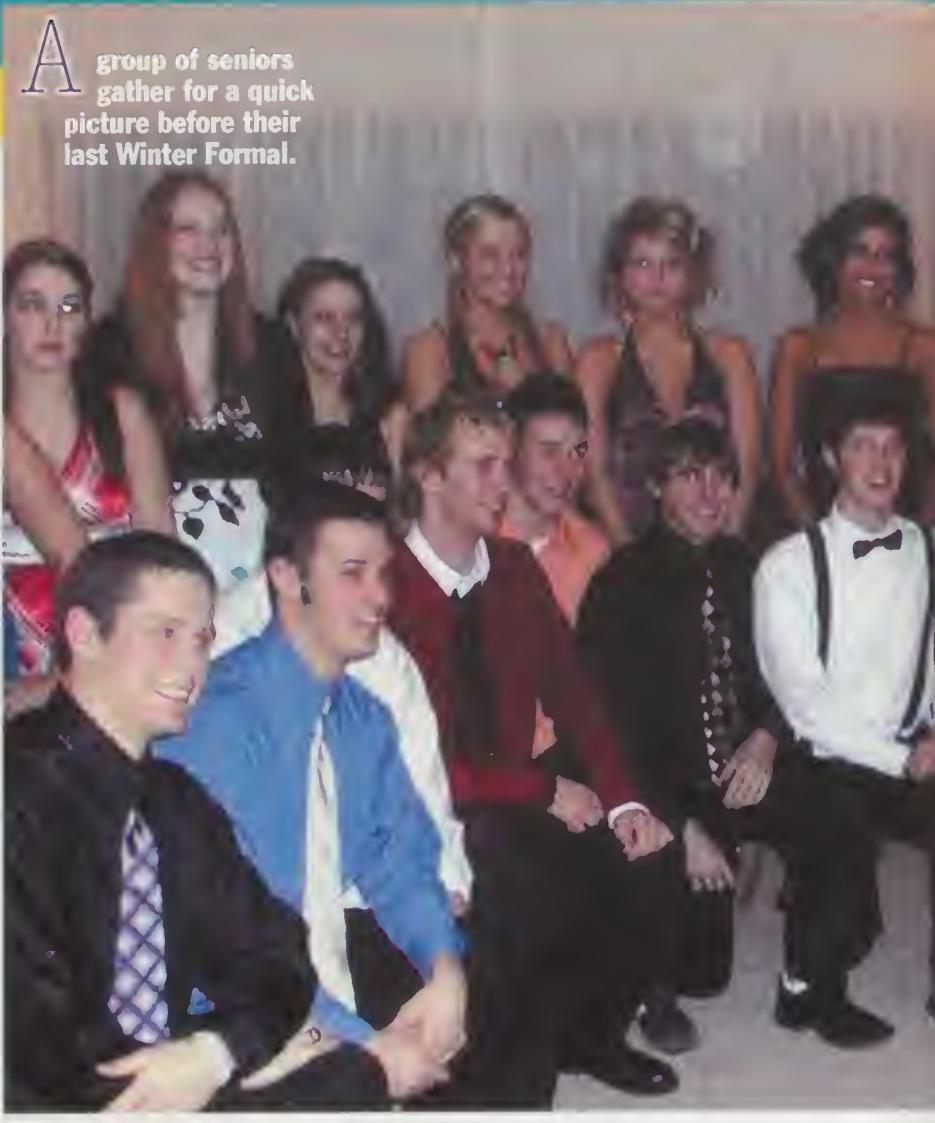
"My older brother fixed up our indoor patio in our backyard. We have heaters, couches, a pool table, and a TV that we play video games on. *The Patio* (the name given to this hangout spot) has become the new hip place for me and my friends to chill each weekend," said Smith.

favorite hangouts

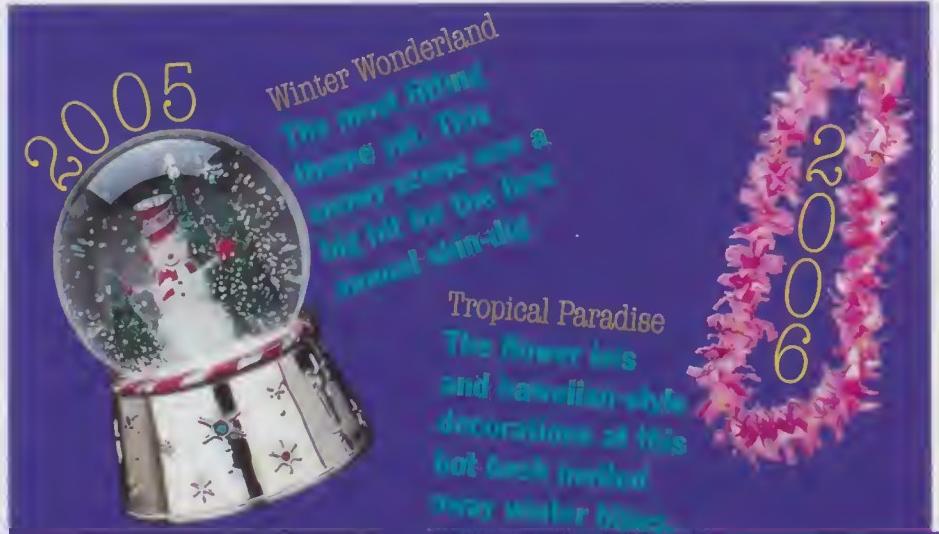
23



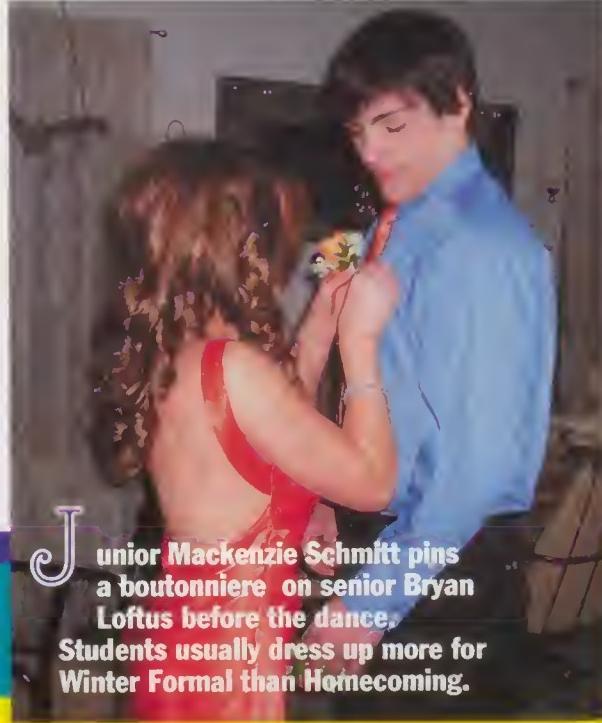
Juniors Ethan Van Helten and Austin Elder take a break from the dance for a picture.



A group of seniors gather for a quick picture before their last Winter Formal.



former formal themes



Junior Mackenzie Schmitt pins a boutonniere on senior Bryan Loftus before the dance. Students usually dress up more for Winter Formal than Homecoming.

Southern Spirit

Story/layout by Jorden McGriff

Mardi Gras is known as the bead-slinging, over-the-top festival held in New Orleans, Louisiana every year around the middle of February.

This party took on a new identity when East High students got in on the action on February 3, 2007 at the Mardi Gras themed Winter Formal.

When students walked into the familiar cafeteria, they found it to be transformed into a mixture of purples, gold, greens, and of course, tons of multi-colored Mardi Gras beads.

Winter Formal was the last dance of the year for those who didn't attend prom, so it was important that all went according to plan.

"The DJ was good and the decorations were nice so, if you ask me, Winter Formal went very

well," said junior Amanda Roth. "This was the first Winter Formal I've been to and I was pretty impressed."

Winter Formal didn't fall together perfectly without a little hard work and a lot of planning.

Pep E Club organizes the Winter Formal bash each year, since the tradition started a few years ago.

They decided on every detail, from the theme to the colors, right down to the DJ that was hired.

Early morning meetings for planning each detail, and late night decorating sessions that brought out the Mardi Gras spirit, all went into making this dance a success for the Pep E Club and fun for the students attending.



Freshman Madison Kinnard poses with her date, freshman Sean DeGoey, his older brother, senior Aaron DeGoey, and junior Jena Bowen.



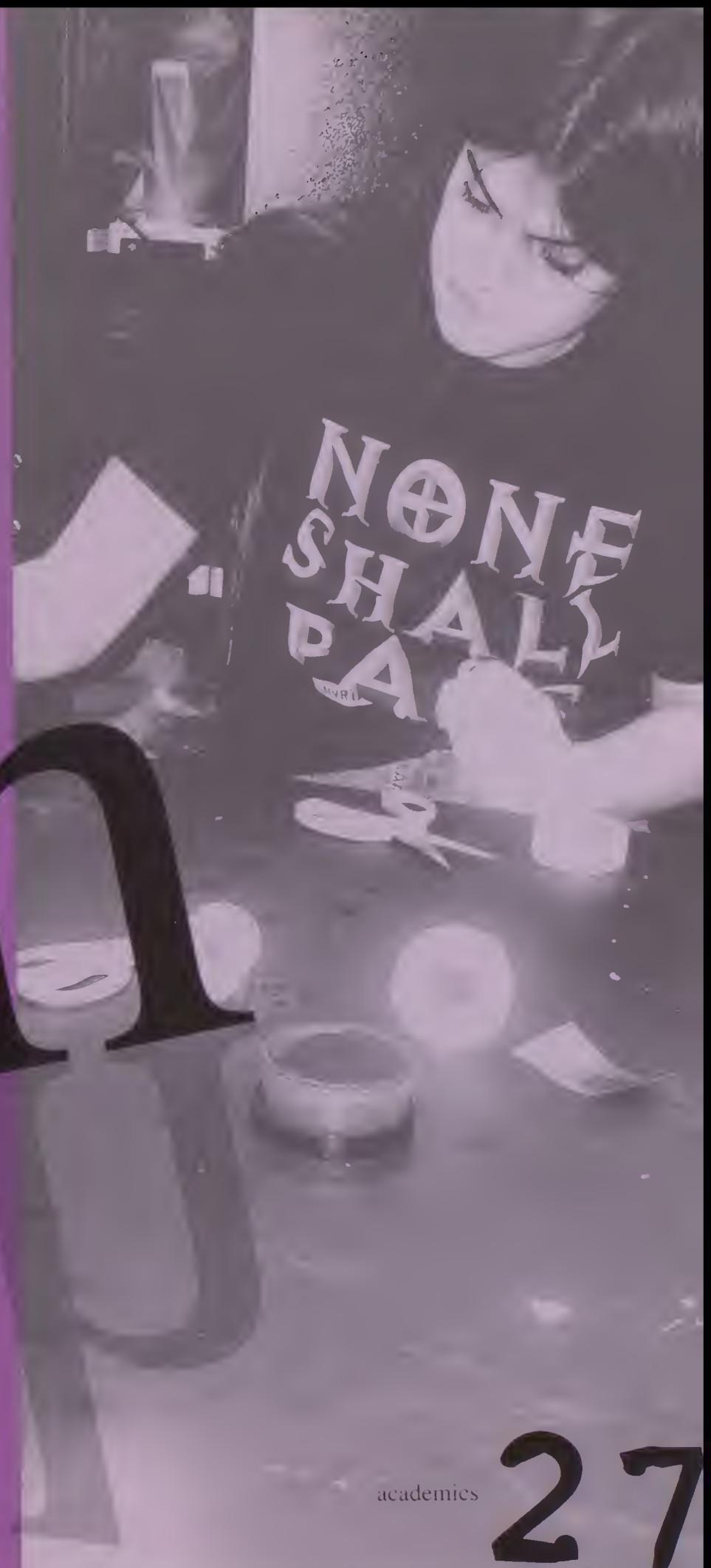
Seniors Shane Kellow, Justin Rice, and Addison Speck show off their beads and their silly sides at dance.

if we knew what it was we were
doing, it would not be called
research, would it?

-albert einstein



rich



academics

27

"Everything about art relates to the world. Art is what civilizations are remembered by. Even if students don't end up using art in their daily lives, they keep it in their hearts and it's

something for them to feel good about," said Shirley Gooch, reflecting on her love of teaching students the many creative

techniques and projects offered in art class.

Students say that coming to class relieves them from the stress of their busy days.

"Art is so much fun because I always have something to do. The time goes by fast and it always calms me down and helps me relax. It's a good class because it varies from the core classes. It's something fun that you look forward to during the day,"

said senior Katie Smith.

Painting, sketching and abstract projects are common in art class, but Gooch loves teaching students how to draw self-portraits and the students love learning.

"I love doing the shading on self-portraits. When you're finally done, it's very rewarding," said junior Jordan Bixler.

Some students take art to help prepare them for a career.

Senior Chirasath Saenvong hopes to start his own Anime comic.

"I take art to help improve my skills and see how far I can go with it in my life. My mom told me I started drawing when I was one so I've been doing it forever," he said.

After the multi-million dollar renovation, art students now have higher working tables compared to the elementary-style desks previously used. The classrooms are more spacious and there is new equipment for more advanced projects.

"I love teaching in this room because it is a wonderful and creative environment. We are really enjoying it, the renovations are incredible," said Gooch.

Story/Layout by Abby Grover



art



Senior Chirasath Saenvong works on a charcoal drawing. Saenvong has had a love for art since he was a child.



Michael Helm works on a painting in 3rd hour art class. Helm, along with other art students, benefited from the updated art room.



Chirasath Saenvong



Belinda Stigler



Kyle Rowe

Do you know your art?

Can you name the artists behind these masterpieces?



Answers: 1. Van Gogh
2. Michelangelo + Goya

art

Freshman Molly Hinman walks into Kacia Cain's biology class and notices the agenda for the day consists of growing and learning about *Arabidopsis* plants.

Its activities like these that Hinman and the rest of the students do while in biology class.

"I like biology," said Hinman, "because of all the cool things we do."

Biology students will learn concepts like cell division all the way to DNA and its roles in the human body.

Students also do a lot of fun hands on projects and labs.

"My favorite project to do with the students is the BT corn project. It helps teach the students about DNA and it makes learning fun," said Cain.

Biology isn't always easy, though. Students have to learn difficult skills that will help them prepare for more advanced science courses, so students know that biology isn't a fluff class.

"Class can be hard," said sophomore Jessica Gaines, "but my teacher Mr. Long makes it very interesting so it's easy for me to do well in his class. Plus he is really funny."

Lowell Long along with the rest of the biology teachers, does whatever needed to make the class more fun and appealing to their students.

"The most important thing to me is being able to watch my students go from not understanding a concept to all of a sudden comprehending, it makes it all worth it. My goal is by the end of the year, my students will walk out my door with a greater understanding of science and a better appreciation for it. Hopefully it will spark up enough interest for them to pursue other science classes," said Long.

To graduate from high school students need to complete at least two years in a lab science and biology qualifies as one of the lab sciences.

After biology many students choose to continue on with science courses.

"After I'm done with biology I want to take chemistry and physics," said freshman Kevin Cole.

Story/Layout by Jami Bowen



biology



Sophomore Marcus Smith works with Dr. Martha James from ISU. The class was working on a project called PREP.

Freshmen De Angelo McGregor and Joram Burg work on a ph lab. Labs give students a hands-on approach to learning.



Csenior Denise Drayton takes fingerprints while doing a crime scene lab. The class was given a mock-up murder investigation to solve.

ATTENTION! FUTURE ARCHITECTS, CONSTRUCTION WORKERS, ENGINEERS

Story/Layout by Katie Grimm

If interested in a career being an architect, construction worker, or engineer in the future, ever taken the time to think closely about what career to pursue after high school?

See where this is going? No promotions, no advertising, in no way saying "this is the way to go to be successful!", just informing the student body about a new program arising at East, that maybe some people interested should check out.

The ACE Program helps students who choose to have a career in the architecture, construction, or engineering fields get the knowledge and training to get the best job possible.

"Drafting is the language of building. Carpentry is the art of building. Architecture is a part of drafting that is responsible for designing and planning of buildings," said Woodshop teacher Jeff Hall.

"The reason that the reason we [the mentors & sponsoring companies] are involved is that there is a shortage of students entering the ace fields and we hope this will expose some students & get them to consider it as a profession," said branch manager Andy Thielen, from KJWW Engineering Consultants.

Hall, along with science teacher Nancy Duncan are liaisons of the ACE Program at East. The program gives students knowledge of construction, and

travels to jobsites to watch people who already have those jobs. Although the program has been around for a few years, East adapted the program this year, and about 35 students participated. The students and mentors met in the library after school on Tuesdays.

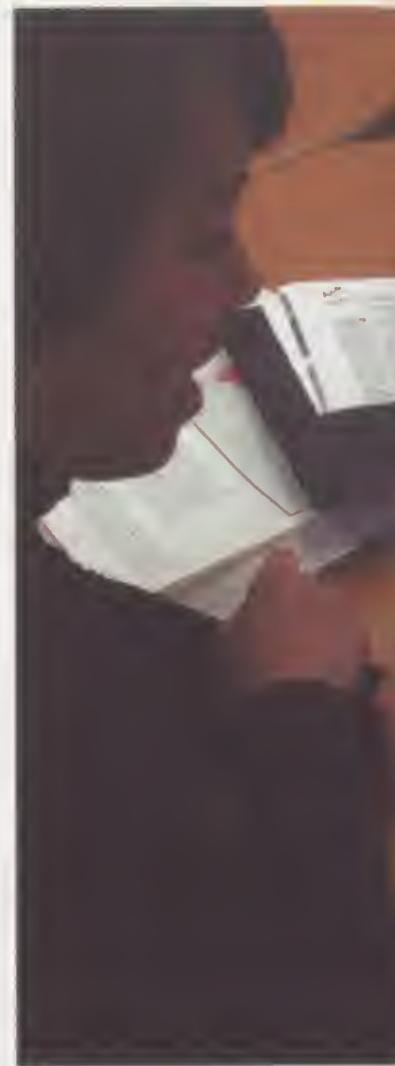
"The ACE program incorporates disciplines that we teach," said Hall.

Students in this program increased their chances of getting a real job in the future, and also helped them get a reserved position in the field right now, while still attending high school. In this program students didn't just learn how to do the job, because anyone can teach a person that, professional architects, engineers, and contractors also taught students how to communicate with others on the jobsite.

"This program is a good thing for students who wish to be in that kind of career, it is like they get 'college' and high school all at the same time," said junior Eddie Clearwater.

The Tech Ed. Department is trying to coordinate a program called "Project Lead the Way" [PLTW] that focuses on engineering skills. This program would be held during school along with the ACE program after school.

"We put into place the ACE program this year and are planning to implement the PLTW program at the start of '08-09 school year," said Hall.

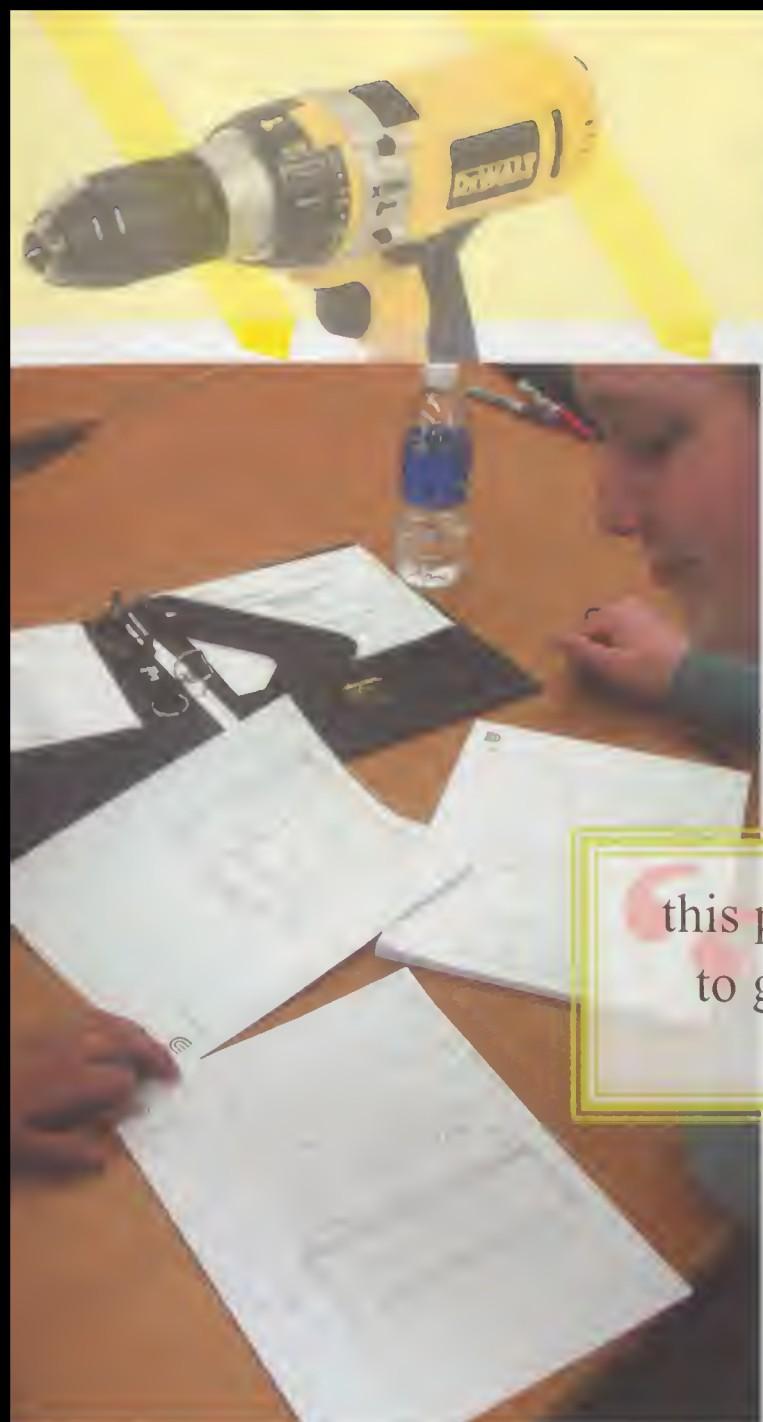


what do YOU think of ACE? *(a girl's view)*

I am one of the only girls in ace, I want to major in engineering, I think ace is a good way for me to get experience before college.

-senior jiear vang





1

1. Senior **Jiear Vang** goes over project layouts with another student. The students get to create the projects they come up with once approved.

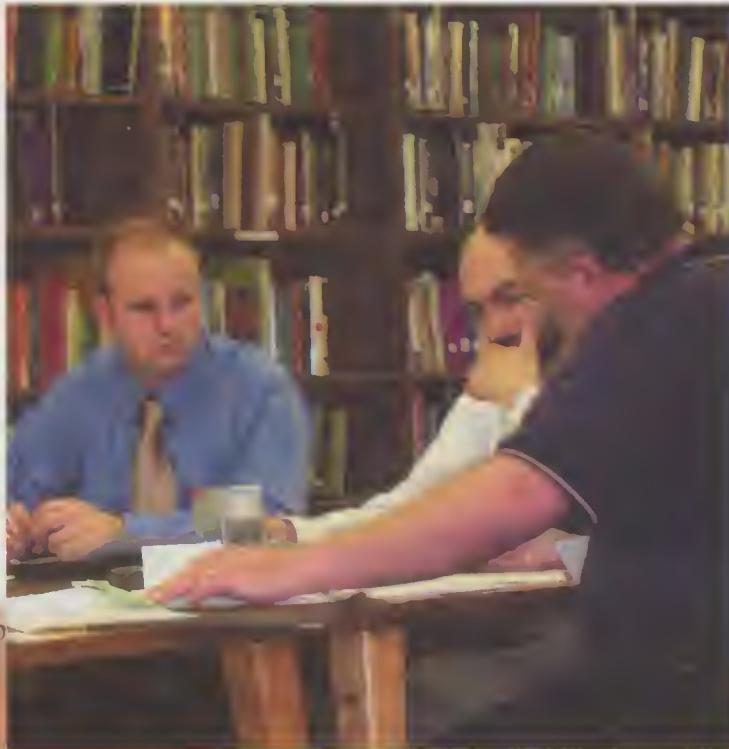
2. ACE Mentor **Andy Thielen** goes over the day's agenda. Students are working on creating a final project that will be constructed.

3. To the right a couple mentors and contractors go over plans and things to do before a meeting. The mentors help students construct their final project.

4. To the left an ACE meeting is getting up and running. Mentors worked with the students over the year and taught them what they need to know to become an efficient team member.



2



ace mentoring

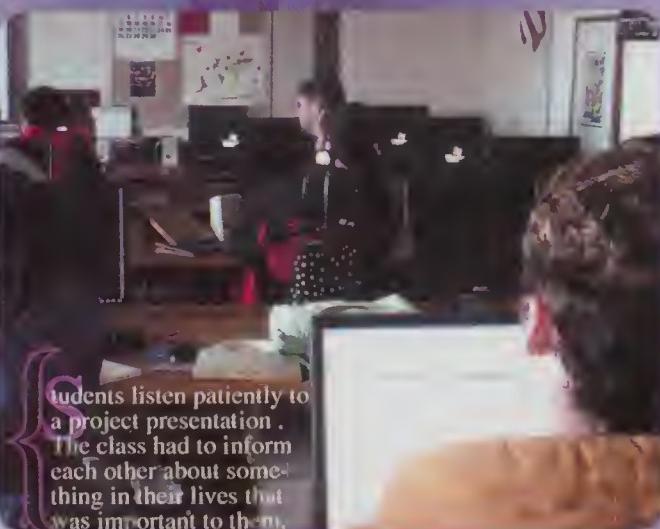
33

Outstanding department

{ Students in Derek Lounsberry's Multimedia class work on personal presentation projects. They were to choose something in life, and "become an expert" on it, then present to the class.



Students in Ken Burgess' class work on a financial project. They had to purchase a stock and watch its performance.



{ Students listen patiently to a project presentation. The class had to inform each other about something in their lives that was important to them.



Business Credits Earned at East:

Personal Finance:	3	Composition I:	3
Word Processing:	4	Accounting:	3
Powerpoint:	1	Principles of selling:	3
COOP:	6	Desktop Publishing:	3
Computer Applications:	3		

The class listens quietly as a student gives a presentation about her dog and how she takes care of it. Classes did many of these throughout the year.

When students think of business, or a business class, what's the first thing that comes to mind? Junior Eddie Clearwater says a class where you learn about starting a business makes him think...money.

At East many classes are offered in the business department, ranging from keyboarding and computer applications, to economics, accounting and personal finance management. Senior Chelsey Randolph takes personal finance management and says it's a class where you learn to "manage your finances, and buy homes" and how to budget your money. "Most people think that in Econ you just sell stuff, but really we have to do more than that, we have to purchase a product and figure out how much of our product we need and how much to sell the products for," said junior Kacey Wollesen.

When taking these classes, students feel like they are actually in college taking the courses. They also get the college credit that they would if they were in college taking the class, but the students only receive credits if they attend DMACC in the future.

The way classes are graded depends on how much the teacher thinks the course content should effect grades.

Business teacher Kenneth Burgess grades the classes like a high school class, except the students are required to do more reading and tests are at a college level of difficulty. "Keyboarding was a really fun class, when we had to put the cloth over our hands really helped me learn where the keys were," said junior Olivia Graham.

Story/Layout by Katie Grimm

business

che&physics

The standard enthalpy of formation of a compound is defined as the change in enthalpy that accompanies the mole of a compound from its element with all substance in their standard states.

Know what this means? Gaining knowledge isn't the only reason that students learn and teachers teach the subjects of chemistry and physics.

"At first it was difficult to learn all the material in advance chemistry, but I like that part about it because that's what makes it challenging," said sophomore Jennifer Chang.

"The worst part of teaching advance chemistry would be getting kids coming into the room that don't understand how to learn on their own," said Maureen Griffin.

"The best part of it would be getting the students that have the 'light bulb' moments' making sense."

Students take these weighted courses for many reasons, including a raised GPA, college credit and other benefits.

Senior Alicia Dale said "I love chemistry. It's just a fun environment to be in."

Physics teacher Nancy Duncan was a student teacher in the biology/chemistry department two years ago and this is a whole new subject to her as well.

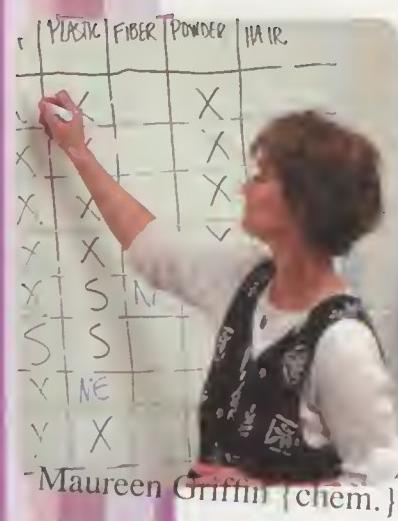
She is now getting her master's degree. "It's a hard subject to learn even for me," said Duncan. "I'm still taking classes for my endorsements."

"The reason why I take physics because I want to solve equations that deal with the real world and to earn college credit," said senior Ashley Van Gorp.

Story/Layout by Hoang Nguyen



Winding out her daily lecture, physics teacher Nancy Duncan prepares to instruct her class. To the right, Adv./Chem. teacher Maureen Griffin makes a table. Griffin has been teaching for more than 10 years and Duncan for 2 years.



The junior duo Alyssa Mounphosay and Naly Bouonyalath figure out the structure of carbon dioxide. They both are planning to continue studying chemistry.



physics book

3-ring binder

thinking cap



KK BOTTLE

step by step

{1} *Dawn Rogers {1}*

Step 1: Rinse out your glass bottle; clean with H₂O & soap.

{2} *Susan Moreno {2}*

Step 2: Pour 20-25 ml of concentrated HNO₃ into your bottle. Then you'll shake it for 5 minutes.

{3} *Chad McDowell {3}*

Step 3: Measure out 30ml of a 0.10M solution of AgNO₃ with a graduated cylinder and put in a 250 ml beaker.

{4} *Tiana Mays {4}*

Step 4: After adding KOH, NH₄OH; glucose, shake well (about 10-20 min.) to get your final product. A SILVER BOTTLE!



{ Debaters talk in the cafeteria after rounds at the East tournament at left. Medina and junior Austin Locke discuss results above. The team went to 11 tournaments this year besides their own.

{ Locke jumps in front of the camera at a debate tournament in Okoboji. All the members of the team won an award at this tournament.



Sophomore
Raymen Robinson
remembers his first

debate



varsity debate round



“It was my freshman year at Dowling, and I got killed! He was talking so much faster than I expected, I couldn’t understand anything he said, I didn’t know what to do! ”

Cross-apply the argument against the criterion to the first contention—group these arguments because essentially they’re the same. Move down to the 2nd contention. He drops my argument against the first card, flow it across.

You can’t vote on this because...

Each activity has its own language and debate is no different. The particular paragraph above is for LD debate, but there are three formats of debate at East, each with its own style and language.

“We each have our own specialty, but we are involved in other kinds too—I do LD, but I can debate congress or public forum,” said sophomore **Raymen Robinson**. LD or Lincoln Douglas is a philosophical form of debate in a one vs. one set-up. Congress is debate for a room full of people based around the legislative style, using Robert’s Rules of Order. Public forum is two vs. two debate on contemporary issues.

Coach **Jennifer Medina** said, “These three forms each highlight different specialties that are unique to the format or type of debate and the people in it.”

The debate team also does speech events. These are monologues and dialogues that the people performing find and then act out for a room, or speeches they write themselves. “Speech events are fun; I like acting and writing so speech is a chance for me to speak on whatever I want and express myself,” said junior **Jessica Avant**.

Every debater finds a specialty that highlights their own unique talents, fits their personality, and gives them their own language.

“We try to find something that fits the person, but everyone enjoys being competitive, meeting people, and learning—as long we are willing to work hard, anyone can join,” said Medina.

Story/Layout by Emma Diver

debate



Junior Austin Locke shares his excitement with sophomore Chris Williams during the play. Locke played the father of the Macafee family.



LJunior Tia Mays and senior Derrick Smith go over their lines for a skit. Drama students performed their skits at middle schools throughout the year.



Sophomore Bobby Starace is overwhelmed by his "groupies" in the fall play *Bye Bye Birdie*. Starace played the rock and roll star, Conrad Birdie.



Jessica Hockensmith, junior, and sophomore Ashley Gogerty perform a song to Conrad Birdie. Hoekensmith played Ursula in this year's play.



Juniors Marlee Adams and John Thompson greet their fellow classmate, Michael Garrison.

Drama

"Action, cut, playback!"

It was time for some more drama in 2006.

Ruth Ann Gaines says this year's play was something that brought back memories for her, as well as many others that came to see Bye Bye Birdie.

"We did the same play in 1974; it's an old play and I thought it would be a good one to bring back," said Gaines.

The fictional play takes place in 1958 and revolves around the rock and roll star, Conrad Birdie, played by sophomore **Bobby Starace**, in the town of Sweet Apple.

"I loved the play and the character that I played," said Starace. "The play was a little cheesy, but that's what made it funny."

To get to the stage level, you obviously have to love drama, but during class it's not all about the acting.

"We read plays, wrote scenes, analyzed plays, and wrote play reviews," said junior drama student **John Thompson**.

Since this is drama class there is some acting involved. The class did skits on rape, racism, violence and rumors, and then they went to various middle schools and performed. One of the stories was about a girl that was raped and how she overcame her fear to finally tell someone.

"I think it was a good story, it taught kids to not be afraid to tell someone if something like that happens to them or one of their friends," said junior drama student **Sarah Johnson**.

Many of the students have been taking drama for three or four years and don't plan on stopping with graduation.

"I've been taking drama since I was a sophomore and I hope to continue when I get to college," said senior drama student **Jessica Hargis**.

Story/Layout by Masyne Sayre

How Do You Feel When You're Acting?

'I am nervous before, but when I get out there, nothing worries me. After the first performance I'm ready to go.'

'I have a lot of adrenaline before and during the performance. I just don't want to make a bad first impression on the audience.'

—Sarah Johnson, Drama



drama

As freshman Ben Sigmand sat down for the first day of class he found a new book sitting on his desk, he opened it up and found it something good for the year.

Although East students were not sure they could keep these brand new hard-cover Earth Science books, they at least had the chance to try them out for a semester with a "class-set."

"Science interests me, it's pretty cool. For those people who like science these new books can be interesting," said Sigmand.

This past year the books were used on volcano labs and to look up what kind of rocks and minerals were in different parts around the world. The books are not planned to stay in the classes unless teachers and district officials accept them.

"These books are better, more colorful and full with new stuff to learn; the district officials should decide to keep them for new freshmen," said freshman Layla Schwartztrauber.

If these books are chosen to stay, this is not the only new thing upcoming freshman will be trying out for the first time. A new curriculum for students is being arranged. As 8th graders, they chose what kind of science they want for their first year. They have the decision to decide between Earth Science or physics B, and with approval they can even take biology or chemistry.

"It is pretty cool that freshmen can pick between classes, I didn't get the chance to do that," said sophomore Fatima Ceballos.

In the middle of all the rock and mineral labs, Earth Science teachers John Rudisill and Amy Jacobson are thinking of new things to do for the upcoming freshmen and deciding if the books now being considered as class sets are going to be the new books Earth Science classes are getting.

"Mrs. Jacobson and I are currently sharing ideas and materials. Maybe next year we can have our very own materials," said Rudisill.

For now Sigmand can enjoy the use of a brand new book, and even if the Earth Science classes don't get new materials, at least Sigmand and other students had the chance to learn with a new book.

"It's about time we get new materials, this book teaches in a more advanced way," said Sigmand.

Story/Layout by Mario M-Figueroa

Below, sophomore Arnesha Denni's volcano erupts. Students were divided into groups and then made volcanoes to present.



rtth sci



1



2



3

{ 1) Studying her Earth Science book freshman Layla Schwartztrauber finds interesting facts about rocks and minerals. Schwartztrauber is one of many freshmen that take this course. 2) Working on their map quest freshmen Yoali Trejo and Mathew Blue are sitting in concentration. Students were given locations and asked to give direction. 3) Freshmen Tabre Delaney and Jacob Bellman discuss their map. The lab was made to illustrate different maps.

earth science

4 3



The sophomore English class listens as their peers tell them about their research found on Julius Caesar.



Students gather in the library for a writing workshop. The students learned different writing techniques during the day.



Junior Taylor Whittington shows his puppet he made in Claudia Richards's English class.



Junior Gianni Beer acts out a role in a tableau based on the story of Oedipus.



English

Senior Kyle Kilby has butterflies as he walks to his speech class knowing he will have to present his speech in front of everyone.

"When I first started the class I was nervous when I got up to speak," said Kilby. "But later on in the year it became no big deal."

Kilby, along with other high school students, have to have one speech credit and all four years of English to graduate.

Not all the classes have these requirements.

Teachers recommend taking all four years of English, required or not.

"Every career that I can think of you have to communicate," said English teacher **Michelle McPherson**. "This is just one reason English class is important."

Teachers try to make learning more fun by celebrating William Shakespeare's birthday on April 23.

On this day they pass out cake to whoever can recite one of Shakespeare's quotes.

"I was never good at remembering quotes," said junior **Chase Hall**.

"But when they said cake, I memorized some."

They also celebrate poetry month, which is also in April.

Teachers bring a lot of poetry for their classes to read and that's their main topic for the month. "

I think speech is fun, you learn a lot without all the worksheets," said junior **Amber Huggins**. "And the teachers pick good topics to speak on."

The English teachers are working together to come up with some extra English electives for students in the future years. Some ideas include: radio/TV, where students would practice being on the air, independent reading, where the students would be able to read whatever they want, women's literature, and a science fiction course, where students would learn a lot about the past. These have not yet been approved.

"I think students would like these electives," said McPherson. "It gives them something other than plain old English." So is it possible to get anywhere without English? "It's not bad, and when you think about it, there isn't a career out there where you can succeed without English," said Kilby.

Story/Layout by Casie Johnson

english & speech

45

What FCS class do you like best?

"I liked child development. It was interesting learning about how you are supposed to handle kids when you have them."



Jaspreet Singh {12}

"I liked relationships. All of the things we talked about were interesting and the activities that we did were fun."



Alissa Jones {11}



Juniors Glen Welch, Joseph Jackson, Tycarr Floyd, and Burdette Kelsey participate in the headband game in relationships class. They had to treat others the way their headbands said.



Students in child development read and acted out stories to younger kids that students brought to class.



Students play crying baby (a game similar to old maid) in relationships class. This taught the students the stages of early life.

Mum & Dad



an growth development

Senior Jaspreet Singh walks into school tired and worn out from having to take a life-like baby home for child development.

"Having a baby is a big responsibility," said Singh, "and having to take the baby home made me realize I am too young to have a child."

Singh and other child development students have come to the same conclusion. In child development students get to take the baby home where they experience what it is like to have a baby and still go to school.

When the baby cries you have to do several tasks to see what is wrong such as: changing the diaper, feeding the baby, or just holding and giving it attention.

"It was one long night for me," said Singh. "I don't know how I made it to school the next day."

The class also allows students to carry around an empathy belly which is a big strap on belly that is heavy and makes them feel pregnant.

Family and consumer science also includes classes like relationships, adult living, and parenting.

Relationships gets you ready for marriage and teaches you how to handle certain situations.

"I took the class so I can make the right decisions with my partner when I get older," said junior Amber McNeeley.

The class also studies all kinds of diseases such as: AIDS, HIV, syphilis, and many more.

The classes had a guest speaker that talked about how you get HIV and what affects it can have on you.

"It was interesting and scary knowing that there are all these diseases out there," said McNeeley.

In parenting students get the chance to visit and help teach at a close by daycare.

They teach preschoolers, which will help them when they have children.

"I thought it was so much fun to help teach the little kids,"

said junior Abby Miller. "It made me more patient with the kids, too."

The students learn how much commitment it will take to have a child and the roles you have when you have one, they also learn how to take care of kids at all ages.

In adult living students are given the skills for independent living and are taught about money management. They study personal safety, basic first aid, career planning, and housing decisions.

"Adult living is going to give you skills for personal and family life," said teacher Donna Adams.

"I was just going to take these classes to get my credits the easy way," said Miller.

"But they turned out to be pretty helpful."

Story/Layout by Casie Johnson



{ Right, foods students watch carefully as teacher Kathy Crum demos how to have "plate presentation."

{ Below fashion student senior Amber Odom finds that lime green is her best "cool color."



Junior Adam Eklund melts butter in as he prepares a salad.



Fashion students LaKeitha Robinson, Annie Naovarath, Madison Kasper, and Tasha Mendenhall find their true colors.



Practical Skills



Creativity; you might be thinking art right? Well, you're right.

It is art, but it's not art with paint and a brush. These artists have different tools like sewing needles and thread, sketches and fabric, and cooking utensils to create their artwork.

"For fashion, you need to be able to work with all different types of fabrics, styles, designs, and patterns," said freshman Bria Johnson. Practical life skills, which is half of the family consumer science department; sewing, fashion, foods, and interior design, gives students the chance to get their heads out of boring old textbooks and out on the floor; the kitchen floor, in some cases. "We cook a lot in foods class, we're barely ever sitting at desks with books," said sophomore Jessie Frazier. "I'm big for hands on, but I also like to make use of the other learning models as well; auditory and visual learning," said cooking and interior design teacher Kathy Crum. "I believe that they learn more when they are able to apply it." Students are sometimes allowed to bring in their own food of choice to cook. "We get to eat it, too," said sophomore foods student Jenny Chai.

In interior design, students take a look at the influences on housing, housing needs, housing design, and architectural features. They also work with budget decorating, because some people can't afford to decorate their first apartment or house.

"You need to have creativity and style," said junior Paul Landers. Style is something the fashion classes definitely have. They are always hip with the latest trends, what's hot and what's not, and what looks good on each individual. Not only do they learn about fashion as it is right now, but they learn the history of fashion. To help learn how fashion got where it is today, the classes took a trip to the historical building. "It was really cool to see how different fashion is now from how it used to be," said freshman Madison Kasper. "Students remember and learn things better when they see it through real life experiences," said fashion teacher DeAnn Hebert. "I think everyone has a measure of creativity, the practical life skills classes simply lets them explore it," said Crum.

Story/Layout by Ashley Kasper

Language

From the many clubs that students are involved in,

Spanish and French clubs aren't the most known,

but from what the members are saying

they have to be one of the most fun and rewarding:

"The best part about being in Spanish club is that you

get to meet new people, you get to visit a lot of Spanish places

and you get to have lots of fun,"

said junior Marylee Adams.

The Spanish club accomplishes many things all year long. September 9 and 10 accounted for the first official project of the club. The members went downtown to the Latin Heritage Festival where they volunteered to work at the concession stands,

help kids with the rides and the bouncy house,

or just help out wherever they were needed.

"We were very excited to go to the festival, we had a

lot of fun helping out," said Spanish teacher

and head of the club, Linnea Morris.

French club, sponsored by Amanda Eimers, also goes on many trips. To restaurants such as La Mie and The Art Center, they also go on other, more extensive trips.

"In previous years we have gone to the Jocelyn Art Museum and the Henry Doorly Zoo in Omaha," said Eimers.

"We plan on going to see the Phantom of the Opera at the Civic Center at the beginning of the year."

These are the only two language clubs here at East, but with more than fifty kids involved, they have to be the fastest growing groups.

"Club is a very fun thing to be involved in, you get to

be more active and from a lot of different cultures and countries you get to meet people and most of all you just get to have a good time and volunteering makes you feel good about yourself and your school," said senior Breanna Fousek.

The murals, painted by Carl Drautz' last year Spanish 1 and 2 students, bring life to his room (1&2). Drautz teaches Spanish 2 students about the basics (3). Amanda Eimers' French 2 class color pictures after learning their colors in French (4).





Senior Kaeli Helm poses for a picture during French Club. The group met every Monday after school.

Français

Espanol

gov



Above: An economics class listens to a guest speaker from Vatterott College. Econ helps students prepare for adult life.
Below: Senate candidate Jeff Lamberti takes time from the campaign trail to speak to the government students in November.



The words "government" and "economics" may seem irrelevant to any high school student's life of jam-packed football games, picture-perfect dances, and never-ending parties, but thanks to teachers like Stan Thompson, Ted Christensen, Don Heese, and Samy El-Baroudi, juniors and seniors get a real-life look at the ways of the world.

Government and Economics are both semester classes that are required for graduation.

Government students take the fundamentals of American government apply them to their daily lives and current events.

As for the age-old question of why take something like government in high school, there's one simple answer.

"Self-government isn't effective if the citizens don't know how it works," said Heese. Economics may be more interesting to students; after all, it is all about money! El-Baroudi's classes run a classroom-based company for a semester. The students decide on and sell items they think will appeal to students and staff.

Choosing a product isn't always easy. Morphing many people with different opinions into one group can create heated discussions.

"It took us a while to decide on our product, but we ended up choosing 'crunk cups'. They have sold pretty well so far; students and teachers like the idea and have been buying them, and that's what we wanted in a product," said senior Josh Strother.

Story/Layout by Jorden McGriff

government & economics

are you a gov/econ
stud or dud?

Test your knowledge with this tricky trivia...

economics

1. What are the four pillars of free enterprise?

2. What are the basic elements used to produce goods and services?

government

1. What are the three branches of U.S. government?

2. When was the Declaration of Independence written and who wrote it?

Senior Karissa Morton meets with Representative Leonard Boswell after he spoke to the government and history classes. Boswell won the election on November 4.

Gov. 1-1776 by Thomas Jefferson

Gov. 1-Legislative, executive, and judicial

Econ. 2-Freedom, competition,

and entrepreneurship.

Answers: Econ. 1-Private property, price system, competition,

histoR

most interesting history fact?



zach owens {10}

Learning about all the religions and how they started was pretty interesting.



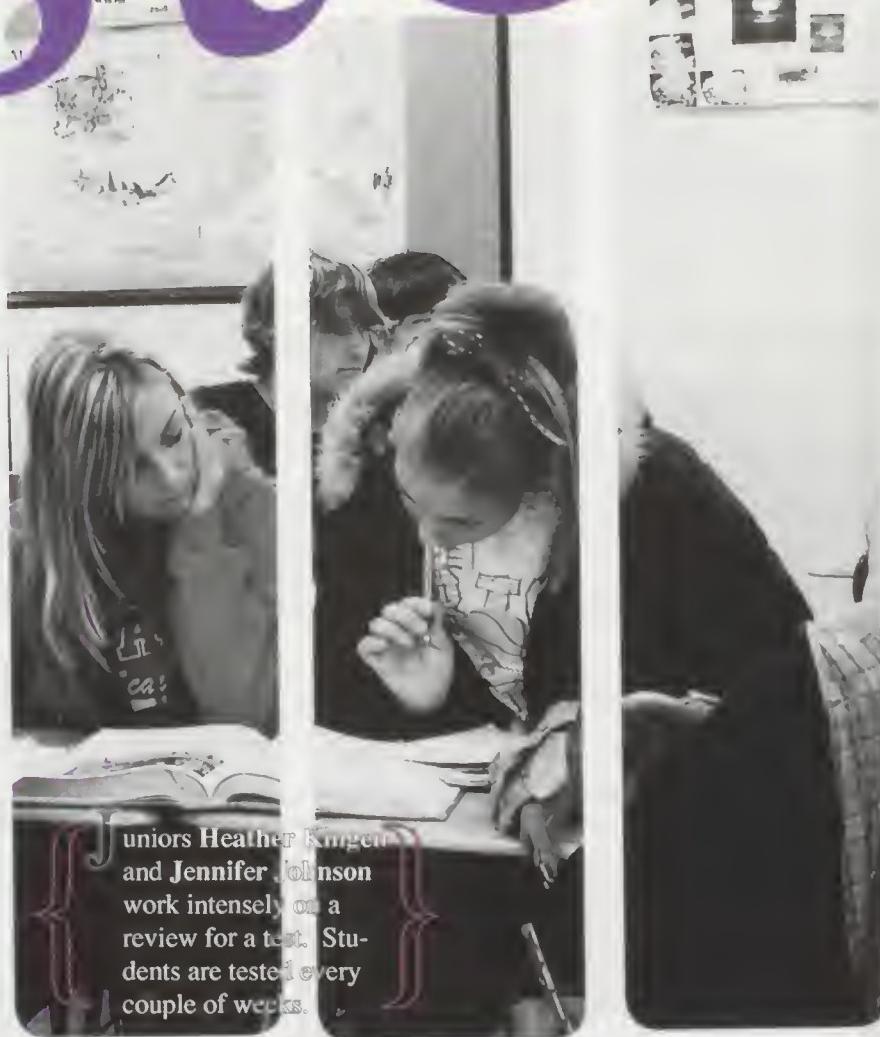
cory schuler {11}

Learning about the Battle of Gettysburg was interesting for me, because, I've been there.



chelsey randolph {12}

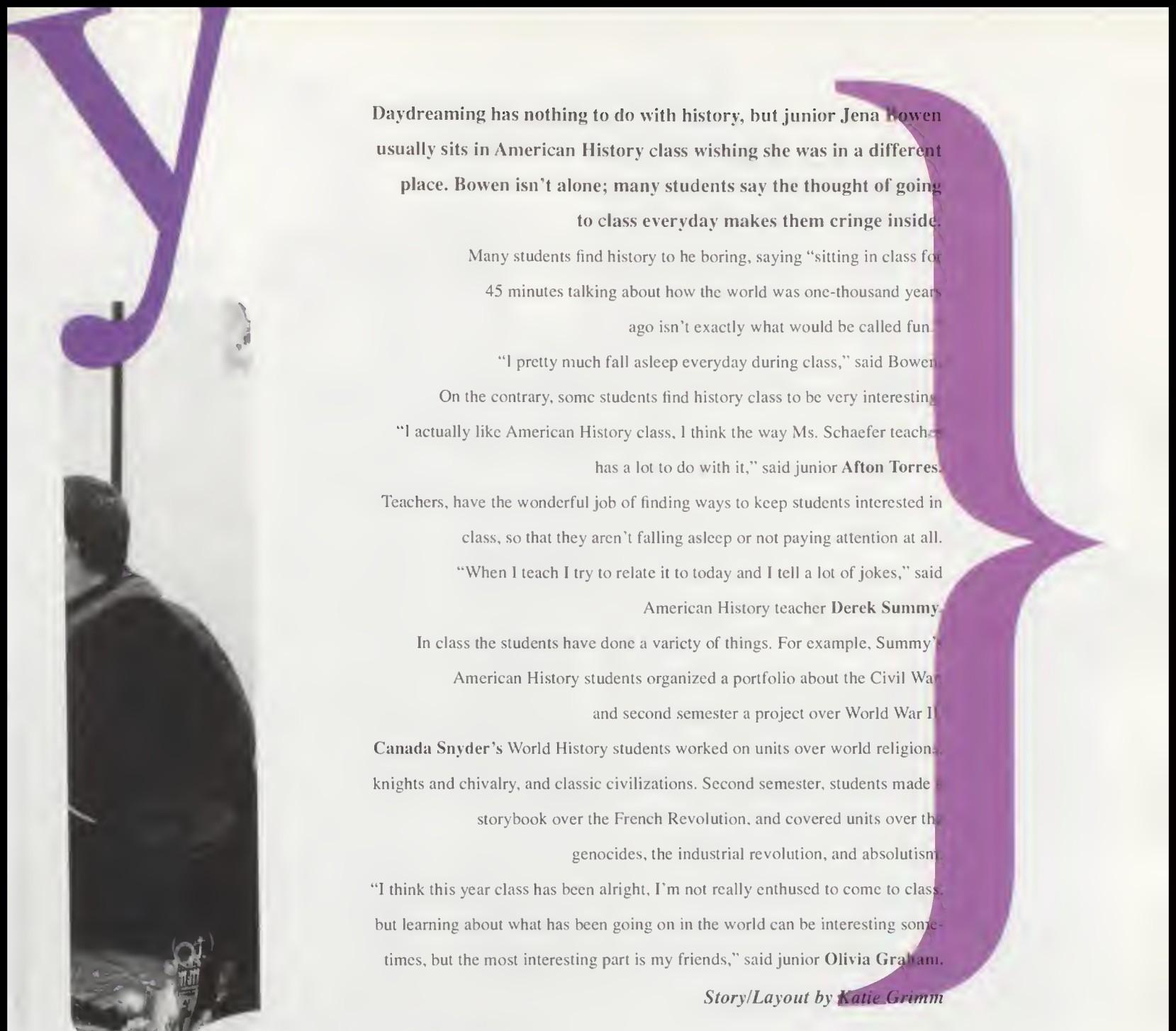
It's interesting how much the U.S. has changed over a decade. It's great how we all come together in our greatest times of need.



Juniors Heather Kingen and Jennifer Johnson work intensely on a review for a test. Students are tested every couple of weeks.



Students practice for an all-class debate. The debate was over whether the white settlers or the Native Americans should get the land in the plains.



Daydreaming has nothing to do with history, but junior Jena Bowen usually sits in American History class wishing she was in a different place. Bowen isn't alone; many students say the thought of going to class everyday makes them cringe inside.

Many students find history to be boring, saying "sitting in class for 45 minutes talking about how the world was one-thousand years ago isn't exactly what would be called fun."

"I pretty much fall asleep everyday during class," said Bowen.

On the contrary, some students find history class to be very interesting. "I actually like American History class, I think the way Ms. Schaefer teaches has a lot to do with it," said junior Afton Torres.

Teachers have the wonderful job of finding ways to keep students interested in class, so that they aren't falling asleep or not paying attention at all.

"When I teach I try to relate it to today and I tell a lot of jokes," said

American History teacher Derek Summy.

In class the students have done a variety of things. For example, Summy's

American History students organized a portfolio about the Civil War, and second semester a project over World War II.

Canada Snyder's World History students worked on units over world religions, knights and chivalry, and classic civilizations. Second semester, students made a storybook over the French Revolution, and covered units over the genocides, the industrial revolution, and absolutism.

"I think this year class has been alright, I'm not really enthused to come to class, but learning about what has been going on in the world can be interesting sometimes, but the most interesting part is my friends," said junior Olivia Graham.

Story/Layout by Katie Grimm



{ Teacher Don Heese passes out worksheets to his junior American History class. Heese likes to use worksheets, educational videos, and projects to get his students interested in history. }

history

"It's really more of a class that gives you 'life skills' more than anything else," said senior student Ben Ballard about the Home Remodeling program. Ballard is one of the many students that believe the program is about more than just building a house.

It is about helping each other get a job well done.

Junior Nathan Hunsley said, "I like to work as a class because of the teamwork that is involved with it and the final product of a house that looks much better than what the class started with."

This year brought some changes. An ordinary home was rebuilt with the Energy Star feature in the program, and it was the second two-story home that was built. A large cottonwood tree also had to be removed on the remodeling site in order for renovation to begin on the home.

"The safety of the kids becomes a big factor when they are working with a two-story home," said teacher Bill Oleson. "The Energy Star addition helps save and conserve as much energy as possible. We had a great neighborhood to work in that was very supportive of the program this year."

The program teaches the elements of building trades, building houses, electricity, carpentry, plumbing, and heating and cooling in the construction industry. It requires teamwork and handyman skills to successfully construct a house.

"You learn pretty quickly in the program," said senior Kyle Reasner. "I like seeing the house trashed at the beginning of the project, and then seeing the house much improved by the end of the year."

The class gives hands-on training for many of the kids who want to know about, and be involved in, the construction industry. It gives kids with mechanical abilities a chance at different future job choices. Senior Blake Horch said the program "opens up (career opportunities) for people who might not have book smarts."

Reynolds said that Oleson looks at the attendance of students who want to join. The students must be at least sophomores. He added that Oleson is "more of a friend" than a teacher to his students.

"Oleson wants people that work hard and don't goof around" to join his class, said senior Tiffany Daugherty.

"He's a nice guy and was fun to work with." Daugherty likes knowing that if she has a problem with her home, she can fix it herself instead of calling someone to do the work for her.

Oleson takes his program seriously, but all the kids that are involved in it know where he lives, and are welcome to come and chat with him at his house if they need advice.

According to Horch, "Oleson doesn't like slackers to be involved with his class, but he would put his credibility on the line to help his students out in life."

Ballard said, "If he can't help you out, he knows people who can."

Story/Layout by Kyle Omundson

{ Overall framing of the house is critical to the interior design. Precise measurement is key to perfection.

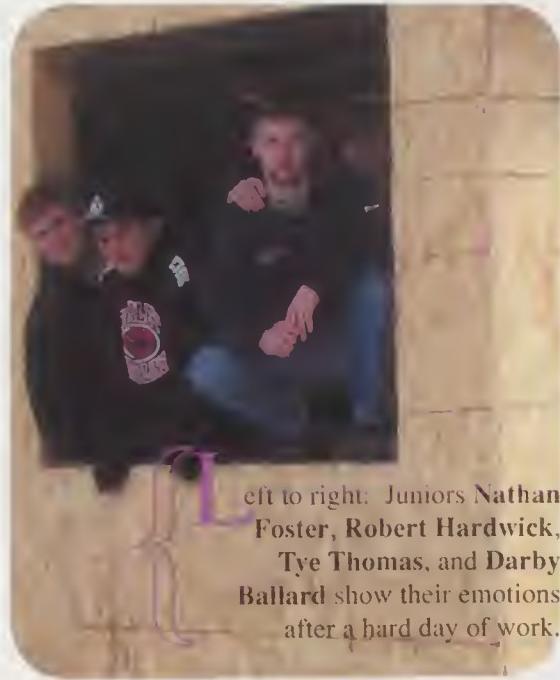


The home remodeling team works hard to create a masterpiece. This is a shot of some juniors who are taking the course.

On the Decking



The outside of the house is an important area inside. The trusses are placed atop the house. The students work on the staining, and painting.



Left to right: Juniors Nathan Foster, Robert Hardwick, Tye Thomas, and Darby Ballard show their emotions after a hard day of work.



The members above smile while they take a short five minute break from their long, stressful day. They stand on the large cottonwood tree stump.

home remodeling

Print

After all the years of construction and being stuck with the smallest room in the industrial wing, the graphics and drafting classes have finally received the print shop that they have been longing for.

"The new classroom is so much better than it was last year," said junior Tim Bolander. "This is probably one of my favorite classes now, since it's so different."

This is the first time since the renovation that the classes have been able to put up their commercial printing machinery.

The newly-finished classrooms also received tables and desks from art teacher Shirley Gooch. Teacher Tom Cole used the tables as one of the class's first projects; the class sanded them, and refinished the tops, turning some of them into drafting tables.

"These tables would've cost a lot of money for us to replace, but these tables look like they will last us for quite a few years," said Cole.

In the previous years, changing subjects throughout the class year would result in rearranging many things in his classroom, but now



they just have to walk into a different room. Inside the print shop, there are interior rooms as well, a darkroom for developing photos, a room specifically for screen printing, one for creating print flats for the commercial printers, and another room for light tables.

"It was really difficult to work last year when everything was put away," said junior Alexis Timm, who took Graphics Fundamentals last year. "We usually just worked on the computers since we were always stuck in that small room."

"I'm pretty sure that we're the last classroom in the industrial wing to receive an update," said Cole. "It's better late than never."

Story/Layout by Nick Mongar



Industrial arts

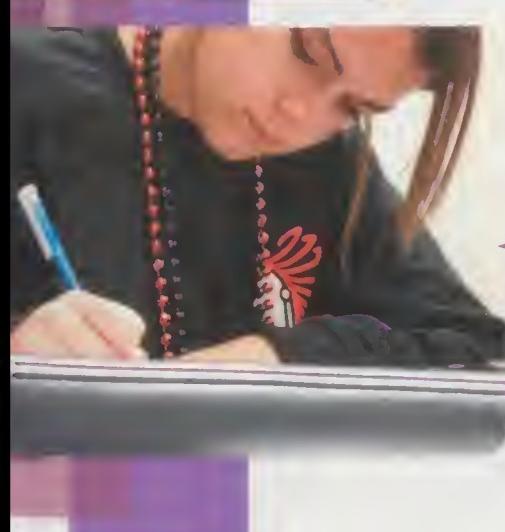


{ Left, junior Kyle Bates uses an electric sander in woods class. Below, he cuts a piece of wood as a finishing touch on his chess board.

{ The commercial-size printing presses are just one of the many additions to the remodeled Graphics room as result of East's multi-million dollar renovation.

math





Students listen attentively in Karen Cross's calculus class. This is the first year that DMACC offered college credit for taking this class.

Senior Denise Drayton focuses on her advanced math homework.

Junior Jamie Belcher works on her math test in Mrs. Nemmers' room.

Parabolas, lines of symmetry, and the quadratic formula all equal one thing: math. To some students, math class means more confusion and struggle in their busy high school schedules. According to www.greatschools.net, in 2005, 36% percent of high school students in the Des Moines Independent school districts scored below average in the area of math on the ITESTs (Iowa Test of Educational Development).

Some juniors and seniors taking advanced math such as pre-calculus or calculus have a tougher time grasping difficult mathematic concepts. Senior Karissa Morton constantly experiences troubles with her calculus work.

"Calculus is challenging because it's a lot of different concepts that tie together, so if you don't get one part of it, you're completely lost. I'm happy to be taking it now though because it prevents me from taking it in college," said Morton.

According to teacher Karen Cross, math helps students to prepare for further schooling and it helps them understand broader subjects.

"Math is important for everyone because it makes people think logically. It should help to prepare high school students for college in any subject because it shows the importance of working daily on a subject for overall understanding," said Cross.

No matter what math class you may have struggled in, many students agree that the best advice given to them was to simply keep trying.

"It's important to pay attention, take good notes and do your homework. Don't give up because the more you do it, the more you'll get it," said senior Tiara Mays.

Story/Layout by Abigail Grover

math

The sun starts to go down as senior Lyndsay Hanson gets ready to take a picture for class. A sunset shot, and many other themes of pictures are part of the required work of Hanson and the other students in Marty Mohler's photography classes.

"I have been in this class for two years. I really like photography and taking pictures, this is something I think I can stick with for awhile," said Hanson.

Photography isn't like any other class at East. Students don't have to worry about bringing books, or about studying for a test being given the next week. All they have to do is come with a head full of images and a desire for pictures.

"Just coming to class knowing all I have to do is take and work with pictures, and not take pages of notes, makes class more fun; I also like being creative with the pictures I take," said junior Kaeey Wollesen.

There are three types of photography classes provided. Photo 1 was offered to students who are taking the class for the first time. After they finish that, they can take Advanced Photo, and if they wish to go further, Independent Study Photo.

"I'm getting more into photography now. I really had fun in class finding different things to take pictures of," said junior Paige Shannon.

Two years ago the photography department received new Dell computers loaded with Corel Draw graphic software and Adobe Photoshop Elements, and there are some more plans for next fall.

"I hope to get software updates for all my computers, including new updates for Adobe Photoshop, and my Corel software; I'd be happy with that," said Mohler. Over the semester students were sent out during class with a Canon camera, along with an assortment of filters to take pictures. Students were to take the pictures, edit them however they would like, and make a portfolio with them. Portfolios are graded based on the theme of the picture, clarity, and quality.

"I have fun altering pictures because I feel like it's really my picture," said Hanson.

Story/Layout by Katie Grimm



photo

Photography by EHS students:



Junior Katie Grimm



Junior Kacey Wollesen



Junior Allison Mullin



Senior Kyle Reasoner



Senior Austen Winterbottom

Photography Dictionary:

ISO: “International Organization for Standardization” or speed of film.

Aperture: an opening that limits the amount of light that enters an instrument.

F-Stop: the ratio of the focal length of a lens to the effective diameter of aperture

Shutter Release: the button used to actuate the camera shutter.

Lens: optical device used to converge transmitted light to form images.

Exposure: an image resulting from light rays on a photosensitive surface.



Junior Eddie Clearwater

Psychology isn't anything new to teacher Ted Christensen, but teaching it is. With more than 23 years of teaching Econ and American Government under his belt, Christensen steps into the teaching position for psychology.

With the first semester focusing on sociology and the study of group behavior and the second semester being the trial run for psychology and the study of individual behavior, Christensen believes that teaching this at a high school level benefits each student individually.

"These courses help prepare the students for college classes, giving them the basic knowledge and understanding of group and individual behavior," said Christensen.

With the classes containing mostly seniors and a few juniors, the students seem to take what they learn from class to their outside life.

"You start to observe others behaviors and why they do what they do," said senior **Jennifer Radley**.

At the start of the year, the sociology classes studied animal and human behavior. Some students agreed that most of sociology was more difficult with the "weird terms and basis for social work, unlike analyzing people one on one like psychology," said junior **Christine Her**.

"Sociology dealt more with trying to figure out why a group of people act a certain way, and it is a lot harder than just trying to figure out one person," said Her.

When taking this class, there are more career fields that would require some understanding of the human mind than just the obvious therapist or psychologist.

"The business field is to be considered, because knowing how your employees or peers respond and work will also work well to your advantage," said Christensen.

It seems that psychology is "very versatile," according to Her, "explains how we work and others work."

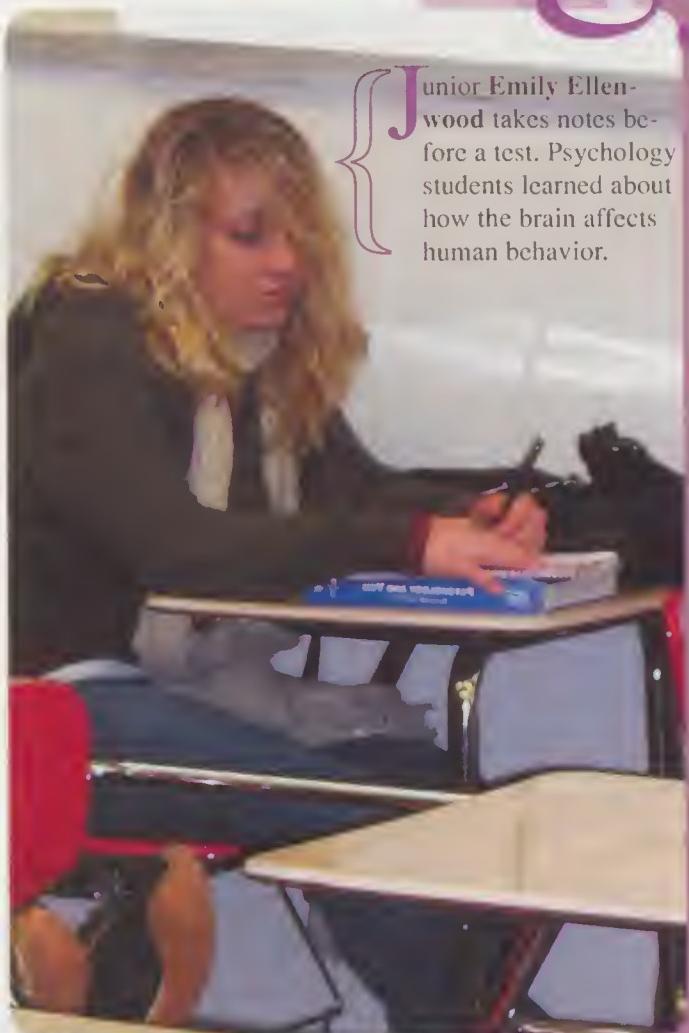
Story/Layout by La Rissa Connell

Junior Kreshawndra Miller looks for her assignments to turn in before the test.

Students practiced their new skills with independent practice worksheets.



Psychology Sociology



{ Junior Emily Ellenswood takes notes before a test. Psychology students learned about how the brain affects human behavior.



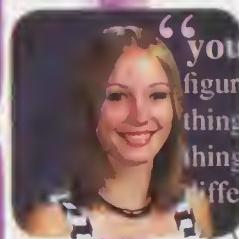
{ Junior Christina Fast listens and takes notes during a class discussion.

define the mind...



“the brain is very complicated and you can't define it”

{ { jade manning }



“you can't figure everything out and things appear different”

{ { sam schibner }



“it is like an emotional, emo-type computer”

{ { andrea mart }

psychology & sociology

65

Being on the newspaper staff is not easy. There are strict deadlines, photo assignments, design mock ups, and having to deal with a crazy journalism teacher, but that's what all the students on the Scroll staff have to deal with in order to deliver the paper each month.

"Newspaper sometimes can be really hard, but I have a lot of fun doing it," said junior Allie Ellis.

The members of the staff put in a lot of time and effort to produce a quality newspaper for the school. Staff members often have to put in many hours outside of their class period they have each day.

"One time I came in with a bunch of staff members after school and we ended up staying here until 6 working on our stories. It was fun though because we had pizza and sat around chatting while we worked,"

said junior Stephanie Ouverson.

The paper is filled with a variety of stories. It includes stories varying from East High news to worldly news, opinion stories that allow staff members to really express how they feel, fun feature stories that range from reviews to stories about how East might be haunted, and sports

stories about all the teams at East.

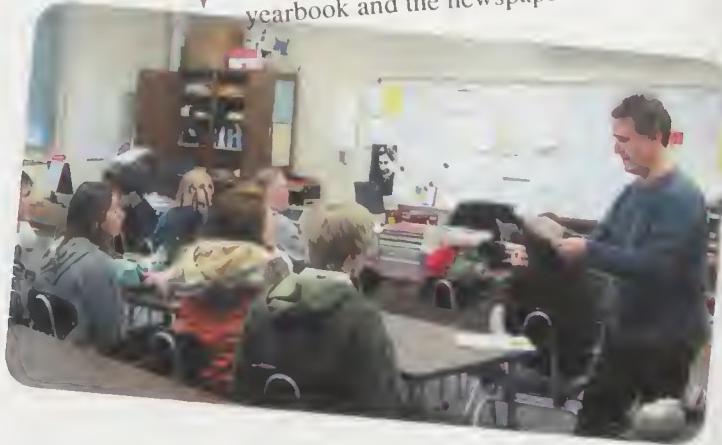
"My favorite stories to write are sports stories because my life pretty much revolves around them and since there aren't that many boys on the staff, I usually get the chance to write a lot of sports stories," said junior Allen Van Gundy.

The goal of the staff this year was to come up with designs and stories that will interest and draw in the attention of more students than in the past years.

"We really want to broaden our readers. If we had it our way, everyone in the school would read the paper and love it, but we understand that it's not going to appeal to everyone, though we do our best to appeal to as many people as we can," said senior Ashley Yingst.

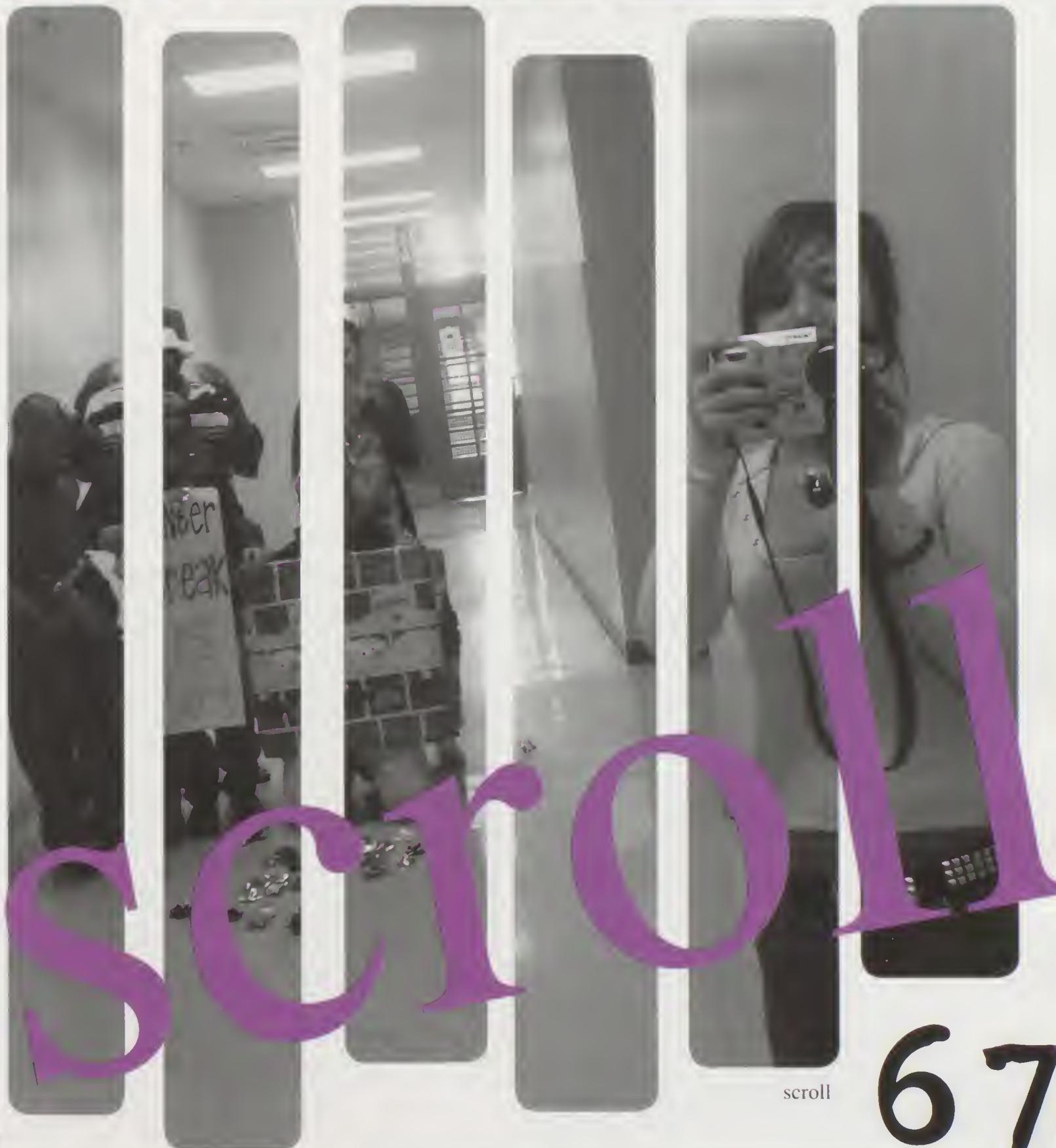
Story/Layout by Jami Bowen

Adviser Ed Kelly talks to the Scroll staff about upcoming deadlines. Kelly is the adviser for both the yearbook and the newspaper.



Junior staff members Jorden McGriff and Allie Ellis pass out the newspaper during class. The staff works hard to make sure the newspaper comes out every month.





scroll

67

each of us represents a star in the sky.
sometimes we shine with the rest, some-
times we twinkle alone, and sometimes
when we least expect it, we fall and make
someone's dream come true.

-anonymous

Hope
Rides
High

ent
ent
ent



organizations

69

DICK

in the office.

Story/Layout by Scott Thompson

"BPA stands for Business Professionals of America and its purpose is to build leadership and prepare students for careers in business," said **Mary Jane Kaldenberg**, sponsor of the BPA organization.

All club meetings are held during classes and conducted by local officers. This year the students discussed current projects they were working on, competitions they were attending, and fundraisers.

The first function the members attended was the Fall Conference in October where state officers are elected for the year. In the past East has had three state officers elected but nobody ran for office this year.

At Christmas the students adopted a family. They went out and bought toys, clothes, and food for the needy children. All of the students were required to bring canned goods for this occasion.

"The students really felt good about doing something nice for the families," said Kaldenberg.

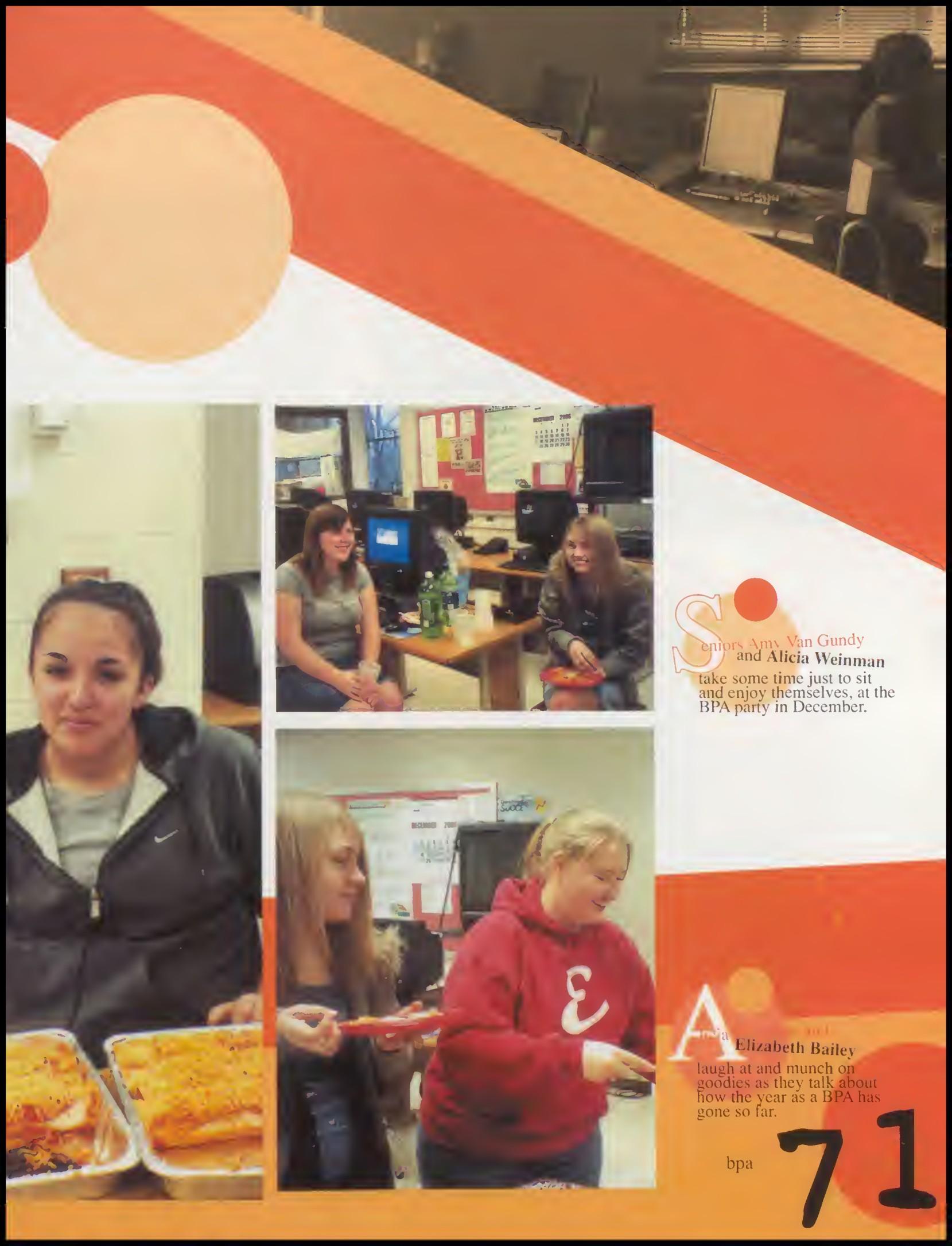
The next major conference the students went to was the State Leadership Conference. Each student competes three times and if anyone places they go to nationals in New York City in May. Susan Moreno placed eighth out of 60 contestants in the Keyboarding Production event.

"Every year students have competed at state and several have gone to nationals," said Kaldenberg.

Three students in the past have placed at nationals, including one student who came in second and missed first place by just one point.

Next year, 14 students will be in the club. "I hope someone will run for state office next year," said Kaldenberg. "Anyone who is elected gets a free trip to nationals."





Seniors Amy Van Gundy and Alicia Weinman take some time just to sit and enjoy themselves, at the BPA party in December.

Amy and Elizabeth Bailey laugh at and munch on goodies as they talk about how the year as a BPA has gone so far.

bpa

71

C

hoir members sing at an after school practice. They also practice outside of school so they can improve their sound as a group, and so they can learn new techniques on how to improve performance.



A



Chamber Choir Seniors



J

Junior Austin Locke

joins the choir at school

practices with the other members and even spends time outside of school hanging out with them.



There is a lot more to chamber choir than just singing with your choir. You sound well alone, and
Junior Austin Locke

Sing like nobody's listening.

Story/Layout by Hannah Kilby

The curtains open, the singers step on stage and center themselves on the risers. The audience sits quietly and prepares for a show that they will never forget. The music begins to play and the singers' hearts start to pound, as they anxiously wait to sing the songs they worked on in class time and time again.

"As I step on the stage each time, I wonder how we are going to do," said junior Austin Locke. "But the majority of the concerts have a positive finish."

Concerts can take an emotional toll on singers, whether it's their first time performing or if they are experienced. This is typically called stage fright and the choir members experience nervousness and their hearts begin to race.

"Usually the first performance of the year is nerve wracking, but after that you just get excited and butterflies fill your stomach," said senior Katelyn Moses.

Sophomore Chris Williams is one of the many choir members that had the opportunity to sing at Merle Hay

Mall with his class and other choir classes. These members performed and enjoyed the afternoon hanging out with friends.

"We went to mall during school and it was awesome," said Williams. "I had a lot of fun with my friends and the singing was great."

There have been numerous concerts held in the EHS auditorium. They tend to sing songs about things going on in the world at that time such as: seasons, holidays, love, peace, and many others.

"We had a concert that was held in December. We sang Christmas songs and songs about snow and winter," said junior Amanda Coleman.

As the choir finishes their last song and the music begins to come to an end, the members smile to the audience as the curtain closes. The audience claps and behind the scenes, the choir knows that their concert was a success.

Surpass

all expectations.

Story/Layout by Jennifer Harmon

Watch any *Made* episode on MTV, any high school mini-series, or any B-List horror movie and who always portrays the cheerleader? The blonde hair, blue eyed, spoiled brat. In the real world, though, that's not always the case.

Sophomore cheerleader Brittany Syvixay understands that there is a certain label that comes along with being a cheerleader. She feels that one of the biggest downfalls in being one is that people have "preconceived notions about the kind of person you are."

Syvixay, along with the rest of the 9 and 10 cheerleading squads, know what it's like to be labeled as the "cheerleader." Although they know they are being judged, they also show that the typical viewpoints aren't always true.

Many students think that cheerleaders are catty, rude and stuck up. Freshman cheerleader **Madison Kasper** admits that there is drama between the girls, much like any other group of people, but you can always separate yourself from it.

"I try to stay away from the drama, it's one of the downfalls of being a cheerleader," said Kasper.

Sophomore **Lacey Woltz** thinks that cheerleaders get their reputation because of a few who may act a certain way, which leads to "assumptions that all cheerleaders are like that, which isn't true at all."

Along with the drama, students focus on the squad's appearance.

"When I think of cheerleaders," said senior **Tyler Larson**, "I think of skirts."

Being on the team, though, involves more than looking good and dressing cute. Their routines and stunts involve a lot of hard work and practice. Over the summer the girls attended a summer cheer camp to learn new techniques.

Coach **Denise Rourke** said that the girls embrace camp as a "learning experience" and even though the days are long and the mornings are early they "get more out of it than they may realize."

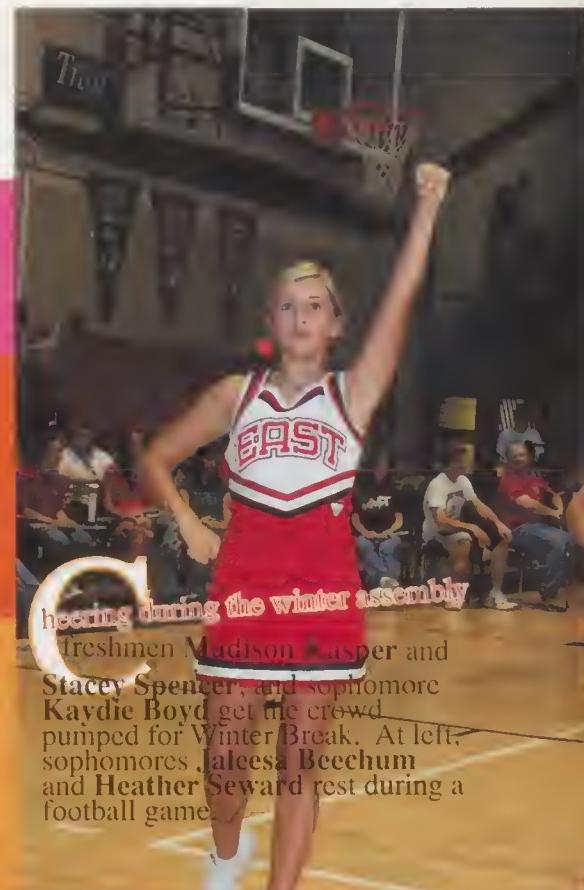
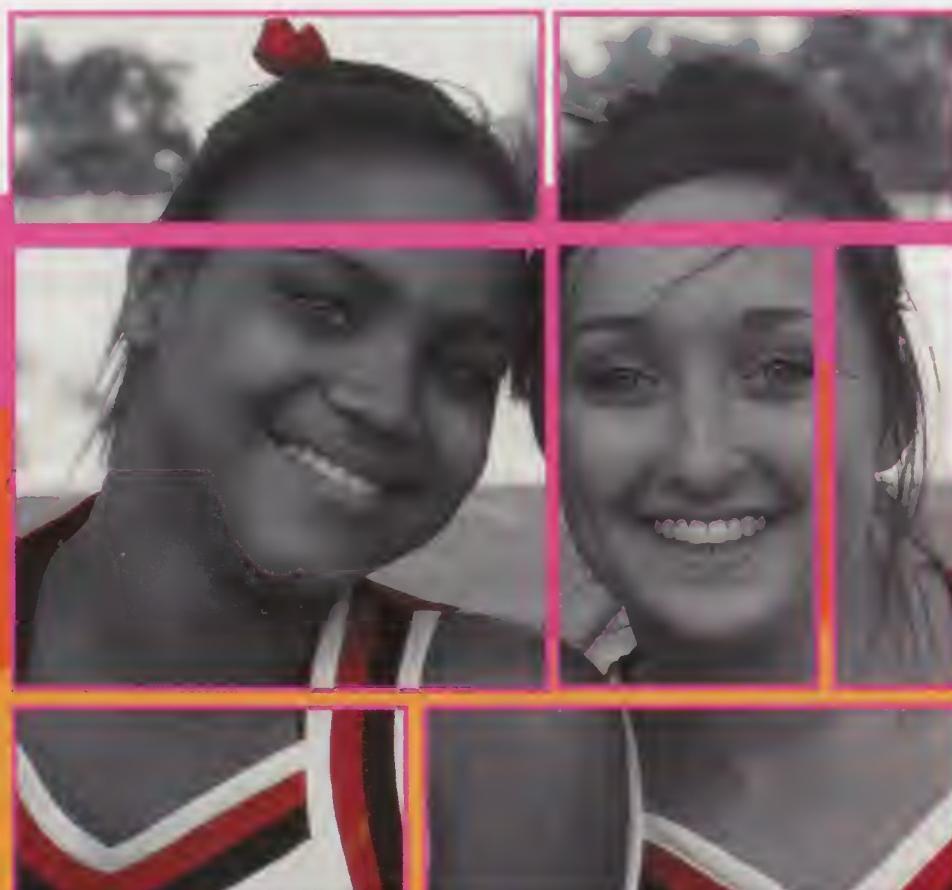
Sophomore **Molly McCuddin** said that she learned a lot from camp. "I got to be part of a stunt group with my friends and got to be the flyer, which was really fun."

Cheer camp also allowed the girls to get to know each other better. Many of the girls say they get along and are friends outside of cheerleading. They even get a chance to interact with older grades and make friends with the varsity squad.

"Sometimes it's intimidating working with varsity, but they're all pretty nice and we got along," said McCuddin.

"I like all of the varsity girls," said Woltz. "They're all really fun and I hang out with them sometimes."

The girls can prove themselves as more than just a stereotype with their talent, skills, and friendships on and off the cheerleading mat.



I guess the idea of being a cheerleader just comes natural to me. I couldn't really be one.
—Sophomore Lacey Woltz

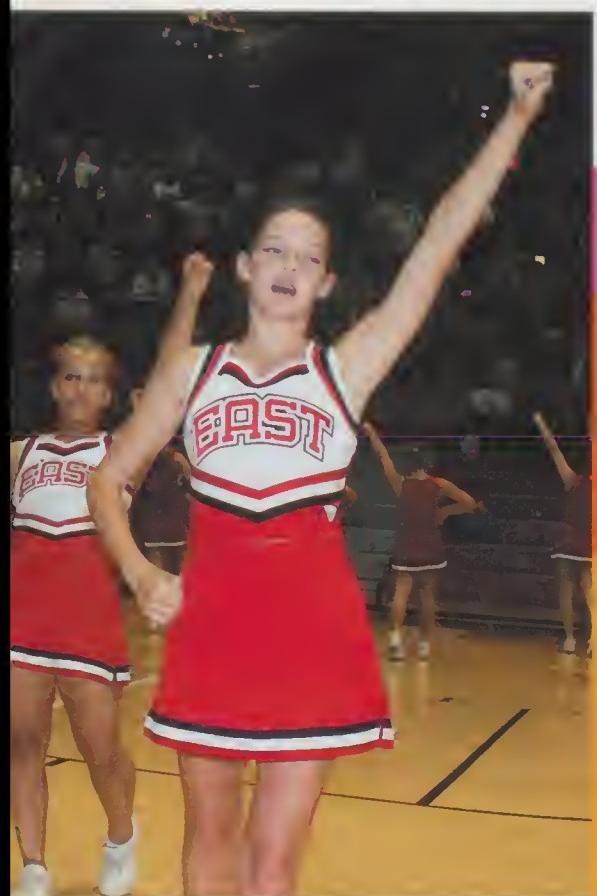
Wrapping each other in toilet paper, sophomores Molly McCuddin and Courtney Morton find entertainment during cheer camp. At bottom right, sophomores Ashley Gogerty and Kaydie Boyd help wash a truck at the annual car wash.



All of the cheerleading squads cheer together to encourage Eastside pride at an assembly. Most of the girls say they get along with the older cheerleaders.

The sophomore squad cheers, jumps and hollers at a football game. They learned many of their stunts and cheers at summer camp.

Freshmen cheerleaders hang out before the beginning of a football game. Cheering at sports helped the girls learn the rules of the game.



*everyone knows there are stereotypes and someone
is going to批评 them, but when the
cheerleaders are all in one category, people they are
going to be criticized about something*

-Junior Stephanie Ouverson

Junior Mickie Phengsiaroun pumps up the crowd during one of the first home games. Below, the varsity squad poses for a quick shot before the first home game against Marshalltown.



Below, senior Nikki Robbins does a stunt while cheering during the pep rally. Below at right, coach Denise Rourke poses for a picture during the boys game against Ottumwa. Below, far right Junior, John Thompson gets the Scarlets ready for homecoming. Thompson has been the only male cheerleader at East for over 12 years.



cheer

your heart out.

Story/Layout by Masyne Sayre

Cheerleaders are put into two categories: loved or hated.

"Everyone knows there are stereotypes and someone is going to put you into a category, but when the cheerleaders are always in front of people they are going to be criticized about something," said junior Stephanie Ouverson.

In the early days, squads mostly consisted of males, but today obviously things have changed, except for one small thing, junior and varsity cheerleader John Thompson.

"I have been coaching for over ten years and I always thought our stunts would be ten times better if we had more guys; John is definitely a big part of our squad," said cheerleading coach Denise Rourke.

Beyond cheering on the court and field or putting on a show during an assembly, the varsity squad also did many things in and around the community.

"This year we have passed out flyers, helped set up a

Halloween party at Toyota of Des Moines and helped out at the grand opening of a bank," said senior and varsity cheerleader Nicole Rayman.

Many may think the girls are just selected as part of the squad based on looks or social status, but for the girls it is much more than that. Try-outs begin in the spring and the girls learn a dance and a couple of cheers that they are to practice and perfect the week of try-outs.

"At the end of the week we go in with our group or partner in front of about ten judges and perform what we have been practicing all week, then we are scored and usually later that day you know if you made it or not," said junior and varsity cheerleader Mickie Phengsiaroun.

"Cheerleading is my passion, I can't imagine doing anything else, or giving this up, and trust me it's not for the extra paycheck," said Rourke.



how well do you know your cheers?

read each to see if you can finish

1. "Hey! Who's gonna _____?"

2. "If you're yelling _____, yell GO!"

3. "All you people in the front, all you people in the back, give it up and _____! Go Scarlets."

1. win this game 2. for the Scarlets 3. yell this back

Stuve

past your goals.

Story/Layout by Shawna Wilson

Freshman Devan Stuve nervously walks into the band room with sweaty palms and a confident attitude. She and five other girls wait to pick up a six foot pole and start to spin for their very first time.

This year was the 1st Winter Guard audition East has had that was successful. The current squad members were very happy with the so called "newbie's."

"I didn't think that spinning a flag would be so hard, but once I got the hang of it, it became easier," said freshman Marissa Kimmel-Kendrik. "I had witnessed the squad in action during marching band season, and wanted to give it a try."

With new inexperienced members, and State fast approaching, the Color Guard had a lot of work to do.

"Practice was very hard. When you got frustrated you couldn't give up," said junior Amanda Cox.

Long practices and extra hours of work finally paid off

The winterguard and coaches celebrate their success after the awards ceremony at the ISDTA State competition. This year the squad not only improved their scores, but received 2nd place out of nine competing teams.

when the Guard took second place at the Iowa State Drill Team Association contest in December.

"I had been waiting for this," said senior captain Sydney Williams. "It finally felt like everything I had put into Guard had paid off. It was the perfect way to end my senior year on Winter Guard."

This year's theme was "Angels" and was in remembrance of the September 11, 2001 tragedy.

"A show full of such emotions can be tricky when performing it because some people might take the message in a different way than what we are trying to explain," said senior Trista Johnson.

This year the Guard opened the door for new opportunities for the team by hosting the 1st annual East Color Guard Invitational.

"It was very stressful to prepare for the teams to come in and be judged and perform, but once the judges and teams arrived and the decorations were up, it went great," said Stuve.



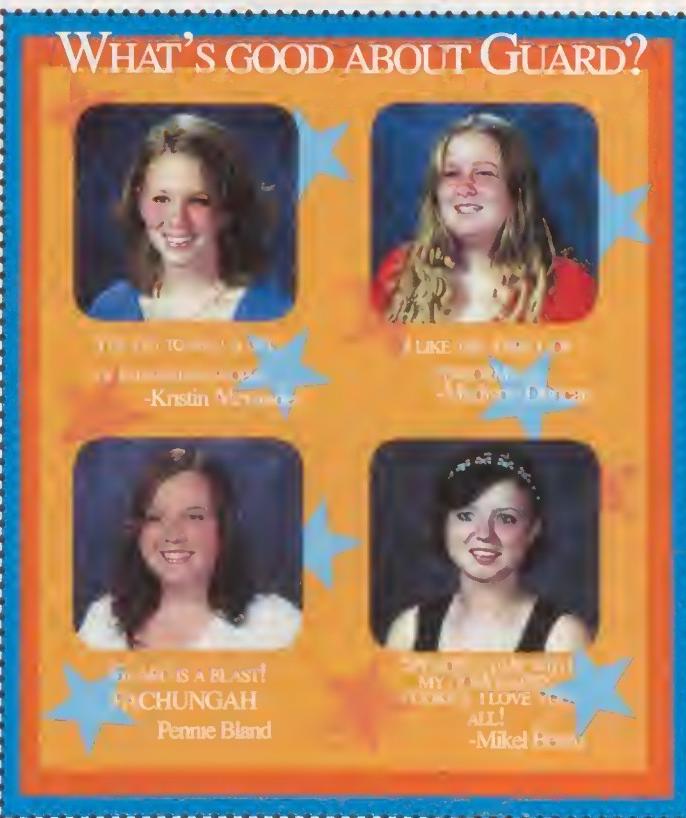
guard has been extremely crazy, wild and
inevitably fun. I know I won't forget it.
The girls are the greatest people I know, and I
love them all. peace.
junior narelle buffalo



Solo participants stop for a quick picture after the awards ceremony. The girls wrote their own routines to songs of their choice. They performed in front of judges and an audience in Pella.



Left, senior captain Sydney Williams, Senior Trista Johnson, and junior captain Narelle Buffalo display the trophy the guard received at the ISDTA competition in December. It was a proud moment for the team. Above, the guard warms up before performing their routine at Vets auditorium. Below, Freshman Marissa Kimmel-Kindrick gets ready for practice. The team put in many extra hours to prepare for state and other competitions.



color guard

this is

the redefining moment of your life

Story/Layout by Emma Diver

Does standing outside in the cold waiting to play a metal instrument with numb fingers sound like fun to you? To the members of the marching band this is an ordinary Friday night during football season.

Junior Amanda Bellis described, "Going to the games is one of the best parts. I like getting to know the other people and play fun and interesting music."

Hanging out with the rest of the band isn't the only part of marching band, however; it takes hard work to play, march, and move together for the games.

"Because there's so much you have to learn, we did two weeks marching band camp before school started to learn music and where we are supposed to go on the football field," said band director Chris Strohmaier.

Marching band may require a lot of work and skill, but Bellis says it is all worth it when the band achieves something they can be proud of.

"Sometimes it's hard to get everyone on the same page, but doing well at contests can give everyone a renewed interest and enthusiasm."

When the season ends for marching, the band is far from over. Concert band begins the day after the last football game.

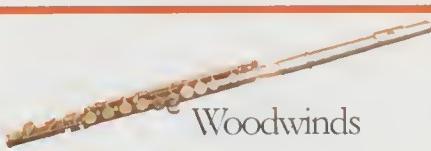
Strohmaier described the concert band as more complex. "Because you're inside and not contending with outside elements or moving around, you can play more difficult music that you can't do outside."

Senior Trista Johnson furthers, "The music is more classical and emotional in concert and symphonic bands."

The members play in three concerts a year and participate in marching band contests throughout the season. The practice and the work before and after school lead up to these moments.

Johnson said, "You get kind of nervous, but you're excited to show people what you've been working so long on."

"We get our work done when we need to, but we have fun in the process," said Bellis.



Woodwinds

Instruments that make noise from a reed or some other external object. These instruments include:

- Flute
- Clarinet
- Piccolo
- Saxophone



Brass

Instruments that make sound from the lips against a mouthpiece. These are:

- Trumpet
- Trombone
- Tuba
- Baritone
- French Horn



Percussion

Instruments that are played by striking an object. The instruments are either:

- Tonal...such as xylophones
- Rhythmic...such as drums

Sections of the Band

One of the biggest highs I've ever experienced is playing under the lights at football games.

-Junior John Whiteman

Junior Amanda Bellis

leads the marching band on the field below. This year, the band routine included 55 formations to take on the field during games. Below right, the trumpets practice for concert band. Besides marching and concert band, there are many specialized small bands the group breaks down into.



T

he band plays on the field below during one of the five football games they went to during the season. After marching band, the members stay for the rest of the year in concert band.



concert & marching band

81

play

like you've never played before.

Story/Layout by Casie Johnson

As sophomore Andrea Campbell walked into handbells class, the only thing on her mind was what she would learn and all of the techniques that Traci McCaull would teach during class that day.

"It's so much fun seeing what all of the bells sound like," said Campbell. "We learn lots of ways to make the bells sound different."

With eleven students in advanced handbells and nine students in beginning bells, Campbell isn't the only one who enjoys playing the handbells.

"I'm in beginning handbells and I love it," said sophomore Brooke Wade.

In beginning bells, they learned all of the basics and the how to techniques. Advanced bells learn more advanced and harder songs. This gives something for the beginning bells students to look forward to for the next year.

"I hate it when people come up to me and say "what is the point of handbells?" All you do is ring a bell," said Campbell.

"It's harder than people think."

During Spring Break, some of the members went to Florida to play with the choir. They also traveled around town to show people their talent, and what the EHS handbell squad was really made of. During concerts the bells play with the choir, but they also play a little something by themselves too.

"Our busiest time of the year is Christmas," said sophomore Kristina Denin. "I love playing all the Christmas songs; they're always the most fun."

As the size of the bells get bigger the deeper the sound goes. The smaller the bells are the higher the sound.

"The bells are all the same," said Wade. "The varied sizes make the sounds different."

As Campbell and all her classmates walk out of bells class, all they can think about is how much they learned and what they need to improve individually and as a team. They also leave thinking about how much fun they had, and are looking forward to class tomorrow.



H

top) For one of their performances. The performance was a success. Bottom: Members practice early in the morning to prepare for their next concert. It takes a lot of dedication and commitment to be apart of the Handbells.

*it is crazy how many techniques there are to learn
all the bells make the different sounds.*

-Sophomore Andrea Campbell

What you about do like handbells ?



"I like playing the Christmas songs. They're the most fun."

-Sophomore
Kristen Davies



"I have always been involved in music and I love everything about it."

-Junior Rob Van Weelden

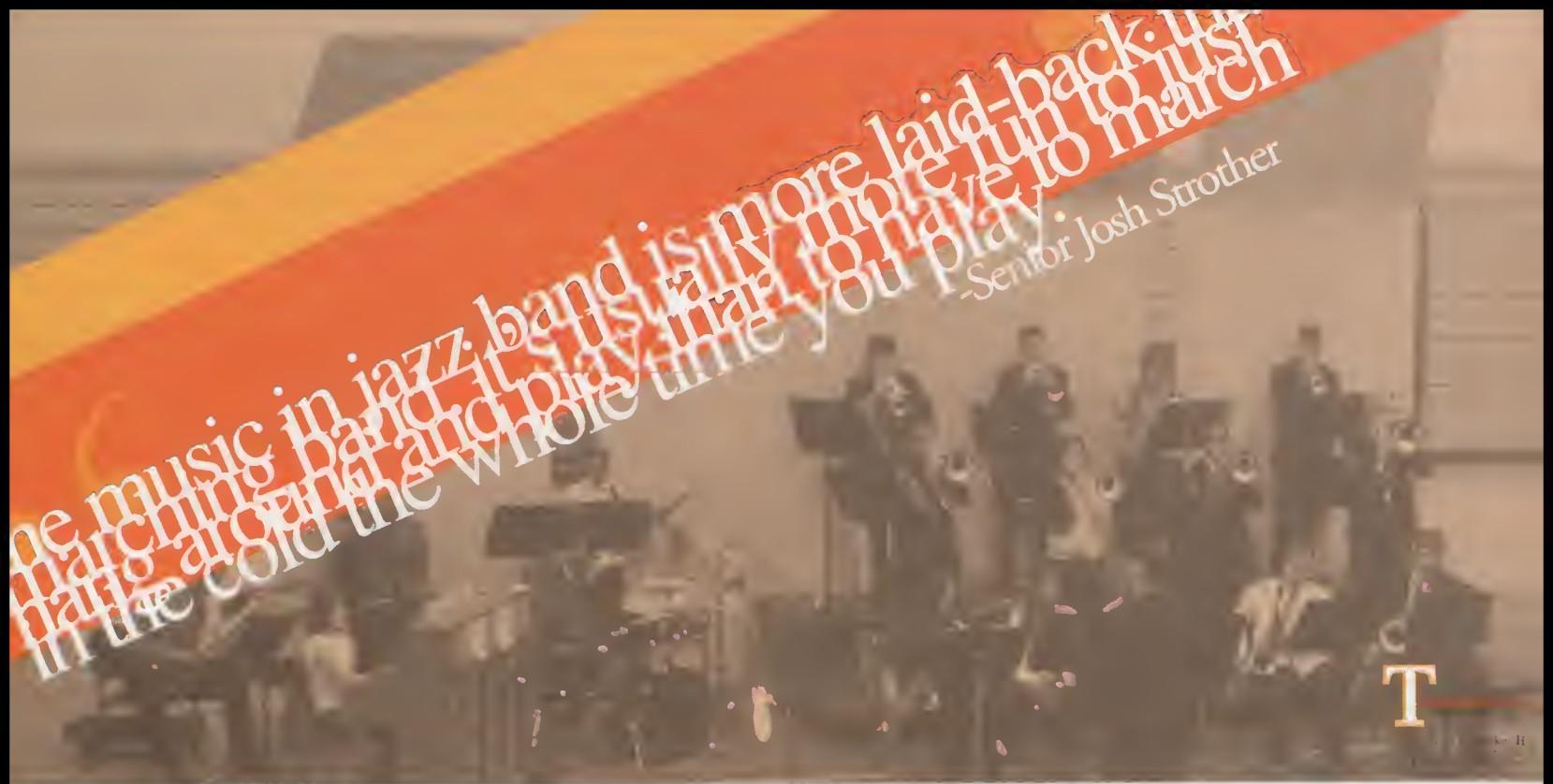


"I haven't been in bells for very long, but so far it has been pretty fun."

-Sophomore
Hannah McKeever

Sophomore Kristen Davies practices her music at 7 AM to make sure she has it all down. She doesn't mind the early mornings, as long as she has perfected her sound.

handbells

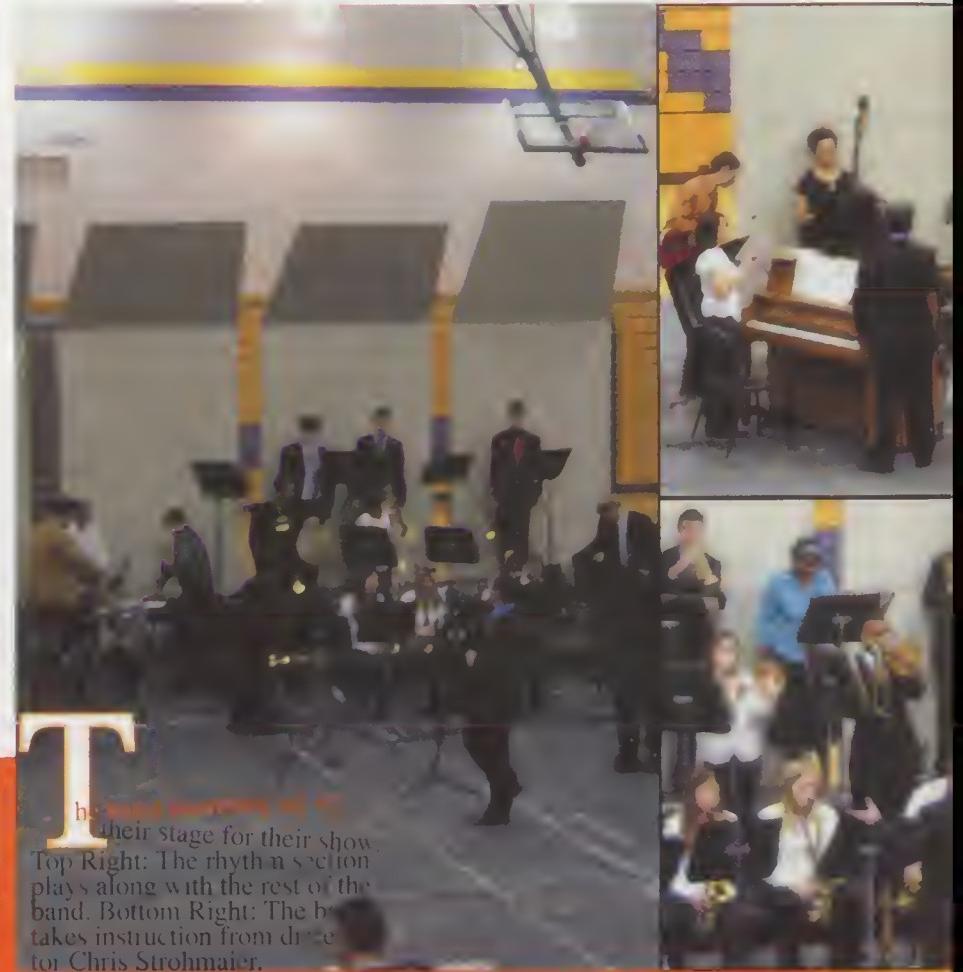


The music in jazz band is more laid-back just like marching band it is fairly note to note to march through the air and the whole time you have to play. Senior Josh Strother

T



After their show, the band gets critiqued and complimented on their performance. Clinic sessions like these are held after every performance, even in marching band season.



Their stage for their show. Top Right: The rhythm section plays along with the rest of the band. Bottom Right: The band takes instruction from director Chris Strohmaier.

conduct

yourselves accordingly

Story/Layout by Jorden McGriff

When anyone thinks of high school band, a vision of rows of talented musicians in pressed uniforms executing precise and clean-cut formations comes to mind. But band at East is more than that. There are many other opportunities for members of the band to get involved, one of them being the East High Jazz Band.

The Jazz Band is different from the Marching Band in many ways, they don't march and they play more flowing and light music. The Jazz Band is also a lot smaller than the marching band because people have to try out to get into it.

This year the band worked a Latin flair to their show and it included the songs: "Pump It Up," "When I'm 64," and "Bistro Latino."

Period 7 was available for students that were free, to have the

chance to practice during class. The Jazz Band made these songs sound their best by meeting almost every morning at 7 a.m. to practice their show.

Jazz Band can open many collegiate opportunities to the seniors involved. Drake University works closely with many of high school bands in Iowa, and an honor band and wind symphony were created for a workshop and show on December 1-2.

Students who were accepted into this band worked with and competed against students from other schools to create a band ready to perform in only a few days.

Jazz Band is a program at East that combines talent with a passion for music and it also offers an alternative to the sharp and precise marching band style.

"The music in Jazz Band is more fun than marching and concert music. Also, we get to travel to a lot of contests which is fun because we have a lot of down time to hang out."

Junior Amanda Bellis



"Jazz Band is more controlled than marching band and there is more order to it. Strohmeier is more relaxed than in marching band, too, because there's fewer kids to watch."

Sophomore I'Ston Hall



"We get to play harder and more fun and interesting music in Jazz Band. Plus, it's inside so we don't have to freeze like in marching band season."

Junior Adam Geiger



courtesy of the jazz band

jazz band

serve

your community.

Story/Layout by Abby Grover

Many high school students would agree that it can be a challenge finding enough time to get things done with such busy schedules. For students in National Honor Society (NHS), and those on the National Council for Youth Leadership (NCYL), volunteering and being good citizens fits easily into their daily lives.

Senior **Shikha Parsai** participates in NHS and believes it improves her leadership skills and gives her assurance.

"Being involved in NHS was important to me because being a part of it made me feel like a leader at school which gave me confidence. Basically, if I had the qualifications to get into NHS, it made me feel like I can do pretty much anything that requires leadership and being involved," said Parsai.

Senior **Ashley Yingst** enjoyed volunteering because of the gratification it brought.

"I think it's important to be involved in the community because it gives you a perspective on things that you may not have known about before, and it benefits both myself and others," she said.

One junior said that the students who volunteer in NHS prove that high-schoolers care about their community.

"I enjoy being in NHS because it gives me time to give back to the community. It continues to prove that high-schoolers do care about their education and they truly want to help others," said junior **Christine Her**.

NCYL is composed of about 200 seniors from Des Moines area high schools. They're selected for the council based on grades, involvement, and good character. There were about 20 seniors selected from East and they attended a two day conference at Drake University focused on leadership.

"It was nice to be chosen as a part of NCYL. It felt good to know that all of your hard work and leadership was actually being recognized," said senior **Amy Tarr**.

Amanda Eimers is an adviser with NHS and talked about the importance of the organization across the country and here at East.

"With chapters all across the United States, NHS recognizes academic achievement and is committed to fostering leadership, character, and service among its members. NHS students at East contribute many hours of service to the school and community each year in a variety of ways," said Eimers.

For all the students involved, the organizations are meaningful and important to them in their own ways.

"NHS gives me a new perspective on many things. It's like the saying when Christmas comes around, the point is to 'give and offer', not to 'take and receive.' It's like the Christmas season, but all year round," said junior **Naly Bounyalath**.

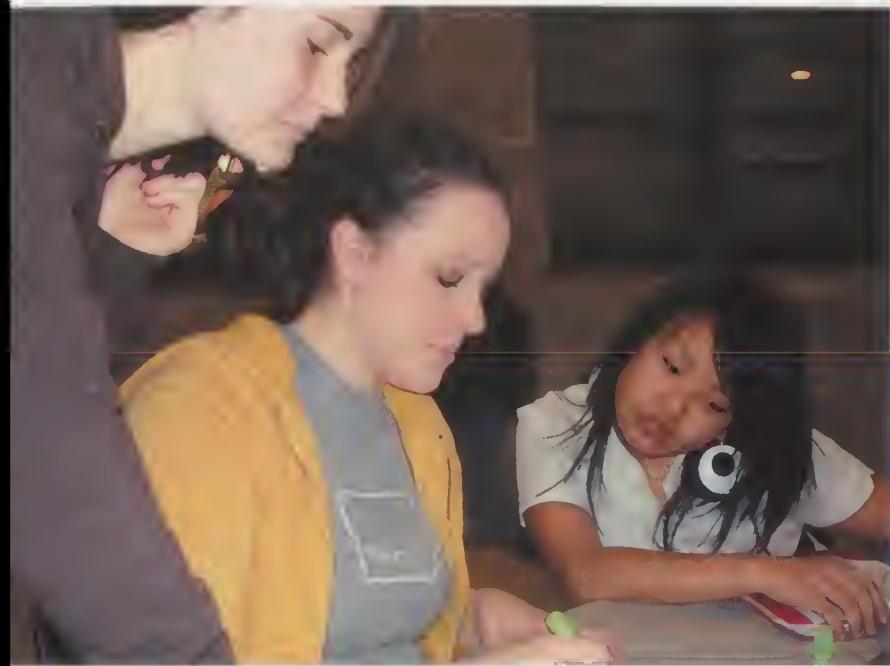


National Honor Society students open gifts and enjoy food together as they celebrate at their holiday party. At right, members prepare breakfast casseroles for a Salvation Army meal ministry.



It's important for students to get involved, even though it may not seem like it at first. It helps a lot of people.

-Senior Jiear Vang



Three of the NHS officers decide to purchase an animal for the Heifer Project which donates animals to families in third world countries. The organization raises money for worthy causes.



Pcheck out the photo boards at Jordan Creek Mall. The display traveled to local malls and popular Des Moines workplaces to showcase the students.



{ nhs officers }

nhs & ncyl

87

I love playing music and being in orchestra myself and I enjoy being with my friends.

-Freshman Miya Williams



orchestra seniors



Seniors Hoang Nguyen, Robert Frye, Abby Grover, and Larry Davis have been playing with the orchestra together ever since their middle school days back at Hiatt. The group celebrated at a concert in May held for the seniors and also went out to dinner with their teacher of 7 years, Jennifer Luft.



play

each note with meaning.

Story/Layout by Abby Grover

Stress isn't unexpected with homework, tests and all of the drama that comes along with high school; it's just tough. But luckily he has an escape from all of his problems every day during 6th period. That escape is orchestra.

"Orchestra has been a great experience for me. It's a great way to relax and I've been playing since fourth grade," said Hinshaw.

Orchestra can also be rewarding to students who may struggle at first with songs that have a higher level of difficulty.

"I love it when I get a song right because then I know I've accomplished something. You get mad at first when you can't get it, but knowing I'll eventually get it right keeps me going," said freshman Ryan Beggs.

in freshman Seth Hinshaw's life.

d all of the drama that comes along

tough. But luckily he has an escape

from all of his problems every day during 6th period. That

escape is orchestra.

For many students, orchestra is a social opportunity as well.

"The class is fun and challenging and it's cool to be able to talk to friends while learning at the same time. We also go on fun trips, so that's great, too," said sophomore Shawna Wilson.

According to instructor Jennifer Luft, the group had an exciting event this year when a Drake professor was commissioned to create a piece exclusively for the band and orchestra. The piece was called "Acclimation" and it was very unique, yet it presented the group with some difficulties because it was such an advanced song.

Junior Pa Vang offered this advice to her peers, "Go for it, keep trying your best and after awhile you'll start to like it. In the end, it all comes together."

The concert turned out to be a success and in the end, the advice of a student rang true; it all came together.



Alyssa Mounphoxay and Seth Hinshaw enjoy cheesy pizza as they relax after playing for holiday shoppers at the mall. Center: Toan Nguyen, Ryan Beggs and Alyssa Mounphoxay prepare to play at Harding Middle School. Students dressed up in their best Halloween costumes for the event. Far Right: Freshman Miya Williams rosins up her bow before a performance.

orchestra

flaunt

your school spirit

Story/Layout by Ashley Kasper

Spirit! Spirit! Let's hear it! School spirit can be shown in many ways. The easiest way to show your East High pride is by wearing EHS apparel. But where are you going to find all those items? Well, they all came from one place, the Pep 'E' Club.

Pep Club is an organization that promotes school spirit and tries “to get people involved in our school,” said senior and co-pres. **Addison Speck**.

They also planned the infamous winter dance.

"The dance was definitely a good one thanks to us seniors," said senior **Shane Kellow**. "We made the most of it, of course, because it was our last one and everything."

This year's theme for the dance was "Mardi Gras Madness." Giant masquerade masks hung from the ceilings, paintings of Bourbon Street in New Orleans hung along the hallways, and, of course, beads were everywhere.

"We had such a versatile theme this year," said junior **Nuong Nguyen**. "It let us do a lot of cool and different things for the dance."

Pep Club sold many of the spirit items found around the school such as tattoos, pins, buttons, pom-poms, spirit beads, and even megaphones.

"We thought the megaphones were such a cool idea, but it turns out people aren't allowed to use them at games, which

"is stupid," said senior and VP Trevor Beals.

Pep Club also decorated from the homecoming assembly. They sold spirit strips that were divided up by grade levels. The object was to be the class with the most strips, hence, the most school spirit. The big competition this year was between the freshmen and the seniors; in the end, the seniors won.

"People always seem to enjoy the spirit strips and since they are only \$0.10 a piece, people tend to buy more," said Speck.

Don't think that you have to be an upperclassman to join this group; anyone can join.

"In the fall we go talk to all the freshmen to try and get them involved," said sponsor **Robbie Malm**.

Pep club has been around, believe it or not, since the 1950's! It actually started out as two different groups; the Girl's club and the Pep club. They merged in the 80's to form the Pep 'E' club.



People is simply trying to spread in school
Senior Addison Speck

P.E.D.'E' Club
Merchandise

Buttons/Pins: \$2

Pom Poms: \$2



The group had a last minute meeting. The group is made up of all grade levels to get input from everyone.



Seniors Nicole Raym and Christina Tharp were excited about planning the winter dance.



I feel more comfortable with my future and what is ahead fully because it has really kept me focused on school.

-Junior Mia Chagoya

Science Bound members listen closely teacher Lowell Long while he goes in depth about their trip to Chicago this year. Science Bound raises money during the school year to fund their field trips that they take every other year.



bound

towards success.

Story/Layout by Nick Mongar

"Most people think that it's just an after-school science program for those nerdy kids with taped together glasses, but they're wrong," said senior Joe Rivas. "None of us even wear glasses."

Rivas is just one of the many minority students that was selected to participate in the government funded program Science Bound, a scholarship opportunity through Iowa State University.

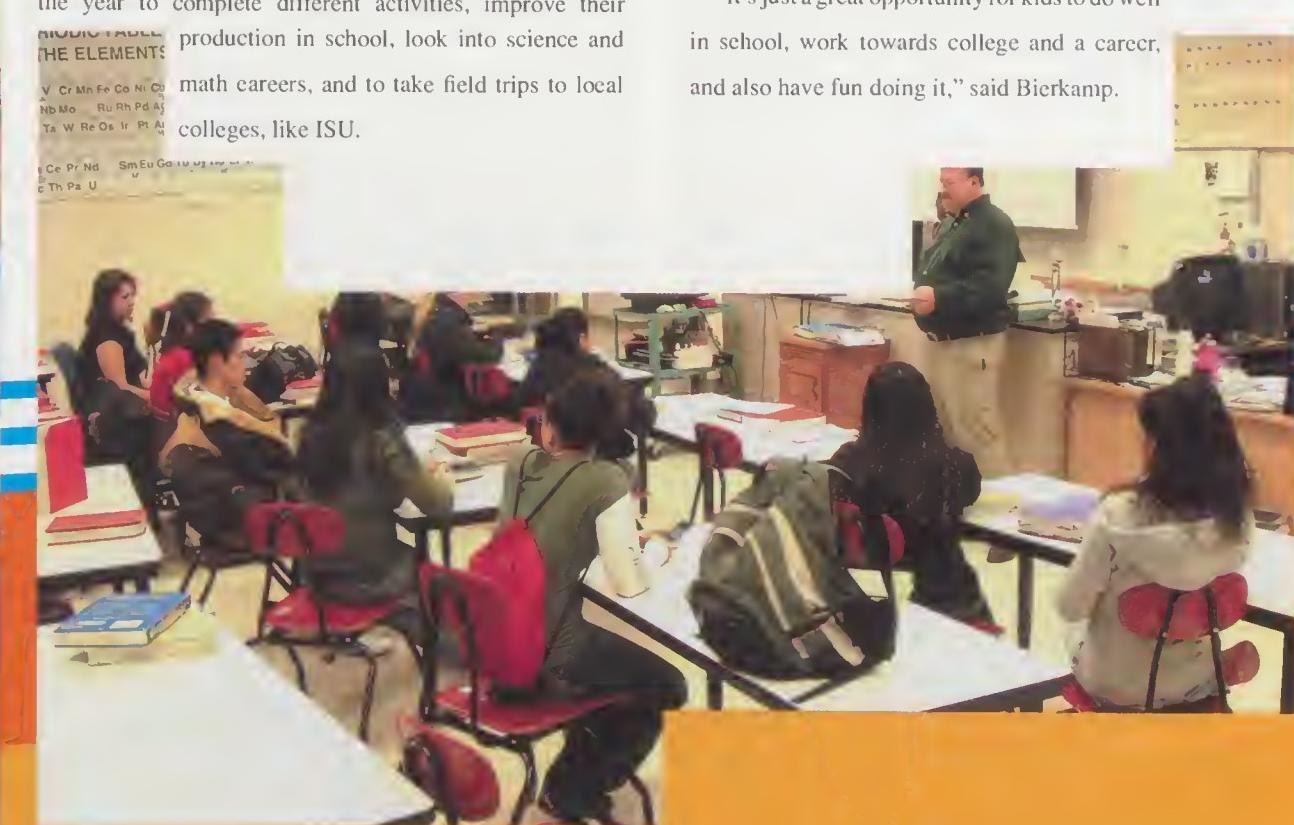
"Sometimes it was hard, we had to keep our grades at a 3.0 just to stay in," said junior Jared Weatherall, "but it was a good preparation for college."

Science Bound met after school one night a week during the year to complete different activities, improve their production in school, look into science and math careers, and to take field trips to local colleges, like ISU.

"The kids worked really hard at the concession stands and with raising extra money for our field trip to Chicago that we take every other year," said Science Bound coordinator Annette Bierkamp. "We visited a lot of the museums, the zoo, and the aquarium."

The group has also done other activities this year including the volcano-like Coke and Mentos experiment, visited the Mercy Hospital laboratory, had a meeting with a medical technologist, discovered the number of calories in different kinds of foods, created a periodic table using paint chips, and had an overnight retreat at the Madrid 4H Center with many of the other surrounding high schools.

"It's just a great opportunity for kids to do well in school, work towards college and a career, and also have fun doing it," said Bierkamp.



science bound

93

show

us what you've got.

Story/Layout by Jorden McGriff

To some, choir may be a distant middle or even elementary school memory. The memory of a class that performs the annual holiday assembly returns full-force. But for two groups of students, the Scarlet Singers and Fresh Air, it has become much more.

The Scarlet Singers, or show choir, learn to work together while coordinating singing with a dance routine.

The group met with a professional choreographer a few times a week to practice their routine.

"The number of boys in the program has increased dramatically in contrast to previous years and the students work well together," said sponsor **Traci McCaul**. "But the main challenge is getting students to class on time and consistently to practice."

In previous years, the Scarlet Singers have performed at Merle

Hay Mall during the holidays.

This year they continued that tradition along with evening shows.

"I like being able to perform and show off what we've practiced," said senior **Tierra Ellis**.

They also gave performances at a few Des Moines middle schools.

The Singers aren't the only show choir at East. Fresh Air, a group compiled of freshman interested in pursuing a place in the Scarlet Singers, prepares for shows just like the Singers.

Fresh Air practiced separately and they performed a different routine than the Scarlet Singers. Fresh Air performed with the Singers at Merle Hay Mall and the evening concerts.

After a year of preparation, the members of Fresh Air hoped to move up and join the Scarlet Singers and continue the well-earned tradition.

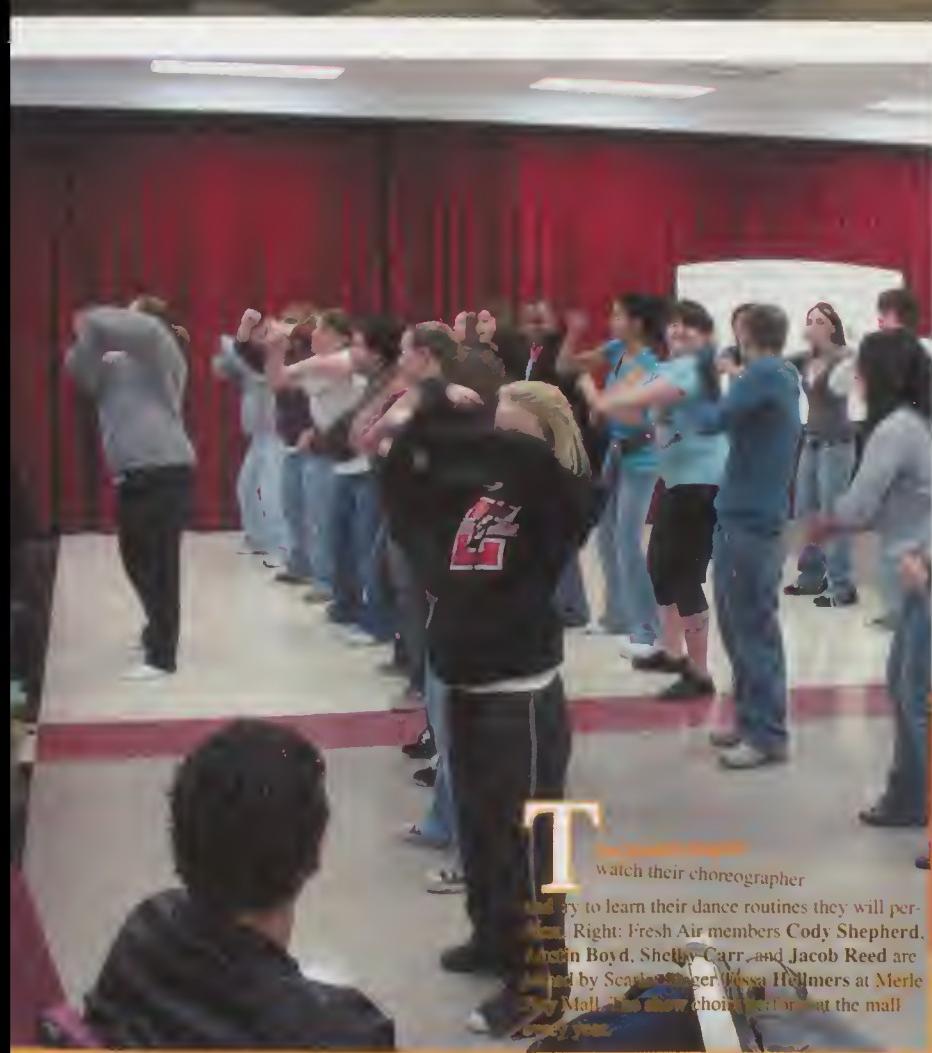


Singer and pianist **Erica Olson**, a McCaul player, plays music and directs other choir sing-along. Olson is one of the first three seniors since the 2013-2014 school year to graduate from the choir.

Going on trips for show choir is pretty cool

mood for the rest of the day at school.

Senior Katie Moses



Try to learn their dance routines they will perform. Right: Fresh Air members Cody Shepherd, Austin Boyd, Shelby Carr, and Jacob Reed are led by Scarlet Singer Vessa Hellmers at Merle Mall. The show choir will perform at the mall



dance

like nobody's watching.

Story/Layout by Jami Bowen

Junior Rachael Schwartztrauber didn't like the fact that she had to wake up at five in the morning to make her Steppers practice where for hours Schwartztrauber and the rest of the dance team would work on making sure their moves were in sync for their next performance.

"We practice all the time. We actually practiced all summer long about three days a week for three hours. Then once school started we practiced Tuesdays after school for two hours, and then Wednesday and Friday mornings before school from

6-7:15 a.m. When we wanted to prepare ourselves for state we even practiced on all the Sundays of that month," said Schwartztrauber.

All the numerous hours and sweat put into preparing the team's routine paid off when the team danced at the state tournament held at Vets Auditorium located minutes away from the school.

"It was a huge accomplishment when we received a division one rating on 'Higher Ground,' our jazz dance at state. As a team we just put so much time and effort into coordinating the routine and

making sure the moves and music were just right, so after all that work it was nice to feel that our work paid off," said sophomore Katelynn Tappan.

The Steppers dance team has changed in a couple of ways from the dance team last year. This year, the team danced to more hip-hop songs and inserted that hip-hop taste into their dance moves. This new sense of dance may come from the fact that this year the dance team had a new coach, Charlotte O'Hern, who owns a local dance studio.

"She is just amazing and since she is a dance teacher she shares the same love of dance as we do and she isn't afraid to tell us what looks right and what looks just ridiculous. It also is a huge help that sometimes she let the team practice at her dance studio because we got to use the mirrors to try and help us with the expressions we made while we danced," said junior Chantelle Moody.

"I loved working with all the girls and was so impressed with their dedication. I am really excited for what we can accomplish next year," said O'Hern.

I love doing steppers because i have been
challenging to perform so it gives
me the chance to perform for a different
crowd.

- Sophomore Shelby Eckardt



steppers

lead

the way for a great year.

Story/Layout by Hoang Nguyen

"For graduation, the senior class will be wearing red and white robes," said senior board president **Kathleen McCuddin**.

Teachers and principals aren't the only ones that have a say in the final decisions of what goes on at East. McCuddin was one of the many student leaders that took charge and made tough choices. Organizations like senior board and student government make this possible.

"As a senior board officer, we have to speak for and represent the senior class," said senior board treasurer **Jiear Vang**. "We want to make everyone happy, but we have to take the initiative to make a good decision that will be the best for all the seniors."

There are a total of ten committees that make up senior board. Members signed up for the committees and they tried to plan, execute, and perform the specific tasks. For instance, alumni banquet, senior shirts, senior/faculty challenge, or graduation.

Senior **Daric Williams** said, "I'm one of the chairmen for

post prom and it puts some pressure on me because it wouldn't feel too great if post prom was a failure."

One thing that senior board has in common with student government besides student democracy, would be giving back to the community. Senior board has a group, the "Senior Project," that focuses on cleaning up the school for a whole day. Student government devotes their time to charitable events, such as the food drive and the blood drive.

"It feels ecstatic and delightful to be giving back to the community," said junior **Naly Boungylath**. "Even though I'm just one person, I'm still helping and it counts."

Student government was in charge of one of the main events that happened toward the beginning of the year: Homecoming. The theme was "Party in the Pyramid," and the colors were teal, purple and gold.

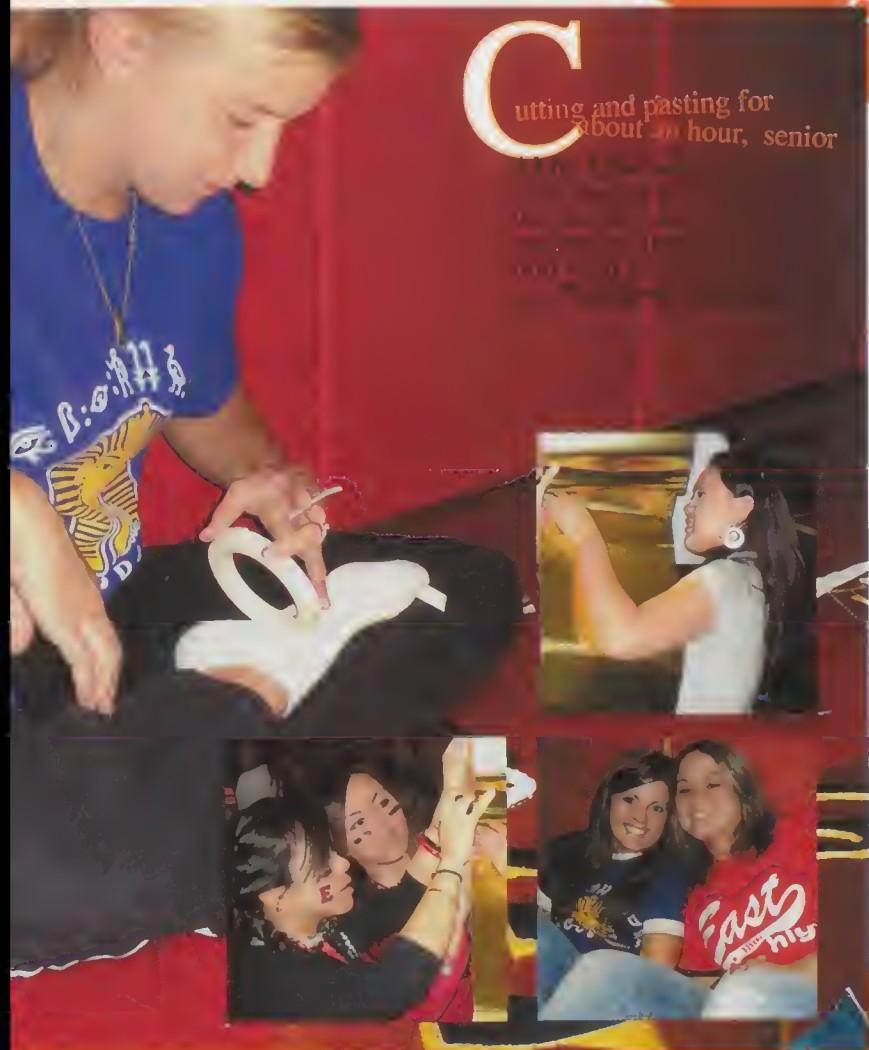
Senior **Samantha Cam** said, "Homecoming was very different this year, but that's a good thing. One thing that made it successful was that we had a variety of music."



some rewards in a leadership role are being able to have a say in what happens to the east community and helping to make it so much better.

-Senior Katie Sturtz

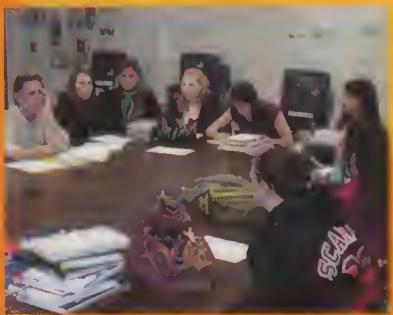
Cutting and pasting for about an hour, senior



Student gov't president
Karssea Mortor



Senior Board treasurer
Jiear Vang



SENIOR BOARD
Sitting in a big circle, participating seniors met once a week to plan the big event of senior breakfast. It included a big slideshow presentation of the students' senior photos and their baby pictures.



REgroup Job



COLOR GUARD

Front Row: Cpt. Narelle Buffalo, Cpt. Sydney Williams, Pennie Bland. Row 2: Trista Johnson, Madison Duncan, Mikel Beem, Shawna Wilson, Kristin Alexander. Back Row: Amanda Cox, Devan Stuve, Marissa Kimmel-Kendrick, Kara VanCleve.



VARSITY CHEERLEADING

Front Row: Mackenzie Schmitt, Miekie Phengsiaroun. Row 2: Masyn Sayre, Christina Tharp, Kelsi McCuen, Lacee Bergan, Katie Moses, Paige Stock, Whitney Kelly. Row 3: Nikki Robbins, Jessica Wissler, Ashley Kasper, Natasha Mendenhall, Jennifer Sullivan, Brittney Robbins, Brittany O'Dell. Back Row: Ben Rokes, Allison Ring, Emily Ellenwood, Jena Bowen, Jazmyn Brown, Kylee Woods, Addison Speck, Nicole Rayman, Kayse Barker, John Thompson.



SOPHOMORE CHEERLEADING

Front Row: Lacey Woltz, Jaleesa Beechum, Ashley Gogerty, LaRissa Connell, Shardaine Manson. Row 2: Sharde Manson, Molly McCuddin, Lois Lewis, Samantha Toomer, Katie Price. Back Row: Heather Seward, Michele Cory, Kaydie Boyd, Andrea Campbell, Courtney Morton, Brittany Syvixay.



FRESHMAN CHEERLEADING

Front Row: Chelsy Mongar, Madison Kasper, Paige Gee, Amber Malloy, Desi Kerber. Row 2: Amanda Seibner, Katie Nutt, Kate Hurley, Katie Heggen, Nadia Tyler, Carly Wiezorek. Not Pictured: Stacee Spence.



FRESH AIR

Front Row: Kelsie Whitfield, Kayla Winousky, McKinzie Langerud, Jacob Reed, Brian Goheen, Missy Morton, Tiffany Smith, Jennifer Vong. Back Row: Rosic Cam, Desi Kerber, Tyler Avant, Austin Boyd, Jessica Schnoehelen, Shelby Jenkins. Not Pictured: Kristin Alexander, Shelby Carr, Cody Shepherd.



ADVANCED HANDBELLS

Front Row: Jicar Vang, Rachel Alexander. Row 2: Rachel Olson, Amber Hardwick-Schories. Row 3: Robert Van Weelden, Andrea Campbell, Tiffany Smith, Kristina Denin. Back Row: Stacy Anderson, Naipong Vang, Kristen Davies.



BEGINNING HANDBELLS

Front Row: Andrea Campbell, Stacy Anderson. Row 2: Courtney Bozman, Bobby Starace, Jessica Patterson. Back Row: Brooke Wade, Jessica Schnoebelen. Not Pictured: Shawna Wilson, Seth Hinshaw, Dionna Langford, Hannah McKeever.



STEPPERS

Front Row: Rachael Schwartztrauber, Vania Boland, Brittini Weichman, Brittany Scanlon, Stephanie Rangel. Back Row: Shelby Eckardt, Katelynn Tappan, Susana Monetti, Lyn Chan, Chantell Moody, Layla Schwartztrauber, Kayla Wisnousky. Not Pictured: Coach Charlotte O'Hern.



SCARLET SINGERS

Front Row: Tierra Ellis, Katie Moses, Rachel Olson, Rachel Alexander. Row 2: Liz Godoy, Amanda Coleman, Nuong Nguyen, Nick Lovan, Ashley Gogerty, Victoria Geppert, Brittany Grochala, Dionna Langford. Back Row: Aneda Sandoval, Joanna Peters, Chauney Skeffington, Bobby Sysombath, Colton Harvey, Randy Tharp, Michael Wood, Justin Duckworth, Christine Cassill, Hilary Dickens, Crystal Weesner. Not Pictured: Pennie Bland, Tessa Hellmers, Emily Mullen, Katie Price.

Regroup ECHO



CHAMBER CHOIR

Front Row: Amanda Coleman, Katelyn Moses, Tierra Ellis, Raehel Alexander. Back Row: Elizabeth Godoy, Michael Wood, Christopher Williams, Hillary Dickens. Not Pictured: Tessa Helmers, Austin Loeke, Katie Price, Bobby Starace.



PREP CHOIR

Front Row: Alejandra Martinez, Maria Rodriguez, Afton Abel, Lauren Garrels, Jayanna Smith, Jalynn Lundbohum, Kelscy Robinson. Back Row: Samantha Wood, Khisheka Little, Alexandra Smith, Jaeob Keeney, Tyler Vry, Jerrica Newberry, Amber Landon. Not Pictured: Lorenzo Quintanar.



BYE-BYE BIRDIE CAST

Front Row: Joanna Peters, Jenni Young, Ashley Gogerty, Andrea Mart, Heidi Hoekensmith, Dionna Langford, Rachel Alexander. Row 2: Elizabeth Godoy, Chauncy Skeffington, Kirsten Dellaea. Back Row: Claudie Kyalangalilwa, Aneda Sandoval, Justin Duckworth, Chris Williams, Colten Harvey, Tierra Ellis, Travis Stewart, Bill Sowder, Lowell Long, Hillary Diekens. Not Pictured: Amanda Baumgardner, Austin Loeke, Ceei Robles, Bobby Starace, Pa Vang.



CONCERT CHOIR

Front Row: Samantha Toomer, Booke Wade, Jessica Van Der Ploeg, Taylor Sibert, Nichole Boyd. Row 2: Jenny Young, Ebony Cameron, Amber Wessell, Jessica Patterson. Row 3: Meribeth Mullin, Amber McNeeley, Kaydie Boyd, Kyle Rowe. Back Row: Erin Smith, Kania Turner, Jordan Petrie, Brooke Wilber, Meleaha Petterson. Not Pictured: Alyssa Betts, Alisha Buchman, Andrea Campbell, Tram Do, Ariel Hilson, Claudia Kyalangalilwa, Susie Monetti.



SYMPHONIC BAND

Front Row: Kase Heuermann, Marissa Kimmell-Kendrick, Kristin Alexander, Stephanie Sorenson, Sarah Johnson, Faith Burnett, Jennifer McDaniel, Jessica Schnoebelen, Kristin Davies, Johniea Hudson, Nick Hamilton. Row 2: Ashley VanGorp, Megan Rowat, John Whiteman, Stacy Anderson, Trista Johnson, Jacob Bailiff, Andre Johnson, Katie Woods, Nathan Schnoebelen, Megan Thurmond, Michael Davidson, Teannah Woodard, Brittany Stilson. Back Row: Robert VanWeelden, Deontaye Owens, Terreon Shabazz, I'Ston Hall, Tony Hall, Jacob Bellman, Josh Strother, Brianna Robinson, Carl Stoutenberg, Amanda Bellis, Travis Tutje, Josh Lyon, Sarah McFarland, Bobby Young, Kris Parsons, Trent Smith, Ally Ring, Adam Geiger, Sarah Lown, Bobby Starace, Meri Stoutenberg, Amanda Bellis, Travis Stewart, Claire Diver, Morgan Bush, Justin Crone, Jay Villalobos. Not Pictured: Stephen Nutt, Ravon Williams, Stacey Lakers.



WIND SYMPHONY

Front Row: Megan Rowat, Ashley VanGorp, Sarah Johnson, Faith Burnett, Jennifer McDaniel, Stacy Anderson. Row 2: Sarah McFarland. Row 3: Kase Heuermann, John Whiteman, Trista Johnson, Sarah Lown, Amanda Bellis, Andre Johnson, Michael Davidson. Back Row: Robert VanWeelden, Brianna Robinson, Josh Strother, Carl Stoutenberg, Trent Smith, Adam Geiger, Bobby Starace, Nick Hamilton, Morgan Bush. Not Pictured: Stephen Nutt.



PERCUSSION ENSEMBLE

Front Row: Robert VanWeelden, Jacob Bellman, Brianna Robinson, I'Ston Hall, Sarah McFarland. Back Row: Megan Rowat, Tony Hall, Stacy Anderson, Josh Strother, Kase Heuermann.



JAZZ ENSEMBLE

Front Row: Jennifer McDaniel, Ashley VanGorp, Faith Burnett, Stacy Anderson, Justin Crone. Row 2: Ben Chappell, Megan Rowat, I'Ston Hall, Gianni Beer, Josh Strother, Carl Stoutenberg, Amanda Bellis, Andre Johnson, Adam Geiger. Back Row: Bobby Starace, Trent Smith, Trista Johnson, Morgan Bush. Not Pictured: Jay Villalobos.



ORCHESTRA

Front Row: Diana Longoria, Ryan Beggs, Toan Nguyen, Naly Bounyalath, Alyssa Moumphoxay, Chantell Moody. Row 2: Hoang Nguyen, Lan Nguyen, Sarah Son, Sanna Sayavong, Pa Vang, Amanda Baumgardner, Cecilia Robles, Karlie Stevens. Row 3: Nancy Nguyen, Seirra Smith, Kelsey Whitfield, Jennifer Vong, Carolina Chavez, Abby Meysenburg, Darika Kouangvan, Abigail Grover, Elizabeth Hilt. Row 4: Caitlyn Carmichael, Katie Heggen, Hannah McKeever, Shawna Wilson, Devan Stuve, Jade Manning, Holly Meysenburg. Back Row: Emma Diver, Karen Perez, Rene Reynolds, Kristina Denin, Seth Hinshaw, Larry Davis, Jeffrey Moore, Robert Frye, Miya Williams. Not Pictured: Michael Battin, Gianni Beer, Johnny Wentland.

REgroup



STUDENT GOVERNMENT

Front Row: Jessica Khammany, Ve Kheuakham, Karissa Morton, Abigail Dawson. Row 2: Naly Bounyalath, Alicia Weinman, Samantha Cam, Phonethip Vanvongthong, Phonesiri Vanvongthong. Back Row: Hoang Nguyen, Kylie Woods, Ryan Johnson, Katie Sturtz. Not Pictured: Kelsy Treen, Sponsor Samy El-Baroudi.



NATIONAL HONOR SOCIETY

Front Row: Amanda Bellis, Christine Her, Jessica Vong, Naly Bounyalath, Audriana Lu. Row 2: Kelsi McCuen, Jiear Vang, Samantha Cam, Jessica Khammany, Catherine Coleman. Row 3: Mickie Phengsiaroun, Sarah Johnson, Vilailack Kheuakham, Brianna Usovsky, Hoang Nguyen. Row 4: Ashley Kasper, Brittany Grochala, Tiffany Gutierrez, Alyssa Ellis, Kylee Woods, Shikha Parsai. Row 5: Karissa Morton, Amy Flaherty, Amy Tarr, Jennifer Harmon, Denise Drayton. Row 6: Devin Cipperley, Abigail Grover. Row 7: Lacy Flaherty, Chirasath Saenvong, Sydney Williams. Row 8: Ashley Yingst, Trenton Smith, De Angelo Hall, Christian Smith, Jeremy Lewis.

Front Row: Jiear Vang, Pa Vang. Row 2: Jessica Jones, Karen Rodriguez, Naly Bounyalath, Mary Son, DeVonta Brown. Back Row: Brandon Watkins, Thinh Loung, Phouthsack Keopraseuth, Ka Lee, Dao Yang, Phonethip Vanvongthong, Kylee Woods, Phonesiri Vanvongthong, Denise Drayton, Naipong Vang, Kee Vang, Dorian Minter.



SENIOR BOARD

Front Row: Katie Smith, Dani Scott, Tamisha Newberry, Chelsea Devilbiss, Christina Tharp, Darie Williams, Sarah Perkins, Taylor Miller, Rebecca Mallet, Mallory Smith, LaQueysha Calderon, Tasjanae Walker, Derriek Smith, Katie Sturtz. Row 2: Chad McDonnell, Breanna Fousek, Brooke VanGundy, T.J. Page, Jennifer Radley, Jennifer McDaniel, Kayse Barker, Nicole Rayman, Natasha Siders, Treni Smith, Brett Tonear, Karl Althaus (VP), Addison Speck (sec.), Katie McCuddin (pres.), Kaeli Helm. Row 3: Jennifer Harmon, Kacie Eggen, Mena Ly, Benjamin Hurley, Aaron DeGoey, Amy Tarr, Dareey Speneer, Phonesiri Vanvongthong, Jiear Vang (treasurer), Phonethip Vanvongthong, Alicia Weinman, Elizabeth Bailey, Hoang Nguyen, Jami Bowen. Back Row: Joel Lange, Doug Feldman, Adam VanHelten, Jason Golden, Brian Heaberlin, Haley Boatshamer, Kelsy Treen, Ryan Remus, Ashley Yingst, Jennifer Davidson, Abigail Dawson, Karissa Morton, Ryan Johnson, Katie Moses, Martha Theppanya. Not Pictured: Samantha Cam, Abigail Grover, Jessica Khammany, Sydney Williams.



NCYL

Front Row: Jiear Vang, Amy Tarr, Karissa Morton, Sydney Williams, Abigail Grover. Row 2: Christina Tharp. Back Row: Thinh Luong, Jeremy Lewis, Jennifer Radley, Ryan Remus, Addison Speck, Aaron DeGoey, Jennifer Davison. Not pictured: Denise Drayton, Nicole Rayman, Trenton Smith.



BPA

Front Row: Sponsor Mary Jane Kaldenberg, Susan Moreno, Elizabeth Bailey, Alicia Weinman. Back Row: Kennesha Woods, Amy VanGundy, Jerriea Amerison.



UPWARD BOUND



SCROLL

Front Row: Erica Rockey, Jorden McGriff, Alyssa Ellis, Tiffani Gutierrez, Sarah Perkins, Chaney Crabb, Amanda Bellis, Jessica Vong. Back Row: Stephanie Ouverson, Audriana Lu, Allen Van Gundy, Ashley Yingst, Benjamin Baumbach, Sarah Lown. Not Pictured: Brittany O'Dell.



QUILL

Front Row: Jami Bowen, Sydney Williams, Jennifer Harmon, Abigail Grover, Houang Nguyen. Row 2: Ashley Kasper, Masyne Sayre. Back Row: Allison Carrick, Jorden McGriff, Nick Mongar, Katie Grimm, Casie Johnson, Tamisha Newberry, Katie Sturtz, Hannah Kilby. Not Pictured: Emma Diver.



PHOTOJOURNALISM

Front Row: Rosemary Brightman, Heather Atchinson, Amber Hager, Son Cao. Row 2: Kacey Wollesen, Armando Rivera, Edgar Delgado. Row 3: Allyson Mullin, Katie Grimm, Lyndsay Hanson, Mikel Beem. Row 4: Natasha Siders, Kayse Barker, Brad Archer, Pam Walker. Back Row: Kyle Reasoner, Zach Myers, Craig Gish. Not Pictured: Kacie Eggen, Olivia Graham, Britni Hellmers, Heidi Hockensmith.



PEP 'E' BOARD

Front Row: Jessica Vong, Nuong Nguyen. Row 2: Ruby Ortega, Chelsey Rehms, Ka Le, Brittany Grochala, Tiffani Gutierrez, Jennifer Radley (sec.). Row 3: Jade Kreutz, Ashley Young, Ryan Hilding, Shane Kellow, Teighlor Gutierrez, Kelsey King, Jennifer Davison. Not Pictured: Addison Speck (co-pres.), Nicole Rayman (co-pres.), Trevor Beals (co-VP), Aaron DeGoeij (co-VP), Christina Tharp (treas.).



TOP 3%

Front Row: Jiear Vang, Mary Son, Ryan Remus, Karissa Morton. Row 2: Chelsea Devilbiss, Samantha Cam, Jennifer Davison. Row 3: Vilailack Kheuakham, Abigail Grover, Ashley Yingst. Row 4: Addison Speck, Sydney Williams, Amy Tarr. Row 5: Trenton Smith, Karl Althaus, Jeremy Lewis. Back Row: Ryan Brouwer, Thinh Luong. Not Pictured: Hoang Cao, Shikha Parsai, Joseph Rivas.



TOP 15%

Rachel Alexander, Kelsey Anderson, Jami Bowen, Judith Ceballos, Devin Cipperley, Alicia Dale, Leah Dank, Carlton Davis Jr., Emily Dearchs, Aaron DeGoeij, Denise Drayton, Kacie Eggen, Amanda Enochs, Douglas Feldmann, Amy Flaherty, Lacy Flaherty, Jason Golden, Jennifer Harmon, Ryan Johnson, Jessica Khammany, Nicholas Lovan, Jennifer Lyon, Dustin McAninch, Jennifer McDaniel, Logan Miller, Susan Moreno, Joshua Myers, Nicholas Newcomb, Hoang Nguyen, Travis Ochanpaugh, Jennifer Radley, Nicole Rayman, Chirasath Saenvong, Christian Smith, Katie Smith, Paige Stock, Christina Tharp, Lucas Thevenot, Jesse Ung, Amy Van Gundy, Ashley VanGorp, Adam VanHelen, Phonethip Vanvongthong, Daric Williams, Kylene Woods.



NEW HORIZONS

Jorge Aguilar, Karen Alcaraz, Tammy Bartley, Haley Boattenthaler, Blake Carter, Jasmien Clouse, Staci Davis, Russell Daye III, Jerilyn Dudley, Ashley Etter, Bessie Grutel, Randi Hewitt, Blake Horch, Chen Yao Huang, Brandie Johnson, Ashley Jones, George Kellogg, Whitney Kelly, Tim Kommavongsa, Ka Lee, Latisha Lockhart, Kayla Madison, Phraitho Madison, Nyandiet Magang, Jessie Martin, Michael McCord, Shane Mills, Jamie Odegaard, Rachel Olson, Matthew Phongvixay, Sunday Ratcliffe, Chelsea Rehms, Amanda Rickabaugh, Annette Riggan, Armando Rivera, Shahira Robinson, Daryl Saunders, Christian Smith, Mallory Smith, Jamie Steuerwald, Paige Stock, Sarah Stroud, Jason Swinehart, Heather Terry, Martha Theppanya, Beverly Wagner, Kelsey Walker, Ashley Wessel, Chelsea Wilson.

REgroup



FRENCH CLUB

Front Row: Stephanie Brown (treasurer), Coby Baccani, Julie Drake, Samantha Smith (historian), Zamira Fraire. Back Row: Robert Young, Brayden Murray (vice-president), Brianna Usovsky (president), Amanda Croy. Not Pictured: Carolina Aguilar, Jessica Avant, Lorena Bustamante, Kaeli Helm, Shawn Nelson, Danielle Oliver, Dani Scott, Samantha Scott, Crystal Weesner.



SPANISH CLUB

Front Row: Sponsor Linnea Morris, Narelle Buffalo, Alyssa Mounphoxay. Row 2: Jennifer Lyon, Ka Lee, Jiear Vang, Diana Reyes (vice-pres.), Kelsey Anderson, Jessica Tran. Back Row: Breanna Fousek, Marylee Adams, Lacey Flaherty, Shika Parsai (pres.), William Sowder, Sponsor Kathy Koenig.

Front Row: Amanda Coleman, Ashley Gogerty, Jenni Young, Jordan Duckworth. Row 2: Liz Godoy, Katie Moses, LaRissa Connell. Back Row: Colton Harvey, Micheal Wood, Travis Stewart, Tabre' Delaney.



IHSSA



ART CLUB

Front Row: Christina DeMoss, Jennifer Lyon, Jiear Vang, Erin Kochheiser, Natasha Huxford. Back Row: Joshua Lyon, Brayden Murray, Kreshawndra Miller, Kyle Moore. At right: Dora Jordan, Melody Varos, Samantha Johnson.



JAPANESE CULTURE CLUB

Front Row: unknown, Natasha Huxford, Mor Lee, Trista Johnson, Tarah Combs, unknown, Mariah Glynn. Back Row: Carly Stevens, Sponsor Michelle McPherson, Amy Ritchie, unknown, Justin Bales, Kyle Moore, Chrissy Hauser. Not Pictured: Jaime Drake, Andrea Mart.



SOL CLUB

Francisco Reyes, Oscar Lucatero-Trevino, Maria Rodriguez, Leslie Sotelo-Mata, Jessica Reyes, Wilmer Betancourt, Adriana San Elias. Not Pictured: Mario M-Figueroa, Mariana Rodriguez.



LIBRARY AIDES

Heather Atchison, Raymen Robinson, Esther Turay, Roberto Reya, Amanda Smith, Karla Vancleave. Not Pictured: Amanda Cox, Jordan Boston, Kristy Sargeant, Elmois Ibrahim, Amanda Cantwell. [2nd Semester aides: Mario M-Figueroa, Marguerite Moore, Allyson Mullin, Todd Arnold, Emily Colvert, Allen Williams, Chin Moua, Michael Shimer.]



CHESS CLUB

Front Row: Tyler Vry, Anthony Stevens, Ryan Cam, Kurtis Leuang, Doan Nguyen, Jesus Reyes. Back Row: Cody Oliver, Jeffrey Moore, Aaron Vincent, Elmoiz Ibrahim, Kody Ford, John Whiteman, Javier Hernandez, Nicholas Newcomb, Brayden Murray, Alyssa Mounphoxay, Sammie Beal.



SIGN CLUB

Front Row: Richard Smith, Amber Hager, Tiffani Gutierrez. Back Row: Catherine Berst, Jessiea Jones, Sponsor Michelle LeBlanc. Not Pictured: Korbi McCasland, Jessica Patterson.



THEATER ARTS

Front Row: Tia Mays, Peter Borlean. Row 2: Amanda Harmon, Derriek Smith, Mary Lee Adams, Andrea White, Brittany Stilson. Row 3: Jay Decver, Michael Garrison, Michael Harmson. Back Row: Channing Quinn, Tommy Thompson, Sarah McFarland, Sarah Johnson. Not Pictured: Kirsten Dellaeo, Jessica Hargis, Marguerite Moore, John Thompson, Natasha Ellis.



DEBATE

Front Row: Coach Jennifer Medina, Jessiea Avant, Bobby Young. Row 2: Raymen Robinson, Emma Diver, Sponsor Josh Young, Scotty Locke. Not Pictured: Charles Hughes, Katie Moses, Diamond Turner.



SCIENCE BOUND

Front Row: Adriana Reyes, Carolina Aguilar. Row 2: Dalia Carrasco, Judith Ceballos, Sponsor Annette Bierkamp, Claudia Kyalangalilwa, Catherine Coleman, Ruby Murillo. Row 3: Elmoiz Ibrahim, Mia Chagoya, Javier Hernandez, Humberto Lechuga, Jesus Rodriguez, Guadalupe Rodriguez. Back Row: Jared Weatherall, Joseph Rivas, Mario M-Figueroa. Not Pictured: Kyeasha Buckner, Narelle Buffalo, Stevon Coleman, Ashley Dameron, Irma Dominguez, Denise Drayton, Bria Johnson, Ambreyana Jones, Austin Locke, Alma Marquez, Jose Martinez, Luis Mata, DeAngelo McGregor, Chantell Moody, Edison Moody, Danielle Oliver, Ana Puga, Jasmine Rodriguez, Kiandre Smith, Diamond Turner.



MOCK TRIAL

Front Row: Jessiea Avant, Diamond Turner, Trista Johnson. Back Row: Mieheal Carolus, Kyle Rehm, Andre Johnson. Not Pictured: Dexxter Scott, Naly Bouyalath.



PROJECT SEWING MACHINE

Front Row: Kayla Court, Carrie Sheeler. Back Row: Ashley Nelson, Tanisha Madison, Imelda Estrada. Not Pictured: Jena Bowen, Jessiea Smith, Magon Gaines, Chelsea Devilbiss, Shawna Wilson, MacKenzie Schmitt.

REgroup
BE & SOB





MARCHING BAND

Front Row: Sarah Johnson, Stephanie Sorenson, Ashley VanGorp, Jennifer McDaniel, Kristin Alexander, Mikel Beam, Trista Johnson, Sydney Williams, Trent Smith, Adam Geiger, Narelle Buffalo, Penny Bland, Madison Duncan, Destiny Eddy, Claire Diver, Meri Stoutenberg, Jessica Schnoebelen, Marissa Kimmell-Kendrick, Kristin Davies. Row 2: Director Chris Strohmaier, Stacy Anderson, Jacob Bellman, Brianna Robinson, I'Ston Hall, Robert VanWeelden, Sarah McFarland, Tony Hall, Megan Rowat, Josh Stoher, Kase Heuermann, Sarah Lown, Jacob Bailiff, Johniea Hudson, Teenah Woodard, Katie Woods, Michael Davidson, Kim Steinke, CG Sponsor Michelle Eggleston. Back Row: Carl Stoutenberg, Matt Drew, John Whiteman, Amanda Bellis, Travis Tutje, Travis Stewart, Andre Johnson, Justin Crone, Stacey Lakers, Bobby Young, Bobby Starace, Stephen Nutt, Morgan Bush, Kris Parsons, Josh Lyon, Ravon Williams, Nathan Schnoebelen, Nick Hamilton, Megan Thurmond, Faith Burnett, Brittanny Stilson.

if you think back and replay our year, if it
doesn't bring you tears either of joy or
sadness, consider it wasted.

-ally mcbeal

Replay

WY



sports

111

Batter Up

Story/Layout by: Masyn Sayre

At every baseball game the Scarlets planned on going out on the field to hit, run and support their team, but when their hopes turned to tragedy everyone was left stunned.

During the game against Ottumwa, East was down a run when sophomore Dusty Medearis stepped up to bat. Keeping his eye on the ball, Medearis faked a bunt, but what happened next was something no one saw coming or could ever brace themselves for. With the ball racing towards him, Medearis had little time to think and instead of the ball hitting the bat it came right for him, hitting his heart.

"When the ambulance came I was defibrillated four times and I spent 36 hours in the hospital," said Medearis. "I did recover and ended up practicing and playing for the last two weeks of the season."

Considering this setback for the freshman Scarlets, the team did very well, even though more than half of the players were still in middle school.

"They were a young team, they improved a great deal and we finished 20-15-

1," said freshman coach Carl Drautz. "They did a great job."

The sophomores also did a great job this year.

In the eighth inning against Ankeny, the Scarlets had two outs and the bases loaded, Junior

Jordan Gillaspy stepped up to the plate, took a deep breath and swung, hitting a double off the fence and winning the game.

"It was exciting and it felt good to be able to win the game for the team," said Gillaspy.

Junior Scott Jensen was also an outstanding player this year; with the title of being the number three hitter and catcher all year long, he had a lot to be proud of.

"We had high expectations for this year, sticking together will definitely help us the next two years," said Jensen.

The team almost accomplished their goal this year of being undefeated. Winning all but one game the team set a new record of having the highest percent out of any sophomore team in East High history.

"This year was a team effort, from the first inning to the last of each double header and everyone that stepped on the field for us was a great asset," said Coach Marty Luft.

**It felt
good
to win
the
game
for the
team. ,,**



Brad Davison jumps to make the catch during tryouts.





Drautz helps the boys Ben Sigmund with his practice. Left: Antonio Nizzy, Tyler Jensen and Kyle Slinger.



Kyle Slinger, Sean DeGoey, Levi Cardines and Dustin Medearis sit patiently, awaiting the start of their practice.



What Position Do You Play?
113

9&10 baseball

- Colton Collins CeNtEr FiELD
- Sean Logan FIRSt bAsE, plTchEr
- Cody Bosley ShOrT sToP, SeCoNd BaSe
- Austin Elder LeFt FiELD
- Tim Bolander SeCoNd BaSe
- Chris Sullivan CeNtEr FiELD
- Matt Widlund FIRSt bAsE, PlTchEr
- Antonio Nizzy FIRSt bAsE, PlTchEr
- Tyler Jensen ThIrD BaSe

Swing batter swing...

Story/Layout by: Ashley Kasper

Hard work beats talent when talent doesn't work hard. But you know your Scarlets; they're hard workers.

"We had our goals set and we worked hard, and in the end it paid off," said varsity coach **Brian Luft**.

And indeed they did, the varsity baseball team had a win-loss record of 29-14, putting themselves in the record book for 'most wins by team' in East High history.

"It was great to achieve the school record for most wins," said alumni **Matt Grochala**. "The team can literally say they were the best in school history."

Alumni **Tyler Luft** broke three records this year including most hits, most doubles, and most runs batted in. Alumni **Nick Eaton** also broke three records including most homeruns, most runs scored, and most walks.

This year focused more on improving hitting, but also covered the basics, such as ground balls and situations. Such situations include working on strategies; like what to do when there are people on both second and third base.

"We lost a lot of our hitters this year, and as a result, lost some of our games due to bad hits," said Luft, "so we really tried to concentrate on that."

"We always waited for hitting to come up in practice, we had competitions against each other when we hit; it was a lot of fun," said senior

Josh Myers.

One of the team's disappointments, though by a very close game, was the championship game that would've taken the team to state. It was the sixth inning in the game against Urbandale, tied at 6-6, with the bases loaded, Urbandale hit a grand slam that knocked East's chances out of the ballpark. The game ended 6-10.

"The game was a real nail biter," said Grochala.

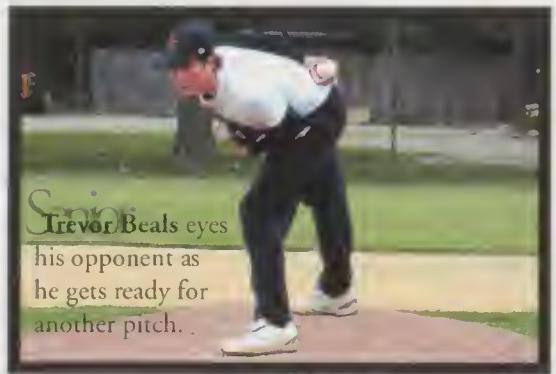
"We played well, they just played a little better," said Myers.

What is ironic though, is that East beat the state champions in a previous game during the season.

"And very soundly if I do say so myself," said Myers. East beat Valley 9-2.

New goals are already set for the players that will continue next season, and their hopes are higher than ever.

"We had a pretty good year, but we lost some games we shouldn't have and we're good enough to have gone further than we did," said junior **Sean Logan**. "We will be even better next year."





each other as they are introduced before a game.



The team huddles before the championship game against Urbandale.



Ryan Brouwer steps up to the plate at a May practice to work on his hitting.

Stats



Tyler Luft



Nick Eaton

Tyler Luft

Wolke Luft

www.rockbottom.com

NICK EATON



varsity baseball

115

Pulling thru

Story/Layout by: Ashley Lovell & Jay Villalobos

The sophomore boys basketball had it tough this year with the rough season, but with high heads and positive attitudes, they pulled through.

"I have worked with so many kids and these guys were the best. I couldn't have asked for a better group of kids," said Coach Chad Street.

Street had the team preparing for JV and varsity, and even possibly college ball.

"I want to play next year and the years to come I think I'm really good and can go somewhere with it," said Jordan Owen.

With the sophomores practicing with the varsity, the players got to know what they have to look forward to in the next few years. Sophomore Eric Feldman was already playing for varsity so he was ready to go and ended up playing for all three teams (sophomore, JV, and varsity) which helped his game.

"I like playing for the teams I think I help out more that way," said Feldman.

"Practicing with the varsity isn't hard, but it's different since it's not just our team," said Kian Wiand. Some of these players have

played in the past and think they have the skill to go on. Some of the players that played last year didn't go out for the team this year, so they had some new comers.

"About three or four of the players from the freshman team last year decided they didn't want to be on the team this year," said Street.

The sophomore team had a unique touch this season because they had two freshmen on their team and they both worked well with the other players. "I like being on the sophomore team. It made me feel that I was good enough for their team. I think that we helped a lot," said freshman player Tyler Jensen.

Before every game the team would always have their pre-game talk which helped the team get focused and ready to go. The team had a special sign they all like to hit as they went out of the locker room for good luck.

Hitting the sign was part of our team we hit before the game and sometimes after so we do well on the next game. For away games we took the sign with us we believe it will bring us good luck for games and practices," said Wiand.

"The season has been tough but they made it through with strong faces," said Street.

Smacking

the ball away

from his
opponent,
freshman Tyler
Jensen is on top
his game.



I on the team this year because I missed playing my freshman year so this year was a lot of fun, and next years season will be better.
-Sophomore Andre Smith



really enjoyed it...

I on the team this year, because we got to practice with the varsity and that helped me become a better player.



It's a good sign

What do you
foot have in
they

**LOOK,
ACT,
AND
PLAY,
LIKE A
CHAMPION
TODAY!**

good luck.
didn't have any
did have

locket

What makes a great team? Self discipline, teamwork, lack of attitude? Those are a few among the many fundamentals of a great basketball team.

"Teamwork is probably the most important part of a good team," said freshman/ sophomore basketball player TJ James. "You should also have self discipline and a good attitude towards the game."

Since the beginning of November, the freshmen trained long and hard, preparing for the new basketball season to arrive. Between running suicides and going through dribbling drills, the team has it hard both on and off the court.

"We went through four drills each day during practice," said freshman coach Carl Drautz. "We went through fundamentals, scrimmage, then fundamentals again, and then go home."

Though it always seems better to take the easy way, hard work does pay off. Take James for instance. He started out

as a...
beginning o...
proving himself worthy
on the sophomore team.

"Basketball isn't all about talent," said James. "You have to have the entire team working together to do well on the court."

The team played twenty different games over the course of the season. Out of the twenty, they have won four. Even though they didn't have that great of a season, freshman player Kyle Cox kept his head high, saying that they've improved a lot since the beginning of the season.

"We've really progressed since the beginning of the season," said Cox. "Honestly, we started out with no discipline and had a little bit of an attitude problem."

The team did a great job this year, and after working in the off season, they'll be ready for new challenges.

"All we can do is work hard," said Cox.



Feldmann
(41) lines up and awaits the free throw to be shot. Eric also plays for the JV and Varsity team.



9 & 10 boys basketball

117

Ballin'

Story/Layout by: Liz Godoy

Nets swishing, buzzers buzzing, shoes squeaking, coaches yelling offensive and defensive plays, and crowds going wild after a three-pointer is made are all sounds you hear at a varsity basketball game.

The team has endured many challenges this season such as losing seven seniors, learning how to get their heads in the game, and maturing as a team.

"It's been a process," said head coach Andy Howard. "We're still recuperating after the loss of our seniors from last season and with a new team, you have to rebuild from the ground up."

With an 8-15 record, the Scarlets proceeded on to the sub-state semi finals after pulling off a win against Hoover then falling to Valley 84-71.

Senior Jake Zimmerman is the only player from the starting five to return this season along with seniors Brandon Brown and captain Ryan Brouwer.

"There wasn't too much pressure leading the team," said Brouwer. "All we really needed was maturity but we were all kept in line pretty well."

With the senior loss, new players had the opportunity to show their true colors, such as sophomores Tyler Stumme and Eric Feldmann.

The guys know that to develop a strong team, they need to build their maturity and most of all, a strong friendship.

"This summer, we went to basketball camp

in Indianola and a lot of the players didn't get along with each other and there were constant fights, and now we're all one big family," said junior Brett Kelsey.

Staying positive was a vital part in keeping the teams hopes alive,

"Coach taught us not to look at scores during game," said junior Joe Jackson. "It doesn't matter if we're winning or losing; all that matters is keeping your head up and staying positive."

Through all the hardships they've experienced, the most important thing that the guys will take with them is the memories.

"My favorite memory this season is when we beat #7 Ankeny," says Kelsey. "During that game, we really showed everyone who we were and we became one as a team."

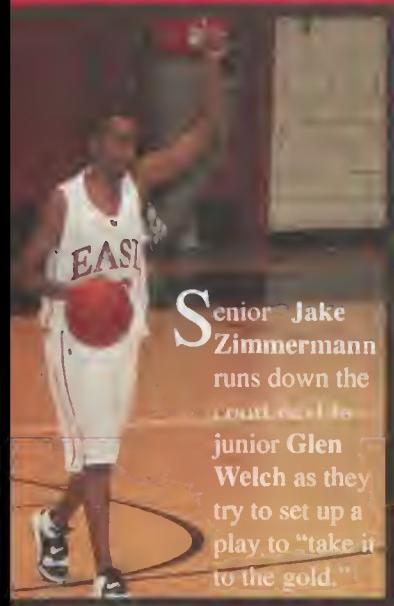
The seniors' of 07 leave behind thier legacy as well as their wisdom as they completed their season in the substate semi finals.

"My advice for returning and new players is to always give it 100 percent," said Brouwer. "It doesn't matter if you're good or not, just give it your all."



The team sat on the bench anxiously waiting for their turn to go in.





Senior Jake Zimmermann runs down the court as his junior Glen Welch tries to set up a play to "take it to the gold."



Sophomore Tyler Stutts tries to escape from a defender. Stutts was the only starting underclassman and one of two sophomores on the starting team.



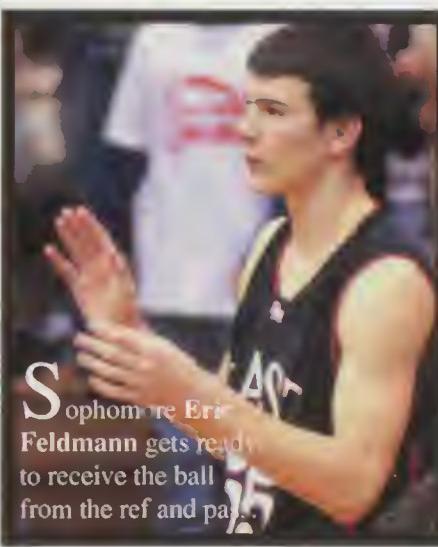
Junior Allen Van Gundy shoots over the head of a leading Husky. Van Gundy averaged 15 points a game.



The varsity team gather on their turf as they attempt to take over the winning lead of the game.



The players' eyes wander as they all get ready to fight for a rebound and score.



Sophomore Eric Feldmann gets ready to receive the ball from the ref and pass.



Atime out is a serious time in the eyes of the varsity team. They huddle together to figure out a way to stop the other team from scoring, or strategy to continue their streak of success. It is also a huge time for encouragement and re-focusing.



varsity boys basketball

Season rebound

Story/Layout by: Amy Parker & Kylie Vry

The girls JV basketball team started off slow, but ended the season winning twelve games and only losing nine.

"The beginning of the season, we didn't do so well because I had to get to know the girls. The girls also had to get to know me and their teammates but the second part of the season we started winning more," said Coach **Donovan Filkins**.

For Filkins, this was very different for him since he has never coached at East before this season.

"It was a whole new year for me coaching with girls when I have been working with boys. I had to learn how to work with the girls and also learn about their emotions," said Filkins.

On the court the girls were good at playing well together.

JV team thinks aggressively as Sophomore **Tiara Harris** sets up the play to dribble the ball to the hoop.



"Towards the end of the season all of us knew each other's strengths and weaknesses, so we played great defense," said sophomore **Brianna Robinson**.

The girls were really supportive of each other both on and off of the court.

"We all got along well and we always cheered each other on the court," said sophomore **Tineesha Gibson**.

The team said that their best game was playing Roosevelt at their high school for their first time of the season.

"We beat Roosevelt by 13 points and it was pretty satisfying," said Filkins.

The girls had a lot of fun playing and made a lot of fun memories together as well.

"The time we spent together was always fun, and we all had fun when our coach invited us all over for dinner," said Robinson.



I playing this year. We had a lot of fun and we really pushed to the next level. I just hope I can play again next year.

Freshman Afton Abel



I playing this year. We worked well as a team, and we got better throughout the season.

Freshman Jade Kreuts



"I thought we did well this year working and getting better," said freshman Joellen Brown.

Time to move on
Taylor Carnes

The change really
happened, but it takes to work



With their thoughts and energy, Coach Heller gets the team ready to go out on the floor. (right) Brianna Robinson, Cecily Ambroson, Jessica Tran, and Traesha Stevenson watch their teammates on the court while anxiously waiting for their turn to step onto the floor.

per game in the second half of the season, giving up about 6 points less than last year on defense," said Coach Thana Heller.

The team concentrated on a lot on basic fundamentals such as dribbling, shooting, passing and a lot on defense.

"Our overall ability just in general really improved and I thought we ended our season way better than we started," said Brown.

Many players said, "There was a huge difference going from junior high to high school basketball."

"Middle school ball was so much different because in high

"I remember playing throughout," said Kelsey Summy.

A lot of people were very happy how this team came together and worked hard throughout the whole year.

"I am really proud of the girls and their efforts to get better. They were good kids on and off the floor," said Heller. "I hope they keep working to reach their goals because they have a lot of potential."



9 & jv girls basketball

121

Hop there

Story/layout by Danielle Oliver

Every year around December, the crowds storm the bleachers and concessions watching the girls' varsity team play. Parents, teachers, students, and family all gather for the event cheering on the Scarlets.

East has participated in girls basketball since about the 1960's and has been ranked in the top 15 almost every year.

"I think that participating on the varsity basketball team is fun and on top of that we work hard to do what we do, we may be losing seniors, but all of the rest of us are going to work hard to make up that loss," said sophomore Kalynn Fields.

Try outs started in November and the girls went all the way to State.

"They played hard and earned the right to go all the way to state," said alum Tiara Roubok.

"I believe that the girls worked harder than we did when we played," said Roubok, "The right to go to state is a privilege and honor and I think that the girls earned their right."

This active sport brings up many spectators.

The last varsity, non-regional home game, had an attendance of at least 100 people, according to Science Bound ticket sales.

"We get a lot of support from the school and it helps us when we play, a game to see all those people here to see us win," said junior Kayla Koeppen.

The 2006-2007 season has been a great year for the girls and they passed the semi-finals and headed to state to play Valley.

When the girls made state and played, they fell short, nine points the loss was disappointing but all that tells the players is that the harder they work the farther they go.

"I believe that the girls' worked harder than we did when we played," said Roubok, "the right to go to state is a privilege, and honor and I think that the girls have earned their right."

The girls varsity team was featured in the Des Moines Register over six times during the season, for their big wins, their talent, and their coach Sam Powell.



The girls take a break for a picture during a summer practice. They went on to achieve a 19-4 record.



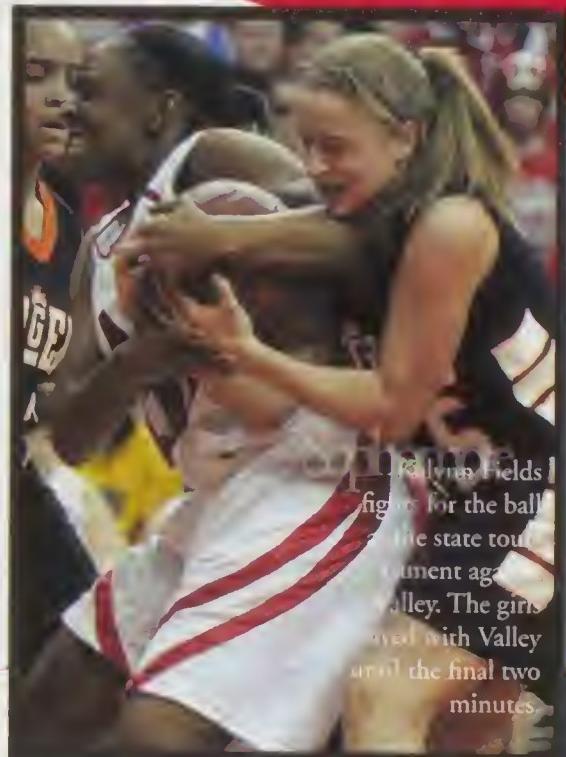
it is



Shelby Smith drives past a tough Lincoln defender. East beat Lincoln 55-48 in overtime.



Tiffany Potter jumps for a shot at the state basketball tournament against Valley. May 10. The girls will come with a 47-38 loss.



Katelyn Fields fights for the ball in the state tournament against Valley. The girls played with Valley until the final two minutes.

Pictures from The Des Moines Register



varsity girls' basketball

1 2 3

Rolin' rolin'

Story/Layout by: Katelynn Smith

"Pick up those spares," says coach **Doug Davis** to his team at most of the bowling meets or practices.

This year the team had a lot of close meets that could have gone either way. The new assistant coach **Johnny Carr** was very pleased with the teams' performances.

"With some practice over the summer months the team will be even better next year," said Carr.

Over 40 boys and 17 girls tried out this year, the most they have ever had.

"I kept fifteen boys and fifteen girls this year," said Coach Davis. "There seems to be a growing interest in the sport and I hope someday high schools will sanction the sport of bowling."

Bowling a game of 265 and a series of 610, senior **Jennifer Davison** set an East record.

According to most of her teammates, Davison is one of their top players. They all thought she was fun to watch and was always giving the other players tips.

The boys' varsity bowled a game of 2991 at the tri-meet at Air Lanes against Hoover and Ottumwa. The team averaged 199, the highest all time team score for coach Davis.

"I think we did our best at the tri-meet.

Overall our season went well, we could have done better though," said senior **Jon Bixler**.

With a loss of four seniors, this year's boys varsity players were younger.

"The biggest change would have had to be losing our seniors," said junior **David Sappenfeld**. "It gave some of the younger players a chance to be on varsity though."

As far as practice went, it was all about bowling and having a good time.

Junior **Jessica Smith** said, "Practice was always so much fun. It was like bowling with my buddies since some of my friends were also on the team."

Almost every Tuesday and Thursday the team would get together to practice at one of the bowling alleys in Des Moines. They would usually practice where their next meet was located.

"I liked how we would practice at the alley we would be bowling our next meet at," said junior **Brittany Grochala**. "It let us get a feel for the lanes."

The kids enjoyed the year and most of them said they are most likely to try out for bowling next year, according to Coach Davis.

"The season was pretty fun," said junior **Jake Belcher**. "Coach Davis inspired us to achieve our goals and we all worked as hard as possible to impress him."



olin'

LANES



Sudying

the pins junior Brittany Grochala gets ready to bowl. She had an average of 125

What's new that you learned this year?

After a long year of practice, the team was finally able to compete in their first tournament. They were excited to show off their hard work and skills. The team did great and won several games, making them feel proud of their progress.



"It takes practice to be the best you want to be," said senior Colten Harvey.



take a break from bowling while celebrating their progress over the season.



wait for their turn to bowl anxiously at practice. They had a winning season this year.

bowling

125





Senior Logan Miller runs in the East High home invite, while teammates cheer him on, above.

At the end of the race people cheer for everyone as they finish. Far above, senior Nick

Newcomb is exhausted after running his three miles for the meet. Above right, during the home invite seniors were recognized for their last year in cross country.



Just for fun

Story/Tayani b. Liana Diver

Country members run as individuals all aiming for their best time. Each person's time decides if they will be JV or varsity in every meet they run.



Lisa Collogan, a member of the cross country team, runs to school, and then goes to practice at the high school.

school, where the team runs three miles.

Coach Keri Frommelt said she wants to teach people

how to love running. "I hope I can get them to love running for the rest of their lives, it's something that they can always do—there won't always be a football team to join, but anyone can run."

For Collogan and the other members of the cross country team, running is more than a punishment. Their sport, cross country, is entirely based around running.

Junior Naly Bounyalath described, "I like running because I love the feeling of finishing a long run, knowing I pushed my hardest; it takes the stress off."

Frommelt said that people run for a number of reasons, some because they are dedicated, some to stay in shape, but all are welcome in cross country—where competitors

I love the feeling of finishing a long run knowing I pushed my hardest.

Naly Bounyalath

country practice is intense.

Frommelt said that they vary their workouts, "We try to do hills, speed work, and distance run within a week to ten days."

This hard work leads to the players like Lisa Collogan who practice to the extreme, but also run for the fun of the sport.

"Finishing my race and just being with the people that are in it are the best parts," said Bounyalath, "They make it fun."

cross country

127

All in the fam

Story/Layout by: Ashley Kasper

When most people leave their homes, they are leaving their family, but that is not the case for East High football players. They have another family waiting for them out on the field.

"We have really become a football family," said freshman football coach Ken Burgess.

New to the East family were the freshman, who worked together every day to improve as a team, to gain each others trust and respect, on and off the field.

"We have kids from four or five different middle schools coming together to make a team," said Burgess. "It takes time for everyone to trust each other."

Joining and sticking with a sport that has over 50 practices throughout only a couple months can be hard to commit to. The freshmen started their season with 60 players and ended with 55. Now that's a commitment.

"Everyone always tried to stay positive," said freshman Eric Dungan Jr. "The coaches also made sure everyone got a chance to play."

Sophomore Brad Davison said, "We found out who was dedicated to the team, we overcame many battles, and bound together to form

a brotherhood."

Practices were held everyday after school until 6:30. A normal practice included tackling drills, offensive and defensive individual practices, special teams practice and conditioning.

"The sophomore team showed a steady improvement throughout the season," said sophomore coach Phil Hornback. "They found that by playing together and supporting each other they could become better as a team."

All agree that the teams have become "better in every area," meaning offense, defense, and special teams.

"Our goals at the ninth grade level were to improve individually and as a team every week, and we did that," said Burgess.

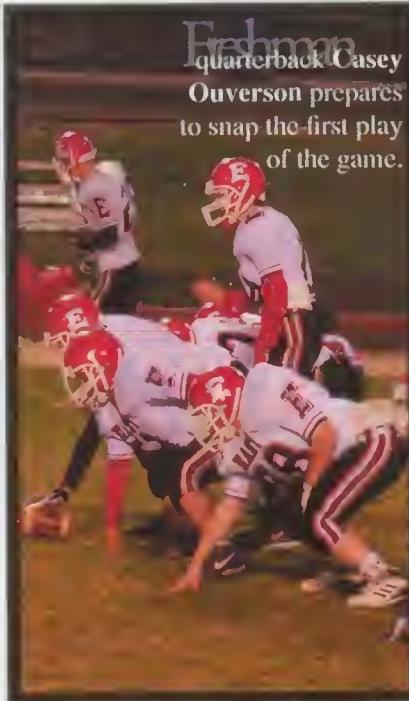
"I think everyone has gotten more physical this year," said sophomore Brad Underwood.

"They really grew up right before me and the other coaches' eyes this year," said Hornback. "They have a great future in store for them."

"I think we will really be something to watch next year," said Davison.



sophomore team huddles in an attempt to get pumped for their big game against rival Newton. At left, the sophomore defense huddles after making a third down stop.



Freshman quarterback Casey Ouverston prepares to snap the first play of the game.



11
11



The team pushes its way into Marshalltown opponents. In spite of that effort, it was a tough loss, 32-54.



Sophomore

John Hernandez breaks free from a tackle by an Ottumwa defender. Above the sophomore D-line rushes the passer as he tries to hand off the ball.

What Did You Think Of The Season?



-Sophomore Derick Wilson



-Freshman Sean DeGoey

“It has been the best football year I have ever had. We have all become better football players, thanks to our coaches.”

“I think we did really well towards the end of the season. We really improved in our blocking on defense.”

9&10 football

129

Upfitter

Story/Layout by: Nick Mongar

After ending last season with an overall record of 3-6, the football team knew that they had to make some big changes and start the new season off with a bang.

And start the season with a bang they did, shutting out season opener Waukeet 14-0, and continuing undefeated for three games.

"This was a good game to start the season with, since it showed all the fans that we have improved since last year," said junior tight end Scott Jensen.

The Scarlets went on to finish the season with a record of 5-4, their first winning season in two years.

"This season showed a lot of people that they can still believe in us," said junior kicker Austin Elder.

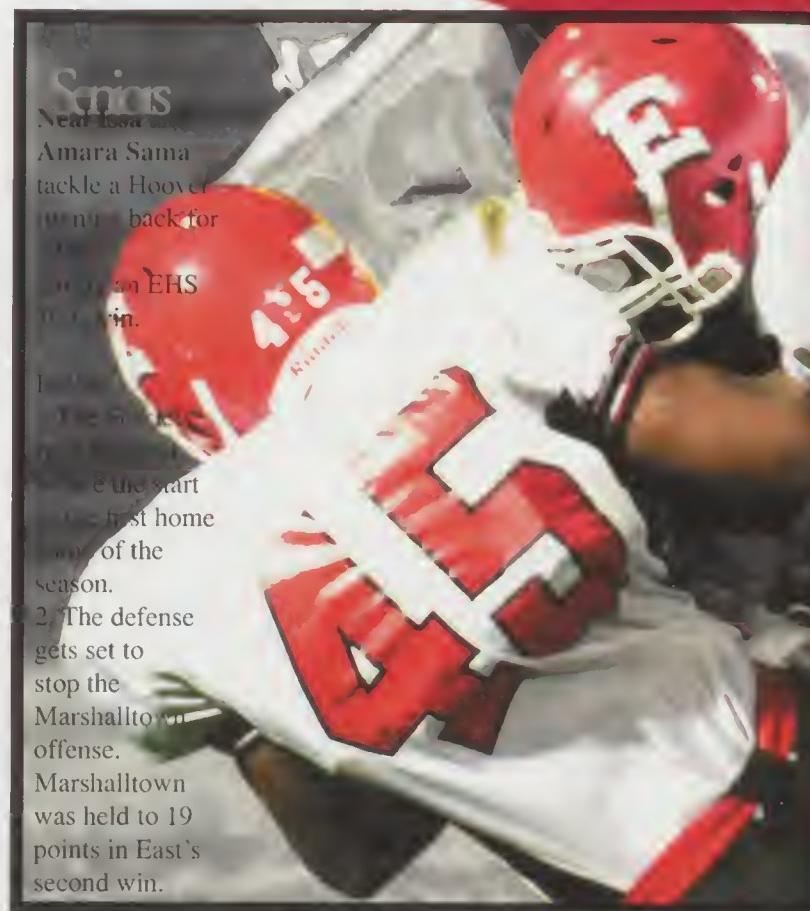
This year East had the chance to advance to the state playoffs for the first time since being instructed by

their new head coach Rick Roberts, but the chance was lost when they fell to then no.7-ranked Newton, 10-7.

"That was a huge game for us and I thought that we could've pulled it off," said Roberts. "We played a great game, though, I couldn't have asked for more effort out of the players."

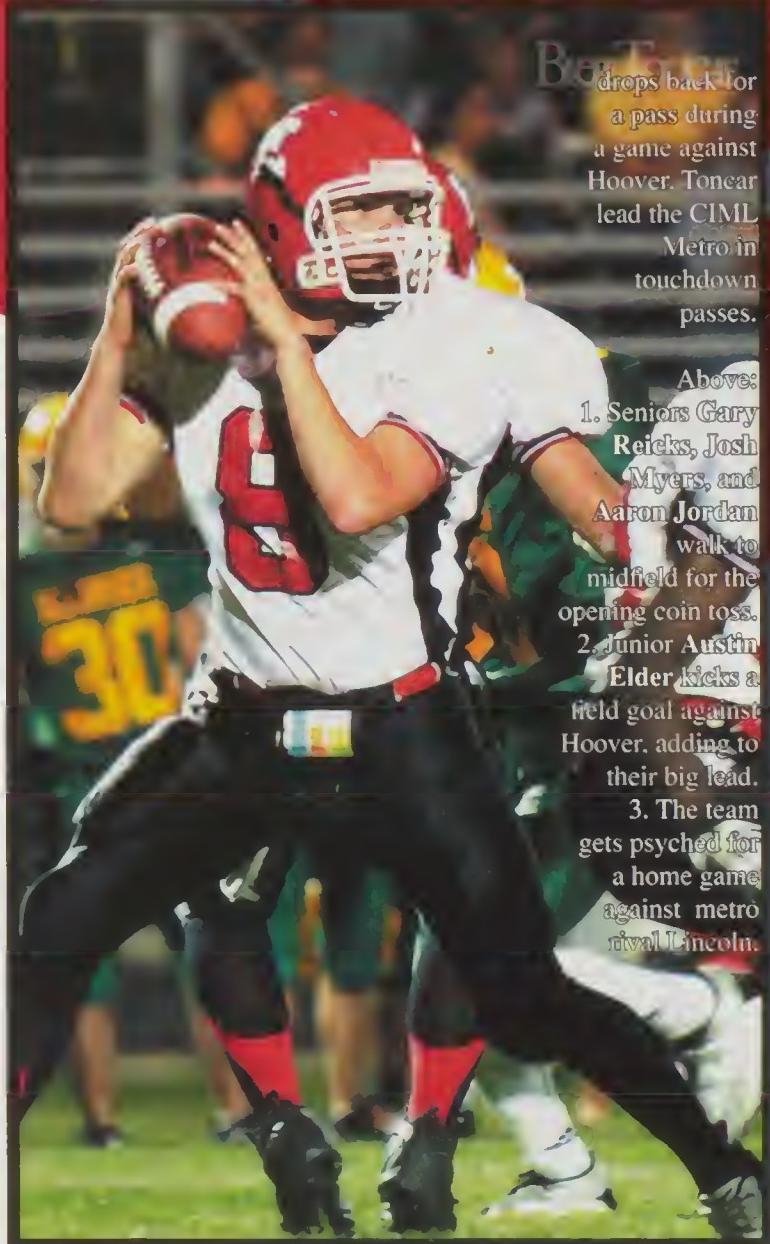
But a winning season wasn't just given to the Scarlets, the players put in a lot of hard work during the off season, spending countless hours in the school weight room, going to football camps, and having two-a-day practices in the blistering heat and pouring rain.

"If this season taught me anything, it taught me to care about the person next to you more than you do yourself, because without him, you can accomplish nothing," said senior quarterback Brett Toncar.



1





Brett Toncar drops back for a pass during a game against Hoover. Toncar lead the CIML Metro in touchdown passes.

Above:
1. Seniors Gary Reicks, Josh Myers, and Aaron Jordan walk to midfield for the opening coin toss.
2. Junior Austin Elder kicks a field goal against Hoover, adding to their big lead.

3. The team gets psyched for a home game against metro rival Lincoln.



varsity football

131

On the green

Story/Layout by: Jami Bowen

The sky is blue and filled with millions of white giant clouds. The team steps out onto the perfect fresh cut green grass and they take a deep breath of the crisp air and look out over the green at all the holes, and they sigh with the thought, "What a perfect day to play a game of golf."

Students on the golf team feel like that before taking that first drive with the ball.

There are two different golf teams throughout the year. One team is for boys and it takes place during the beginning of the year and ends in the fall. The other is the girls' team which takes place during the spring. Even though the two teams' seasons aren't at the same time, both teams, along with their coaches have one goal; to lower each players score.

"I encourage the girls on my team to really try to improve. I like to make things interesting. During practice we will go out and play a round of golf and at the end, I'll pay the girl with the lowest score a dollar. I mean anything

is worth it because I just love seeing improvement," said the girls' coach Lowell Long.

Golf doesn't seem to draw a whole lot of attention so the teams tend to be very small, but a closely knit group.

"We didn't have enough girls interested at East to make a team so we combined with North which actually turned out to be an advantage. The North girls brought us closer together and everyone just pretty much got along," said junior Samantha Smith.

Golf is not a contact sport. Players don't get bruises and the only pain that comes with the game is maybe sore feet from all the walking but that doesn't mean the game isn't hard.

"Golf is all mental. You have to look at your stroke, your swing, and really think and concentrate on the things you need to improve on. Your mind and body are going to want to do the swing the way you're used to, and you have to go against that and really force on trying to be better," said sophomore Charles Hughes.





1. Senior Ryan Brower
lined up his putt by lining up his ball. He
had three conference meets and finished 20th.

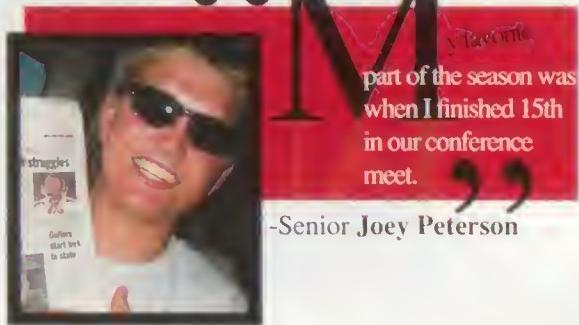
2. Senior Sarah Smith through her stroke.
She has been a great player this year and how
she has improved.

3. Coach Lovell Long has been a driving force
in the golf team's success this year. He has
been a great coach and has helped the team to many wins.

4. Sophomore Ariel Jolley shows off her golf swing. This was during one of her first tournaments. She has already made many improvements this year.

5. Justin Cipperly walks from one hole to the
next. He will be leaving along with Cipperly, the team will
lose 8 seniors next year.

What's the best part of the season?
M



golf

133

Kick It Girls

Story/Layout by: Jami Bowen

How would you like spending hours after school doing brutal drills that focus on enhancing your ability and alertness everyday after school? Well that's what the boys' soccer team does every practice to improve their team.

"We do a lot of scrimmaging during practice but the things that really help us improve as a team are the foot-skill and awareness drills. They are very important because we need to know how to control the ball and it helps us be alert of the people surrounding us during an intense game," said junior Aaron Degoeij.

Last year the team started off young with very little experience. Even though things started out rough, by the end of the season the team developed

into a fierce competitor that some schools were frightened to play against.

"I loved watching the team develop. I was very proud of the players for stepping up and showing leadership skills towards the end. It truly made the difference from the beginning of the season to the strong end we finished with," said Head Coach Derek Lounsherry.

Players as well as coaches have their expectations set high for this next season. Goals have been established to become a more intense team starting at the beginning to the end, making this coming season more impressive than the last.

"I want our team to be undefeated and at least make it to the finals, but it would be really cool if we could make it to state," said senior Derek Hale.



boys rest on the bench before the big district game. The team came very close to taking home the championship (left). The team huddles together for words of encouragement from the coach. Senior Orlando Valendez said, "The coaches were great, they really made the game fun (right)"





ole Rodriguez, Luis Gomez and several others at the end of the game against North team beat North (left). Junior Cody Bow ers and one of his other teammates watch the action. Bow ers began playing soccer three years ago and has been on the team ever since. Matthew Manyong (right) is another player.

"A lot of people don't understand how hard our practices usually are. (left)

Q&A

What is your favorite thing about soccer?



“My favorite thing is the feeling you get when you step out on the field and the national anthem is playing and you know you want to make your team and school proud.”
-senior Justin Rice



“My favorite thing was all the fun we all had playing together. We all wanted to get better but it was nice that we could have lots of fun while doing so.”
-sophomore Travis Edvenson



boys soccer

135

Soccer recap

Story/Layout by Emma Diver

"I enjoyed the group of girls who play soccer, the different grades were mixed together, and I got to be friends with seniors even though I was a sophomore," said junior Sarah Lown.

There were 4 home school students, 5 sophomores, 8 juniors, and 5 seniors on the girls' varsity team alone. This wide combination of students lent a different aspect to girl's soccer in 2006.

Varsity Coach Christian Ezell said this was something new for him, "From my perspective, I thought the team mixed very well. However, I have wondered how our chemistry might have been if everyone took their classes at East."

Besides meeting new people, players worked hard to perform their best and get in shape during the season. Pre-season warm-ups and running around the building helped students during the season.

"I find conditioning fun; it's a lot easier to get going during the season if we practice beforehand. We got to meet new people in 'open gym' and have fun playing the game,"

I was proud
of the girls
I got to
coach. I'll
miss them.
-Coach Ezell

said Lown.

For many of the freshmen, this was the first time they learned about the work that goes into a season before the games. Practice started in February for a season in March.

"Conditioning beforehand was weird," said sophomore Hannah McKeever. "We ran up and down four flights of stairs, it was really hard."

One way the hard work paid off was in improvement.

"I think we got better, for one thing we learned how to play with each other and how each person competed, and learned how to make each other better," said Lown.

The team seems to have been learning on and off the soccer field, with many students taking their classes seriously as well.

Ezell said, "The group of girls didn't confuse their priorities where sport and school are concerned. Our average team GPA was 3.4, I was proud to be the coach of such a smart responsible group. We worked hard, we laughed a lot, and we had fun playing soccer."



Every time I went away I was deceiving my mom. I'd tell her I was going to school but I'd be out on the street playing. I always had a ball on my feet. -Ronaldo





girls get ready to take on Valley in the second half of the game. Girls said that meeting new friends was one of their favorite parts of the season.



JV team goes for the goal in the game against Dallas Center Grimes. Ezell said he thought they improved and hopes they play next year at East.



Stars **R**Eflect on the love of the game and dedication to become a star...

The Vision of a Champion is someone who is bent over, drenched in sweat, and the point of exhaustion, when no one else is watching.

-Anson Dorrance



girls soccer

137

One of the best games I have ever played. It was great to beat them at their own house 2-0.

-Junior Mattison Seller

WIt took hard work and a lot of practice but as always it paid off in the end.

-Freshmen Teighlor Gutierrez



A Successful transition

Story layout by Casie Johnson



Sophomore

McLissa Ulmer, Kylie Vry (sophomores), and Mattison Sellers (junior) smile for the camera after a long hard game.

After a long hard season, the 9th grade softball team has won their conference.

According to coach Lowell Long,

victory.

"One of the best games of the year was when we played Dowling," said Sellers. "It was just great to beat them at their own house 2-0."

Sellers and the rest of the JV team went on to win their conference with a record of 10-1. Not only was JV successful, but the 9th grade team won their conference as well with a record of 9-4-1.

"Looking back at the season the 9th grade girls had the determination to excel their abilities and improve as the season went on," said freshman coach Lowell Long.

In recent years prior to the 06-07 season both 9th and JV softball teams have been successful in being the conference champs.

"For the past five years, I have coached the JV

team and we have been conference champs

for the last four years," said Long.

"But this year we are trying to make it five in a row," said Long.

"What makes us successful is our teamwork and our chemistry," said Sellers.

player Teighlor Gutierrez.

"I think we have been successful because we have a lot of practice, but as always it paid off," said Long.

It was a long road to success with the 9th grade team having a couple of injuries, including Maribeth Melber with shin splints.

"Even though Melber was injured she still tried her hardest to pitch for her team," said Long.

Both teams had to go through the stress of losing at least one game. The girls held strong and came out on top for many years in a row now. Like USA player Jennie Finch once said, "I don't want to be just a face, I want to go out there and prove something on the field." The 9th and JV teams have made this quote happen for EHS.

One dream

Story/Layout by: Allison Carrick

Boxing champion Muhammad Ali once said, "Champions aren't made in the gyms. Champions are made from something they have deep inside them- a desire, a dream, or a vision."

The varsity softball team achieved the ultimate goal of winning the state championship for the first time in 25 years by having a collective desire, dream, and vision.

"We have been in the top ten in the state all five years I have been at East. This team went to the next level because they adopted the theme 'One Team, One Dream' and did everything with a team goal in mind," said head coach Bob Ligouri.

The team finished the impeccable season with a record of 45-5 beating Linn-Mar in the championship game to finally win the elusive state championship.

"It was very emotional," said state champion pitcher alum Amanda Zust. "It has been a goal, not only of mine, but for everyone that has been involved with the East High softball program since we made it back to the state tournament in 2002. As all of our seniors were eighth graders at the time, we knew the state championship was what we wanted. Being our last game that we would ever play together, it made it more special that we all worked hard together to accomplish our goal."

Zust was named Elite Pitcher of the Year, 4A player of the year, and 1st team all-state captain for the 2006 season.

Ever wonder what it feels like to win a state

championship in front of a large crowd of loud fans and being broadcasted on public television?

"Winning was the best feeling ever! How ever you think it feels, it's 100 times better than that. It's 100 times better than I ever thought that it would feel," said junior Mattison Sellers.

From the eighth grade team members, to the senior veterans, the team had a bond on the field and off the field through fun and strong work ethics,

"Work ethic was key to winning and not only by me, but by the whole team. Everyone put in the effort in the off season and it paid off in the end," said Zust. "This year our team had great chemistry. The bond we had made us a great team."

"We did a lot of team bonding activities. We played Disney trivia, tee-peed coaches, and we went out to eat a lot," said Sellers.

The words *East Softball* mean a lot more than just a high school team. It's been formed into a long standing tradition and a community to be reckoned with.

"The school and the community were incredible in their support. After every one of our tournament games our players went to the stands and thanked all the fans for their support. When we won the championship we had alumni from as far as back as 1946 and we also had future players as young as 4th grade," said Ligouri.

It's not always easy to say goodbye, but six senior had to say goodbye for a little while as they move onto the college field.

"I don't think you can ever really say goodbye to any of them and we never did really say goodbye. I know they will come back and always be a part of our family," said Ligouri.



11
SOFTBALL
STATE
QUALIFIER
2006



Samantha
Waters gig-
ing during a
game.



make good use of
her free time in
her free time.
by A. do



Mattison Sellers
works at a batting
station. Sellers was
the starting right
fielder.



Alum
Carrie Hatfield,
Angie Baumesiter,
and Zust celebrate
after beating Fort
Dodge at state. East
won 2-0.



Amanda Zust poses
for a serious picture
before batting. Zust
was named 1st team all
state captain.

varsity girls softball

141

Scarlet Water

Story/Layout by: Zach Downing

Ian Beck sits in the pool at Johnston and swings his head around to see two things: he won and his time of 1:03.97 had broken the 24-year old record for 100 yd breaststroke.

"It was so awesome," Beck said. "I don't know how to describe that."

The season for the boys swim team of the East High Scarlets was eventful especially for Beck and the other state qualifiers. East, Lincoln, and Norwalk joined together for this season which brought new opportunities for each team.

"It was just super," said Head Coach Erin Lowe. "I'm so happy for the state qualifiers and Beck's new record."

Lincoln junior Jake Edwards, Beck, Norwalk senior Jamie Farrington, East sophomore Zac Mitchell, and Lincoln sophomore Jimmy Edwards all qualified for State this year.

But amongst all of the main highlights, the one that probably stands out the most is Beck's new record for 100 breaststroke. The record was previously held by East alum Jeff

Richards in 1984.

"After 23 years, it's time that record came down," Richards said to Beck. "I'm sure that board was pretty dusty."

Farrington looks forward to his future in the water, as a Navy SEAL. He was accepted into the SEAL program in September. He passed the tests with one exception. "My eyes were a problem because the worst eyesight anybody can have is 20/200 and that's what I have," said Farrington.

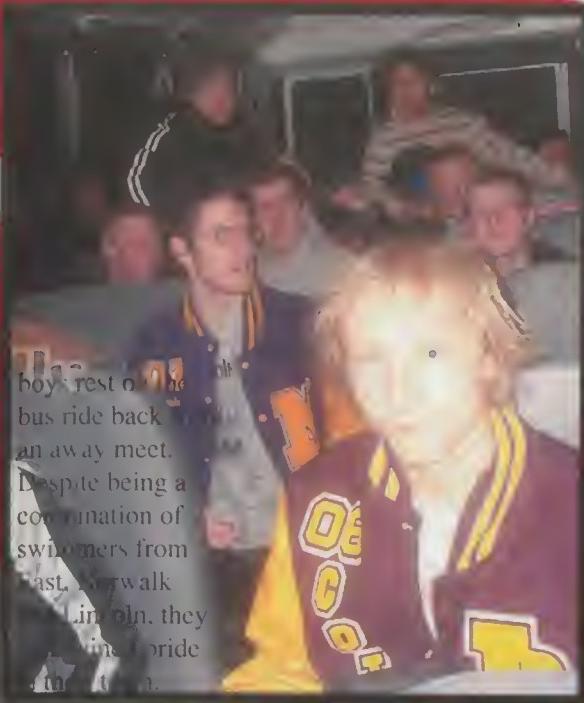
Farrington's grandparents were both fighter pilots and he could be seeing combat in less than two years.

Farrington is also a mentor to two boys ages 10 and 11. They both lost their fathers and he tries to be positive role model to both of whom he calls his "brothers". They hope he will make it back safe.

"They're both scared, but they're happy for me," Farrington said.

Show off your muscles! Senior Daric Williams, sophomore Zac Mitchell, and freshman Dustin Medearis model the results of a good workout.





boys rest on the bus ride back from an away meet. Despite being a combination of swimmers from East, West, and Lincoln, they share the pride of the team.



In mid-stroke, Ian Beck breaks the record for the 100 breast-stroke with a time of 1:03:97 which was originally set by Jeff Richards in 1984.



Before the state qualifiers (except Beck) check out the crowd looking for their fans. Many family and friends attended the state meet which was held in Marshalltown.



What was it like to make it to state?



I

Senior Ian Beck

How did it feel to shave your head?



I

I shaved my head because I wanted to support my friend Kaitlin. I think it made me look cooler because I was different.

Junior Jamie Farnsworth

What was the biggest personal disadvantage while you were on the team?



M

We had to travel a lot. It's a long drive from the eye doctor and have to go 20 minutes later. It's not fun.

Junior Jamie Farnsworth



boys' swimming

143



- 1 Senior **Jessica Tran** uses a lane counter to keep track of her 500 event. Tran mostly won her events.
- 2 Junior **Sara Thompson** came in second place in the 100 butterfly. Thompson had 7 top 10 finishes.
- 3 Freshman **Tiffani Carroll** and Freshman **Ashley McEachern** were both all-around swimmers this year. Carroll finished 3rd in the 100 butterfly.
- 4 Senior **Breanna Fousek** came in 4th in the 500 free. Fousek was also one of the winning swimmers.
- 5 The underclassmen hug and say goodbye to their seniors. The team lost 8 senior swimmers.
- 6 Sophomore **Emily Mullen** and **Brittany Wilkenson** keep busy on the bus to an away meet against Ottumwa. The team had 7 away meets.





5



6

Suitin' up

Story Layout by Jade Manning

"I don't know about you girls," Coach Stan Thompson said mysteriously to the girls swim team, "but I'm ready for a swim," he finished as he dove into the pool, fully-clothed, after an exciting win against Hoover.

"Coach Thompson made a deal with the team that if we beat Hoover (something the team hasn't accomplished in many years) that at the end of the meet we could push him in the water. It really pushed us that much more to swim our best times because we really wanted to see him get drenched," said junior Jade Manning.

The team had a couple of changes this season compared to past seasons. One of the changes was that the team managed to squeeze one more meet into their already jam-packed meet schedule. Along with the extra meet, the team's practices were more intense. The weight room was cut from the practice since it resulted in a lot of injured shoulders and arms and instead, more yardage was added to the workout.

"This year was different than my other years in swimming because we used to go to the weight room but a lot of the team was

getting hurt and it was just easier to do yardage," said Manning.

"Practices were a lot harder and we ended up getting tired faster,"

said senior Kelsey Anderson.

The changes made this year could have been the reason for the impressive record that the team ended with. The final record at the end of the season was 5 wins and 7 losses, an excellent record compared to seasons past.

"I'm really proud of our record this year even though we had more losses than wins; I'm happy how it ended. You just have to realize that we were up against a lot of good teams and we had a disappointing loss at Grinnell. We lost by one point and we would have won if they weren't given 15 extra points for diving. So to us, the record was more like 6-6," said sophomore Kyle Rowe.

The team was very close and often did group activities together outside of practice and meets.

"We all get along with one another and would go out to eat after the meets even if we lost, we all just had a lot of fun together," said freshman Riley Galvin.



girls swimming

145

No Lin team!

Story/Layout by: Nick Mongar

Most coaches will say that there is more to a team than just one player, that it takes everyone to be successful. But in tennis that is exactly the opposite.

Unlike other high school sports, tennis is more of an individual game; warm-ups, practice, and even keeping score of the games is handled on your own.

"We pretty much do everything on our own," said senior Brett Tonear, "we can't even talk to the coaches when we're out there playing."

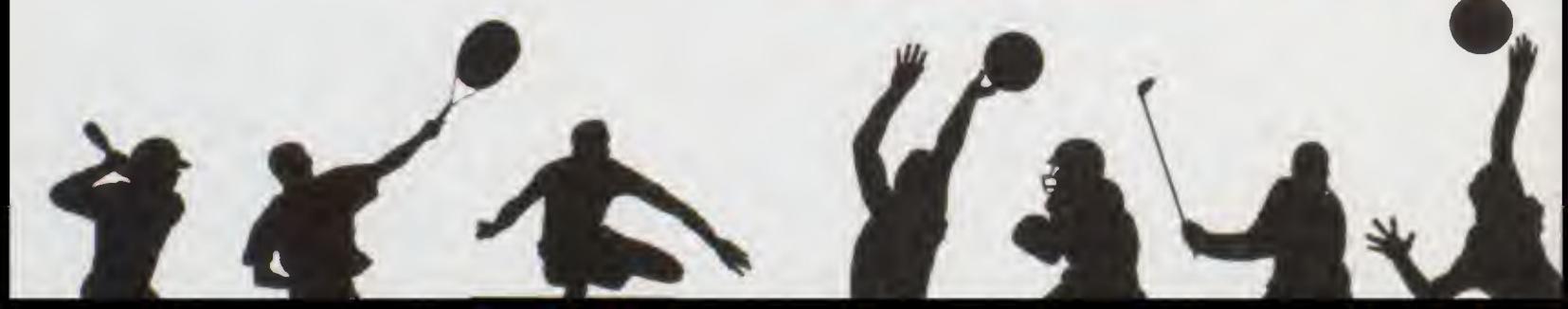
Many players enjoyed playing alone, but some of them realized that there's a certain comfort level playing with a team.

"Working by yourself is tough," said junior Ashley Kasper, "you only have yourself to lean on and that's not easy."

"I don't really think of it any differently," said senior Devon Cipperley, "but those days where you're not playing very well can be pretty hard."

The Scarlets went on to have a record of 1-8, in a close 7-4 win over North.

"I think that tennis is more about having fun with your friends then it is about winning games," said junior Maekenzie Schmitt, "this was my first year playing and I will for sure play again next year."





Senior Jennifer Harmon returns a volley during a home game. Harmon was third seed on varsity doubles.

Above: Senior Ryan Brouwer awaits the return in a game against North.



boys&girls tennis

147

Ready Set Go

Story/Layout by: Hoang Nguyen

As the years keep passing by, athletes come and go.

Can we say that we are losing great team leaders as they graduate? Or are we gaining new freshman potential? For the boys track team, there are many star players to speak of.

A couple of years back, alum relay team, consisting of **Daivon Daniels, Robert Thompson, London Hayes** and Paris Thomas, set a record of 1:27:09 at state. The track team tries to shadow their great achievements.

"This year we have the same speed, just a little bit better," said senior **Brandon Brown**.



Brendon Kerber and Dusty Reed from last year's track team have made their mark in East's track history. If you ask coach **Mel Green**, it's the coaches' "purpose to mold and shape the future history for the boys track team."

"We were a young team as far as experience goes. We finished eighth at state out of 25 teams," said Green.

Star athletic runners from cross country have no problem showing dedication on the track.

"I run cross country during the beginning of the year, so that helps get me in shape for track season," said senior **Logan Miller**. "We also have clinics in the winter time."

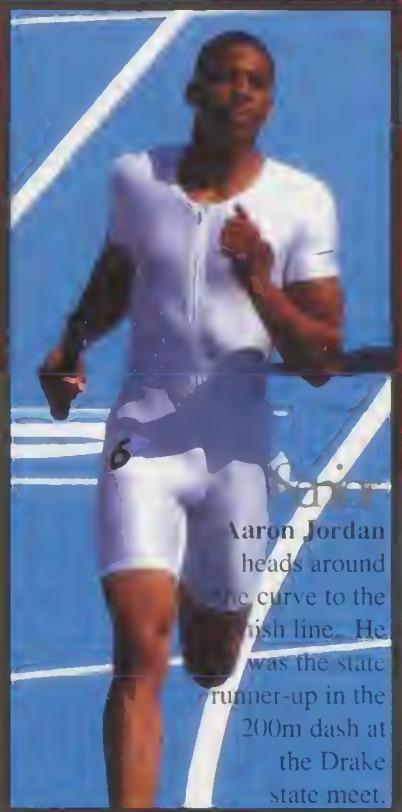
Even with track-related injuries, such as torn ligaments and over-stretched tendons, the runners continue with enthusiasm, according to coach **Patrick Lewis**.

"All of them show a whole lot of promise. We just need to shape that talent into something we can use. All around, they are all good athletes that have a chance at beating the competition," said Lewis.

Lewis, along with Green tried new methods to get the team into better shape. For instance, putting runners out of their comfort zones, and having them run laps that they are not used to. Such as a sprint running a long distance of 800m.

"For me, I do sprints and long distant running, so you really couldn't label me as anything, except for being a good athlete," said senior Larry Davis.





I run three days a week throughout the year.

“I run three days a week throughout the year. Running cross country in the fall helps a lot with my endurance and gets me in shape during the off-season. There's also clinics during the winter time.”

Talking a mile a minute



“**B**eing not injured, I ran the 4x400, open 400, and the 4x800. During practice and meets, we used to crum (crack jokes) the whole time. I know I'll be ready to run next season.”

boys track

149

Scarlet Spes

Story/Layout by: Jorden McGriff

Track may seem challenging—running, running, and more running. But with the high numbers of returning members and the swarm of new freshmen on the East girls' track team, there are many people who look forward to it.

Some people might think that track is boring, but the members of the girls' track team would say that it is rewarding and that they have a lot to show for a season of hard work and determination.

This year, the number of freshmen exceeded the number of members in any other class.

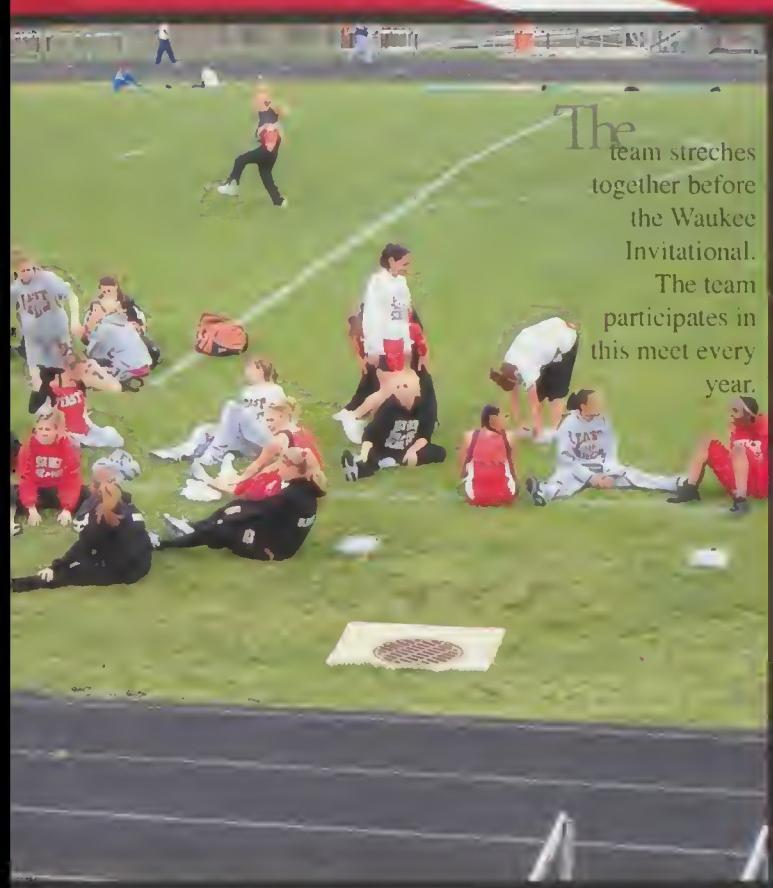
Like many others, freshman **Tiffanie Porter** ran on the varsity team and also made it to the Drake

Relays for the 100m dash, the 200m dash, and the 4x100m relay.

Success during the season was very high. Alum **Natasha Brumbaugh, Mindy Carey, Carrie Hatfield, Mallory Johnson, and Sharmaine Lee** kept up their achievements from previous years.

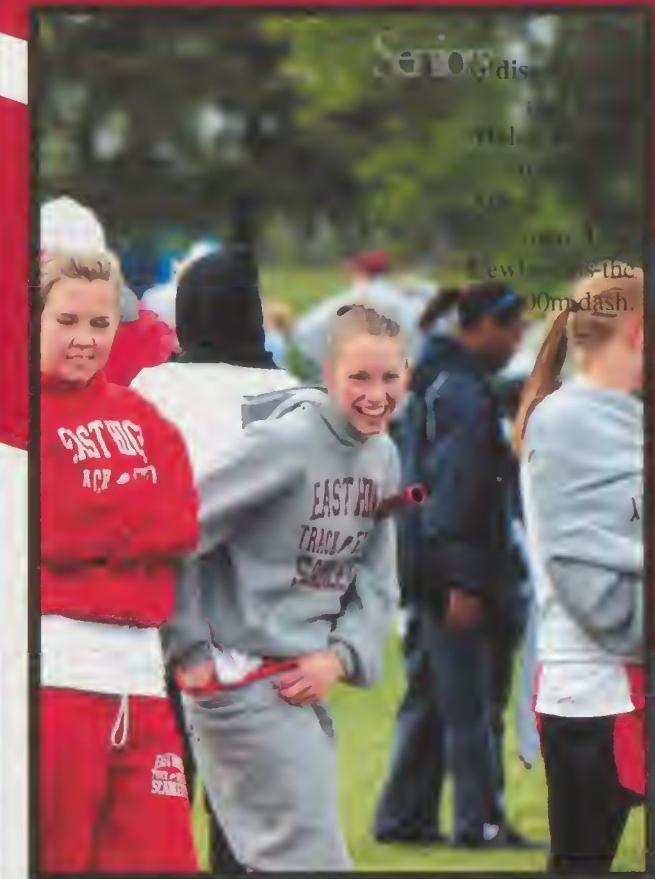
Not knowing who will come back or who will join makes it hard to predict the outcome of the next season, but in the words of coach **George Davis**, "We take the cards that we are dealt and make the best hand that we can out of those cards and somehow we always end up with a full house."





The team stretches together before the Waukee Invitational.

The team participates in this meet every year.



-Junior Laurel Murphy sets her blocks before a race.

-A relay team meets with Coach Davis before their race for last-minute advice.

-Freshmen Tiffanie Porter and Kalynn Fields join junior Laurel Murphy and senior Amanda Enochs for a group picture at the Drake Relays.

-A few of the girls take a break after their race.



girls track

151

The freshman girls come together for a timeout and put their minds together for the perfect plan to beat the Huskies. They listen carefully as their coach Susan Hook gives them encouragement.



Q&A

What was your favorite memory from this season?

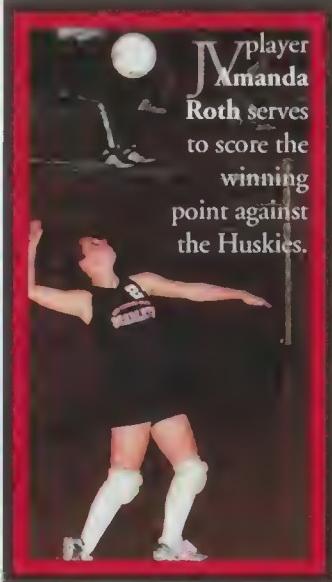
"My favorite memory would have to be beating Ottumwa. The team had a lot of confidence and I thought it was awesome that I scored the winning point."



"My favorite memory was the Ottumwa trip and game. The bus ride there and back was so much fun, it helped our team to bond and get a lot closer. We did lose that game, but we learned from our mistakes."



JV player Amanda Roth serves to score the winning point against the Huskies.



Bump it



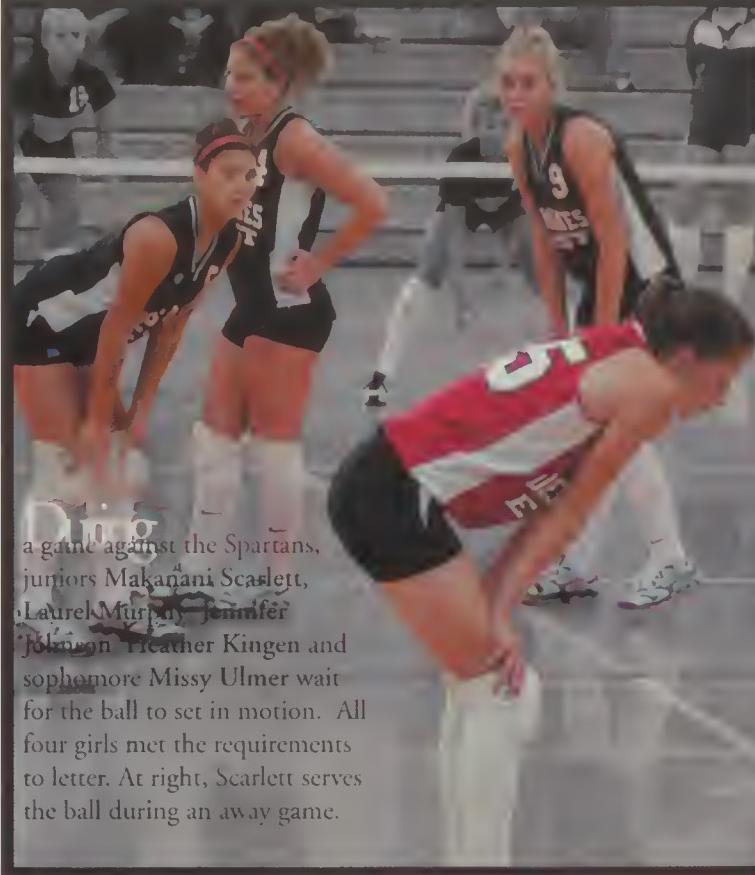
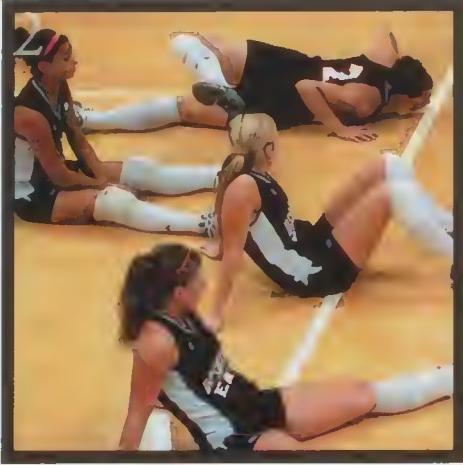
1 Laurel Murphy and Addison Speck high-five after a good play.

2 Jennifer Cantwell, Makanani Scarlett, Addison Speck, and Laurel Murphy stretch out before a game.

3 Jennifer Cantwell, Kim Robinson, Heather Kingen, Addison Speck, Jennifer Johnson, and Jennifer Radley take a snack break during a long set of games.

4 Manager Trent Smith and the girls take a break during the annual Varsity Football vs. Volleyball game.

5 The team revs their engines during a group photo on the front steps of the school.



Rough 'em up

Story/Layout by: Jennifer Harmon

The gym roars with noise, feet are stomping, fans are cheering, and hearts are pounding. It is the third game against Roosevelt and all the varsity volleyball players are ready to rough up the Riders.

On October 17, with 3 games lost, the team pulled together to do just that-win.

"When we got down 0-2, it took a lot of teamwork and effort to win," said senior Jennifer Radley.

With the first two games ending in defeat, the third attempt at winning looked doubtful as Roosevelt led 6-1. After Radley came back into the game, after being taken out from the second game for an injury to the nose, the team "started to turn around" said Coach Terrie Fenstermann, and won the last 3 games.

A lot was riding on the Roosevelt game. By winning, the team landed itself a second place finish in the CIML Metro League.

"We all knew that if we wouldn't have won, we wouldn't have moved on," said junior Laurel Murphy. "It made it a really im-

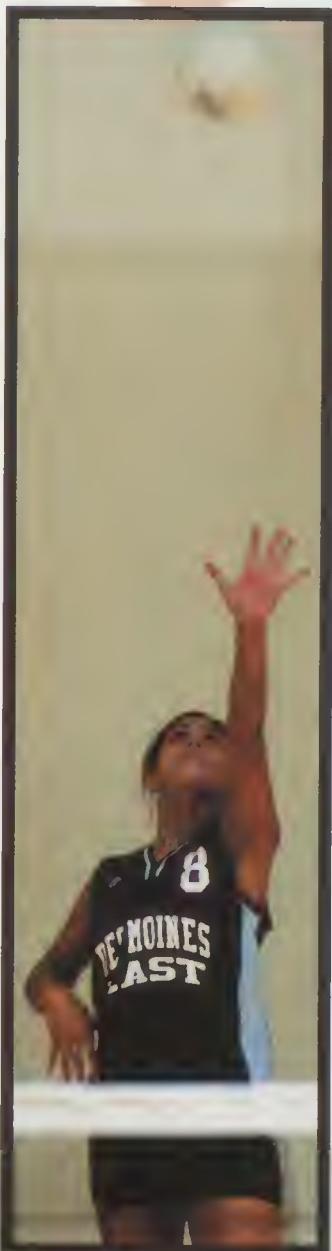
portant game."

Not only was the game important in the Metro, it was also great for rights. The game took place on Roosevelt's senior night and at their school. There was even the defeat over their student section.

"They have 'Super Fans' and they have a lot of them, but our fans were yelling back and forth with their fans even though we were a fourth the size of them," said junior Makani Scarlett.

Fenstermann said, "The fans were unbelievable. Even parents were standing up, cheering and yelling. All the support gave the team the energy to win."

Along with school support the team used their close bonds to create many victories throughout the season. Many of the girls have known each other for years and play other sports together. These friendships, along with hard work and perseverance allowed the girls to end their season with a record of 8-27 and their 2 place Metro title.



varsity volleyball

155

Watch Your Back

Story/Layout by Brittany Syvixay

To struggle hand to hand with (an opponent) in an attempt to throw him. This is what wrestling is according to Webster's Dictionary, but how is it defined by an East wrestler?

"It's very hard; it takes a lot of mental and physical strength. But at the same time it is fun because you get to know the whole wrestling family. I want to let all the younger wrestlers know that they should work hard in wrestling, as well as school, because in the end it pays off, even though it gets difficult sometimes," said varsity wrestler Bojan Djukic.

Cutting weight and taking names, this season was a remarkable one. With three tournament wins and nine dual meet victories under their singlet, the Searlets proved they are a force to be reckoned with.

"For the first time in the history of East, we were ranked in the top 10 and five of our wrestlers had individual rankings for most of the season. But we lost two of our dual meets because five of our wrestlers were suspended," said Asst. Coach James Giboo.

Djukic, along with Dusty MeAninch, Nate Williams, Cody Price, and Johnny Coleman, were the hardworking

handful, dubbed the 'Jackson Five', who qualified for state.

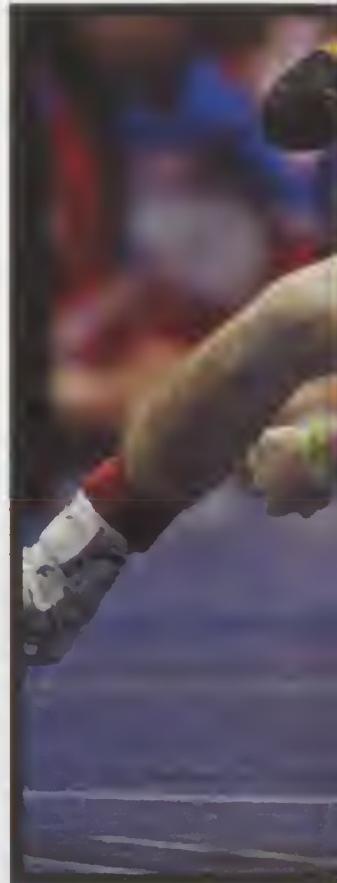
"Going to state was the best thing that could have ever happened to me because midway through the season, I was doubting myself and not thinking I was going to make it. I just believed in myself and I had a lot of support from my friends and family. Hopefully I can go back again next year," said Preee.

The first round of the State Wrestling Competition was held at Wells Fargo Arena on February 22. Djukic, MeAninch, and Coleman all advanced to the final round.

"It felt great being the only underclassman from East because I knew I had the chance to be a 3-time state champion," said Coleman.

Coleman placed 3rd, MeAninch with 4th, and Djukic came in with 5th. Overall, East ranked 16th in the tournament with a total of 45 points.

"I didn't feel like I did my best because I didn't work hard enough to win my match. Hopefully this lets all the guys know to give it their all because if they don't, they will regret it for the rest of their lives," said Djukic.



Senior
Bojan Djukic hugs his father after pinning his opponent.

This was the first time his father has ever attended one of his wrestling meets.



What did you do to lose weight?

"I

weight loss. To get the right weight I would drink a bottle just to make myself water weight.



"I

a lot of layers on, and I ate less than I usually do. It was hard but you have to be committed.



The

Danica O'Gorman, sophomore, Johnson
Coleman defeated
Cooper of Keokuk with
a pin in the quarter
finals.

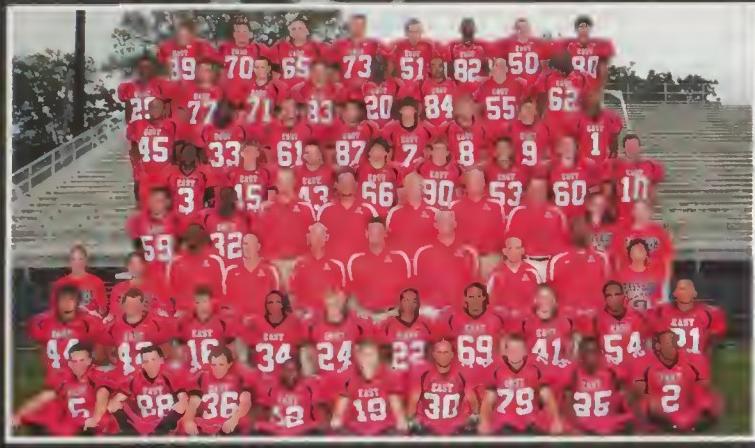
At top left, exhausted
after his match, senior
Nate Williams holds
his hand up high due to
a victory against John-
ston. Williams is a state
qualifier as well as one
of the team captains.
At bottom left, senior
Bryan Loftus attempts
to pin his opponent, to
walk away with another
victory.



wrestling

157

REunite



W	Waukee	14-0
W	Marsh'town	27-19
W	Hoover	37-6
L	Lincoln	6-26
W	SC West	24-21
L	Roosevelt	16-19
L	Ottumwa	15-28
L	Newton	7-10
W	North	28-12

Varsity Football

Front Row: Ben Hurley, Joe Anderson, Sean Logan, Devonta Brown, Taylor Miller, Nate Williams, Allen Williams, Paul Landers, Mykeal Shade. Row 2: Colton Collins, Anthony Blumenthal, Travis Ochanbaugh, Randy Duncan, Tim Bolander, Dorian Minter, Ty Carr Floyd, Dustin McAninch, Daryl Saunders, Stuart Hall. Row 3: Kelsi Kern, Sandy Sisamouth, Coach Jason Jones, Ted Rebelsky, Asst. Coach Carl Drautz, Head Coach Rick Roberts, Coach Greg Schoon, Addison Boughton, Coach Carlos James, Pa Vang. Row 4: Tim Dawson, Amara Sama, Vince Klopfenstein, Coach Phil Hornback, Neil Donahoe, Coach Bob Roberts, Coach Kevin Sorensen, Stacia Mattix, Tiffany Smith. Row 5: Jamar Birch, Kyle Bates, Gary Reicks, Bryan Loftus, Ethan Kouri, Nick Mongar, Josh Curry, Austin Elder. Row 6: Neil Issa, Elija Seymour, Eldon Campos-Anderson, Josh Myers, TJ Page, Brett Tonear, Cody Bosley, Aaron Jordan. Row 7: Justyn Lewis, John Swanson, John Hauge, Doug Feldmann, Antonio Carter, Jared Weatherall, Jake Hastings, Corey Rankins. Row 8: Mike Boyd, Brandon LaBelle, Jessey Dentler, Dan Bowman, Bojan Djukie, Brandon Brown, Ben Ballard, Jeremy Good. Not Pictured: Scott Jensen, Juan Rincon, Ryan Gile, William Chatman, Eric Feldmann.



L	Waukee	6-42
W	Marsh'town	21-6
L	Haaver	30-6
W	Lincoln	21-20
W	Roosevelt	17-8
L	Ankeny	0-40
L	Ottumwa	27-39
L	Newton	15-20
W	North	50-12

Sophomore Football

Front Row: Derick Wilson, Marcus Smith, Brian Hensley, Ryan Gile, Alce Martin, Ryan Cam, Kelly Fettters, Rido Baccam, Kurtis Leuang. Row 2: Will Chatman, Anthony Funaro, Anthony Cross, John Hernandez, Jay Villalobos, Andrew Coyle, Jordan Harmon, Brad Underwood. Row 3: Mgr. Stacia Matix, Aaron Vincent, Billy Titus, Chris Sullivan, Coach Neil Donahue, Coach Phil Hornback, Coach Bob Roberts, Doan Nguyen, Cody Oliver, Antonio Nizzi, Mgr. Pa Vang. Row 4: Brett Spaur, Matt Widlund, Juan Ricon, Kyle Blair, Brad Davison, Justin Stookey, Deangelo Rosenblum, Luis Salana. Row 5: Shane Cross, Kiandre Smith, Marvin Robinson, John Audus, Leo Ukpam, Marshall McKay, Sam Sheldon, Jordan Owen. Row 6: Jeff Moore, Joe Kingery, Eric Feldman, Sam Campbell, Robert Blair, David Davis.



Freshman Football

L	Waukee	6-35
L	Marsh'town	32-54
W	Hoover	38-16
L	Lincoln	32-50
L	Ankeny	32-68
T	Roosevelt	20-20
L	Ottumwa	14-50
W	Newton	50-21
W	North	42-0

Front Row: Jeremiah Harrington, dropped, Terry Wiles, Va Vang, Toan Nguyen, Jake Howser, Tyrae Kemp, Cody, Dante Terry. Row 2: John Mn, Blake Wilkerson, Levi Cardines, Tyler Slinger, Larry Jones, Alex Gochala, Keifer Lett Vahn, Sean DeGoye, Marvane Ackiss, Ben Sigmund. Row 3: Mgr. Danielle Smith, Tyler Rounds, Matthew Say, Roman Gamble, Asst. Coach Tim Walljasper, Coach Ken Burgess, Ass. Coach Ted Christiansen, John Auch, Cody Shepard, Alex Reynolds, Mgr. Kelsey Kern. Row 4: Casey Ouverson, Dillon Barber, Jacob Reed, Leon Phillips, Steven Coleman, Jontez Cameron, James Smith, Mike Jones, Grant Voshell. Row 5: Darrius Bryson, Dustin Meaderis, Anthony Bush, dropped, Tobias Wilson-Cross, Dylan Brewer, Cole West, Jake Bellman, Eric Dunigan. Row 6: Devontay Heard, TJ James, Jamie Deaton, Gavin Althaus, Brady Burrows, Troy Perez, Brian Phillips, Cody Mickle, James Mangra, Zach Johnson, Kenny Nichols, Tom Young, Mike Beem, Adam Elsinga, Kole Rivas, Quinton Hall, Cody Wilson, Jacob Grommet. Not Pictured: Dearrius Ferguson, Learie Jones.



Girls' Bowling

Front Row: Tiffany Gutierrez, Amanda Roth, Katelynn Smith, Samantha Roth, Kelsey Walker. Row 2: Jessica Smith, Abby Meyenburg, Jennifer Davison, Brittany Gochala, Sierra Gearhart. Row 3: Coach Doug Davis, Asst. Coach Johnny Carr. Not Pictured: Jamie Belcher.

Jennifer Davison	159 (average)
Kelsey Walker	144
Abby Meyenburg	140
Sierra Gearheart	138
Jamie Belcher	132
Brittany Gochala	125
Samantha Rath	123
Tiffany Gutierrez	121
Jessica Smith	114
Amanda Roth	99
Katelynn Smith	87



Boys' Bowling

Front Row: Jake Belcher, Colten Harvey, Matt Reimer. Row 2: Coach Doug Davis, Jordan Gillaspy, David Sappenfield, Ryan Hilding, Brandon Goodell, Asst. Coach Johnny Carr. Back Row: Ryan Remus, Luke Davis, Jon Bixler. Not Pictured: Brett Toncar, Andy Weber.

Luke Davis	200 (average)
Jordan Gillaspy	181
Jon Bixler	181
David Sappenfield	176
Ryan Remus	175
Jake Belcher	170
Matt Reimer	168
Brett Toncar	167
Colten Harvey	164
Andy Weber	164
Brandon Goodell	153
Ryan Hilding	141



Freshman Volleyball

Front Row:	Julia Cancino, McKinzie Langerud, W	W	Hoover	2-0
Shelby Carr, Desi Kerbe,	Ashlyn Robinson, L	W	Lincoln	2-0
Caitlyn Schuler.	Row 2: Carmen Carrasco, Karen L	W	Ottumwa	1-2
Perez, Jessica Lippold,	Leather Blacksmith,	W	Roosevelt	1-2
Taylor Luft, Kayla Wisnusky, Amiee Davis,				
Misty Black, Back Row:	Kayla Ward, Rachel Hurley, Katie Hurley, Lorrie Kingen, Coach Susan Hook, Renee Reynolds, Sam Johnson, Jade Kreutz, Afton Able.			



Boys' Tennis

Front Row:	Nick Mongar, Deaven Cipperley, Jesse Ung, Kee Vang, Hoang Nguyen, Stefan Lange, John Phanouvong. Row 2:	W	South Tama	11-0
Pao E Xiong, Andy Sengaphone, Nick Wren, Chirasath Saenvong, Ryan Johnson, Luke Griffith.	L	Dawling	2-9	
Back Row:	Casey Turner, Randy Barrick, Cody Wren, Brett Tonear, Coach Ryan Brouwer, Trent Smith, Lom Nguyen.	L	Masan City	1-10
		L	Newtan	2-9
		L	Valley	2-9
		L	Lincoln	3-8
		L	Roosevelt	3-8
		L	Ottumwa	4-7
		W	Hoover	9-0
		W	North	9-2



Girls' Tennis

Front Row:	Samantha Cam, Sunny Bounyalath, Abby Siakhasone, Jear Vang, Jami Bowen, Coby Baccam, Mackenzie Schmitt. Row 2:	L	Saydel	3-8
Jennifer Harmon, Kortney, Katie Sturtz, Angie Lin, Andrea Campbell, Alieia Weinman, Vilailack Kheu, Mary Son.	L	Newton	0-11	
Back Row:	Kylee Woods, Nataesen Sakahanone, Coach Heather Davis, Amanda Hannon, Coach Josh Carman, Kelsey Treen, Jorden Welser.	L	Valley	0-11
		L	Lincoln	2-9
		L	Hoover	5-6
		L	Ballard	1-8
		L	Ottumwa	1-10
		W	North	7-4
		L	Saydel	3-6



Varsity Volleyball

Front Row: Heather Kingen, Kim Robinson, Laurel Murphy, Makani Searlett. Row 2: Missy Ulmer, Jennifer Radley, Addison Speck, Jennifer Johnson. Back Row: Tiara Mays, Coach Terrie Fenstermann, Asst. Coach Erin Kramer, Jennifer Cantwell. Not Pictured: Jade Kruetz.

L	Waukee	19-25, 19-25, 13-25
L	Fair Dodge	7-21, 10-21
L	Cedar Rapids	9-21, 7-21
L	Mason City	10-21, 12-21
L	Fort Dodge	16-25, 10-25, 15-25
L	Urbandale	15-21, 21-15, 13-15
L	Ottumwa	6-21, 16-21
L	Indianola	8-21, 16-21
L	Valley	12-21, 14-21
L	Urbandale	13-25, 13-25, 18-25
W	Dawling	21-18, 21-16
L	Roosevelt	7-21, 19-21
L	Dallas Center	11-21, 21-19, 13-15
L	SE Palk	15-21, 11-21
L	Urbandale	16-21, 11-21
W	Narth	26-28, 25-14, 25-17, 25-21
L	Grundy Center	21-18, 13-21, 6-15
W	NU High	21-11, 16-21, 15-12
L	Waterloo West	15-21, 22-20, 4-5
L	Wa'loo Columbus	9-21, 7-21
L	Charles City	21-14, 14-21, 9-15
L	Ottumwa	14-25, 13-25, 17-25
L	Urbandale	13-21, 6-21
L	Spencer	6-21, 13-21
L	Holy Trinity	4-21, 10-21
L	I-35	13-21, 11-21
W	Lincoln	25-15, 25-21, 21-25, 25-17
W	Hoover	25-11, 25-19, 25-12
L	Boone	14-21, 9-21
W	Dowling	21-19, 20-22, 15-13
L	Oskaloosa	8-21, 11-21
L	Marshalltown	12-21, 13-21
W	Narth	19-21, 21-9, 15-6
W	Roosevelt	11-25, 14-25, 25-20, 26-24, 15-6
L	Dowling	18-25, 26-28, 25-13, 15-25



L	Newtan
L	Valley
W	Narth
L	Lincoln
L	Roosevelt
W	Hoover
L	Ottumwa

Indianala Invit.	0-4
Ankeny Taurn.	1-3
Urbandale Invit.	1-4
Jahnstan Invit.	2-2

JV Volleyball

Front Row: Amanda Roth, Nicole Boyd, Ashley Dameron. Row 2: Katelynn Smith, Samantha Roth, Coby Baccam, Krisli Kiefer. Back Row: Jordan Petrie, Cassandra Jensen, Coach Liz Grier, Cecily Ambrosion, Tiffany Daughtry.

REunite



Varsity Boys Basketball

Front Row: DeAngelo Hall, Tyler Stumme, Cody Bosley, dropped. Row 2: Joseph Jackson, Trent Smith, Jared Weatherall, Glen Welch, Ryan Brouwer, dropped. Back Row: Brett Kelsey, Allen Van Gundy, Coach Chad Street, Coach Andy Howard, Coach Greg Schoon, Brandon Brown, Jake Zimmerman. Not Pictured: Eric Feldmann.

L	Johnston	46-59
L	Volley	52-67
L	Ames	51-74
W	North	60-57
L	Dowling	59-66
W	Ottumwa	56-45
L	Lincoln	64-75
L	Hoover	48-56
L	Roosevelt	55-69
L	Mason City	54-58
W	Ottumwa	69-57
W	Marshalltown	56-55
L	Lincoln	54-64
L	SE Polk	53-67
L	Hoover	50-59
L	Indianola	61-77
L	Roosevelt	63-68
W	Ankeny	65-49
W	North	95-63
W	Ft Dodge	70-66
L	Urbandale	43-65
W	Waterloo East	55-42
W	Hoover	69-64
L	Volley	71-84



Freshman Boys Basketball

Front Row: Chris Wollesen, Learie Jones, Tyrae Kemp, Alex Gochala, DeVontray Jenkins, Eric Dunigan. Row 2: Mgr. Tara Turner, (dropped), (dropped), Alex Brouwer, Kyle Cox, Curtis Lacy, Gavin Althaus, (dropped). Back Row: Kole Rivas, Casey Ouverson, Coach Buster Rounds, Coach Carlos James, Coach Carl Drautz, Devontray Heard, Adam Elsinga.

L	Johnston	39-57
L	WDM Volley	39-63
L	Ames	42-70
W	North	48-42
L	Dowling	31-70
L	Ottumwa	42-48
W	Lincoln	58-45
L	Hoover	35-68
L	Roosevelt	26-66
L	Ottumwa	38-40
L	Marshalltown	36-63
L	Lincoln	15-67
L	SE Polk	49-60
L	Hoover	35-57
L	Indianola	42-51
L	Roosevelt	20-62
L	Ankeny	43-70
W	North	53-45
L	Ft. Dodge	52-54
L	Urbandale	38-62



Sophomore Boys Basketball

Front Row: William Chatman, Terrance James, Tyler Jensen, Horaleo Ukpam, Back Row: Eric Feldmann, Jordan Owen, Coach Chad Street, Kiandre Smith, Kian Wiand.

L	Johnston	43-45
L	Volley	44-68
L	Ames	37-71
L	North	46-51
L	Dowling	37-54
W	Ottumwa	44-39
L	Lincoln	36-56
L	Hoover	42-50
L	Roosevelt	40-51
L	Mason City	62-65
L	Ottumwa	64-66
L	Marshalltown	44-46
L	Lincoln	43-44
L	SE Polk	40-55
L	Hoover	39-56
L	Indianola	40-43
L	Roosevelt	29-42
L	Ankeny	51-58
W	North	59-39
W	Ft. Dodge	51-46
L	Urbandale	37-47



Boys Golf

Front Row: Joe VanderSchoor, Kyle Rehm, Kase Hueberman, Row 2: Alex Heggins, Charles Hughes, Austin Boyd, Zack Flinkenger, Spencer Smith. Back Row: Devin Cipperley, Trent Smith, Adam Geiger, Ryan Brouwer, Aaron DeGoey, Justin Rice, Joey Petersen, Luke Davis, Roy Johnson.

W **Marshalltown** 174-163

W **Indianola** 169-155

L **North** 162-222

W **Ottumwa** 162-158

W **Lincoln** 167-162

L **Hoover** 161-165

W **Roosevelt** 175-164

Conference Meet 9th place



Freshman Girls Basketball

Front Row: Kelsey Summers, Trish Kelsey, Martasha McKenzie, Nicole Baccam, Taylor Carlisle, Ishia Johnson. Back Row: Anne Naovarath, Zazetta Rankins, Keyona Jackson, Jade Kreutz, Jocelyn Brown, Afton Abel. Not Pictured: Lauran Williams.

L	<i>Ft. Dodge</i>	31-57
L	<i>Urbandale</i>	18-81
L	<i>Johnston</i>	18-59
L	<i>Volley</i>	19-58
L	<i>Ames</i>	18-62
W	<i>North</i>	48-8
L	<i>Dowling</i>	19-69
L	<i>Ottumwo</i>	24-49
L	<i>Lincoln</i>	41-45
L	<i>Hoover</i>	44-22
W	<i>North</i>	Forfett
L	<i>Roosevelt</i>	24-46
L	<i>Ankeny</i>	22-59
L	<i>Ottumwo</i>	26-33
L	<i>Marshalltown</i>	32-60
L	<i>Lincoln</i>	39-57
L	<i>SE Polk</i>	47-56
L	<i>Hoover</i>	23-46
L	<i>Indianola</i>	33-49
L	<i>Roosevelt</i>	39-67



Varsity Girls Basketball

Front Row: Jennifer Radley, Audri Lu, Taqui Dufelmeier, Tiffanie Porter, Shelby Smith, Kayla Koeppen. Back Row: Dave Koeppen (stats), Asst. Coach Donovan Filkins, Tia Mays, Kalynn Fields, Ashley Yingst, Tiara Mays, Asst. Coach Mel Green Sr., Becca Hurley, Coach Sam Powell.

W	<i>Fort Dodge</i>	64-63
L	<i>Urbandale</i>	34-38
W	<i>Johnston</i>	58-37
W	<i>Volley</i>	60-50
W	<i>Ames</i>	45-33
W	<i>North</i>	66-35
W	<i>Dowling</i>	47-42
L	<i>Ottumwo</i>	48-51
W	<i>Hoover</i>	56-28
W	<i>Lincoln</i>	68-63
W	<i>North</i>	68-48
L	<i>Roosevelt</i>	36-37
W	<i>Ankeny</i>	65-59
W	<i>Moson City</i>	51-38
W	<i>Ottumwo</i>	57-40
L	<i>Marshalltown</i>	35-37
W	<i>Lincoln</i>	62-53
W	<i>SE Polk</i>	35-25
W	<i>Hoover</i>	56-31
W	<i>Indianola</i>	52-43
W	<i>Roosevelt</i>	45-34
W	<i>Substate / Marshalltown</i>	58-39
W	<i>Substate / Waterloo East</i>	55-42
L	<i>State / Volley</i>	38-47



Girls Golf

Front Row: Samantha Smith, Naly Bounyalath, Ariel Jetty, Julie Drake, Emily Hudson, Kim Robinson. Back Row: Allison Kinter, Allison Smith, Sarah Strock, Bretta McCuller, Coach Lowell Long, Heather Alexander, Samantha Waterman, Amanda Wilson, Andrea Milligan.

<i>Meson City (duol)</i>	2nd
<i>Newton (duol)</i>	2nd
<i>Volley</i>	11th
<i>Ankeny</i>	14th
<i>Roosevelt/ Hoover & Ottumwo</i>	3rd
@ <i>Grandview</i>	12th
@ <i>Jester Pork</i>	14th
@ <i>Ottumwa</i>	12th
<i>Roosevelt/ Hoover & Ottumwa</i>	3rd
<i>Conference</i>	3rd
<i>Regionals</i>	12th

REunite



Varsity Baseball

From Row: Matt Gochala, Colton Collins, Ben Hurley, Sean Logan, Devin Cipperley, Chris Bennink, Luke Davis, Ryan Brouwer. Row 2: Brett Toncar, Joey Peterson, Robert Banner, Aaron DeGoe, Karl Althaus, Logan Miller. Back Row: Josh Myers, Tyler Luft, Trevor Beals, Asst. Coach Scott Rourke, Coach Brian Luft, Josh Gardner, Justin Denham, Nick Eaton. Not Pictured: Ryan Remus.

<i>L</i>	<i>Indianola</i>	1-3
<i>W</i>	<i>Boone</i>	9-3
<i>L, L</i>	<i>Mason City</i>	0-4, 0-10
<i>W</i>	<i>Ankeny</i>	5-2
<i>W, W</i>	<i>Johnston</i>	15-10, 11-6
<i>W</i>	<i>Nevada</i>	20-0
<i>W</i>	<i>Collins-Maxwell</i>	20-2
<i>L, L</i>	<i>Lincoln</i>	0-11, 1-10
<i>L</i>	<i>SE Polk</i>	7-9
<i>W, W</i>	<i>Roosevelt</i>	9-5, 10-6
<i>W, W</i>	<i>Mershonville</i>	9-2, 7-6
<i>L, W</i>	<i>Hoover</i>	2-5, 8-2
<i>W, W</i>	<i>Ottumwa</i>	4-2, 12-4
<i>W</i>	<i>Perry</i>	14-10
<i>L</i>	<i>Ankeny</i>	1-22
<i>W, W</i>	<i>North</i>	16-1, 13-3
<i>L</i>	<i>Dowling</i>	4-8
<i>W</i>	<i>Waukee</i>	7-1
<i>W, W</i>	<i>Lincoln</i>	7-0, 3-1
<i>W, W</i>	<i>Roosevelt</i>	4-2, 15-0
<i>W, W</i>	<i>Hoover</i>	10-4, 11-5
<i>L</i>	<i>Indianola</i>	5-6
<i>L</i>	<i>SE Polk</i>	3-5
<i>W</i>	<i>Volley</i>	9-3
<i>L, W</i>	<i>Ottumwa</i>	1-2, 8-3
<i>W, W</i>	<i>North</i>	7-2, 12-0
<i>L</i>	<i>Newton</i>	1-2



Varsity Boys' Soccer

Front Row: Guadalupe Rodriguez, Ludwin Cornco, Matt Manyvong, Alex Luna, Humberto Lechuga. Row 2: Bryan Williams, Austin Elder, Brian Heaberlin, Orlando Valadez, Jose Rodriguez, Jesus San Elias, Cody Bowers, Luis Gomez. Back Row: John Wells, Aaron DeGoe, Justin Rice, Coach Derek Lounsberry, Adam Van Helton, Ryan Fitzgerald, Travis Edvenson.



Sophomore Baseball

Front Row: Kyle Bates, Tanner Luft, Jacob Belcher, Joe Anderson, Jordan Gillaspy, Timothy Bolander. Row 2: Colton Collins, Gage Rhodes, Cody Bosley, Austin Elder. Back Row: Mike Boyd, Jacob Pruitt, Coach Marty Luft, Coach Buster Rounds, Jacob Hastings, Scott Jensen. Not Pictured: Sean Logan.



Freshman Baseball

Front Row: Cody Sheppard, Sean DeGoe, Tyler Jensen, Ben Sigmund, Tyler Slinger, Antonio Nizzy. Row 2: Brett Spaur, Alex Brouwer, Allen Williams, Zach Laird, Cole West. Back Row: Dusty Medierus, Chris Sullivan, Coach Carl Drautz, Casey Ouverson, Coach James Giboo, Brady Burrows, Matt Widlund.



JV Boys' Soccer

Front Row: Daulton Price, Cody Price, Jesus Rodriguez, Adrian Hernandez, Luis Mata, Saul Cardenas. Row 2: Patrick Mburu, Derek Hale, Ian Beck, Kevin Ormeno, Bryan Williams. Back Row: James Wells, Coach Tim Walljasper, Ryan Fitzgerald, Luis Saldana.

<i>W</i>	<i>Indianola</i>	5-4
<i>W</i>	<i>Ankeny</i>	6-5
<i>W, W</i>	<i>Johnston</i>	16-2, 12-0
<i>W, W</i>	<i>Lincoln</i>	20-1, 15-7
<i>W, W</i>	<i>Roosevelt</i>	11-0, 19-0
<i>W, W</i>	<i>Mershonville</i>	12-0, 5-3
<i>W</i>	<i>Hoover</i>	20-1
<i>W, W</i>	<i>North</i>	15-1, 22-1
<i>W, W</i>	<i>Dowling</i>	18-5, 9-5
<i>W, W</i>	<i>Waukee</i>	9-5, 7-2
<i>W, W</i>	<i>Lincoln</i>	7-2, 4-0
<i>W, W</i>	<i>Roosevelt</i>	16-0, 10-0
<i>L, W</i>	<i>SE Polk</i>	2-4, 5-4
<i>W, W</i>	<i>Ottumwa</i>	15-5, 13-3
<i>W</i>	<i>Hoover</i>	16-0
<i>W, W</i>	<i>Valley</i>	11-0, 26-9
<i>W, W</i>	<i>Ottumwa</i>	5-2, 12-2
<i>W, W</i>	<i>North</i>	11-1, 16-1

<i>Indianola</i>	4-10
<i>Moson City</i>	Cancelled
<i>Ankeny</i>	1-13
<i>Lincoln</i>	13-8, 11-1
<i>Roosevelt</i>	5-8, 9-0
<i>Mershonville</i>	3-7, 3-7
<i>Hoover</i>	14-4, 16-0
<i>Johnston</i>	6-5, 4-0
<i>Ottumwa</i>	4-3, 6-5
<i>North</i>	22-3, 27-1
<i>Waukee</i>	3-10, 2-3
<i>Lincoln</i>	13-7, 6-6
<i>Dowling</i>	4-7, 8-12
<i>Roosevelt</i>	3-2, 1-9
<i>SE Polk</i>	17-9, 14-4
<i>Hoover</i>	9-7, 15-5
<i>Volley</i>	2-5, 2-6
<i>Ottumwa</i>	2-3, 0-4

<i>L</i>	<i>Ankeny</i>	1-7
<i>W</i>	<i>Albia</i>	1-0
<i>W</i>	<i>Lincoln</i>	1-0
<i>L</i>	<i>Johnson</i>	0-9
<i>W</i>	<i>ADM</i>	4-2
<i>W</i>	<i>Moson City</i>	0-0
<i>L</i>	<i>Volley</i>	0-3
<i>T</i>	<i>Hoover</i>	1-1
<i>T</i>	<i>Newton</i>	1-1
<i>L</i>	<i>Roosevelt</i>	3-5
<i>L</i>	<i>Hoover</i>	0-3
<i>T</i>	<i>Indianola</i>	1-1
<i>L</i>	<i>ADM</i>	4-5
<i>W</i>	<i>North</i>	2-1



JV Softball

Front Row: Jennifer McDaniel, Kelsi McGuen, Kelcey Young, Paige Gee, Brittany Gochala. Row 2: Ashley Steben, Makanani Scarlett, Caitlyn Carmichael, Heather Kingen, Taylor Warren, Mattison Sellers. Back Row: dropped, Asst. Coach Nicole Wood, Mgr. Allie Carrick, Coach Thana Heller, Kylie Vry. Not Pictured: Missy Ulmer, Jamie Belcher.

W	Ankeny	3-0
W	Jahnsan	2-0
W	Lincoln	5-0
W	Roosevelt	7-3
W	Winterset	10-2
W	Indianala	7-1
L	Urbandale	0-3
W	Haaver	6-1
W	Dawling	2-0
L, W	Ottumwa	0-1, 9-0
W	CR Jefferson	4-0
W	Clear Creek	5-0
W	North	11-1
W	Lincoln	9-0
W	W. Gronger	13-1
W	Burlington	5-0
W	Winterset	2-1
W	Roosevelt	12-0
W	Waukeee	3-0
W	Hoover	9-0
W	Valley	4-1
W, W	Ottumwa	6-0, 3-0
Tie	Valley	0-0
W	Oskaloosa	6-0
W	Newtan	6-0
L	Dowling	0-5
W	Indianala	4-0



Varsity Softball

Front Row: Jessica Cockerham, Caitlyn Carmichael, Paige Gee, Kim Robinson, Jennifer McDaniel, Angie Baumeister. Row 2: Ashley Steben, Mattison Sellers, Samantha Waters, Carrie Hatfield, Amanda Enochs, Taylor Warren, Missy Ulmer. Back Row: Jennifer Radley, Kylie Vry, Asst. Coach Jerry Collins, Coach Bob Ligouri, Asst. Coach Nicole Wood, Asst. Coach Thana Heller, Whitney Link, Amanda Zust. Not Pictured: Asst. Coach Bob Savage.

W, W	Ankeny	10-0	9-3
L, L	Jahnsan	1-1	3-6
W	S. Hamilton	1-0	
W	Waukeee	5-4	
W, W	Lincoln	7-0	10-0
W, W	Roosevelt	9-0	8-0
W	IA City Regina	7-0	
W	Mid-Prairie	17-0	
W, W	Haaver	9-0	10-1
W	Dowling	9-2	
L, W	Ottumwa	0-2	4-2
W	Wapello	12-0	
W	Albia	10-0	
W	Clear Creek	10-0	
W	Dovercourt W.	3-0	
W, W	North	2-1	5-3
W, W	Lincoln	8-0	4-2
W	Narwalk	6-0	
W	Winterset	3-0	
W	C.R. Kennedy	5-0	
W, W	Roosevelt	5-0	7-0
W	Waukeee	11-3	
W, W	Hoover	4-0	5-2
W, W	Ottumuo	9-0	5-0
W	Carlisle	3-2	
L	Pleas. Valley	2-3	
W	Muscotone	9-1	
W	I-35	1-0	
W	Valley	4-3	
W, W	Newtan	8-0	12-0
L	Dowling	2-5	
W	Indionolo	3-0	
W	North	12-0	
W	Waukeee	7-1	
W	C.B. Jeffersan	6-0	
W	Bettendorf	2-1	
W	Fort Dodge	2-0	
W	Lian-Mor	3-2	



Freshman Softball

Front Row: Paige Gee, Ashley Dameron, Lexi Ficek, Katelynn Smith, Miranda Henderson, Stephanie Janzen. Row 2: Kaitlyn Carpenter, Caitlin Carmichael, Amy Parker, Chelsea Rife, Meribeth Mullin, Allison Kinter. Back Row: Kristin Davis, Ashley Peevey, Taylor Warren, Coach Lowell Long, Tara Bouger, Teighlor Gutierrez, Alli Stuhr. Not Pictured: Asst. Coach Brett Collins.

W, Tie	Lincoln	12-2, 1-1
W, W	Ankeny	4-3, 1-0
W	Roosevelt	4-1
W, L	Jahnsan	3-2, 2-9
L, W	Ottumwa	2-4, 2-6
W, W	North	3-2, 7-0
W, L	Dawling	2-0, 2-3
L, L	Lincoln	3-4, 1-3
W	Roosevelt	8-0
W, W	SE Palk	2-1, 3-1
L, L	Jahnsan	0-1, 3-10
L, L	Valley	2-12, 1-2
W, W	Ottumwa	4-2, 1-0
W	North	10-0
W, L	Dawling	4-1, 4-5
W, L	Indianala	10-6, 2-4
W	North	6-0



JV Girls' Soccer

Front Row: Yolanda Marquez, Jackie Gonzalez, Dalila Carrasco, Katie Price, Linda Phanavoung. Row 2: Chelsea Larsen, Jade Manning, Alonso Allen, Back Row: Janet Ramirez, Davie Chan, Alisa Hannah McKeever, Liana Mkhavari, Coach Emily Bollinger, Allie Stuhr, Iryana Kot. Not Pictured: Ashley Etter, Ruby Murri.



Varsity Girls' Soccer

Front Row: Julia Baray, Christina Tharp, Jessica Cantwell, Diamona Lovan, Alyssa Mounphoxay. Row 2: Rachel Diver, Brittany Wilkinson, Melissa Say, Sarah Perkins, Hannah Grimm, Sarah Lown. Back Row: Jenny Cantwell, Becca Hurley, Lisa Colligan, Coach Christian Ezell, Emma Diver, Meredith Breton, Gianni Beer. Not Pictured: Monica Mom.

REunite



Lee Town Relays 2nd
City Series Meet 1st
Ankeny Invit. 3rd
Johnston Relays 3rd
Waukee Relays 2nd
SE Polk Relays 3rd
Urbandale Relays 3rd
Soydel Relays 2nd
Ames Relays 2nd
Winterset Relays 3rd
Metro Conf. Meet 2nd

Girls' Track

Front Row: Mallory Johnson, Shy-Londa Bumpus, Nikki Robbins, Lois Lewis, Jennifer Lyon, Sharmaine Lee, Amy Flaherty, Kaeli Helm, Shahira Robinson, dropped, Tiffanie Porter. Row 2: Jennifer McDaniel, Regina Mosley, Haley Seneca, Brittany Scanlon, Rebecca Phillips, Alexis Ficek, Jessica Tran, Antionae Brown, Narelle Buffalo, Carrie Hatfield. Row 3: Breanna Fousek, Jorden McGriff, Laurel Murphy, Asst. Coach Gayle Burgett, Asst. Coach Phil Hornback, Coach George Davis, Asst. Coach Ken Morton, Asst. Coach Robert Bagley, Morgan Roland, Stephanie Janssens, Cassandra Jensen. Row 4: Shelby Smith, Star Griffin, Samantha Torres, Kyeasha Buckner, Katie Smith, Addison Speck, Mindy Carey, Amanda Enochs. Row 5: Tia Mays, Marylee Adams, Kalynn Fields, Breanna Robinson, Diamond Turner, Kennesha Woods, Cecily Ambroson, Tiara Mays. Not Pictured: Natasha Brumbaugh, Kayla Koepen, Nicole Lukenbill, Makani Scarlet.



Boys' Swimming

Front Row: Jeremy Haltom, Lorenzo Quintinair, Carrothers, Trent Hauser, Jimmy Edwards, Kyle Hutchins, Robert Romore, Evan Timm. Row 2: Grant Voshell, David Carpenter, Jake Hibbard, Austin Boyd, Dustin Medcaris, Jake Edwards, Jamie Farrington. Back Row: Daric Williams, Ethan Van Helton, Robbie Cotter, Ian Beck, Sam Warming, Jared Nachtigal, Zac Mitchell, Thomas Young, Dillon Barber, Head Coach Erin Lowe, Asst. Coach Dustin Cassler.

L	Johnston	57-103
L	Volley	44-126
L	Ankeny	59-111
W	Indianola	87-83
W	Ottumwa	99-71
L	Hoover/North	80-90
L	Newton	68-102
L	Grinnell	78-92
L	Roosevelt	69-101



Boys' Track

Cedar Rapids 5th
Don Graves 1st
Urbandale 5th
Ames 4th
Roosevelt 3rd
Iowa City 4th
Metro Conf. 2nd
Regionals 4th
State 8th

Front Row: Randy Duncan, Dorian Minter, Mykeal Shade, Brian Hensley, Robert Hawthorne, Tanner Luft, Kirk Carter, Tim Bolander. Row 2: Larry Davis, Amara Sama, Jamell Bolden, Brad Davidson, William Chatman, Stuart Hall, R.J. Harris. Row 3: Chris Miller, Doug Feldmann, Coach Mel Green Sr., Coach Mel Green Jr., Asst. Coach Patrick Lewis, Asst. Coach Pug Starevich, DeAngelo Hall, Antonio Carter, Allen VanGundy, Leo Ukpam, Jordan Owen, Sam Sheldon, Aaron Jordan, Neil Issa, Logan Miller. Back Row: Josh Eaton, Justyn Lewis, Brandon Brown, Sam Campbell, Eric Feldmann, Robert Blair, Matt Grochala. Not Pictured: Shane Cross, Daryl Saunders, Darie Douch, C.J. Davis.



Girls' Swimming

Front Row: Capt. Jami Bowen, Alexis Timm, Paige Shannon, Jessica Tran, Tiffany Carroll, Riley Galvin. Row 2: Amanda Cantwell, Kelsey Anderson, Becky Phillips, Nicole Lukenbill, Kayse Barker, Kyle Rowe, Emily Mullen. Row 3: Capt. Breanna Fousek, Jade Manning, Narelle Buffalo, Coach Stan Thompson, Coach Eric Galvin, Megan Thurmond, Alicia Dale, Cara Diamond. Row 4: Vania Boland, Lacy Flaherty, Katie Smith, Brittany Wilkinson, Jocelyn Perkins, Ashley Mendenhall.

L	Ft. Dodge	32-69
W	Algona	62-24
L	Johnston	38-132
L	Grinnell	90-91
L	Ankeny	42-128
L	SE Polk	68-102
W	North	106-66
W	Ottumwa	104-56
W	Perry	123-40
L	Lincoln	58-112
W	Hoover	94-76
L	Roosevelt	53-117

SE Polk Inv.	--
Urbandale Inv.	5th
Hoover Inv.	10th
Volley Inv.	9th
Ames Inv.	11th
Newton Inv.	9th
Waukee Inv.	6th
East Inv.	
9th	
Metro Conf. Meet	CIML
District Meet	5th 10th



Girls' Cross Country

Front Row: Stephanie Janssens, Ariel Jetty, Jennifer Lyon, Naly Bounyalath, Amanda Baumgardner, Pa Vang. Back Row: Lisa Collogan, Kaeli Helm, Coach Kerri Frommelt, Amy Flaherty, Sarah Lown. Not Pictured: Mgr. Karissa Morton.



Wrestling

Front Row: Matt Gogerty, dropped, Taylor Miller, Dalton Price, Nate Williams, Johnny Coleman, Allen Williams, Jordan Henkle, Alex Mendenhall. Row 2: Mike Jones, Brian Hensley, Bryan Loftus, Robbie Hardwick, Dusty McAninch, Ethan Kouri, Tanner Luft, Alex Reynolds. Row 3: Mgr. Chauncy Skeffington, dropped, Tyler Slinger, Sean DeGoey, Asst. Coach James Giboo, Coach Larry Jackson, Asst. Coach Scott Rourke, dropped, Chris Scott, dropped, Mgr. Katie Price. Back Row: Spencer Smith, Zach Filsinger, dropped, Gregory Johnston, Kyle Kilby, Karl Althaus, Bojan Djukic, Elija Seymour, Stephen Shabazz, Richard Harris, Tyler Rounds, Zach Farris, Michael Beem. Not Pictured: Cody Price, Jordan Wentland, Matt Webb, Aaron DeGoey, William Heuermann, Zach Downing, Michael Gonzales, Jeremiah Harrington, Anthony Flagg, Johnny Wentland.

W	Johnston	37-26
W	DC Grimes Tour.	1 st
W	WDM Volley	32-27
	Soydel Tour.	1 st
W	Ames	42-29
	SE Polk Tour.	4 th
W	North/Hoover	46-25
	Ottumwa Tour.	2 nd
L	Ottumwa	36-39
W	Choriton	54-24
L	Norfolk	21-42
W	Lincoln	48-21
	Nevado Tour.	1 st
	Ames Invit.	6 th
W	Roosevelt	38-32
	Conf. Tour.	4 th
	3A District Tour.	2 nd
	Stote	16 th



Boys' Cross Country

Front Row: Johnny Coleman, Chris Miller, Luis Mata, Tanner Luft, Michael Gonzales. Row 2: Mgr. Chelsea Devilbiss, Travis Edvenson, Nick Newcomb, Ben Listen, Taylor Whittington, Phoutsack Keopraseth. Back Row: Ian Beck, Richard Harris, Coach Melvin Green, Logan Miller, Carlton Davis. Not Pictured: Austen Winterbottom.

CHAMPIONS



JOHNNY COLEMAN

Sophomore Johnny Coleman was a state qualifier. He was the CIML's 103 champion. Coleman ended with an overall mark of second in the state.



DUSTY MCANINCH

Senior Dusty McAninch wrestled at a weight of 135 pounds. McAninch was successful winning his first bout on the second day but lost his next two. McAninch was 1-2-1 to place fourth in the state tournament.



BOJAN DJUKIC

Senior Bojan Djukic weighed 215 pounds and easily pinned his opponents in his first two matches. In his last match, he struggled and ended up losing a close match of 3-2 which ranked him 3rd in the state.



CODY PRICE

Sophomore Cody Price wrestled at a weight of 130 pounds. Price had his own for over 4 minutes but ended up being pinned and was out the rest of



NATE WILLIAMS

Senior and team captain Nate Williams qualified for the state tournament. Williams was one of the only four state qualifiers from our school. See the wrestling section on page 55-56.

WRESTLING



IAN BECK



ZACK MITCHELL



JAKE EDWARDS



JAMIE FARINGTON

BOYS' SWIMMING

Senior Ian Beck was a state qualifier for the 100 yard butterfly. Not only did hequal 16th in state, he broke the school's 1986 school record with a time of 55.02. Beck, along with Freshman Zack Mitchell, seniors Jake Edwards and Norway sophomore Jamie Farington were the only swimmers to qualify for the state meet. They placed 16th in the 24th in state. To read more about swimming see page 42-43.

GIRLS' BASKETBALL

The girls' basketball team finished with an impressive record of 19-5 at the end of their season. When the team won a victory over Marshalltown and Waterloo, they qualified for the state game. Girls' Basketball hasn't qualified for state since 1990. The girls fought hard against Valley in the first round of state tournaments. That game ended with a loss of 41-38. The girls still made our top 100 in the state. To read more about the girls' basketball season, see pages 122-123.



The Winter Guard Placed 2nd this year at the ISDTA State competition in December. Their show was entitled *Angels* and was in remembrance of September 11th victims. The squad worked with their coach Michelle Eggleston, and choreographer Deer Tamie, who has been working with the guard for the past 7 years. The guard has won 1st place in the state competition for the last 3 years.

WINTERGUARD SOFTBALL

The girls' softball team had an impressive season. They had a career-best winning record of 45-5. There were many games that were close, but the softball team took control of the outcome. They got off to a slow start, but then started winning in September. They made it to the state game, but lost to Iowa City West and have another opportunity to win next year. The softball team finished the season in fourth place.



another part of that mindfulness concept is
the ability to relate to all types of people and
see what they can contribute.

-paul gleason



le



people

169

Class of 2010

freshmen

Ahmed Abdelrahim
Afton Abel
Marvene Ackiss
Abreen Al-Hameed
Hugo Alanis-Vega



Al Alcantara-Garcia
Kristin Alexander
Lindsey Alford
Gavin Althaus
Dulcea Anaya VI



Kayla Andrews
Deryk Arnett-Delk
Cicilia Atary
John Auch
Tyler Avant



Humberto Avila
William Aviles
Dustin Axland
Nicole Baccam
Ellis Balark



Cleighton Barber
Dillion Barber
Kelsie Barnard
Nicholas Barnes
Cody Barrett



Michael Battin
Drew Becker
Michael Beem
Brittney Beery
Ryan Beggs



Ceria Bekish
Michael Belger
Buddy Beliel
Jacob Bellman
Kody Bellman



Zachary Bennett
Cherish Bensley
Alyson Bernardino
Michelle Bernardino
Victoria Bernardino





Latisha Besaw
Wilmer Betancourt
Aaron Biddle
Ryan Bishop
Emily Black
Misty Black
Heather Blacksmith



Brandon Scott Blaine
Mathew Blue
Sarah Boeckholt
Vania Boland
Arion Boston
Austin Boyd
Micole Boyd



Miranda Breheny
Dylon Brewer
Justin Brooks
Alex Brouwer
Emily Brown
Jocelyn Brown
Darrius Bryson



Karmen Buchanan
Doyle Buckner
Sopheavy Bunhoeun
Joram Burg
Damon Burgett
Samantha Burgett
Brady Burrows



Anthony Bush
Kelsey Butrick
Michael Butts
Ariel Byers
Ariole S. Byrd
Keyara Byrd
Rosemarie Cam



Laura Camarena
Britney Cameron
Janyssa Camp-Cunningham
Julia Cancino
Karina Canizales
Rafael Cardenas
Sergio Cardenas



Levi Cardines
Taylor Carlisle
Gary Carlson
Caitlyn Carmichael
Jessica Carmona
Kaitlyn Carpenter
Shelby Carr



Carmen Carrasco
Daniel Carrillo-Ceniceros
Matthew Carter
Troy Chandler
Nicholas Chappell
Jonathan Chase

handa Christenson
lynn Christiansen
Dennis Clement, Jr.
Jonathan Cole
Kevin Cole
Steven Coleman
umber Conway



Stephen Cook
amara Cooper
mine Cordaro
adolfo Correa
yle Cox
istine Crewse
helsea Crone

Joshua Cruz
aniel Dak
ontrez Dameron
hawna Darnall
aylee Darr
imee Davis
shley Dawson

Q:

"pretty"
Korbi McCasland

"hott"
Elex Nouchanthavong

"random"
Rosie Cam

"exceptional"
Sanna Sayavong

In a word, what

Cody D'Amato
James Deaton
James Deaton
Sean Degoev
Tabre Delaney
Aaron Dennie
Ethan Denton

Chelsea Deo
Cara Diamond
Jennifer Diaz
Dustin Dillinger
Claire Diver
Zachary Downing
topher Duckworth

ordan Duckworth
Madison Duncan
Eric Dunigan
Richard Duntz
Ermin Dupanovic
Nathan Dzon
Tabatha Eddins

Destiny Eddy
Brothea Eisermann
Chad L. Elliott
Adam Elsinga
no Evouna-Ohane
Jacob Farnsworth



Aubin



Tabitha Fast
Raymond Fees
Dearrius Ferguson
Lacie Fetters
Jessica Fitzgerald
Anthony Flagg
Zachary Flickinger



Kapri Francis
Aaron Fredricksen
Sadie Galvan
Riley Galvin
Roman Gamble
Juan Garcia
Lauren Garretts



Sierra Gearhart
Paige Gee
Ricky Ginn
Premnarayan Gobin
Matthew Gogerty
Brian J. Goheen
Patricia Gomez

"silly" "spontaneous"
Holly Meysenburg
Sopheavy Bunhoeun
describes you ?

"squeaky"
Seirra Smith



Michael Gonzales
Brandon Goodell
Cicely Gordon
Victoria Gowdy
Jessica Graham
Kylie Grantham
Tyler Griffin



Tyler J. Griffin
Jessica Grimm
Alexander Grochala
Kayla Groh
Jacob Grommet
John Grove
Leslie Guadarrama



Miguel Guerrero
Teighlor Gutierrez
Dunlap Hall
Quintin Hall
Sierra Hall
Tiffany Haltom
Adam Hamblin



Nicholas Hamilton
Cody Hampe
Holly Hardenbrook
Nolan Harding
Charlie Harper
Jeremiah Harrington

Deandre Harris
Jamie Harris
Travis Hartgers
Devontray Heard
Matthew Heggen
Mike Henning
Larry Herman



Alyssa Hernandez
Danielle Urzua
Kelliuevann
Colin Hewitt
Luisa Hidalgo
Elizabeth Hilt
Kelly Hinman



Seth Hinshaw
Dallion Hites
Christian Hochstetler
Evan Holleran
Jami Howard
Jacob Howser
Wendy Huchim-Garcia



Derek Hunsley
Kate Hurley
Sharaya Jackson
Terrance James
Melody Jaros
Devaughn Jenkins
Shelby Jenkins



Crystal Jensen
Tyler Jensen
Steven Jilek
Domingo Jimenez
Bria Johnson
Latishia Johnson
Royan Johnson



Samantha J. Johnson
Zachary Johnson
Ambreyana Jones
Brett Jones
Learie Jones
Michael Jones, Jr.
Samuel Juarez

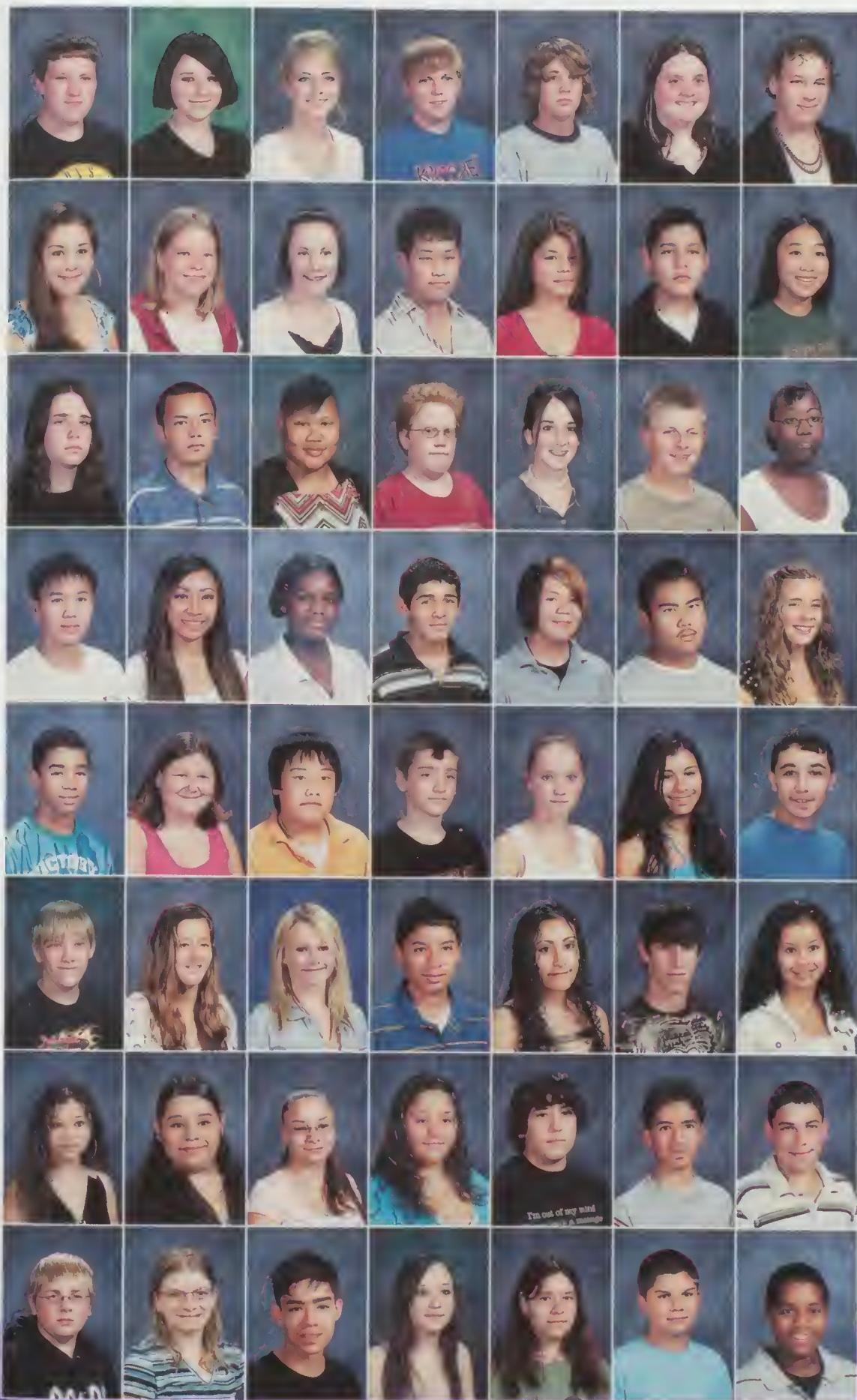


Kyle Kain
Madison Kasper
Jacob Keeney
Bradley Kelmer
Patty Kelsey
Tyrae Kemp
Desiree Kerber



Joseph Khammany
Chael Khamphasong
Ryan Khounlo
Bradley Killen
Dennis Kimmel, Jr.





Phillip Kochheiser
Kayla Kreitz
Jade Kreutz
Caleb Kristufek
Jacob Ladurini
Stacey Lakers
Gregory Lambert

Alicia Landeros
Amber Landon
McKinzie Langerud
Dang Le
Thu Le
Ricardo Leanos
Mor Lee

Nathan Leete
Kiefer Lem Van
Keiyana Lewis
Michael Lewis
Jessica Lippold
Benjamin Liston
Khisheka Little

David Lo
Soriya Loeurng
Shakilah Long
Alexander Longoria
Isaac Lovan
Benson Lu
Taylor Luft

Dashean Lund
Jalynn Lundbohum
Linoung Ly
Jacob Lynch
Lacey Lynch
Alejandra MacEda
David Macias

Tyler Maddex
Ariel Major
Amber Malloy
James Mangra
Mariela Maria-Mendoza
Steven Marquer
Alma Marquez

Gabriela Marquez
Madelin Marquez
Crystal Martin
Alejandra Martinez
Ernest Martinez
Jose Martinez
Miguel Mata

David McCartney II
Korbi McCasland
Sean McClish
Katelyn McCormick
Jessica McCuen

Richard McGuire
Martasha McKenzie
Stuart McNeeley
Dustin Medearis
Alex Mendenhall
Mendenhall
Lily Mendez



Nicole Mesta
Evgenburg
Andy Mickle
Cor Millard
Katherine Miller
Linda Mills
Katie Mitchell



Jonathan Mom
Chelsy Mongar
Edison Moody
David Moore
Justin Morrill
Roberta Morrow
Melissa Morton



Chelsea Mullin
Angel Munoz
Tracey Mure
Merissa Muroki
Tyler Murray
Trevor Nail-Umanzor
Malaytong Naovarath



Jessica Nerison
Jerrica Newberry
Lan Nguyen
Nancy Nguyen
Susan Nguyen
Toan Nguyen
Uyen Nguyen



Kenneth Nichols
Joey Nicholson
Gabriella Niswander
Zoe Niswander
Jordan Noring
Maria Nouchanthavong
Katie Nutt



Travis Oertwig
Jennifer Olson
Nickolas Olson
Jenna Osborn
Lot Ounaphom
Casey Ouverson
Zachary Overton



Emma Palomeque
Tiffany Paramore
Kelly Parcel
Kristopher Parsons
Kamylle Patterson
Steven Pederson

"What's your BIGGEST fear?"

"Being alone
for extended
periods of
time."

Ryan Beggs

"I'm afraid of the dark and being judged"

M'ya Williams

"Guns"
Toan Nguyen

"Angry girls"

Seth "sha"

"I'm not afraid of death, just the time you have left"

Devin Stuve

"spiders"

Liz Hilt

Rosie Cam

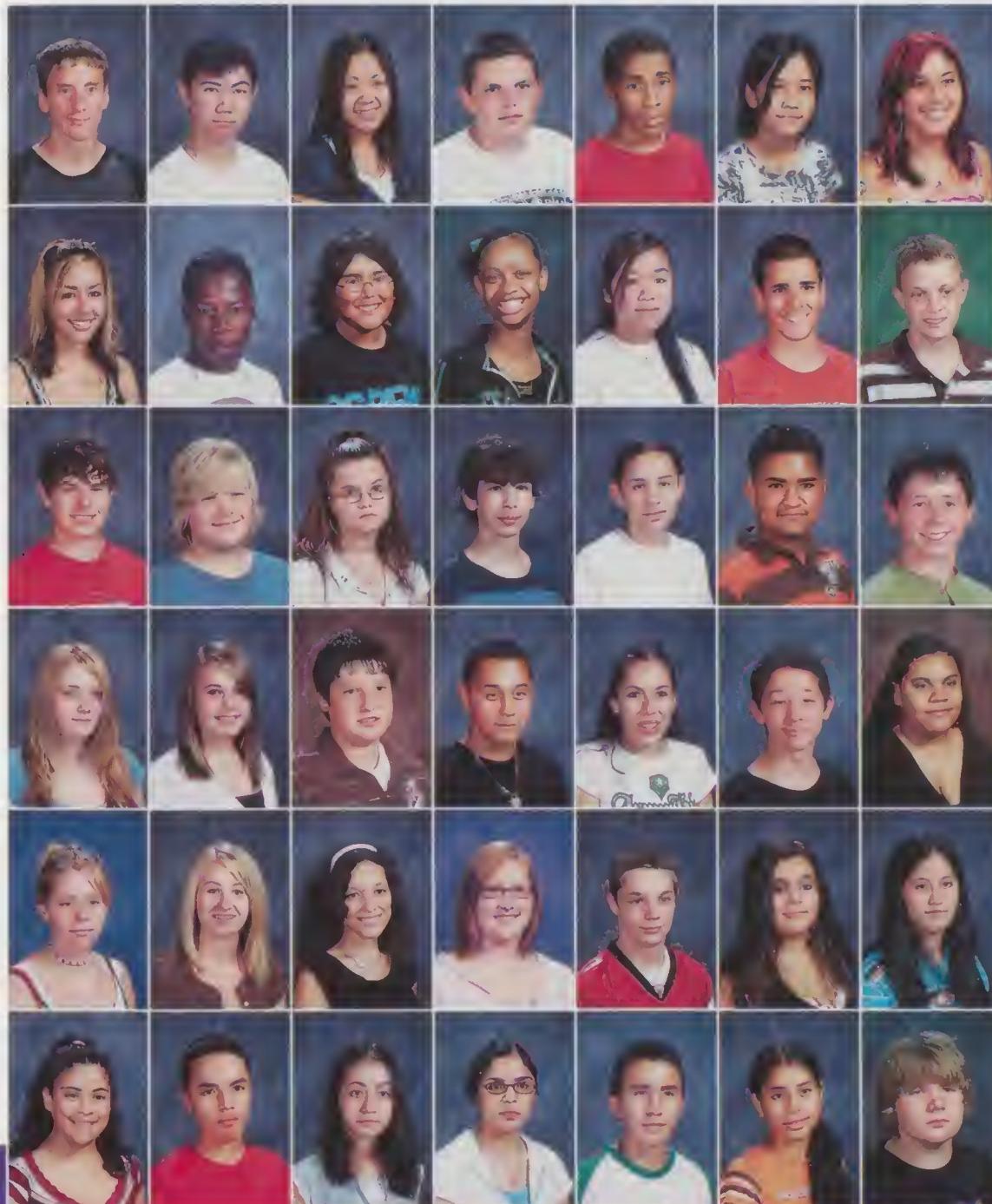
"dying!"

Sanna Sayavong

Nicole Baccam
Brenda Thephavong

"change"

Nancy Nguyen



Troy Perez
Minh Phan
Davina Phaviset
Bryan Phillips
Leon Phillips
Carolyn Phongphachone
Fabiola Plascencia

Jesenia Puga
Prince Pyne
Lorenzo Quintanar
Zazetta Rankins
Sophie Rasavady
Jacob Reed
Nathan Rehm

Nicholas Reich
Mathew Reimer
Lacey Reimers
James Reinier
Jessica Reyes
Jose Reyes
Alex Reynolds

Rene Reynolds
Elizabeth Rife
Kole Rivas
Luis Rivas
Nereida Rivas-Correa
Larry Robb
Amanda Robbins

Kelsey Robbins
Tiffany Robbins
Ashlyn Robinson
Kelsey Robinson
Mason Robinson
Natalia Robles
Ana Rodriguez

Byanca Rodriguez
Cristian Rodriguez
Maria Rodriguez
Mariana Rodriguez
Martin Rodriguez
Perla Rodriguez Vega

George Romero
Tyler Rounds
Megan Rowat
Dustin Rowe
Kami Rowe
Linson Rowe
Ayelle Ruby



James Ruby
Lacey Ruiz
Victor Ruiz
Laia Rushing
Livo Salcedo
La San Elias
Sanderman



Taylor Sanders
Alonso Sandoval
Maria Sandoval
Erika Satern
Matthew Say
Sanna Sayavong
Adam Scarlett



Rhiannon Schaff
Justin Scheffers
Amanda Schibner
Connie Schillinger
Zachary Schipper
Jessica Schnoebelen
Caitlin Schuler



Jacob Schultz
Shley Schumacher
a Schwartztrauber
Christian Scott
Tyler Seher
Raheem Semper
Scott Senecaute



Cody Shepherd
Veronica Shoafstall
Benjamin Sigmund
Antoinette Sims
Tyler Slinger
Alexandria Smith
Cari L. Smith



Danielle Smith
Dashawn Smith
Daveion Smith
David Smith
James Smith
Jayanna Smith
Seirra Smith



Spencer Smith
Tiffany Smith
Sarah Son
Leslie Sotelo-Mata
elody Sotelo-Mata
Jeremy Spencer





Courtney Spurgeon
Matthew Steward
Ethan Stewart
Travis Stewart
Rhonda Stookey
Stephen Storm
Meri Stoutenburg



Sunshine Streep
Kara Stroud
Devan Stuve
Kelsey Summy
Errol Sutton
David Sysombath
Francisco Tavera



Kierra Taylor
Zackary Templeton
Khennedy Terrell
Dante Terry
Brenda Thephavong
Pinda Thepkome
Dustyn Thomas



Joshua Thompson
Julian Thompson
Tongkou Thor
Evan Timm
Jacob Tinsley
Joshua Torres
Maria Torres



Charles Tran
Yoali Trejo
Brittney Trigg
Zaklina Tudovic
Esther Turay
Tara Turner
Taylor Turner



Nicholas Tuttle
Nadia Tyler
Brittany Van Dyke
Cody Van Winkle
Joseph Vanderschoor
Va Vang
Luis Velazquez



Jennifer Vong
Grant Voshell
Tyler Vry
Kelsey Walker
Brittany Walton
Kayla Ward
Taylor M. Warren



Brandy Wasson
Sierra Waters
Victoria Waters
Nikole Webb
Zach Wells
Timothy Wendel

Daejore White
Kaylee White
Kelsey Whitfield
Carly Wiezorek
Jerry Wiles
Wilkerson
Wilkinson



a Williams
a Williams
n Williams
a Williams
a Williams
n Williams
dy Wilson

Robert Wilson Cross
Kayla Wisnousky
Brian Wolfe
Michael Wolfe
Christopher Wollesen
Sara Wom
Samantha Wood

autographs



Tyler Wood
Teenah Woodard
Kayla Woods
Joshua Worden
Anthony Wright
Melissa Wright
Samuel Yang



Ashley Young
Chelsea Young
Clayton D. Young
Courtney Young
Thomas Young
Eli Zambrano
Leonel Zamora

Ismael Zelaya



[camera shy]
[c'mere, I say]

Adame, Jorge
Allen, Aaron
Allensworth, Kelsie
Amaya, Vilma
Ayul, Angoa
Baugher, Leilani
Bieghler, Tiffany
Brimson, Bethany
Bumpus, Montinique
Cantwell, Amanda
Carmenatte, David
Carpenter, Rebekah
Collins, Taylor
Dalton, Destiny
Dominguez, Jessica
Fertig, Justin
Fischer, Chandelle
Flores-Glavez, Faviola
Herron, Quntonio
Inthavong, Arirath
Jackson, Sharaya
Kirkpatrick, Joshua
Lacey, Curtis

Lohner, Kayla
Lor, Matthew
Maize, Daniel
McClain, Donny
McCullough, William
McElvogue, Crystal
McErlean, Aften
McMenamin, Aaron
Morales, Gustavo
Poe, Danielle
Reyolds, Randi
Robinson, Eunequa
Robinson, Sean
Rodriguez, Jasmine
Smith, Angelique
Smith, Cody
Smith, Lamonte
Thompson, Anthony
Valadez, Marcos
Williamson, Jacob
Woods, Markie
Word, Deontae

Not Only at East

Valley

Dowling

Johnson

North

SENIOR Susan Moreno is employed by JC Penny and works in the shoe department. She rearranges them in order because it's her responsibility to as an employee.

J
C
P
E
N
N
Y

B
U
R
G
I
N
G
R



Catching a break with a pop in hand is **SENIOR** Kelly, who works at **BURGER KING** in the drive-through.

JOBS

Stock boy **QT**

Taking empty boxes back to the dumpster is Quik Trip employee, **SENIOR** Jason Golden. Golden has been working at Quik Trip for a year and 1/2.

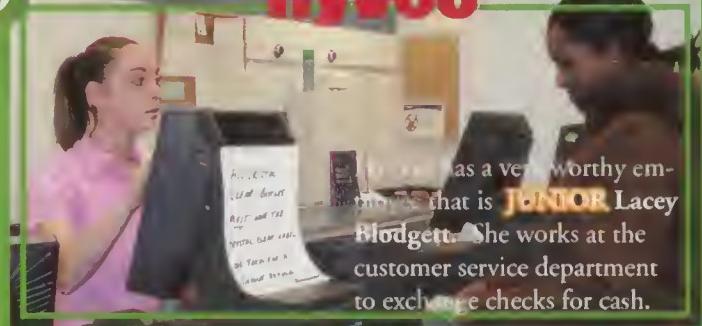


Cashier **SEARS**

Making a big sale on a flat screen TV is **SENIOR** Jose Trejo. He works at Sears branch of Southridge Mall as a cashier and floor attendant.



Hy-Vee



Sales Asse **Radio Shack**

EARLY GRADUATE

Samantha Ritter has been working at Radioshack for 3 months as of February 2000. She hopes to get promoted a manager in the future.



"A job gives you the opportunity to show how much of a hard worker you really are. When you work, it gives you the resp

Class of 2009 Sophomores

Yuzuru Abe
Iris Aguila
Carolina Aguilar
Jorge Aguilar
Cecily Ambrosen



Doran Anderson
Stacy Anderson
Sydney Armater
Larry Armstrong
Todd Arnold



John Audas
Martha Avila
Socorro Avila
Carlos Aviles
Edin Aviles



Christopher Baccam
Coby Baccam
Rido Baccam
Jacob Bailiff
Brandi Ball



Emily Banks
Michael Barr
Patricia Barton
Erik Bason
Gage Bauer



Amanda Baumgardner
Marlene Bautista
Sammie Beal
Kenli Beck
Jalessa Beechum

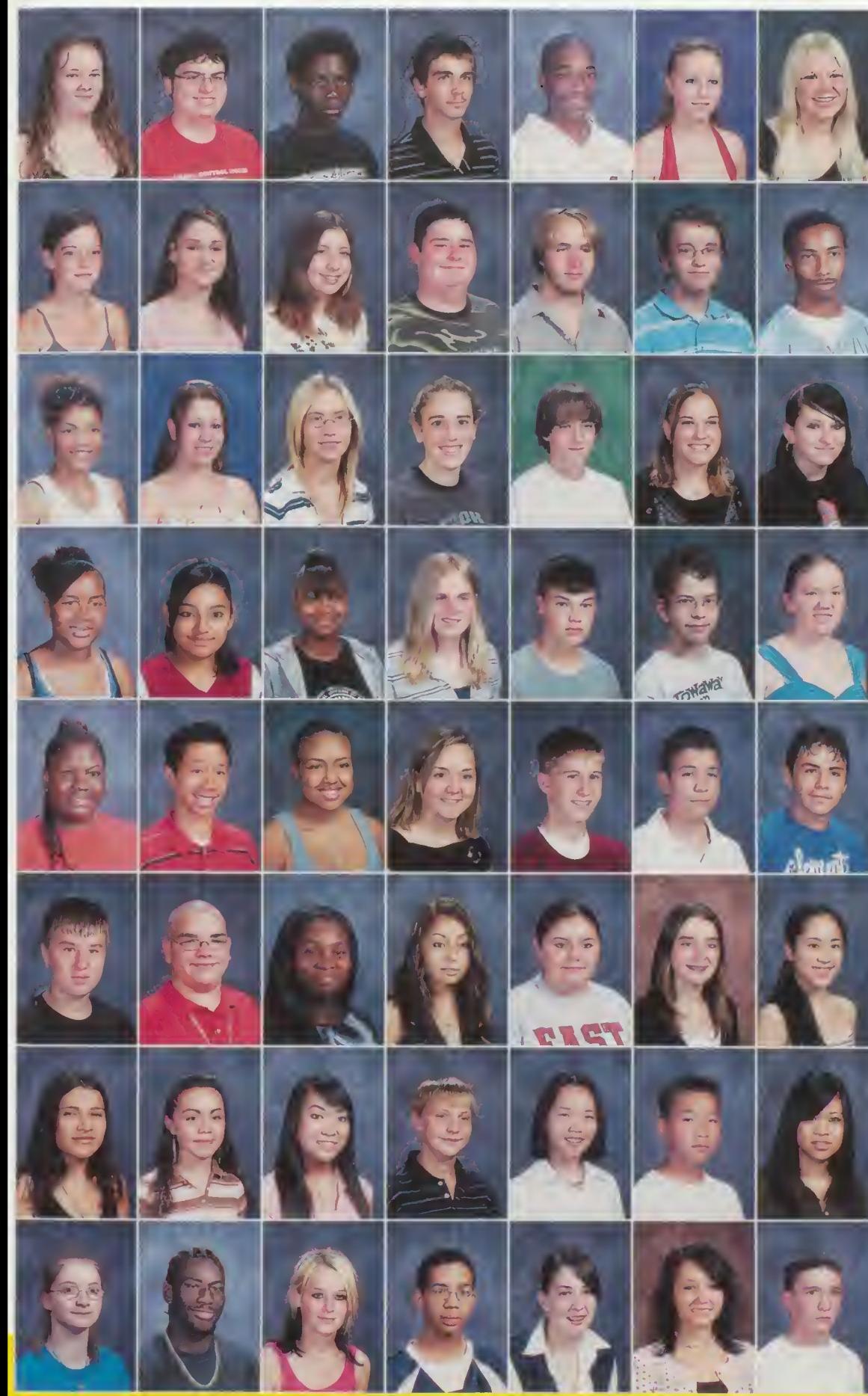


Miranda Beerbower
Samantha Belger
Gerardo Benavidez
Jamie Bentley
Luis Bernabe



Catherine Berst
Alyssa Betts
Erik Bishop
Kyle Blair
Robert Blair





Falyn Blakely
Damion Blasnitz
Demetreis Bloch
Jacob Blodgett
Jamell Bolden
Jody Borton
Tara Bougner

Kaydie Boyd
Nichole Boyd
Courtney Bozman
Andrew Bradley
Michael Branson
Andrew Brewer
Aaron Brown

Antionae Brown
Lacey Brown
Tia Brown
Kayla Bruce
Thomas Brugioni
Stephanie Brumbaugh
Alisha Buchman

Kyeasha Buckner
De Shane Buffalo
Shy-Londa Bumpus
Faith Burnett
Morgan Bush
Robert Byron
Kerissa Cain

Thelma Cain
Ryan Cam
Ebony Cameron
Andrea Campbell
Samuel Campbell
Estefan Cardenas
Saul Cardenas

Justin Carder
Micheal Carolus
Manasha Carr
Yuridia Carrasco
Jessica Casner
Christine Cassill
Nari Cavan

Fatima Ceballos
Jessica Ceballos
Jenny Chai
Justin Chamberlain
Jennifer Chang
Kai Chanthakham
Emily Chanthavisouk

Margery Chase
William Chatman
Ashley Clark
Corey Clay
Melody Cleaver
Jasmien Clouse
Johnny Coleman

sophomores

185

Emily Colvert
Rodney Conn
Cillian Conner
Larissa Connell
Tabitha Consolver
Gaspar Contreras
Charles Cook



Nichole Cook
Ludwing Cornejo
Jacob Cornelison
Giselle Corona
Jenny Cortes
Michele Cory
Andre Coyle

Joshua Cozad
Robbie Crane
Melissa Crawford
Abbie Cross
Anthony Cross
Shane Cross
Jose Cruz

Q:

If you could live anywhere,
where would it be?

"Right here in Des Moines,
home sweet home!"

Nude beach
full of girls!"

Jordan Harmon

Kaydie Boyd

Michael Dunn
Joshua Cunig
Joey Cunig
Ashley Dameron
Michael Davidson
Kristen Davies
David Davis

Mandy Davis
Robert Davis
Whitney Davis-Vacco
Brad Davison
Jordan Dawson
Russell Daye
Angel Decker

Jeremiah Deever
Justin Defrancisco
Anthony Delisle
Kirsten Dellaca
Christina Demoss
Kristina Denin
Arnesha Dennie

Paulina Do
Tram Do
Neil Dobson
Kendi Dockum
Nathan Donahue
Julieann Drake
Matthew Drew





John Drewes
Matthew Dulaney
Shelby Eckardt
Travis Edvenson
Justin Edwards
Natasha Ellis
Taylor Erickson

Ieshia Evans
Fatima Fagory
Kimberly Faux
Eric Feldmann
Samantha Fertig
Kelly Fetters
Alexis Ficek

Kalynn Fields
Eric Fierro
Alex Finn
Dennis Flanders
Robert Fogl
Kody Ford
Eric Frure

"Barcelona, it's the best spot
England or Brazil. My life is soccer and in the world to ride BMX, it's
I like the teams from both countries." what I do."

Darika Kouangvan

Matt Webb

"New Zealand because it's always
warm down there."

Charles Higles



Jessie Frazier
Josh Fredriksen
Brandon Freerksen
Jeffrey Frye
Anthony Funaro
Megan Gabriel
Seth Gagle

Jessica Gaines
Hector Garcia
Tineesha Gibson
Ryan Gile
Kayla Glover
Mariah Glynn
Elizabeth Godoy

Ashley Gogerty
Lacey Gomez
Jacqueline Gonzalez
Tailar Good
Robert Grafton
Nicole Grant
Brooke Green

Rebecca Green
Roman Gregg
Elizabeth Groh
Bailey Grunsted
Kerrie Gruwell
Casey Gulling
Jeremy Gulling

sophomores

187

Nicole Gutierrez-Leon
Dustin Hadley
Heaven Hadley
Kathren Hadley
Amber Hager
Anthony Hall
I'Ston Hall



Justin Hamilton
Kayla Hanlin
Jordan Harmon
Richard Harris
Jacob Harrison
Selena Harrold
Colten Harvey



James Hastings
Chrisanne Hauser
Robert Hawthorne
Daniel Hellmers
Tessa Hellmers
Miranda Henderson
Jordan Henkle



Brian Hensley
Adrian Hernandez
Jonathan Hernandez
Zaraida Hernandez
Devon Herold
Ashly Hill
Morgan Holcomb



Dorian Holder
Herbert Holder
Christopher Hols
Sara Hon
Paul How
Johnica Hudson
Charles Hughes



Sashekwa Hughes
Natasha Huxford
Elmoiz Ibrahim
Melinda Ivie
Isaiah Jackson
Stephanie Janssens
Iresha Jenkins



Ariel Jetty
Andre Johnson
Samantha Johnson
Skylar Johnson
Gregory Johnston
Johnny Jones
Pearle Jones



Robert Jones
Roda Joseph
Rachel Kennedy
Kelsi Kern
Kevin Kuanthavong
Jessica Kilby
Kayla Kimmel





Delbert King
Joseph Kingery
Allison Kinter
Erin Kochheiser
Darika Kouangvan
Claudia Kyalangalilwa
Sara Ladd



Zachary Laird
David Lammy
Kameran Lampe
Dionna Langford
Samantha Larimer
Corey Le
George Leach



Brandie Lester
Nicole Lester
Kurtis Leuang
Lois Lewis
George Lijadu
Khibresha Little
Maria Lopez



Sadie Lord
Omar Lott
Nisa Lovan
Ashley Lovell
Oscar Lucatero-Trevino
Nicole Lukenbill
Colby Luongvan



Cesar MacEda
Phraitho Madison
Wour Magang
Benjamin Majerus
Yana Makhmuryan
Luke Manley
Ashley Mann



Shardaine Manson
Sharde Manson
Linda Marquez
Norma Marquez
Alec Martin
Corey Massey
Genaro Mata



Stacia Mattix
Beatris Mayorga
Patrick Mburu
Molly McCuddin
David McFarland
Justin McGinn
Theodore McGinnis



Melvin McGregor
Mantez McGuire
Marshall McKay
Richard McKeehan
Hannah McKeever
Sierra McVey
Derrek Meath

sophomores

189

Elizabeth Medina
Eric Michael
James Michael
Michael Midthun
Ashley Miller
Elysia Miller
Tyler Miller



Macey Minor
Zachary Mitchell
Deric Moats
Jesse Moeller
Jorge Montalvo
Madai Montesinos
Jeffrey Moore



Kyle Moore
Mario Moreno-Figueroa
Courtney Morton
Alis Moua
Emily Mullen
Meribeth Mullin
Ruby Murillo



Courtenay Murphy
Morgan Murray
Staci Myers
Levi Nall
Max Naranjo
Joshua Nelson
Kaylee Nelson



Shawn Nelson
Doan Nguyen
Phuc Nguyen
Patrick Nichols
Charles Nicholson
Joseph Nixon
Antonio Nizzi



Cameron Norwood
Jamie Odegaard
Cindy Olivares
Cody Oliver
Danielle Oliver
Kyle Omundson
Albert Ortega



Jordan Owen
Zachary Owens
Elaine Pacha
Daniel Padgett
Ashley Palmer
Christina Palmer
Amy Parker



Devan Parsons
Omar Patino
Steven Patrick
Jessica Patterson
Meleah Patterson
Ashly Peavey
Edward Perkins



"What EXTREMES have you gone to to show your love?"

"I gave a guy a hug once."

Morgan Bush

"I did a back flip."

Luke Manley

"I wrote a poem and baked cookies, it was for my mom."

Shawna Wilson

"I've sung to their answering machine."

Yasday We ons

"What song DESCRIBES you?"

"Boulevard of Broken Dreams by Green Day"

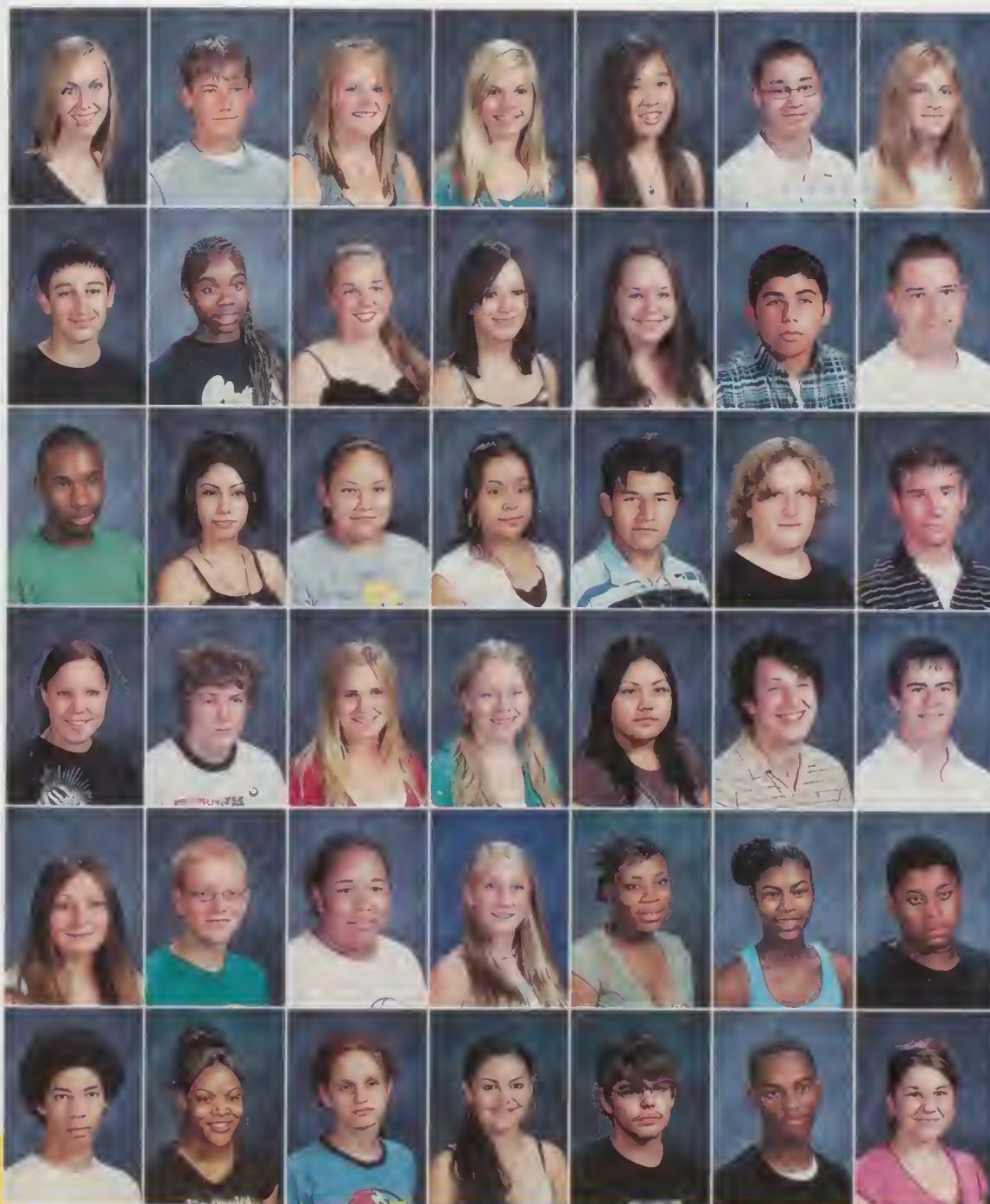
Kyle Moore Lovan

"It's My Life by Bon Jovi"

Lzzay Godoy

"I Will Follow You Into the Dark by Death Cab For Cutie"

Erica Rockey



Jocelyn Perkins
Jacob Peters
Joanna Peters
Jordan Petrie
April Phommavong
Preesa Phondeth
April Poland

Justin Porter
Tiffanie Porter
Katie Price
Starla Rasmussen
Sunday Ratcliffe
Roberto Raya
Richard Reed

Frank Renfro
Janeth Reyes
Judith Reyes
Adriana Reyes-Pintor
Rico Reyna
Corey Rhoades
Gage Rhoades

Elizabeth Richardson
Justin Ridout
Chelsea Rife
Amy Ritchie
Magali Rivera
Micheal Robb
Adam Robbins

Shelby Robbins
Ryan Roberts
Brianna Robinson
Kimberly Robinson
Lachelle Robinson
Lakeitha Robinson
Marvin Robinson

Raymen Robinson
Shahira Robinson
Tiara Robinson
Cecilia Robles
Joseph Robuck
William Rochon
Erica Rockey

sophomores

191

Consuelo Rodriguez
Guadalupe Rodriguez
Jerry Rodriguez
Jesus Rodriguez
Karen Rodriguez
Colin Rogers
Ashley Rooker



Deangelo Rosenbalm
Joshua Rothmayer
Kyle Rowe
Stephanie Rumbaugh
Calab Rustan
Jaymee Ryan
Jacob Sable



Luis Saldana
Aneda Sandoval
Jose Sandoval-Garcia
Maria Sandoval-Garcia
Brittany Scanlon
Tabatha Schaffer
Samantha Scott



Jesus Segovia
Haley Senecaute
Heather Seward
Terreon Shabazz
Sam Sheldon
Charissa Shepherd
Stephen Sheridan



Ilaykham Siakhasone
Tayler Sibert
Shandy Sisamouth
Justin Skalsky
Chauncy Skeffington
Alexandria Slifka
Larry Sloan



Kory Sly
Erin Smith
Katelynn Smith
Kiandre Smith
Marcus Smith
Richard Smith
Shelby Smith



Skylar Smith
Benjamin Snow
Mary Sonderleiter
Brett Spaur
Conner Spinks
Crystal Spurgeon
Robert Starace



Michael State
Tara Stephens
Lyle Stephenson
Anthony Stevens
Donald Stevens
Karlie Stevens
Traesha Stevenson





Thomas Steward
Brittany Stilson
Leah Stockbauer
Justin Stookey
Alyssa Strahl
Allison Stuhr
Tyler Stumme



Christopher Sullivan
John Swackhamer
Johnathon Swanson
Corey Swisher
Bobby Sysombath
Brittany Syvixay
Katelynn Tappan



Jerel Teichroew
Andres Terrones
Randy Tharp
Cameron Thompson
Marissa S. Thompson
Nicki Thompson
Scott Thompson



Megan Thurmond
Nicholas Tiano
Miguel Tinoko
Ashley Titus
William Titus
Samantha Toomer
Samantha Torres



Thomas Torres
Anousone Tran
Lesly Trejo
Aaron Tucker
Diamond Turner
Shanae Turner
Travis Tutje



Horaleo Ukpan
Melissa Ulmer
Bradley Underwood
Paige Updike
Abigail Urbina
Jose Valdez
Rose Van Gundy



Kara Vancleave
Joe Vandermark
Naipong Vang
Pa Vang
Ezequiel Vargas-Palma
Yuri Vargas-Palma
Maria-Moni Velasquez



Ryan Verwers
Jay Villalobos
Aaron Vincent
Kylie Vry
Brooke Wade
Christina Wagner
Jeffrey Walker

sophomores

193

Pamela Walker
Devin Waters
Cheyanne Webb
Matthew Webb
Crystal Weesner
Brittani Weichman
Yasday Wellons



Randy Weltzheimer
Johnny Wentland
Jordan Wentland
Kian Wiand
Matthew Widlund
Markey Wiles
Nicole Wilford-Kirk

Blake Wilkinson
Brittany Wilkinson
Christopher Williams
Travis Williams
Sheena Willson
Derick Wilson
Shawna Wilson

autographs



Tyler Wisnousky
Christopher Wissler
Lacey Woltz
Sento Wong
Katie Woods
Heather Wright
Patience York

Artell Young
Chase Young
Jennifer Young
Lindsey Young
Robert Young
Joshua Zenor
Rosie Zermeno

[camera shy] [kə'merə sʌɪ]

Ackerly, Maegan
Avery, Dustin
Bekish, Sir
Bess, Terrence
Biddle, Chyann
Blanshan, Fulisha
Brewer, Ryan
Brooks, Donald
Brooks, Jacob
Burke, Laroy
Cardona, Andre
Chal, Savonny
Doyle, Robert
Ellis, Chasity
Fallis, Kira
Gallardo, Logan
Gonzales, Sergio
Habeck, Lyric
Haus, Ryan

Jones, Christopher
Meza, Jorge
Mills, Jennifer
Noble, Ashley
Olmos, Silvia
Ordaz, Alejandra
Perez-Lopez,
Virginia
Perez, Gavino
Pettinger, Adam
Phillips, Alyssa
Renderos, Rosa
Rinehart, Alieha
Rushing, Demarco
Shurvington, Dusty
Smith, Derrick
Titus, Nicholas
Warren, Loinesha
Wessel, Amber

class of 2008

juniors

Derek Adams
Marylee Adams
Edward Alarcon
Karen Alcaraz
Alisa Allen



Joseph Anderson
Andrew Anthony
Martha Arambul
Jonathan Arechiga
Iduan Arreola



Jeffrey Aunspach
Matthew Ayala
Jill Ayersman
Monica Baccam
Christina Bailey



Aaron Baker
Steven Bales
Vance Bales
Andrew Ballard
Darby Ballard



Gregory Ballard
Peter Barlean
Ashley Barnes
Tammy Bartley
Kyle Bates



Charli Bauer
Benjamin Baumbach
Mikel Beem
Gianni Beer
Jacob Belcher



Jamie Belcher
Sasha Belieu
Amanda Bellis
Tyler Bemis
Antonio Bernardino



Ashleen Bernardino
Michael Bickle
Jordan Bixler
Cornelius Black
Lennie Bland-Powell





Dillon Blasnitz
Lacey Blodgett
Tionne Bloodsaw
Timothy Bolander
Cody Bosley
Jordan Boston
Naly Boungyalath



Jena Bowen
Cody Bowers
Daniel Bowman
Michael Boyd
Jerome Brewer
David Brickles
Joseph Bright



Carlos Brito
Devonta Brown
Jazmyn Brown
Joshua Brown
Morgan Brown
Charles Brumbaugh
Diero Buchanan



Narelle Buffalo
Damien Cain
Kyle Calaway
Brady Camacho
Mario Canizales
Breanna Carder
Allison Carrick



Tiffany Carroll
Cody Carruthers
Antonio Carter
Devin Carter
Kirk Carter
Patrick Carter
Marcial Castillo



Norma Ceballos
Mia Chagoya
Karla Chamale
Davie Chan
Brett Chapman
Joseph Chase
Tyler Chumbley



Rebeca Clay
Edward Clearwater
Christopher Cleaver
Frank Cochrane
Brian Coe
Amanda Coleman
Catherine Coleman



Ashley Collins
Colton Collins
Misael Colunga
Tarah Combs
Tiffany Consolver
Brissa Contreras
Ashley Coon

James Cook
Alicia Cooper
Kayla Court
Lela Cowherd
Amanda Cox
Steven Crees
Justin Crone

Amanda Croy
Clinton Cunningham
Joshua Curry
Logan Dabney
Priscilla Damron
David Darling
Amanda Davis

Timothy Dawson
Keala Delk
Deng Deng
Panther Deng
John Denin
Jessica Dennie
Antall Diaz-Colunga

Q:



"Denzel Washington, he makes a good leader in the movie *Remember the Titans*."

Aarron Weets

"What celebrity do you want to be?"

"Chad Michael Murray because he's a stud."

Brett Oberermeier

Hillary Dick
Lateef Dick
Emmy Dicker
Aimee Drake
Justin Duckworth
Monica Duckworth
Taqui Dufelmeier

Randy Duncan
Risaun Duncan
Derek Eaton
Cassie Eddins
Adam Eklund
Austin Elder
Emily Ellenwood

Tiffany Elliott
Alyssa Ellis
Nichole Ellis
Jacob Enochs
Jennifer Escobar
Elliott Evans
Christina Fast

Heather Fees
Jacob Fitzgerald
Mayra Flores
Tycarr Floyd
Taurean Forbush
Aislyn Foster
Nathan Foster





Stanley Fredericksen
Michael Garrison
Adam Geiger
Victoria Geppert
Jordan Gillaspy
Craig Gish
Nycole Gomez



Daniel Gonzales
Alondra Gonzalez
Cody Gordon-Young
Eli Gowin
Olivia Graham
Katherine Grimm
Brittany Grochala



Bessie Grutel
Cynthia Guerra
Tiffani Gutierrez
Chase Hall
Deangelo Hall
Courtney Hamilton
Robert Hardwick

"Christian Bales because he's the sexiest man alive!"
Hillary Dickens

"Audrey Hepburn because I love her work."
Paige Shannon

Allen VanGundy
"JJ. Redick. He is most likely the best
shooter to play college basketball and
he happens to be a great guy."

you admire and why?"



Amber Hardwick-Schori
Monica Harkert
Laevon Harris
Tiara Harris
Ashley Hastings
Jacob Hastings
Trent Hauser



Quinton Haygood
Dewey Heaberlin
Logan Hearshman
Timothy Hecker
Alex Heggen
Britni Hellmers
Nathan Henry



Christine Her
Jessica Hernandez
Jose Hernandez
Randi Hewitt
Matthew Hill
Ariel Hilson
Heidi T. Hockensmith



Tremeshia Holder
Elizabeth Holmes
Lindsey Hopper
Mykel Hosek
Bethany Howard
Jonathan Howard
Nicholas Howser

juniors

199

Amber Huggins
Justin Hummel
Nathan Hunsley
Robert Ira
Katrina Irvin
Joseph Jackson
Vanessa Jackson



Vincent Jeffries, Jr.
Kassandra Jensen
Scott Jensen
Jesus Jimenez
Brandie Johnson
Cassie Johnson
Ciera Johnson



Jennifer Johnson
Melissa Johnson
Rayshaw Johnson
Sarah Johnson
Stephanie Johnson
Alissa Jones
Jessica Jones



Tony Jones
Jammie Jorgenson
Ashley Kasper
Burdette Kelsey
Tony Kenesey
Thouhasac Keopraseuth
Tiffany Kern



Brenda Kanthavongsa
Kristi Kifer
Hannah Kilby
Joshua A. Killen
Tom Killen
Heather Kingen
Cody Kittell



Kayla Koeppen
Ethan Kouri
Brandon Labelle
Anthony Lamin
Paul Landers
Thomas Lansing
Chelsea Larsen



Ashley Lawrence
Duy Le
Humberto Lechuga
Ka Lee
Mark Lester
Joshua Lewis
Justyn Lewis



Michelle Liston
Kybray Little
Daniel Lloyd
Austin Locke
Sean Logan
Tammiio Lohf
Jamie Long





Diana Longoria
Ivan Lopez
Crystal Losee
Jacklyn Lovan
Maranda Lovan
Sarah Lown
Audriana Lu



Tanner Luft
Alex Luna
Anthony Luu
Joshua Lyon
Ignacio Maceda
Kayla Madison
Tanisha Madison



Andrew Majerus
Jade Manning
Methta Manyvong
Marisol Marquez
Yolanda Marquez
Andrea Mart
Jessie Martin



Leigha Martin
Luis Martinez
Oscar Mas-Aros
Luis Mata
Alexander Mathis
Tia Mays
Pius Mburu



Kelsi McCuen
Ian McDonald
Sarah McFarland
Giovani McGee
Lori McGee
Robert McGregor
Jorden McGriff



Amber McNeeley
Fortune McOhane
Isabel Mendoza
Abby Meysenburg
Samantha Mila
Thomas Millard
Abigail Miller



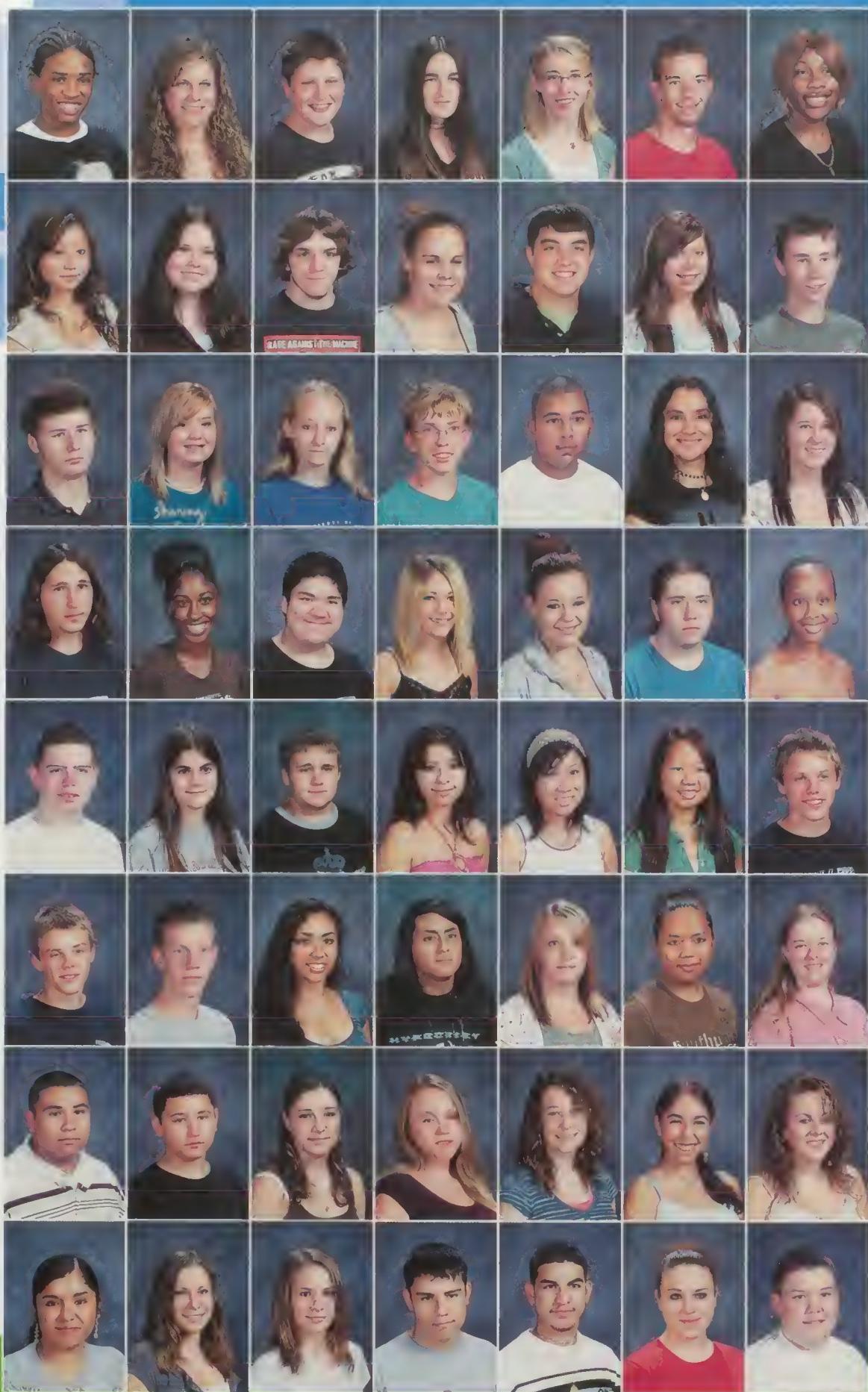
Christopher Miller
Kendra Miller
Kreshawndra Miller
Dorian Minter
Susana Monetti
Nicholas Mongar
Chantell Moody



Leonardo Morales
Ashley Morrill
Joshua Morris
Alyssa Moumphoxay
Allyson Mullin
Amanda Mullin
Nicholas Mullins

juniors **201**

Troy Mure, Jr.
Jurel Murphy
Derry D. Myers
Theresa Neal
Ashley Nelson
Geoffrey Nerison
Itasha Newsome



"Do you want a TATTOO?"

"no!"

Aaron Weets

Phillip Pacha

"I'd get one on my shoulder blade in memory of my grandpa and my cousin."

Cassie Eddins

"I want a tattoo of Elvis, & below it it will say 'the king lives on'"

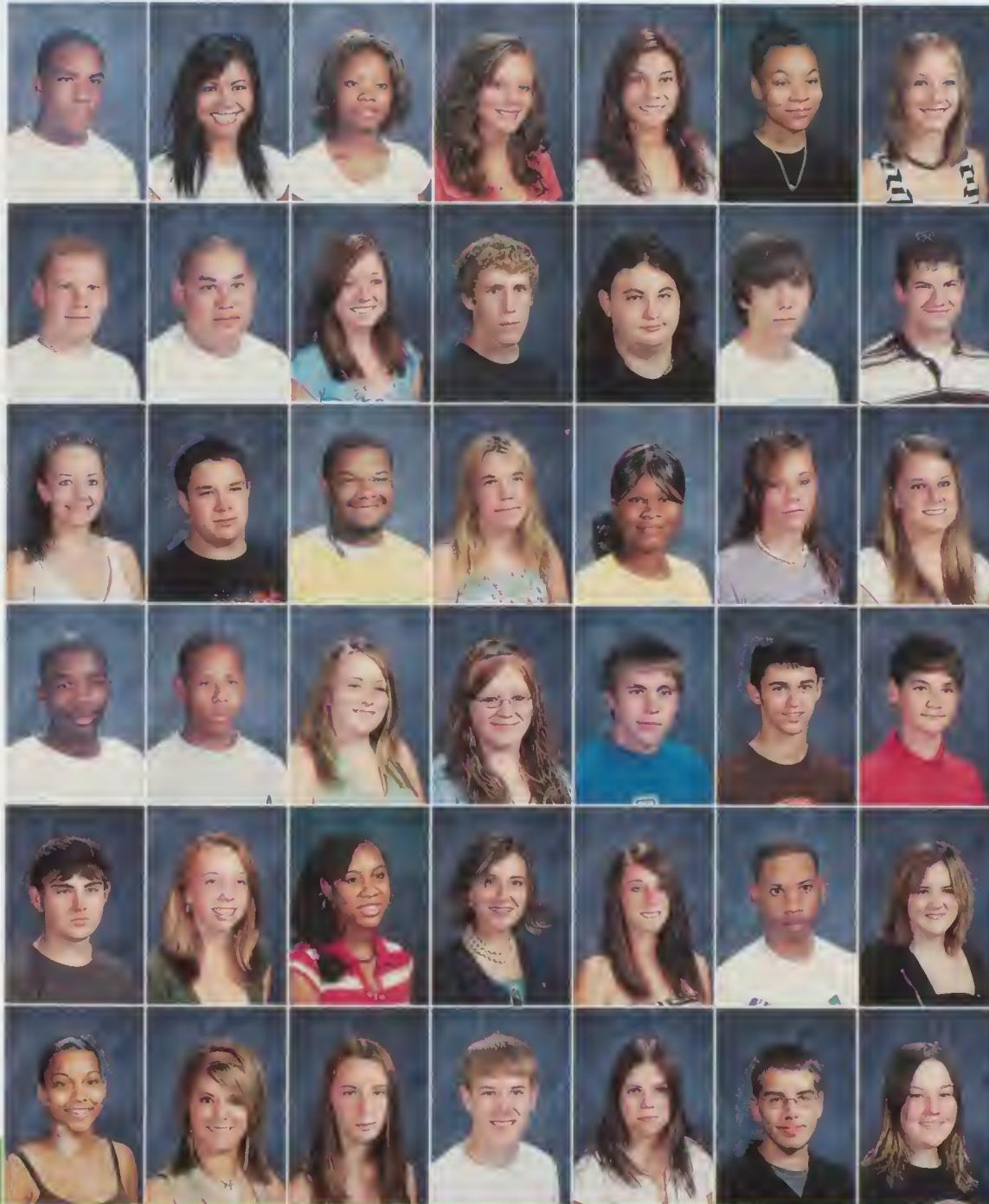
Pennie Bland

"Psycho-Hose-Beast" on my lower back because it's from my favorite movie Wayne's World."

Hillary Dickens

"I want a biohazard flower on the back of my neck."

Gianni Beer



Daryl Saunders
Melissa Say
Princess Sayon
Masyn Sayre
Shalee Scarlett
Samantha Schaffer
Samantha Schibner

Brian Schillinger
Antonio Schmidt
MacKenzie Schmitt
Adam Schmitz
Michael Schock
Cory Schuler
Daniel Schuster

Rachael Schwartztrauber
Craig Scott
Dexxter Scott
Jamie Scott
Brittany Scroggins
Tina Sease
Mattison Sellers

Bryce Shabazz
Mykeal Shade
Paige Shannon
Carrie Sheeler
Jacob Skinner
Richard Slifka
Kyle Slinger

Cody Smith
Jessica Smith
Michelle Smith
Samantha Smith
Stephanie Sorensen
Willieontae Soward
Tina Spagnolo

Jerrica Spencer
Ashley Steben
Jamie Steuerwald
Travis Stewart
Codie Stout
Carl Stoutsenbury
Katie Troubridge

juniors

203

Steven Stuber
Jennifer Sullivan
Daquinta Sumlin
Joshua Syvixay
Jennell Terrazas
Victor Terrones
Heather Terry



Ire Thomas
Alan Thompson
John Thompson
Iyler Thompson
Mexis Timm
Afton Torres
Jessica Tran



Domagoj Tudovic
Kania Turner
Brianna Usovsky
Mariana A. Valdez
Emmanuel Valenzuela
Allen Van Gundy
Robert Van Weelden



Jessica Vander Ploeg
Kee Vang
Xylon Vang
Ethan Vanhelten
Mario Vasquez
Ivan Vega
Emily Visser



Jessica Vong
Robert Waddell
Craig Warner
Jacob Watkins
Jared Weatherall
Aarron Weets
Nichole Wegner



[camera shy]

Baptiste, Terence
Beggs, Justin
Bishop, Ashley
Brooks, Tarayia
Darnell, Marco
Devan, Marcus
Dickey, Matthew
Dominguez, Irma
Fritz, Jennifer
Garcia, Edgar
Kiapas, Jimmy
Kohrs, Kelsy
Loza, Viviana
Lundbohum, William
Mendenhall, Ashley

Nelson, Isaac
O'Boyle, Sean
Ragan, Rachael
Rhodes, Thomas
Robertson, Kristie
Smith, Daquunita
Sowden, Joshua
Stigler, Marketta
Teas, Zachery
Theppanya, Lothana
Tinsley, Justin
Ung, Michael
Wilson, Allen
Young, Brittany



Megan Weiland
Glen Welch
James Wells
Stephen West
Edwinn Whalen
John Whiteman
Nyla Whitson



Taylor Whittington
Ashley Wignall
Allen Williams
Volin Williams
Brooke Willson
Robert Willson
Adrian Wilson



Chelsea Wilson
Jessica Wissler
Adam Wolf
Ronald Wolfe
Derek Wollesen
Kacey Wollesen
Michael Wood, Jr.



Mikayla Woods
Amber Woxell
Nickolus Wren
Nyasha Wyant
Tyree Wyant
Jessica Yaw
Nicole Young



juniors **205**

Checklist

Guys

- dinner reservations
- Prom Tickets
- Corsage
- Transportation
- Money
- Hot Date



Girls

- Bangin' Dress
- Hot Date
- Boutonniere
- Money
- Camera
- Accessories



Your Biggest Prom Nightmare

Your date never shows up

43%

You wake up with a huge zit

18%

You wear the same dress as someone else

16%

You hair don't like your hair

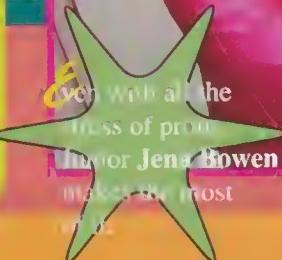
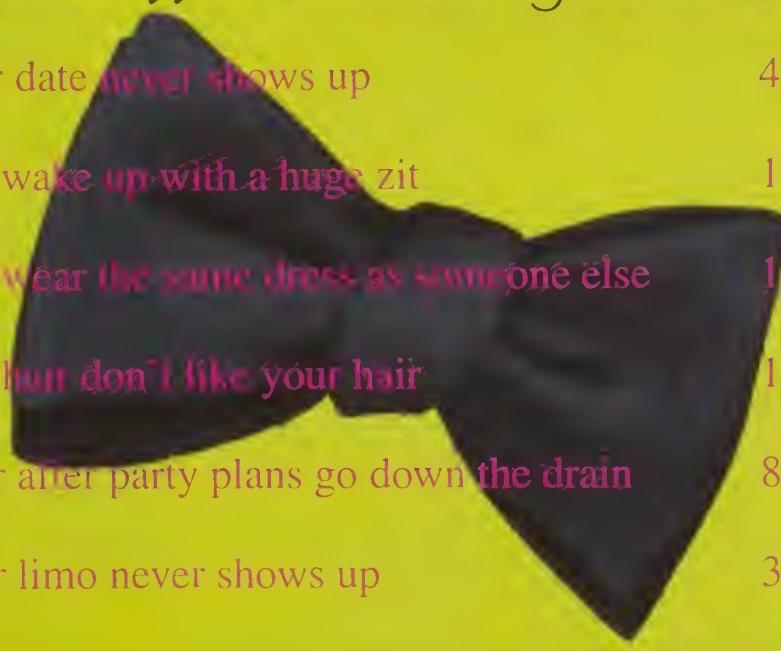
12%

Your after party plans go down the drain

8%

Your limo never shows up

3%



Results from January issue of Seventeen Prom

Pre-Prom Jitters

Story & Layout By Ashley Kasper and Masyn Say

There are enough things at school that would break you want to pull your hair out and scream at the top of your lungs. Getting everything ready for prom is just another thing that could send you into a stressful panic, so go ahead and check it off your list.

So where to start? There is of course the dress that needs to be hunted down at least two months in advance. Throw out that leftover Valentine's candy because it's time to start eating right, and don't forget that sun-kissed tanning package that will make you look like you just stepped off a beach in Florida.

"I got my dress from Stacey's

in the mall," said junior Emily Ellenswood. "I wanted something that I could wear again after prom, so I tried on a lot of dresses until I found one that I liked."

"I got my dress from Stacey's

in the mall," said junior Emily Ellenswood. "I wanted something that I could wear again after prom, so I tried on a lot of dresses until I found one that I liked."

"I got my tux two months in advance right after my girlfriend got her dress to make sure we would match," said junior Tim Bolander.

It may seem like a hassle to spend a fortune on tickets after you have already spent an arm and leg on your dress and accessories, but multiply that price by three and you'll get the cost of a place to dance at and music to go along.

"The prom committee spends around \$3,000 for the DJ and Za-Ga-Zig Temple alone," said prom sponsor Sharon Link.

Prom isn't something that just anyone can handle on their own. Many people need help from parents and friends.

willing to take a little stress upon themselves.

"I think the most stressful part of planning prom is when people say they will do something, but then they don't show up for three meetings and we have no idea what they have done or don't have done," said senior and prom chairman Addison Speck.

Everybody thinks of prom as a fairy tale night with beautiful flowing gowns, friends, and dancing the night away. For the brave souls behind the scenes, it's not exactly the fairy tale you might imagine.

"Prom is something that needs to be remembered forever, especially if someone we do all we can to make sure that everything goes well," said senior and prom chairman T.J. Page.

How Many Hours did You Spend Getting Ready for Prom?



"I usually spend about 5 hours getting ready. I pretty much devote my whole day to prom, but I try to stay as relaxed as I can."



-Senior Austin Hall

"I spend like two and a half hours getting ready. I get my tux that day, and I call up the date to make sure everything is going as planned."



"I didn't really take me that long to get ready, I went to get my nails and hair done and left for the dance around eight."

Jessica Smith begins her weekend dress shopping. Above, junior Stanley Fredericksen gets measured for his tux.

pre-prom

207

Class of 2007

seniors
seniors

Achievements

- ACE.....Architects, Contractors & Engineers
- AIB.....American Institute of Business
- AL.....Academic Letter
- BPA.....Business Professionals of America
- DMACC....Des Moines Area Comm. College
- ISU.....Iowa State Univ.
- JA.....Junior Achievement
- LC.....Leadership Council
- NCYL.....Nat. Council on Youth Leadership
- NH.....New Horizons
- NHS.....Nat. Honor Society
- OA.....Office/Library Aide
- PEP.....Pep "E" Club
- SB.....Science Bound
- SG.....Student Government
- SS.....Scarlet Standout
- UB.....Upward Bound
- UI.....Univ. of Iowa
- UNI.....Univ. of Northern Iowa

ALANIS, PAISY
ALEXANDER, RACHEL



AILLER, JESSICA
ALTHAU'S, KARI—AL; Baseball 4-6; Class Officer 7-8; Football 1-2;
PEP 1-2, 7-8; Sr. Board; Wrestling 1-8. UI



ALVARADO, PEDRO
ANDERSON, KELSEY—AL; PEP 1-6; Spanish Club 3-8; Swimming 1-8;
Tennis 3-4. ISU



ARCHER, BRAD
ATCHISON, HEATHER



AUGUSTIN, ZACHARIAH
BABCOCK, CORY





BACCAM, DANIEL
BACCAM, MELISSA
BAILEY, ELIZABETH—BPA 7-8; OA 3-6; PEP 1; Show Choir 3-4;
Sr. Board; Tennis 2; UN Trip, DMACC

BANTER, SHANE



BALLARD, BENJAMIN—Baseball 1-4; Football 1-8;
Home Remodeling 7-8.

BALTZLEY, FELICIA

BARBER, TYRAE

BARKER, KAYSE—Cheerleader 1-8; RIP 5-6; Swimming 1-8;
Track 1-2.



BEALS, TREVOR—Baseball 1-8; PEP 1-8.
BECK, IAN
BUMBENEK, AARON
BERGAN, LACEY

best hair



kaeliHELM & loganMILLER

addisonSPECK & brettTONCAR
best dressed



best eyes



adamVANHELLEN & tamishaNEWBERRY

seniors

209

most artistic

cherisathSAENVONG & jenniferHARMON

katieMOSES & nickLOVAN

most emo

aaronJORDAN & jenniferRADLEY

most athletic

shaneKELLOW & laceyBERGAN

most dramatic



BIRCH, JAMAR
BIXLER, JONATHAN
BLUMENTHAL, ANTHONY
BOATTENHAMER, HALEY
BOWEN, JAMI—AL; Key Club 1-2; Photojournalism 7-8;
Prep Choir 1-2; Quill 4-8 (Co-editor 7-8);
Show Choir 3-4; Sr. Board;
Swimming 1-8 (Capt. 7-8); Tennis 1-8.



BREHENY, THOMAS
BRIGHTMAN, ROSEMARY
BROUWER, RYAN—AL; Baseball 1-8; Basketball 1-8; Golf 3-8;
PEP 7-8; Tennis 3-6.
BROWN, BRANDON
BROWN, NICHOLAS



BROWN, STEPHANIE
BUSTAMANTE, LORIENA
BUTTS, MATTHEW
CAM, SAMANTHA—AL; NHIS 7-8; OA 3-8; Sr. Board; SG 5-8;
Tennis 3-6.
CAMPOS-ANDERSON, ELDON



CAO, HOANG—USMC.
CARR, JOSEPH
CARRASCO, DALILA—SB 1-8; Soccer 1-8; Culinary Arts 5-8.
CARTER, BLAKE
CEBALLOS, JUDITH



CHAPMAN, SCOTT
CHAPPELL, BENJAMIN
CHAVEZ, EVELYN
CHUMBLEY, BRANDIE
CHIPPERLEY, DEVIN—AL; Baseball 1-8; Basketball 1-6;
Concert Band 1-2; Equip. Mgr. 5, 7; Football 1;
Golf 3-7; Marching Band 1-2; NHIS 3-8; Tennis 4-8.

seniors

211

COMEYNS, CORY
CRABB, CHANEY
DALE, ALICIA—AL; French Club 1-6; Prep Choir 1-2;
Show Choir 3-4; Sr. Board; SG 1-6; Swimming 1-8;
Tennis 1-4. Drake University
DANK, LEAH—AL; Sr. Board.
DARBY, SIERRA



DAUGHARTHY, TIFFANY
DAVIS, KIMBERLY
DAVIS, LUCAS—AL; Baseball 1-8; Bowling 3-8; Golf 3-8.
DAVIS, MARY
DAVIS, STACI—AL; Sr. Board. IA School of Beauty



DAVISON, JENNIFER—AL; Basketball 1-4; Bowling 5-8; LC;
NCYL 5-8; OA 1-6; PEP 3-8; Softball 1-4; Sr. Board;
SG 7-8; Track 1-2; Peer Mentor 1-4. Simpson College
DAWSON, ABIGAIL—Color Guard 1-6; Golf 3-4; Marching Band 1-6;
Sr. Board; SG 5-8.

DEARCHY, EMILY—Sr. Board; Steppers 1-4.

DI GOZI, AARON—AL; Baseball 1-8; Basketball 1-4; Bowling 5-8;
Concert Band 1-2; Football 1-2; Golf 5-8;
Marching Band 7-8; PEP 5-8; RIP 5-6; Soccer 1-8;
Sr. Board. ISU

DELGADO, EDGAR



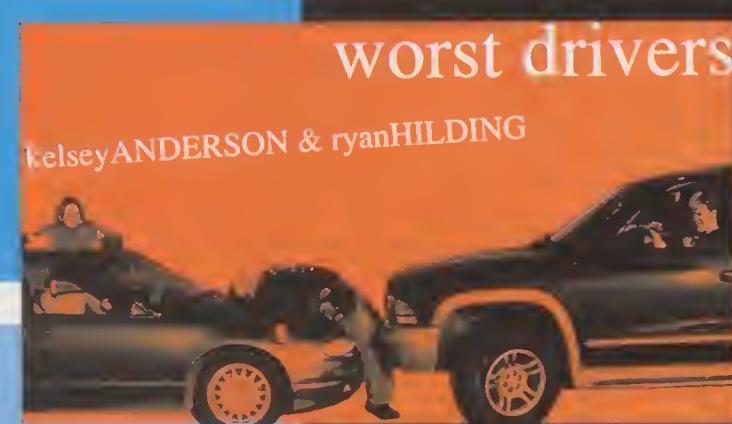
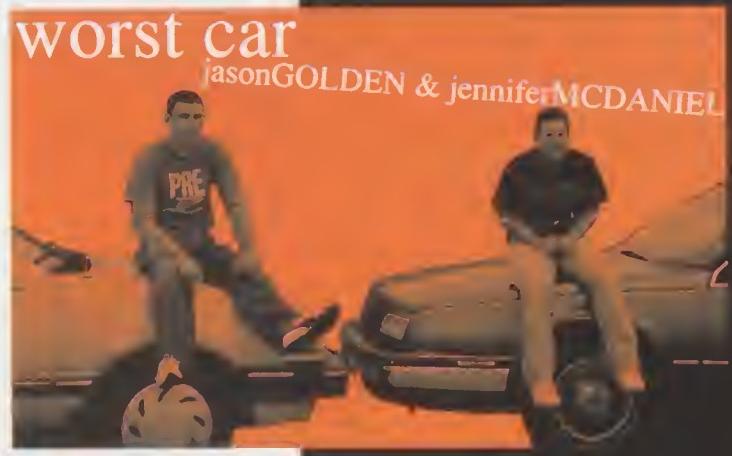
DILLACA, THOMAS
DENTIER, JESSY
DEVILBINS, CHESEA—AL; Mixed Choir 1-2; Sr. Board;
Cross Country (Mgr.) 7-. Grand View College
DUJERIC, BOJAN
DOUCH, DARIE



DRAYTON, DENISE—AL; Basketball Equip. Mgr. 1-2; NCYL 7-8;
NHS 5-8; OA 3-4; SB 1-8; Sr. Board; SG 7-8;
UB 5-8; Sisters for Success 5-6.

DUDLEY, JERILYN
EGGEN, KACE—PEP 1-2; Sr. Board; Steppers 1-6.
Elli, Tierra
ENOCHS, AMANDA—Softball 1-8; Track 1-8.





seniors
213

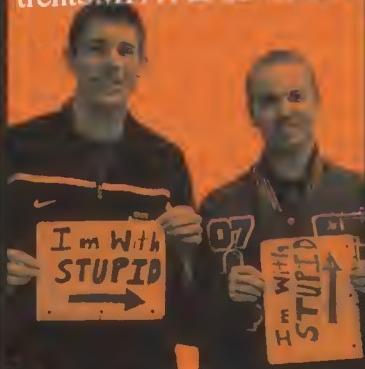


aaronDEGOEY & morganROLAND

jamiBOWEN ryanREMUS & rachelOLSON



trentSMITH & devinCIPPERLY



best friends

most talented

kacieEGGEN & demarcusMITCHELL





ESTRADA, IMELDA
ETTER, AMILEY—NII 7-8; OA 5-6; Soccer 5-6. Hamilton College
EVANS, BRADLEY
FEIDMANN, DOUGLAS—AL; Football; Sr. Board; Track 2-8. ISU
FLAHERTY, AMY—AL; Cross Country 1-7; NHS 5-8; PEP 1-4;
Track 2-8.



FLAHERTY, LACY—AL; Debate 1-2; NHS 5-8; PEP 1-4;
Spanish Club 7-8; Sr. Board; Swimming 1-7. ISU
FLEMING, KIMBERLY—Basketball 1-4; Mixed Choir 1-2;
Track 1-4, 7-8. DMACC, ISU
FORMARO, JOSEPH
FOUSKE, BREANNA—Key Club 1-2; Prep Choir 1-2;
Spanish Club 7-8; Sr. Board; SG 7-8; Swimming 1-8;
Track 1-8; Treble Choir 3-4.
GAGLE, SAMANTHA



GAINES, MAGON
GARDNER, JOSHUA
GERING, JEFFREY
GILHAN, STEPHANEY
GOLDEN, JASON—AL; Sr. Board.



GROVER, ABIGAIL—AL NCYL 7-8; NHS 5-8 (Sec. 7-8); OA 7-8;
Orchestra 1-8; PEP 1-4; Quill 4-8 (Co-Editor 7-8).
Sr. Board; SG 5, 7; Chamber Orchestra 5-8.
Simpson College

GRUTEL, KENNAYE
HAGIE, JOHNATHAN
HALE, DEREK
HALL, STUART



HANLIN, SARA
HANSON, LYNDAY
HARCLEROKE, HANNAH
HARGIS, JESSICA—School Play 7-8; Theatre Arts 7-8. DMACC
HARMON, AMANDA

seniors

215

HARMON, JENNIFER—AL; NHS; Quill 4-8 (Design Ed. 7-8);
Sr. Board; Tennis 1-8; UI

HARMSEN, MICHAEL
HATFIELD, DUSTIN
HABERLIN, BRIAN
HEDBERG, RYLEY



HILM, KALEE
HILDING, RYAN
HILL, LESLIE
HOUSTON, JOHN
HURLEY, BENJAMIN—Baseball 1-8; Football 1-8; PEP 1-8;
Sr. Board; Track 1-4.



ISSA, NEIL
JEFFERS, MATT—Equip. Mgr. 5-6; OA 1-7; Soccer 3-4.
JOHNSON, RYAN—AL; Debate 1-2; SG. 5-8; Tennis 5-8.
JOHNSON, SYLVIA
JONES, ASHLEY



JORDAN, AARON
KAPPELMAN, WHITNEY
KELFHEIR, MICHAEL
KELLOGG, GEORGE
KELLOW, SHANE—Basketball 1-2; Concert Band 1-2; Football 3-4;
Jazz Band 1-2; Marching Band 1-2.



KELLY, WHITNEY
KHAMMANY, JESSICA—AL; BPA 5-6; NHS 5-8; Sr. Board; SG 5-8.
KHEUKHAM, VILAILACK
KILBY, KYLE
KILLEEN, JEREMY



jiearVANG & thienLONG

likely to succeed



kayseBARKER & dustinMACANICH



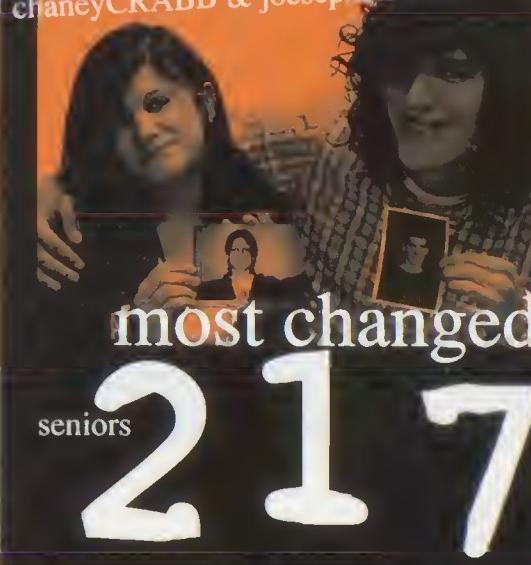
biggest party

natashaSIDERS & jacobZIMMERMAN



biggest airhead

chaneyCRABB & joesephRIVAS



most changed
seniors
217



KING, KELSEY—PEP 7-8.
KINGERY, ANDREW
KRANOVICH, GEORGE
KUEHLER, MICHAEL
LANGE, JOE



LICHUGA, MARILU
LEWIS, JEREMY—AL; NCYL; NHS; Track 3-4.
LIJADU, SAMUEL
LLOYD, MEGAN
LOFTUS, BRYAN—Football 1-8; Wrestling 3-8.



LOWERS, NICKOLAS—AL; Concert Band 1-4; Marching Band 1-4;
School Play 7-8; Show Choir 7-8; ISU
LY, MENA—NH 7; Sr. Board; Tennis 3-8.
LYON, JENNIFER—AL; Art Club 7-8; Cross Country 3-8;
Key Club 1-2; OA 3-4; Quill 4; Spanish Club 7-8;
Track 1-8.
MADISON, LINDA
MALIBUTI, REBECCA



MARSHALL, SAMANTHA
MAYS, TIARA
MCANIRCH, DUSTIN—AL; Baseball 1-5; Football 1-7; Tennis 1-4;
Wrestling 1-8; ISU
MC CUDDIN, KATHLEEN—Class Officer (Pres.); OA 1-4, 7-8; PEP 3-8;
Prep Choir 1-2; RIP 5-8; Sr. Board;
SG 7-8; Swimming 1-2.
Mc DANIEL, JENNIFER—AL; Basketball 1-9, Concert Band 1-8;
Jazz Band 1-8; Marching Band 1-8; Pep Band 1-8;
Softball 1-8; Sr. Board; Track 5-8; Volleyball 1-4.



MCDONNELL, CHAD
MCFEE, BRENT
MENDINHALI, NATASHA—Cheerleaders 5-8; OA 5-6; PEP 3-4.
DMACC
MENDOZA, FAVOLA
MEZA-ITCHUGA, JESSICA



tashaMENDENHALL derekHALE & luciDAVIS

Kid at heart



jenniferRADLEY karlALTHAUS & katieMCCUDDIN



most involved

brookeWILBER neilISSA & amyFLAHERTY



biggest lift

BODYPAINTERS:

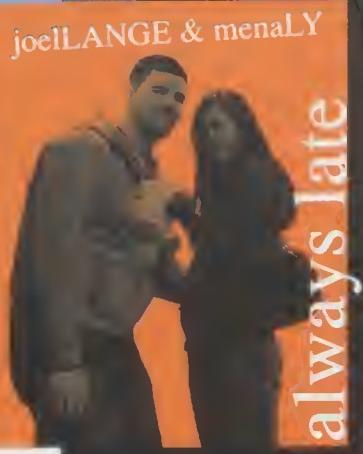
lucasDAVIS.austenWINTERBOTTOM oelLANGE shaneKELLOW revereBEALS
ryanREMUS.adamVANHELLEN.aaronDEGOLY.derekHALE justinRICE vanMATHIAS.
steffPERKINS & natashaSIDERS

most school spirit



seniors

219



ryanJOHNSON & christinaTHARP

class clown

austenWINTERBOTTOM & leahDANK

hall monitors

class couple

robertFRYE & amandaENOCHS





MILLER, LOGAN—AL₁; Baseball 1-8; Cross Country 5-8; Football 1-4;
OA 3-8; Track 1-8.
MILLER, TAYLOR—Foothall 1-8; Sr. Board; Tennis; Wrestling 1-8.
MOM, MONICA—Basketball 1-2; Soccer 3-8; UNI
MORENO, SUSAN
MORTON, KARINA—AL₁; Cross Country 5-8 (Mgr.); NHS;
Marketing Sales 5-6; Peer Mentor 1-4; NCYL;
Sr. Board; SG 7-8 (Pres.)



MOSBY JR., KENNETH
MONES, KATELYN—Chamber Choir 3-8; Cheerleaders 1-8;
Competitive Speech 7-8; Debate 7-8; Prep Choir 1-2;
School Play 6-7; Show Choir 3-8.
MUNOZ, SOFIA
MURPHY, NICHOLAS
MURRAY, BRAYDEN



MYERS, JOSHUA—AL₁; Baseball 1-8; Basketball 1-4;
Football 1-8; NCYL.
NEWBERRY, TAMISHA—Mixed Choir 1-4; OA 1-6; Quill 7-8;
Sr. Board; SG 6; I-Jag 7-8;
Project Connect Mentoring 7-8.
NEWCOMB, NICHOLAS—AL₁; Cross Country 1-8; Track 1-2, 7-8.
NGUYEN, HOANG—AL₁; NHS 6-8; Orchestra 1-8;
Quill 4-8 (People Ed. 5-8); Sr. Board; SG 7-8;
Tennis 6-8; Chamber Orchestra 3-8; U1
OCHANPAUGH, TRAVIS—AL₁; Football 7-8; Golf 3-6; Skills USA; ACE;
Milwaukee School of Engineering



OCHOA, ROLANDO
ODOM, AMBER
OLSON, RACHEL—Handbell Choir 3-8; Mixed Choir 1-2;
NH 7-8; OA 3-4; Prep Choir 3-4;
Show Choir 5-8; Treble Choir 3-4; Wrestling Mgr.
Equine Chiropractics, Oregon
ORDAZ, MIRIAM
PAGANO, MARIO



PAGE, THOMAS—Baseball 1-4, 7-8; Football 1-8; PEP 1-2, 7-8;
RIP 6; Sr. Board; Tennis 1-2; Track 3-4, 7-8; ISU
PAJ, GRISELDA
PEAVEY, T
PERKINS, SARAH—OA 4-8; PEP 7-8; RIP 5-8;
Scroll 5-8 (Co-Editor 7-8); Soccer 1-8;
Sr. Board; Volleyball 1-3; ISU
PHILLIPS, REBECCA

seniors
221

PHONGVIXAY, MATTHEW

QUINN, CHANNING

RADLEY, JENNIFER—**AL:** Basketball 1-8; NCYL 7-8;
PPF 3-8 (Sec. 7-8); Softball 1-8; Sr. Board,
Track 4; Volleyball 1-8.

RANDOLPH, CHELSEY
RANKINS, COREY



RAYMAN, NICOLE—**AL:** Cheerleaders 1-8; NCYL 7-8;
PPF 1-8 (Pres. 7-8); Sr. Board; Track 1-2;
Central Academy 1-8.

REASONER, KATE

REMUS, RYAN—**AL:** Baseball 1-6; Bowling 5-8; Football 1-8;
Golf 5-8; NCYL 7-8; NHS 5-8; PEP 1-8; ISU

REFES, DIANA—**AL:** Spanish Club 7-8.

RICE, JUSTIN—Golf 5-8; PEP 1-3; Soccer 1-8; ISU



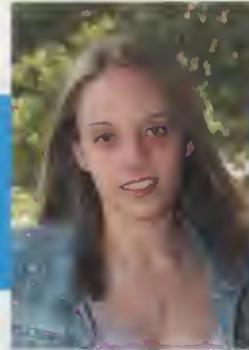
RICKABAUGH, AMANDA

RITTER, SAMANTHA

RIVAS, JOSEPH

RIVAS, KIRK

ROBBINS, NIKKI—Cheerleaders 1-8; Sr. Board; Track 1-8;
Volleyball 1-4.



ROBBINS, PATRICIA

ROBINSON, CODY

ROBISON, RONALD

ROKES, BENJAMIN

ROLAND, MORGAN



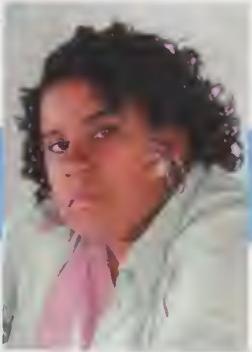
RUMAGI, SASHA

RUMBAUGH, ANTHONY

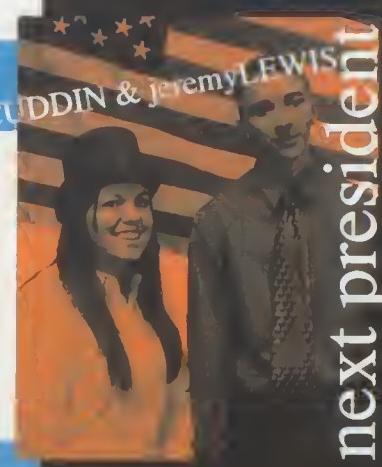
RUSSELL, HOLLY

SACCO, JOSIE



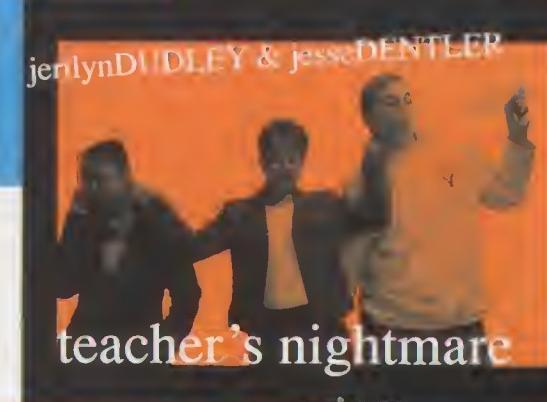


Katie MCCUDDIN & Jeremy LEWIS



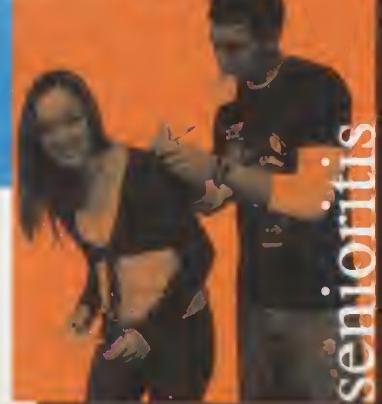
next president

jerlyn DUDLEY & jesse DENTLER



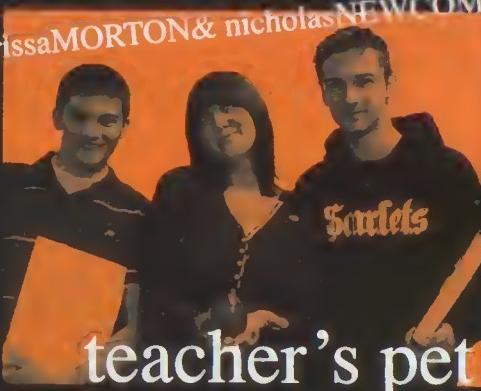
teacher's nightmare

nikki ROBBINS & justin RICE



senioritis

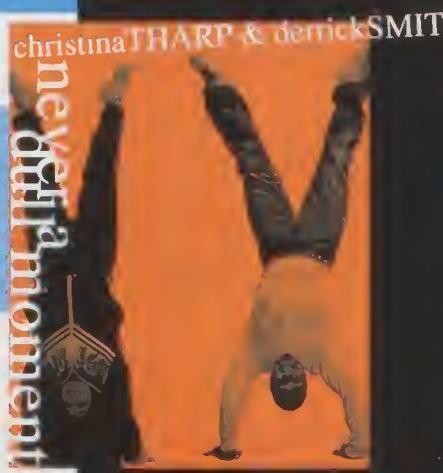
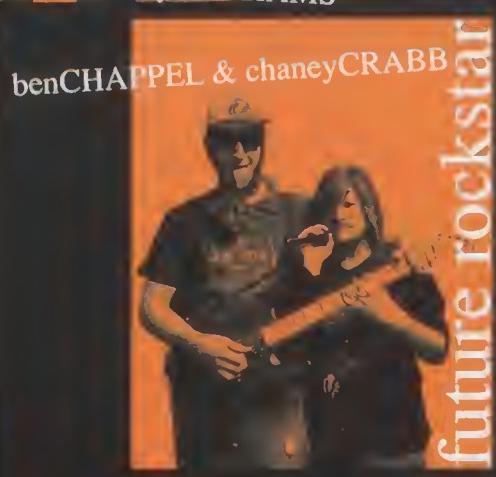
travis OCHANPAUL GH karissa MORTON & nicholas NEWCOMB



teacher's pet

seniors

223





SAENVONG, CHIRASATH
SAMÀ, AMARA
SANCHEZ, JOSE-CARLOS
SARGENT, KRISTY
SCHIEFFER, CARTER



SCHNEEBELEN, NATHAN—A1 Concert Band 1-8; Marching Band 1-8.
SCOTT, DANI
SEXTON, CHRISTOPHER
SHABAZZ, STEPHON
SHIPLEY, JUSTAN



SIDERS, NATASHA—Cheerleaders 1-4; Photojournalism 3-8;
RIP 5-8; Sr. Board; Track 1-4, 7-8; Volleyball 1-2.
SINGH, JASPREET
SMITH, AMANDA
SMITH, CHRISTIAN
SMITH, DERRICK



SMITH, KATIE—Art Club 5-8; French Club 3-4; OA 3-6;
Softball 1-2; Sr. Board; Swimming 1-8;
Track 1-8. NWMSU
SMITH, KATY
SMITH, MALLORY
SMITH, TRENTON—AL; Basketball 1-8; Concert Band 1-8;
Equip. Mgr. 5-8; Golf 3-8; Jazz Band 1-8;
NCYL 7-8; NHS 3-8; Sr. Board; Tennis 3-8.
SON, MARY



SORENSEN, CHRISTOPHER
SORENSEN, KATHERINE—RIP 5-6; Sr. Board; Track 2-4. DMACC
SOWDER, WILLIAM—School Play 5-8; Spanish Club 7-8.
Theater Arts 7-8.
SPECK, ADDISON—A1; Cheerleaders 1-8; Class Officer Sec.;
NCYL 7-8; PFP 1-8 (Pres. 7-8); Softball 1-4;
Sr. Board; Track 1-8; Volleyball 1-8.
SPENCER, DARCEY—NH 5-6; Scroll 5-6; Sr. Board;
Volleyball 1-2. Grand View College

seniors

225



STOCK, PAIGE—Cheerleaders 1-8; NH 3-8; PEP 1-2;
Quill 4-6. Mercy College

SERGIO, SARAH

SHERZ, KATIE—French Club 1-4; Quill 5-8; Sr. Board;
SG 7-8; Tennis 3-8; Peer Mentor 1-2.

SUTHERLAND, MICHELLE



TARR, AMY—AL; NCYL 7-8; NHS 5-8; Sr. Board;
Volleyball 1-3; People to People Ambassador, UI

TERRY, JANICE

THARP, CHRISTINA—Cheerleaders 1-8; NCYL 7-8; PEP 7-8;
RIP 5-8; Soccer 1-8; Volleyball 1-4.

THEPPANYA, MATTHEW—AL; Chamber Choir 1-4; NH 1-8;
Prep Choir 1-2; Sr. Board; SG 7-8.



THEVENOT, LUCAS

THURMAN, SAMMI

TONCAR, BRETT—Baseball 1-8; Bowling 5-8; Football 1-8;
PEP 1-2; RIP 5-6; Sr. Board;
Swimming 3-4; Tennis 1-6.

TREEN, KELSEY



UVALLE, MELISSA
VAN DIO, JEFFREY
VAN GUNDY, AMY
VAN GUNDY, BROOKE



VAN WINKLE, TYLER
VANDERVELDEN, ELICIA

VANG, JHAR—AL; Art Club 7-8; Class Officer (Treas.);
Concert Band 2; Handbell Choir 1-8;
Marching Band 1; NCYL 5-8; NHS 3-8; Pres.;
Spanish Club 7-8 (Treas.); Sr. Board;
Tennis 1-8; U B 3-8; ISU

VANGORP, ANHLEY



VANHEITEN, ADAM
VANVONGTHONG, PHONETHIP
VANVONGTHONG, PHONETHIP—AL; Equip. Mgr. 1;
Peer Mentors 1-2; Sr. Board; SG 7-8; UB 5-8.
VIGIL, STEFEN



WAGNER, BEVERLY—Mixed Choir 1-4; NH 7-8; PI 1-4.
WALKER, TASJANAE
WEAVER, ROSEANNA
WEBER, ANDREW



WEINMAN, ALICIA—BPA 7-8; NH 5-6; Scroll 5-6; Sr. Board;
SG 7-8; Tennis 5-6.
WELKER, JORDEN—Color Guard 1-2; French Club 1-4;
Key Club 1-2; Prep Choir 5-6; Tennis 1-8.
WELSHER, JEANELLE
WESSEL, ASHLEY



WHITE, ANOREIA—Theater Arts 5-7.
WILBER, BROOKE
WILLIAMS, DANIELLE
WILLIAMS, DARIC—AL; Soccer 2-4, 7-8; Sr. Board;
Swimming 1, 7-8.



WILLIAMS, NATHAN
WILLIAMS, SYDNEY—AL; Color Guard 1-8 (Capt.);
Marching Band 1-8; NCYL; NHS 5-8 (Treas.);
Quill 4-8 (Design Ed., 7-8); Sr. Board;
SG 7-8; Tennis 1-4; AC
WOLFF, KRISTINA
WOODS, KENNESHA

seniors

227



YOUNG, KEELEY
YOUNG, RYAN
ZIMMERMAN, JACOB

LOEFURK, AMANDA
LOTTE, TIMOTHY
LUND, ALYSON
LUONG, THINH
LUO, JI
MA, JUN LI
MA, YANG NYA
MA, YUAN Y
MABROUK, AMAN
MC CANN, V
MC CALLISTER,
S
MC CALLISTER,
M
MC CALLISTER,
AM

MEDINA, MARIA	N'GRO, JOHN
MEYERS, ERIC	OJIVARES, LILIANA
MILES, NICOLE	ORDAZ, CAROLINA
MILLER, MATTHEW	PARKER, B
MILES, SHANE	PATRICK, S.
MUNCHOW, D.	PATRICK, D.
MCGEE, DEbra	PATRICK, J.
MOORE, MAGGIE	PEAN, IRNE
MOLCHAN, CAROL	PEAN, VINH
MORROW, RHEA	PENNA, THOMAS
MOSCONI, CINDY	PENNINGTON, MARY
MONTAGUE, LA	PERIN, MARY
NAKAKO, KAREN	PEREZ, E.
NEGRON, LILIA	PEREZ, L.

SANDOVAL, GLORIA
SANFORD, JERRY
SANTOS, LIA M.
SANTOS, N.
SANTOS, R.
SANTOS, TONI
SANTOS, V.
SANTOS, W.
SANTOS, W.
SANTOS, W.

SHURGEON, CODY
STEININGER, JOSEPH
STEGNER, W.
STEWART, J.
STEWART, C.
STEWART, J.
TAYLOR, ERIC MAN D.
THOMAS, E. N.
THOMAS, S. J.
THOMAS, RANDALL
THOMAS, ROBERT
THOMAS, LEROY
THOMAS, STEPHAN

TREJO, JON
UNG, JESSE
VAN O
VAN F
VAN
VAN
VARELA, AM
VARAS, VANESSA
VASKE, ZACHARY
VATTA, JILL A
WATSON, B
WATKINS, BRANDON
WEINER, RAPHAEL

JENNIFER

RYAN

AMANDA

CAITLYN

MISSY

ADDISON

MATTIE

JUSTIN

BILL

JENNIFER

BYA B1

SARA mcfarland & **SARAH** Johnson.

JENNIFER RYAN & AARON produced by AARON deejayed by
Tailgating Ass'n of the South TX in association with

~~AMBREYANA~~ Jones & ~~SARA~~ wen.

KRISTIN marie alexander,
SYDNEY will my male & our skills
DENNIE marie alexander, **MIKE**, b. n. & **NABELLE** buffalo, **PACHUNGAH**,

MAGON gainses will my good lieks class & in diligencie to my little sister **JESSICA** gainses.

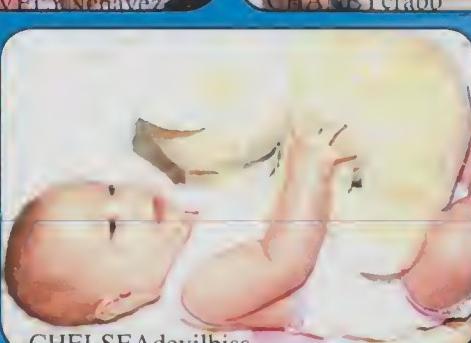
...will my fibular hand warmer be? - **ERIC** fedmann

IRMA Domingo - my aw. s. m. shopping abilities & my planner

KATIE *smith williams* *1990*

senior wills

“Your children are not your children_They are the sons and daughters of Life’s longing for itself



your love but not your thoughts_For they have their own thoughts_You may house their bodies but not

They come through you but ~~not from~~ ~~you~~ And though they are with you, yet they belong not to you_ You may give them



AMY Ihahen



BREANN Afouzel



MEGON Gaines



JASON golden



KAEI Ihelm



SARAHperkins



DENImay



MATjeffers



SHANEkellow



Karenthechild



JENYON



JESSICA



MISEDrayton



JESSICAlechuga



SOELAmunon



MARILUlechuga



AARONdegoy



JENNIEFRmedanic



DOUGfeldmann



LATISHAlockhart

senior baby photos

231

their souls, for their souls dwell in the house of tomorrow...

...which you cannot visit, not even in your dreams. You may Strive to be like them, but seek not to make



them like you, for life goes not backward nor tarries with yesterday.... -Kahlil Gibran



DANIscoft



JUSTINrice



DIANAreyes



NICOLEFaymon



JOEPetersen



PATSYlinois



JESSICAshirley



TJpage



HOANGNguyen



RACHELolsen



HENSEN



KATIEsurtz



MONICAmori



LOGANmiller



KATHYmiller



NATASHAsisters



TAMISHAnewberry



MELISSAbrownedehall



JILLARYang

“human beings are the only creatures that allow their children to come back home.”

----bill cosby

senior baby photos

233

headed of the class

faculty

Donna Adams
Rhonda Anderson
Robert Bagley
Linda Baker
Patrick Bannon



Scott Beall
Annette Bierkamp
Lacey Bleich
Vicki Bonnett
Ronald Borstad

Kathy Brown
Kelly Burns-Wolfe
Nancy Butler
Kacia Cain
Douglas Calaway

Antaysia Cameron
Robert Carmichael
Jacqueline Carrillo
Ted Christensen
Nancy Christy

Lloydette Clark
Kathy Clausen
Christine Costello
Maggie Crawford
Karen Cross

Kathy Crum
George Davis
Jo Ann De Haan
Sally DeGoey
Sally Dehnert

Nancy Duncan
Chris Dunham
Terry Eason
Amanda Eimers
Samy El-Baroudi

Geoff Farrell
Nancy Fehn
Terrie Fenstermann
Kelly Finnicum
Lisa Fitzpatrick



Diane Fleming
Kimber Foshe
Keri Frommelt
Ruth Ann Gaines
James Giboo
Gary Gilchrist
Ann Ginther



Shirley Gooch
Jerry Goodrich
Sid Gordon
Shawna Green
Maureen Griffin
Jake Habhab
Jeff Hall



Michelle Hankins
Dena Harms
Pamela Harshbarger
Deann Hebert
Chris Hodo
Brian Hoff
Lynn Hoff



Susan Hook
Andy Howard
John Hoyt
Frederick Hunter
Mark Hurley
Brad Hurst
Carol Hyslope



Angela Jackson
Amy Jacobson
Jeff Jansen
Ginger Johnson
Vanna Johnson
Jason Jones
Mary Kaldenberg



Chris Kannapel
Dawn Kasper
Sarah Keller
Aaron Kelly
Kathy Koenig
Corey Kopatich
Erin Kramer



Erin Lantz
Michelle Le Blanc
Patrick Lewis
Sharon Link
Lowell Long
Carol Lortscher
Derek Lounsberry



Stayce Lounsberry
Robbie Malm
Traci McCaull
Michelle McPherson
Jennifer Medina
Becky Miller

faculty

235

Kenneth Morton
Brenda Navin
Laura Negrete
Kelly Neiber
Linda Nemmers
Kim Nitcher
Francine Nwankpa



Bill Oleson
Beth Olkiewicz
Tracy Patrick
Deborah Peterson
Burle Pickett
John Raymond
Jennifer Rebel



Claudia Richards
Rick Roberts
Matthew Ross
Gary Rourke
John Rudisill
Shawn Sanford
Christine Schaefer



Alvin Schatz
Sharon Schatz
Tammy Scheel
Greg Schoon
Jeremiah Schwennen
Cynthia Selden
Gitanjali Singh





Canada Snyder
Kevin Sorensen
Vidal Spaine
Mary St. Clair
Chad Street
Carolyn Strickler
Chris Strohmaier



Janet Thompson
Stan Thompson
Kym Traczyk
Francence Turner
James Turner
Sarah Vaughan
Joyce Vickroy



Somkong Vong
Melissa Wallace
Bill Waller
Tim Walljasper
Jerry Walter
Mary Westover
Susan Wiegand



Fannie Wilson-Cunningham
John Ytzen
Mike Zelenovich

[camera shy]
[missed]

Brees, Chasity
Brownsberger, Judy
Burgess, Ken
Carnahan, Dianna
Cole, Tom
Davis, Esmerelda
Derby, Randy
Drautz, Carl
Evans, Lora
Faidley, Barbara
Gilbert, Ashley
Heese, Don
Heller, Thana
Hogue, Kevin
Joelson, Chuck
Kelly, Ed
Kerr, Bob
Kulish, Georgia
Luft, Jennifer
Mohler, Martin
Nordaker, Randy
Remily, Danielle
Ryan, Deb
Saddoris, Linda
Sheil, Diane
Starcevich, Don
Summy, Derek
Vandorin, Bob
Wibben, Jill

re-flec-tion [ri-flek-shuh n] noun.

The act of reflecting or the state of being reflected, a thought occurring in consideration, an unfavorable remark or observation...

Look into a mirror. What do you see?

A reflection: past the face staring back at you, past the makeup, the hair, the piercings, what do you see?

Look back on your years in high school, and remember all the things that have made you who you are.

Remember the football games, cheering until your throat was sore, and your face red from the cold air, jingling your keys above your head hoping it would somehow make the ball go through the goal post.

Remember cramming all night for that science test and falling asleep with your head awkwardly resting on your open book, then waking up and rushing off to school only to realize that you left your homework at home.

Remember getting ready for the dance. Spending all day thinking about what you were going to wear and what you were going to do after it was all over with your friends.

Reflect.

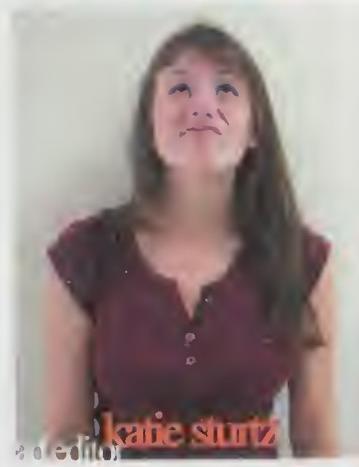
Good and bad, all of these memories have helped mold and shape you. As you look back at the pictures and read the stories in this yearbook, *reflect* on what has gotten you to this point in your life... and remember your high school years.



affection

closing

239



Quill

Story/Layout by Jennifer Harmon

As a member of the Quill staff, I have a pretty big ego when it comes to this yearbook. I think all of the staffers do. This is what our whole year has boiled down to: 243 pages of pure beauty. Okay, so maybe it's not perfect, but if you find any typos, try to ignore them.

Being under the direction of our advisor Ed Kelly, our 3rd period lives are a little different than yours. First, we go by last names, I'm not really sure why, but we do. Second, we don't sit at a desk, reading a book and taking notes. We're either at our computers creating a sweet design, pleading with companies to support us with an ad, or frantically trying to get a quote from a teacher.

Sometimes the job can be pretty hectic. We have to write stories about subjects that we might not know about. We devote a lot of our time to the book, coming in before school and staying extra late. On occasion, Kelly makes us want to pull our

hair out, and no doubt, we do the same to him.

When we're not stressed to the max with deadlines we like to have a little fun. We are the masters at potlucks, and have them as much as we're allowed. Cheese and crackers, worms

in dirt, pop, doughnuts, eggrolls; it's amazing.

With all the craziness that is yearbook, it's nice to be able to produce something that students keep their whole lives. We hope we did you well, and we hope you enjoy it.



Front Row: Jami Bowen, Sydney Williams, Jennifer Harmon, Abigail Grover, Hoang Nguyen.
Row 2: Ashley Kasper, Masyne Sayre. Back Row: Allison Carrick, Jorden McGriff, Nick Mongar, Katie Grimm, Casie Johnson, Tamisha Newberry, Katie Sturtz, Hannah Kilby.

quill

241

I recommend virtue to your children: it alone, not money, can make them happy. I speak from experience.

-ludwig van beethoven

Energy

Monday

243

THE SALON
1100 N. HICKORY BLVD., SUITE 101
PLEASANT HILL, IA 50327
(515) 264-0000

Looking good,
East High
Class
of 2007!

Appearances
inc.



Congratulations to all senior

Hleyt Middle School

students in the

Class of 2007!



HAMMER
PHARMACY
HAMMER
MEDICAL SUPPLY

KARL
Chevrolet, Inc.

1101 S.E. Oralabor Road
Ankeny, IA 50021
(515) 964-4255
IA Watts 1-800-622-8264
Fed I.D. 42-1092272
www.karlchevrolet.com

Congratulations to the
2007 EHS Senior Class!

DILLEY
fine makers of Binders, Portfolios, Tabbed Index Dividers



Good Luck to Seniors from Fellow East Grads: '77, '79, '80

DILLEY MANUFACTURING COMPANY ★ 215 EAST THIRD STREET ★ DES MOINES, IA 50309

Congratulations, Seniors!

Mc Farlin's Auto Collision

Ann Mc Farlin
Bob Mc Farlin, Sr.
Bob Mc Farlin, Jr.

2729 Delaware
Des Moines, IA 50317
Tel: 515.265.4061
Fax: 515.265.4061

Crystal Clear Bottled Water



3717 Delaware • Des Moines, IA 50313 • (515) 265-2324

LOMAR
DISTRIBUTING, INC.

Distributors of:
Extra Fancy Groceries
Deli Meats, Cheeses &
Specialty Foods

Go SCARLETS!

2500 Dixon Street - P.O.Box 180
Des Moines, IA 50301-0180
(515) 244-3105 • (800) 369-3663
(515) 244-0515 FAX

Congrats,
Class of '07!



LEACHMAN LUMBER COMPANY

"where there's a material difference"



Marcia's Jewelry

Fine Gold Jewelry, Diamonds, Colored Stones,
Pearls, Jewelry Repair, Appraisals



3525 E. 26th
Des Moines, IA 50317



Ph: (515) 262-2644

Carter
PRINTING

Serving Des Moines Since 1920

CARTER
printing

*Congratulations
Senior Scarlets!*

1739 East Grand Avenue
Des Moines, Iowa 50316
www.carterprinting.net

515-265-6139
Fax 515-265-5170
scott@carterprinting.net

Tony-Nail

LIFESTYLE FIT FOR YOU

*Acrylic Nail
Airbrush
Manicure
Pedicure
Eyebrow
Wax
Spa
Gift Certificate*



HOURS:

Monday Closed
Tue. - Sat.
9:30 a.m. - 8 p.m.
Sunday
9:30 a.m. - 7 p.m.

**2554 Hubbell Ave.
Des Moines, IA
50317
(515) 263-2001**

ads

245

BERTHA BUTTS BALLOONERY & BAUBLES

Congratulations CLASS of '03 Class of 2007!

3703 Hubbell Ave.
Des Moines, IA 50317

Featuring:

- Cards
- Gifts
for every Occasion
- Art Decor
- Of Course, Balloons
and
- We Deliver

Show EHS ID & Receive 10% Off

Phone: (515) 262-7743

Dana Clement

WHITEY'S BODY SHOP

—REPAIRING—

"If It's Banged Up, We'll Fix It"



Auto Collision Specialist

2924 Raccoon

Des Moines, IA 50317

Phone: (515) 265-4372

Mike Alsted

Class of '65

chic HAIR DESIGN

Congratulations, Class of 2007!



SALES

Jake Schall

SERVICE

TOWN & COUNTRY MOTORS

913 S.E. 14th Street
Des Moines, Iowa 50317

FAX 515-244-6041
Cell 515-490-0178

Office 515-244-1930
Shop 515-244-4333

Juli's HAIR DESIGN

Congratulations,
Senior Scarlets!

(515) 265-4154
3900 E. 14th Street
Des Moines, IA 50317



Kent D. Brady, D.D.S. Family Dentistry

3223 E. 29th Street
Des Moines, Iowa 50317
(515) 266-2128

Congratulations, Seniors!



1003 Locust St.
Des Moines, IA 50309

Phone: 515.248.1780

Fax: 515.248.1792

www.centrodesmoines.com

1003 Locust St.
Des Moines, IA 50309

Phone: 515.248.1782

Fax: 515.248.1815



George Formaro

Class of '86

MidAmerican
ENERGY.

WE BELIEVE in the **POWER** of EAST HIGH SCHOOL

www.MIDAMERICANENERGY.com

Partners for Progress
EAST HIGH SCHOOL AND MIDAMERICAN ENERGY COMPANY

LADEN & PEARSON, P.C.

—An Association of Attorneys and Counselors at Law—

Robert H. Laden
Timothy G. Pearson (class of 1968)

Office: (515) 266-6000

3231 E. Euclid Suite-300
Des Moines, IA 50317

Nails & More

OPEN: 7 DAYS
Mon. - Fri.: 9:30 a.m. - 8:00 p.m.
Sat.: 9:30 a.m. - 7:00 p.m.
Sun.: 11:00 a.m. - 4:00 p.m.

Lee Town Center, 2464 E. Euclid
Des Moines, IA 50317
(west of Hy-Vee)

Appointments and Walk-ins Welcome
Complete nail care service for ladies and gentlemen

Phone: 515.263.8282



FAMILY OWNED

B&B GROCERY
MEAT & DELI
S.E. 6TH & HARTFORD

SINCE 1922

HOME OF KILLER SANDWICHES

KILLER BASKET

*KILLER SANDWICH,
FRIES, AND CHOICE OF:
POTATO OR MACARONI
SALAD

243-7607
FAX
280-7037

EAT IN OR
CARRY
OUT

- ◆ DOUBLE POLISH SAUSAGE
- ◆ GRILLED PORK LOIN
- ◆ GRILLED CHICKEN BREAST
- ◆ GRILLED RIBEYE STEAK
- ◆ PHILLY STEAK
- ◆ REUBEN
- ◆ TURKEY BREAST
- ◆ HOAGIE
- ◆ ROAST BEEF
- ◆ ITALIAN ROAST BEEF
- ◆ 21 PC. SHRIMP
- ◆ SMOKED BEEF BRISKET

6 F O
O KILLER
O HOAGIE
T

KILLER
PARTY RING

SUPER KILLER

DAD'S KILLER

- ◆ HOME MADE REAL PORK TENDERLOIN
- ◆ 1/2 LB ITALIAN SAUSAGE
- ◆ BREADED CHICKEN BREAST
- ◆ BREADED 1/2 LB CHUCK BURGER
- ◆ ITALIAN MEATBALL
- ◆ SMOKED HAM
- ◆ 10 PC. BLT
- ◆ BREADED COD FILET
- ◆ BREADED CATFISH NUGGETS
- ◆ ITALIAN CAPICOLLO HAM
- ◆ CORNED BEEF

ads

247



KENWORTH

KENWORTH MID-IOWA, INC.

4111 Delaware Avenue
Des Moines, Iowa 50313

Bus: 515-265-8111
Wats: 1-800-372-6019

Nat. 1-800-247-7458
Fax. 515-265-8836

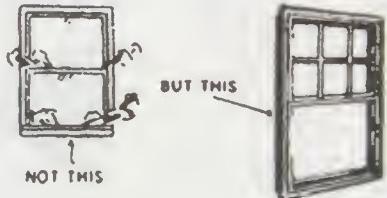


Go SCARLETS!

HUBBELL ANIMAL HOSPITAL, P.C.

3415 HUBBELL AVENUE, DES MOINES, IOWA 50317
PHONE 515-265-4239, FAX 515-265-4239

**FARM &
HOME BUILDERS, INC.**



Now Introducing:

PRESERVATION
50-mil Vinyl
and
Windows by
PRESERVATION

- You can cut fuel costs.
- Save precious energy.
- Seals out the cold air.
- An energy-saving certified product.
- Increase the insulation value of your investment.

*OWNED BY FORMER EAST HIGH GRADS.
SUPPORT YOUR EAST SIDE BUSINESS!*

1954 HUBBELL AVE.
DES MOINES, IA 50316

(515) 265-1695
FAX-265-2674
OUTSIDE DES MOINES
1-800-562-0423

Great Clips
for hair®

(515) 262-0345

Lee Town Center

2450 E. Euclid Ave.
Des Moines, IA 50317
Mon.-Fri. 8-8
Sat. 8-5
Sun. 10-3

ACE Hardware

Valley ACE Hardware
JACK & PAT POWELL - Owners

4812 Maple Dr.
Pleasant Hill, Iowa 50317

(515) 264-1043

Van Ginkel's

- Uniforms
- School Jackets
- Equipment
- Engraving
- Embroidery
- Screen Printing

Ph. (515) 244-7718

Hours:

9 a.m. - 6 p.m. Mon.-Fri.
9 a.m. - 5 p.m. Saturday

2208 Ingersoll Ave.
Des Moines, IA 50312

Toll Free: 1-800-234-7718
Fax: (515) 244-2459

**Congrats to the
Class of '07!**

LOGAN
AUTOMOTIVE
Services You Can Count On



Bruce Logan
Kristine Brown
Jim Williams
Dale Reben

Ph: 265-3322
Fax: 265-7416
1956 Hubbell Ave.
Des Moines, IA 50316



"We Specialize in"

- | | |
|-------------------------|-------------------------------|
| ☛ Oil Changes | ☛ Engine Diagnostics |
| ☛ Maintenance Services | ☛ Charging & Starting Systems |
| ☛ Tune-Ups | ☛ Cooling Systems |
| ☛ Exhaust Systems | ☛ Brake Service |
| ☛ Suspension & Steering | ☛ Personalized Service |



Steene

’07

CONGRATULATIONS STEENE!

We are so proud of you. Continue to be yourself. Continue to speak your mind. Continue to be passionate about what you love and believe! Make your mark on the world!

-Love Mom and Dad.

THE PAST: Dad 1972, Randy 1975, Carrie 1979, Krystal 1998, Clint 2001, **THE FUTURE:** Christina 2007

Kinman Glass

1400 E. Grand
Des Moines, Iowa 50316

AUTO <>> HOME <>> COMMERCIAL

Professional Mobile Service (515) 262-3083
1-800-622-3306

MILLER
THE
DRILLER



Kristine Young
President
5125 EAST UNIVERSITY AVENUE
DES MOINES, IA 50327
1-800-833-3950
515-266-2261 TEL
515-266-1349 FAX
www.millerthedriver.com

"IOWA'S MOST
BORING COMPANY"

C. FREDRICK FULLER, D.D.S.
ADAM F. FULLER, D.D.S.

GENERAL
DENTISTRY



3223 E. 29TH
DES MOINES, IA 50317
PHONE: 266.2128

OFFICE HOURS BY APPOINTMENT

CONGRATULATIONS
CLASS OF 2007

ads

oreillyauto.com

YOU
want it,
WE GOT IT!

NOW IN OVER
700 LOCATIONS
TO SERVE YOU

O'Reilly AUTO PARTS.
PROFESSIONAL PARTS PEOPLE

Best Wishes and
Continued Success to
East High School's
Class of
2007



1801 Thompson Ave., Des Moines, IA • 515-262-3191

DESIGNER GOWNS

BRIDESMAIDS
MEN'S FORMAL WEAR

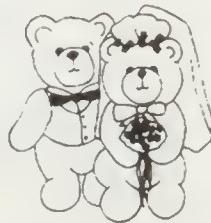
INVITATIONS

The Bridal Connection

PROFESSIONAL BRIDAL CONSULTANT

WWW.BRIDALCONNECTIONDM.COM

1014 EAST 14TH STREET
DES MOINES, IA 50316



515-262-GOWN
(4696)

**VOLVO
REPAIR**
Factory-Trained
Mechanics
• Parts
• Service
• Accessories

Former EHS Graduates:
Steve McGee Class of '60
Jean (Wingert) McGee Class of '64



EAST UNIVERSITY IMPORT SERVICE

1784 East Grand
Est. 1977

Phone: (515) 266-9847

Congratulations, Senior Class!

Tasty Tacos



1418 E. Grand.....266-4242
2900 E. Euclid262-1100
5847 S.E. 14th St..... 285-1946
3715 Douglas.....274-0884
8549 Hickman.....331-2000

Delicious Home-Cooked Mexican Food
“Nada es Imposible”

www.tastytacos.com

Congratulations, Class of 2007 from
Students & Staff at...

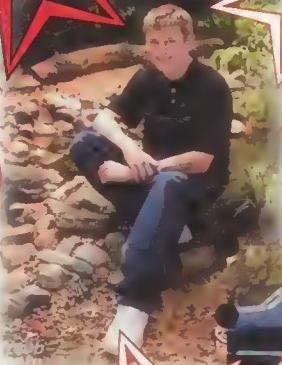
Goodrell Traditional Plus Middle School

Your Future is just around the corner...

TIME FLIES BY SOME THINGS GO BY FAST

Time has gone by so fast, it seems like just yesterday your Dad and I watched you from the doorway of the door-day of It has ful grow kind, some been wonder- watching you into a smart, and hand- young man... We are so very proud you, and love you very much!

Mom, Dad & Derrick



Ryan 1990



Congratulations, UB Seniors

C
L
A
S
S

Thinh Luong

Dao Yang

Brandon Watkins

Chriasath Saenvon

Denise Drayton

Phonesiri Vanvongthong

honethip Vanvongthong

Mary Son

Jiear Vang

UB, where you can BU!

2
0
0
7

MEDICAP PHARMACY CONGRATULATES THE GRADUATES OF EAST HIGH SCHOOL!



MEDICAP PHARMACY.



Janelle Beal, R.Ph.
Owner/Pharmacist

Karen Fisher, Pharm.D.
Compounding Specialist

Stop in Today & Experience the Medicap Pharmacy Difference!

2527 Easton Blvd.

Call Us! 266-2694

Open: M-F 9-6 Sat. 9-1:30

Locally Owned
& Operated

We'll always make time for you.

Congratulations,
Alicia!

We are proud of you!

We love you!

Love, Mom and Dad



Cinnamon Weinman, Realtor

FIRST GMAC
Realty Real Estate

515-453-7371

4430 E University Ave

Pleasant Hill, Ia 50327

www.Cinnamon.firstrealtyhomes.com

2007



Go East High Scarlets!

B. J. Baker, III, Chairman & CEO
'76 East High School Graduate

Delivering complete mechanical and
building technology solutions...

Baker
GROUP

Serving Central Iowa Since 1963

4224 Hubbell Avenue • Des Moines, Iowa 50317
515.262.4000 • fax 515.266.1025 • thebakergroup.com

CONGRATULATIONS
TO THE
CLASS OF 2007!
(LEE TOWNSHIP'S FINEST)



New Cars & Trucks
17th & Ingersoll
(515) 247-8000

Bill Jensen's
CRESCENT
 CHEVROLET

Crescent — East
1436 E. 14th Street
(515) 247-8035

Used Cars & Trucks
19th & Ingersoll
(515) 247-8040

**MEL & ILA SAVAGE'S
BARBER SHOP**



800 Euclid Avenue
Des Moines, IA 50313

Phone: (515) 243-8913
Open Tuesday - Saturday
8 a.m. to 5 p.m.

—No Appointment Necessary—

HAWKEYE WOOD SHAVINGS, INC.

LIVESTOCK BEDDING

BAGGED • BALED • BULK

COLORED SHAVINGS

5511 E. University Ave.
Des Moines, IA 50317

Ph: (515) 265-6440

ads

253



**GARVIS
HONDA**

HONDA Motorcycles/ATVs/Scooters
1603 Euclid • Des Moines, IA 50313

515-243-6217
1-800-358-5508
FAX 515-243-6451
www.garvishonda.com

FAIRGROUND HARDWARE

Complete line of Hardware
Window & Screen Repair
Electrical & Plumbing Supplies
Many "Hard-to-Find" Items
IRON COOKWARE • CROCKERY • HEART RUGS

2951 E. Walnut
262-5869

Owner, Mike Robinson
Class of 74

MCKENNA
TRUCK
CENTER

WILLIAM T. MCKENNA
PRESIDENT



*Congrats, Seniors...
You made it!*

P.O. Box 3288
5325 N.E. 14th St.
Des Moines, IA 50316
Email: bmckenna@mckennatruck.com

515-263-3600 ext. 323
Watts: 800-747-1130
Fax: 515-266-3045

Iowa State Bank is a **Proud East High Supporter**

Checking with
No Minimum Balance

Six locations to serve you

627 E Locust Street	288-0111
612 Locust street	246-8240
3818 Hubbell Avenue	262-1630
6410 SW 9 th Street	287-3750
3601 EP True Parkway	223-0011
2301 128 th Street	278-2442

www.iowastatebanks.com

FREE
Online Bill Pay



Iowa State Bank
It's Nice To Be Home

Member FDIC

congratulations

Ryan

2007



We are very proud
of you.
We've enjoyed
watching you
play all of your sports
and grow into a
nice young man and an
exceptional athlete.
We look forward to
cheering you on as you
continue your baseball
experience into college.
Be the best person you
can be and don't give up
on your dreams.

Love Always,
Mom, Dad,
Alex, & Matthew

Congratulations, Seniors!

THE NEW GOLF CARS OF IOWA

5181 Maple Drive
Pleasant Hill, IA 50327
Ph: (515) 266-4653

Redefining Simple.

Checking, savings, loans
and mortgage solutions
created with you in mind.

Altoona • Ankeny • Des Moines
Johnston • Pleasant Hill • Waukee

csb
community state bank

www.bankcsb.com

FDIC

Banking • Financial Advisors • Insurance

331-3100

ads

255

CONGRATULATIONS

AARON RYK DEGOREY

God has dealt you a card that most people will never hold in their hands. Even though that card seemed like an obstacle, it gave you strength and determination that helped you achieve success in academics and sports. We are so proud of you. Good luck in your future journey of life. We know that you will be great at whatever you do. We love you.

Mom, Dad and Sean

**Joint Apprenticeship &
Training Committee
Carpenters Local #106**



Training Center:
2160 East Douglas
Des Moines, Iowa 50313

Telephone 515-265-3467 FAX 265-2512

**Congratulations
East High School Seniors!**

**From all of us at EFCO, good
luck in forming your future.**



1800 N. E. Broadway Ave. Des Moines, IA 50313-2644
Phone: 1-888-289-3326 Direct: (515) 266-1141
Fax: (515) 313-4424 www.efcoforms.com

**BOB'S SEPTIC TANK
& MOBILE TOILET SERVICE**

(LOCATED IN BEAUTIFUL DOWNTOWN BERWICK)

MOBILE
TOILET
SERVICE



S.O.W.'s

3101 NE 54 AV

HANDICAPPED &
CHILDREN'S UNITS
PORTABLE SINKS

REASONABLE RATES

"We Remove the Sludge...
Not Just the Water"

LOCALLY OWNED & OPERATED

262-9174
24 HOUR SERVICE



T.H.
1 - 1500 GAL TRUCK
3 - 2000 GAL TRUCKS
TO SERVE YOU BETTER
BERWICK

Congratulations,

**EHS
Senior
Class !**

PHONE: 515/266-2412

Martinson's Used Cars, L.L.C.

BUY - SELL - TRADE

RANDY ROBINSON

4000 E. 14TH
DES MOINES, IOWA 50313

BUDGET LUBE

E. 27 & University • 266-0533

10 Minute Lube, Oil, & Filter Change

INCLUDES

- Up to 5 quarts Quaker State 10W40, 10W30, or 5W30
- Quality Oil Filter
- Lubricate Chassis

- Check air filter
- Check crankcase oil
- Check wiper blades
- Free Coffee

CHECK & FILL FREE

- Transmission fluid
- Differential fluid
- Power steering fluid
- Brake fluid
- Weather Sealants
- Battery water • Tire Pressure



OTHER BRANDS AVAILABLE

NO APPOINTMENT NECESSARY

ONE TOUGH MOTOR OIL



You rarely have time for everything you want in life, so you need to make choices. Hopefully your choices can come from a deep sense of who you are. The greatest gift you ever give is your honest self.

Logan

From your family
who has loved you
into being!
Mom, Dad, Trent, and Lee



Bryan

You've made us proud
from the moment
you were born.
Love, Mom, Scott,
and Dad

WARD EAST SIDE PHARMACY

A Full-Service Pharmacy

2501 East Walnut
Des Moines, IA 50317

REGISTERED PHARMACIST ALWAYS ON DUTY

We honor all Visa, Mastercard, Discover & American Express

We honor all third-party insurance plans

FREE city-wide prescription delivery

CONVENIENCE

Photo Developing * Greeting Cards * Selected Grocery Items

Gifts for All Occasions * Pop and Snack Foods * Fax Machine

School and Business Supplies * Postal Sub-station * Copy Machine Available

HAVE YOUR BLOOD PRESSURE CHECKED WITH OUR FREE VITA-STATE COMPUTER

Ward East Side Pharmacy offers free community service blood-pressure testing during all business hours. This is FREE for anyone in the community. It is NOT restricted to only our customers.

EVERYONE is welcome.

ads

257

ANDERSON ERICKSON



"Quality You Can Taste!"

ANDERSON ERICKSON DAIRY

Quality You Can Taste

2420 East University • Des Moines, IA 50317

Phone: (515) 265-2521

www.aedairy.com



Dear,
Remember when
you wanted to
marry your dog?
Well, we know that
your goals have
changed since
then, but we want
you to know that
we will always
back you up 102%.
You'll go far in what-
ever you do, so go
to infinity and beyond.

Love mom, dad
and family.



MITCHELL TRANSMISSION CO.

DOMESTIC, FOREIGN, AUTOMATIC, MANUAL, INDUSTRIAL

"Drive Train Specialists"

IOWA'S LARGEST TRANSMISSION REPAIR SHOP
32 MECHANICS TO SERVE YOU

1440 Locust
Des Moines, IA

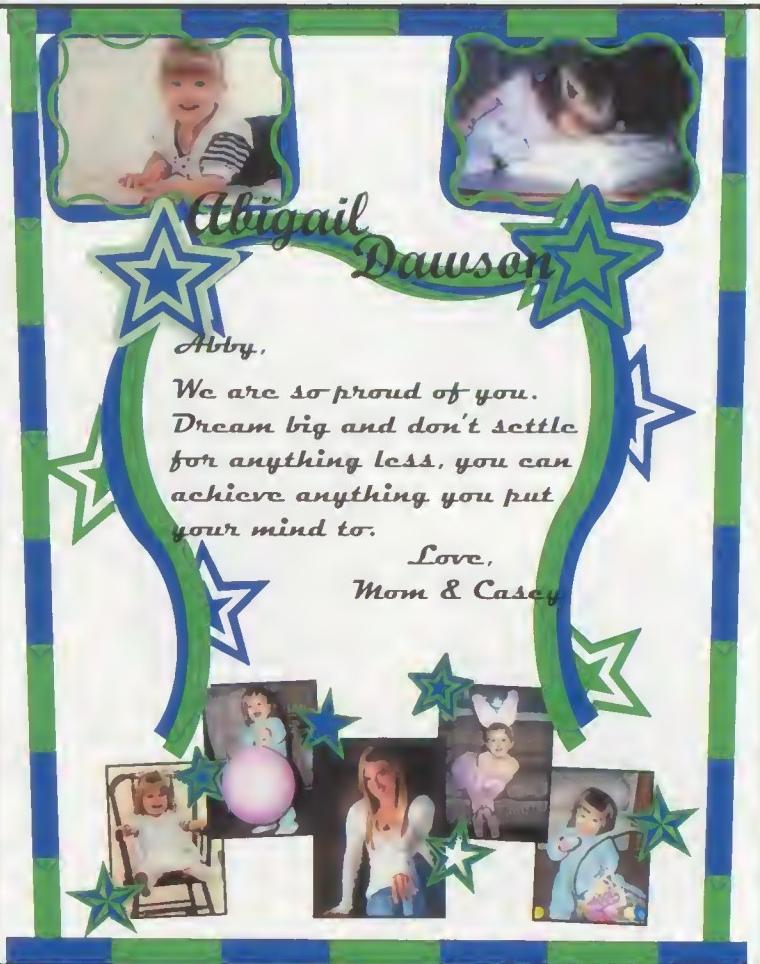
(515) 283-2446
Toll Free 1-800-532-1201



2905 Delaware Avenue • Des Moines, Iowa 50317
(515) 263-1058 • Fax: (515) 263-1063

Charla Davidson
President, CFO
"Class of 1971"

*Congratulations to the
Class of 2007!*



Congratulations

East High Scarlet Class of 2007!

At Copy Systems Inc., we understand the value of quality education.

It is the foundation on which to build a successful, fulfilling life.

We at Copy Systems would like to congratulate the members of the EHS senior class for your valuable achievement and wish you good luck and continued excellence in the pursuit of your lifetime goals.

**IF YOU COPY IT, FAX IT, PRINT IT, SHRED IT, MAIL IT, SHIP IT,
TRACK IT, FOLD IT, OR INSERT IT, WE HAVE WHAT YOU NEED!**



Now you've got a better choice.™

Copy Systems Inc.

920 E 21st Street

Des Moines, IA 50317

515-262-2100



Visit us on the web at: www.copysystemsinc.com

Congratulations, Ryan Matthew Remus



2
0
0
7

We love you very much!!

Mom, Dad & Rochelle



Congratulations



You've grown into a remarkable young lad!

You've made us proud time & time again!

You've given us a treasure full of memories that never ends!

Keep staying focused & all of your dreams will come true!

Ours have, since we have a DAUGHTER like you!!!

Love,
Mom & John
Little Sister Jaci
Dad & Kim

R. C. Automotive

2742 East University
Des Moines, IA 50317

Ph. 266-3286

Reggie Crabbs

THRASHER'S HARDWARE, INC. Congratulations & Good Luck Seniors!

Your DM neighborhood hardware store
-- 40 years strong!

Al Thrasher
3001 E. 14th
Des Moines, IA 50316
(515) 262-2162

Eastside Chiropractic Clinic

We Salute the
Class of '07!

Daniel Hannan D.C., D.A.B.C.O.
Kevin Eichelberger D.C.

Specializing in Complete Spinal Rehabilitation
Neck, Shoulder, Arm, Leg, Back Pain & Headaches

2821 Hubbell Ave., Des Moines, IA 50317

263-1313



TOM'S AUTO SALES & SERVICE

We don't sell to everyone we talk to.
But we're still talking to everyone we've sold to.

CONGRATULATIONS, SENIORS!

2136 E. University
Des Moines, IA 50317
(515) 262-9538
www.tomsautosales.com



We are Proud of our EHS Employees, and...
We Salute the Scarlet Class of 2007!

Bakery
Kitchen
Meat
Produce
Chinese

HuVee®
EMPLOYEE OWNED

Pleasant Hill
4815 Maple Drive

Open 24-hrs/day

Ph: (515) 262-7944

Pharmacy
Floral Shop
Dry Cleaning
1-Hour Photo
Gas

ads

261

remembering you then...

shy little girl...

big blue eyes...

always hiding behind our legs...



seeing you now...

A photo of a teenage girl with blonde hair, smiling.

intelligent...

beautiful...

and all grown up...

You have filled our hearts and our lives with
love, pride and joy.

We love you and are so proud of you,
Mom and Dad

When I was pregnant with you, people would ask me if I wanted a boy or a girl. I would say a boy. After all, boys are what I had experienced, with my brothers, Jesse, Becky's boys...but secretly I wanted a girl. I missed my mom so much. I wanted a daughter so I could have that mother/daughter bond again. Obviously things turned out for me. I am so happy to have you for a daughter! I am so proud of the person you've become!

Love you
Mom



Jami You are not only my sister, you are one of my best friends. Even though we fight a lot that doesn't change how I feel about you! You will always be my sister and nothing will EVER change that. I will always be there to back you up in fights, I'll be there for you when you're crying about a boy, I'll be there for you when your friends back stab you...basically what I'm trying to say is that whatever it is, I will ALWAYS be there for you! and I know you will always be there for me, and that's what makes you a GREAT sister.

Love
Jen



Brooke L. Van Sondy
East High School
Class of 2011

It seems like yesterday you were my beautiful little girl off to your first day of school. Time has gone by so fast and now you've grown into such a beautiful young lady that I'm so proud of in so many ways.

As you walk across the stage to receive your diploma and move on to the next chapter in your life, know that we love you in our hearts and never forget the accomplishment you have achieved. You did it!

Live life to the fullest, be honest and true to yourself. Pursue anything that you can do that makes your heart desires.

I love you!

Mom



Well you finally made it through all those tough years of school. Congratulations! I am very proud of you and I wish you the best of luck in the future.

Congrats!

Love,
Deeria



Brooke—our #1 granddaughter

Papa is watching over you and he is as proud of you as I am. May your dreams for the future come true.

Love,

Papa and Amal



ads



5 & Diner

5015 E. University
Pleasant Hill, IA 50327

(515) 262-1711

Catering
Available

No Job Too Big
No Job Too Small

Open 7 days at 7 a.m.



BUSINESS PROFESSIONALS of AMERICA
Front Row: Sponsor Mary Jane Kaldenberg, Susan Moreno, Elizabeth Bailey, Alicia Weinman.
Back Row: Kennethia Woods, Amy Van Gundy, Jerica Amerison.



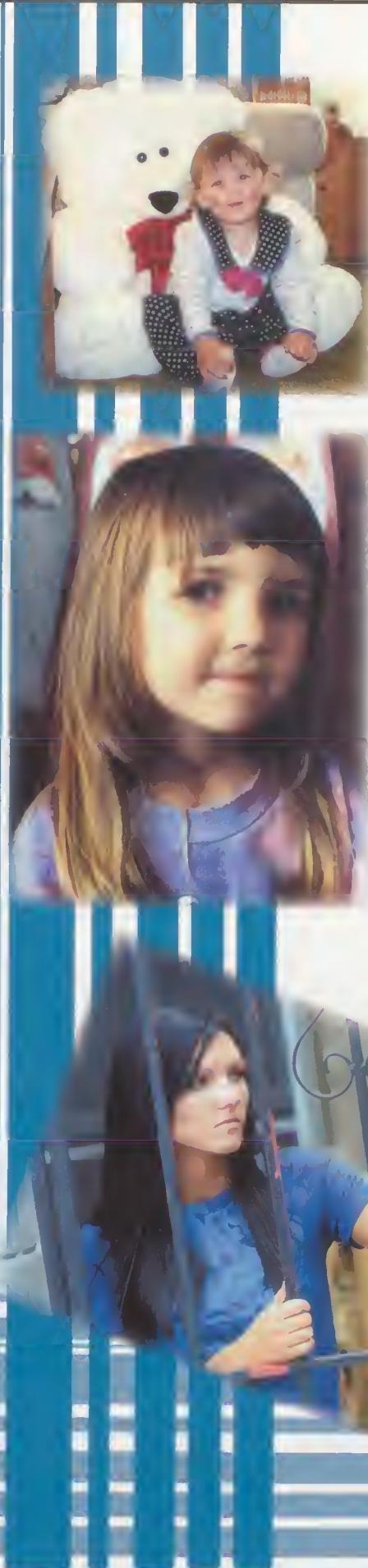
Best of Luck...
Class of 2007



INSURANCE WORK
FRAMEWORK

Tom Martin
Owner
Class of '78

1824 Second Avenue
Des Moines, Iowa 50314-3605
(515) 243-0862
Fax (515) 243-0863



kacie

We looked at you today and saw the same beautiful eyes that looked at us with love when you were a baby.

We looked at you today and saw the same beautiful mouth that made us cry when you first smiled at us when you were a baby.

It was not long ago that we held you in our arms long enough for you to fall asleep--We'd just keep rocking you all night long.

We looked at you today and saw a beautiful daughter, no longer a baby, but a beautiful person with a full range of emotions, feelings, ideas, and goals.

Every day is exciting as we continue to watch you grow and we want you to always know that in good times and bad, we will always love you...

no matter what you do, how you think, or what you say. You can depend on our support, guidance, friendship, and most of all our Love, every minute of every day.

*With love,
Mom and Dad*

We are Proud of our EHS Employees!



Blake Horch, Darcey Spencer, Director Mike Kueny, Nathan Schnoebelen,

Stephanie Brown, Channing Quinn.

Not pictured: Amanda Rickabaugh, Andrew Kingery, Dani Scott.

Bakery
Deli
Chinese
Meat
Produce

Hy-Vee
EMPLOYEE OWNED

Pharmacy
Floral Shop
Dry Cleaning
1-Hour Photo

Open 24-hrs/day

Ph: (515) 262-0640

East Euclid Hy-Vee Salutes the
Graduating Class of 2007!

Dr. Steven Fuller, DDS

Dr. Richard J Fuller, DDS (rel)

FULLER ASSOCIATES Family Dentistry

Congratulations
to the
East High Senior Class!

2822 E. 29th
Des Moines, IA 50317
Phone 266-3437

Congratulations
You did it!

Pep 'E' Club



PEP 'E' CLUB BOARD. Front Row: Jessica Vong, Nuong Nguyen. Row 2: Ruby Ortega, Chelsey Rehms, Ka Le, Brittany Gochala, Tiffani Guterres, Jennifer Radley (sec.). Row 3: Jade Kreutz, Ashley Young, Ryan Hilding, Shane Kellow, Teighlor Guterres, Kelsey King, Jennifer Davison. Not Pictured: Addison Speck (co-pres.), Nicole Rayman (co-pres.), Trevor Beals (co-VP), Aaron DeGoey (co-VP), Christina Tharp (treas.)

ads

oneighty

Berean Assembly of God
5225 Maple Dr.
Des Moines, IA 50327
262-9531

Wed. 7:00 Sun. 8:00, 10:30, 5:30

RESCUED
FROM AN
ORDINARY
LIFE
• USED
IN
EXTRA-
ORDINARY
WAYS

nick



Congratulations!

We're proud of you!



Love, Mom, Darwin, Dustin, Suzane and Grandma

Chris Sorenson

You Did It!



I am very proud of you!
Congratulations
Love, Mom

Palazzo's
Java House

3304 E. University Ave. Des Moines, IA
262-9400

Serving...

Cappuccino	Frappuccino
Gourmet Coffee	Steamers
Oregon Chai	Lattes

6 Flavors of Smoothies

Sandwiches

Nachos

The Best Grilled Cheese Around

Monday-Friday
OPEN 6:30 a.m. - 5 p.m.
Saturday
7 a.m. - 5 p.m.

We're so proud of you. It's really hard to believe that our little girl has grown up so quickly.

Seems like just yesterday you needed us for everything and today you are so independent (except for money).

Your morals and values are amazing and are going to help you to excel in all that you do.

As you take the next step and go off to college you have life and dreams ahead of you.

Stay strong, Be true

to yourself~

Remember you can't go back!

Love you to the moon!

Mom & Dad

Congratulations Ashley!



SAM'S RIVERSIDE AUTO SALVAGE

3900 Vandalia Rd

(515) 265-8792

Toll Free 1-800-383-2163

Open M-F 8:00-5:00
Open SAT 8:00-2:00

AUTO PARTS

TRUCK & DIESEL PARTS

Congratulations,
Seniors!

IOWA AUTO TOP & UPHOLSTERY

COMPLETE AUTO UPHOLSTERY-Since 1940



SHAWN KINMAN
OWNER

4012 E. 14th

Des Moines, IA 50313

244-2802

Congratulations,
Senior Scarlets!

ads

G & L CLOTHING
Your Size, Your Style...We've Got It ALL.

515/243-7431
USA Toll-Free: 800/222-7027
Fax: 515/243-4527
E-Mail: gandlclothing@dwx.cor



1801 Ingersoll Avenue • Des Moines, IA 50309
HOURS: M,W & Th 8-8; Tu & Fri 8-5:30; Sat 8-5
Browse our online catalog • www.gandlclothing.com

Doherty's Since 1948
FLOWERS Flowers for all Occasions
Open 8 a.m. - 5 p.m. Mon.-Fri. 8 a.m. - 2:30 p.m. Sat.
24 hour Phone Service
515-288-6557 dohertysflowers.com 800-944-0098

PIONEER AUTO ELECTRIC

58 Years In Business — Electrical Diagnostics Repair
Wiring — Power Windows — Doors — Seats — Etc.
Alternators — Starters & More
2122 SE 14th St. Des Moines, IA..... (515) 243-3139

Congratulations, Seniors!
Best Wishes for a Bright Future!
from the

EHS Counseling Staff

Jennifer Rebel
Kimber Foshe
Pat Bannon

Rebecca Miller
Nancy Christy

An advertisement for Eastern Buffet Chinese Restaurant. It features a red background with yellow stars. The restaurant's name is at the top, followed by 'CHINESE RESTAURANT'. Below that is the 'OPEN HOUR' information: Monday through Thursday from 11:00am to 9:30pm, Friday & Saturday from 11:00am to 10:30pm, and Sunday from 11:00am to 9:30pm. There are also telephone and fax numbers listed: TEL: (515) 266-4788 and FAX: (515) 266-2335. The address is 1225 Copper Creek Dr Suite D, Pleasant Hill, IA 50327. The logo includes a stylized illustration of a pagoda and a crane.

Congratulations, Class of 2007!

Do it Best
Porter Hardware
and Rental

Propane
Kerosene

4209 Hubbell Ave.
Since 1936
266-1149

PORTERDOITBEST@QWEST.NET

M-F 7:30-6
SAT 8-5
SUN 9-5

Best Breakfast 9
years
in a
row!

WAVELAND

c a f f e

THE BREAKFAST PLACE

"Excellent as Always!"

DES MOINES

4708 University Ave.
279-4341

FAIRGROUNDS
304 E. 30th St.
262-9600

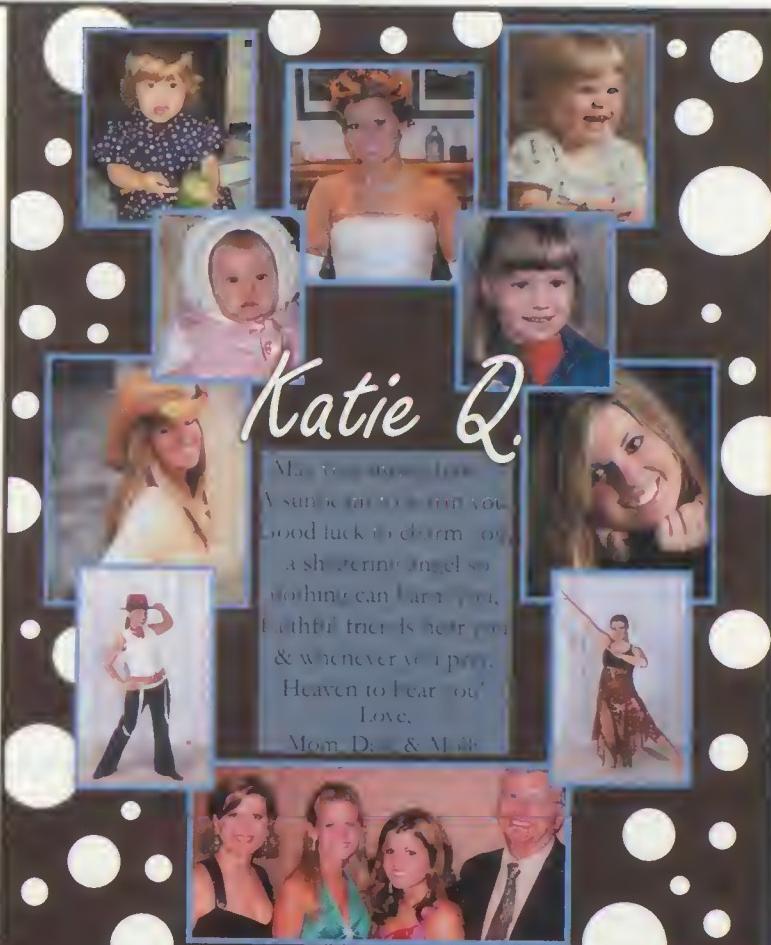
BOONEVILLE
3571 Ute Ave.
987-1038



OPEN
6 A.M.
TO
8 P.M.

Katie Q.

May your day bring
A sunny smile & good luck to charm
or a shiny ring & gold so
nothing can harm you,
Faithful friends near you
& whenever you pray,
Heaven to hear you
Love,
Mom, Dad & Marge



congrats

Anderson Erickson

would like to

CONGRATULATE

the *East* High

Class of 2007!



seniors '07

ads



Jennifer

We looked at you today and saw the same beautiful eyes that looked at us with love when you were a baby We looked at you today and saw the same beautiful mouth that made us cry when you first smiled at us when you were a baby It was not long ago that we held you in our arms long after you fell asleep and we just kept rocking you all night long We looked at you today and saw our beautiful daughter no longer a baby but a beautiful person with a full range of emotions and feelings and ideas and goals every day is exciting as we continue to watch you grow and we want you to always know that in good and in bad times we will love you and that no matter what you do or how you think or what you say you can depend on our support, guidance, friendship and love every minute of everyday we love being your parents

Love Always,
Mom & Dad





MASONRY, INC.

Congratulations, Seniors!

2936 Raccoon Street
Des Moines, IA 50303

Office (515) 266-5303
Mike Wagner

Fax (515) 266-5518
Monty Banks

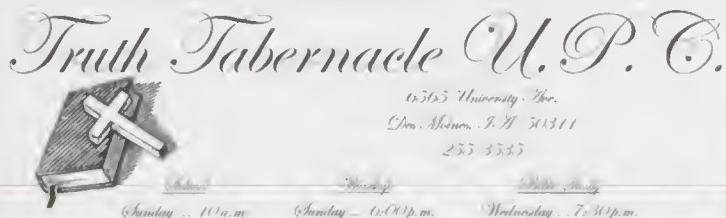
262-8558
or 262-2366

PERFORMANCE PLUS

—Where The Professionals Work—

- Specializing in General Auto Repair
- Diesel Engine Repair
- Automatic Transmission Repair
- Computer Car Diagnosis & Repair

Kirk Parker
1200 NE 56th St.
Pleasant Hill, IA 50327



New.....Reroofs.....Repairs

Reliable
Roofing Inc.

Commercial / Industrial
Built-Up and Single-Ply Systems

2431 Dean Ave.
Des Moines, IA 50316
515-265-5870

TOM CROSS, Sr. / President
Fast, Efficient Service anytime

Stickel Chiropractic Clinic P.C.



Dr. Jeffery Stickel, D.C.
1988 EHS Grad

2913 Ingersoll Des Moines, IA 50312

515-255-3021

stickelchiropractic.com

grow. play. live.

*Congratulations,
Class of 2007!*

pleasant hill



RICO L. BERTAGNOLLI, D.D.S.

General Dentistry

921 E. 23rd St.
Des Moines, Iowa 50317
Telephone: (515) 262-9581

"Class of 1980"

Congratulations
to the
Class of 2007!

Scarlets!
Stop by every year!

Running Boards

Tube Products

Tool Boxes



DEEZEE®

The Quality Truck Accessory People

TRUCK ACCESSORIES TO FIT ANY TASTE.

www.deezee.com

Bed Protection

Floor Mats

Mud Flaps



Archie Webb

PHOTOGRAPHY

6488 SE 6th Ave. Pleasant Hill, IA 50327

262-4240

www.mattyphotography.com

making life's memories last forever



ads

275

EDCO

EDCO COMMUNITY CREDIT UNION

SERVING THE EDUCATION
COMMUNITY SINCE 1930

CONGRATULATIONS!

EdCo Community Credit Union
609 38th Street
Des Moines, Iowa 50312
www.EdCoCU.com
Phone: 515-274-4100
Fax: 515-274-2939

See EdCo Community Credit Union to secure your
successful financial future.



Tattoos & Body Piercing

Hours: Tue. - Sat. / Noon - 8 p.m.
2830 Hubbell Ave.
Des Moines, IA 50317

515.299.2800
estattoo@yahoo.com

DRIVE TEK

Seniors, You're On Your Way!

WWW.DRIVETEK.COM

515-327-1500

YOUTH DRIVER EDUCATION

TENSION ENVELOPE CORPORATION

Congratulations EHS
Class of 2007 Seniors!

2100 E. 17th St.
Des Moines, IA 50316

Fax: (515)262-2232
Phone: (515)266-3181



Amy Lurae Tarr

Where have all the years gone?
Time passed so quickly, and here you
are....

a beautiful young lady.

Your determination, ambition, and drive
will serve you well as you take the next
step toward achieving your goals.

We are so proud of you!!!

Love,
Mom, Dad and Greg



Jen,

You have given us so many memories these
past 18 years that bring joy to our hearts.
You have worked so hard and we are very
proud of all that you accomplished so far.
Follow your dreams and your future will be
filled with success and happiness.

Love,

Mom and Dad



Kayse Lee Barker

You have always cheered others;
Now your family is cheering for you.
Congratulations!
We love you and wish you the best
life can offer.

We're proud of you.

Dad, Mom, Bryan, Jessica,
Grandma Barker and Grandma Greider

Go Scarlets!!



Class of 2007



Congratulations
senior board

“I love you all and I’m proud of you.”

-Gary Rourke, Senior Adviser



Brett,
Life is such a wonderful
journey with you. You started
as our bouncing baby boy and
have grown into a fine young
man. You have set such high
expectations and goals for
yourself, and we know how
determined you are to fulfill
those goals and dreams. We
also know that with your am-
bition for life you will succeed
in anything and everything
you set forth to do. You always
amaze us with your desire for
challenges and your aspiration
to see them through. We are all
very proud of you. We love you
buckaroo!!!

Love,
Mom, Dad and Ashley



Sponsor Samy El-Baroudi, Samantha Cam, Phonesiri Vanvongthong,
Phonethip Vanvongthong, Karissa Morton, Abigail Dawson, Katie
Sturtz, Hoang Nguyen



East High Student Government

Karissa Morton-President
Abigail Dawson-Vice President



Micale



First cry
 First smile
 First steps
 First skinned knee
 First cheer
 First boyfriend
 First prom dress
 All grown up
 All too quick
 All too soon.
 We're so proud of you!
 Love,
 Mom & Dad



Joel David Lange

You've always had your own
 sense of style, listened to
 your own song and followed
 your own path. We hope it
 leads you to happiness.

Love Mom, Dad, Nick, Kristin and Kali



C
 O
 N
 G
 R
 A
 J
 T
 U
 E
 L
 A
 T
 I
 O
 N
 S



MAXWELL - NEEDHAM
COLLISION COLLISION CENTER, INC. RESTORATION



FAX
515-265-3456

2440 Easton Blvd., Des Moines, Iowa 50317

MARK MAXWELL
265-3455

PP
&
Your Power Starts Here!
Small Engines, Inc.

Jeff & Tonya Nicholson
Over 30 Years in Business

2715 E. University
Des Moines, IA 50317

Phone: (515) 265-8889
(800) DM STIHL
Or (800) 367-8445

— Parts and Service for most Outdoor Power Equipment —

- * Stihl Chainsaws, Pole Saws & String Trimmers
- * Snapper and Lawnboy Mowers
- * Cub Cadet Tractors & Lawn Care Products
- * Cub Cadet & Encore Commercial Mowers

ads

281

**Congratulations
to the
EHS Scarlet
Class of 2007!**

**JOE'S
TIRE CO.**
1759 E. Grand
Des Moines, Ia.
515/262-7908
www.joestire.com



"ONE OF THE BEST
WARRANTIES IN THE
BUSINESS PERIOD."



WITH OVER 1900 MEMBER SERVICE CENTERS NATIONWIDE

"GET THE RITE PRICE FIRST!"

Free: ROAD TEST EXTERNAL INSPECTION LOCAL TOWING WITH MAJOR REPAIR

- ✓ RV's
- ✓ 4X4's
- ✓ CERTIFIED
MECHANICS

- ✓ FRONT OR REAR
- ✓ WHEEL DRIVE
- ✓ CV JOINTS
- ✓ FRONT
- ALIGNMENT/SUSPENSION

- ✓ AUTOMATICS
- ✓ MANUALS
DOMESTIC &
FOREIGN

812 E. 30th

Des Moines, IA 50317

266-1437

Motorcycles • ATV's • Jet Skis
Generators • Sales • Parts • Service

STRUTHERS BROS



5191 NW 2nd Ave.
Des Moines, IA 50313
Email: struthersbros@mchsi.com
www.struthersbros.com

(515) 282-3634
Fax (515) 243-2595
1-888-816-FAST

Senior Class Officers



Class Motto

"Each of us has different talents, different dreams, and different destinations. But we all have the power to make a new tomorrow."

-author unknown

class flower



JOSHUA JAMES STROTHER

Congratulations Josh!
We are so proud of you.
Good luck in everything
you choose to do with
your life, and remember,
you can accomplish any-
thing you put your mind
to! Love, Mom, Dad,
Kizzie & Vybert



CONGRATULATIONS

2006-2007 Winter Guard
2nd place at State



BEST WISHES

Seniors
Sydney Williams & Trista Johnson

JW STUDIO
paper maché

WHIRLWINDS
of the Midwest

Go, be a blessing to the world and know you
have our love and support. Congrats!

All Our Love,
Dad, Mom, Emily & Matt

Abby
2007



CONGRATULATIONS TO THE CLASS OF 2007. YOU NOW JOIN THE RANKS OF OVER
40,000 EAST HIGH SCHOOL ALUMS.

TAKE TO HEART THE EAST HIGH SCHOOL MOTTO:
FOR THE SERVICE OF HUMANITY.

LIVE YOUR LIFE, WITH THE BELIEF THAT, IF WE ARE EVER GOING TO MAKE A DIFFER-
ENCE IN THIS WORLD, IT BEGINS WITH THE THOUGHT OF HELPING OTHERS.

BEST OF LUCK NOW AND IN THE FUTURE.

Yours,



Committed to DES MOINES' EAST SIDE

PEDIATRICS

Mercy Central Pediatric Clinic
330 Laurel Street, Suite 2100
Des Moines.....643-8611

Mercy East Pediatric Clinic
5900 E. University Avenue, Suite 300
Pleasant Hill.....643-2600

FAMILY PRACTICE

Mercy Campus Medical Clinic
411 Laurel Street, Suite A120
Des Moines.....643-5400

Mercy Capitol East Des Moines Clinic
623 E. 12th Street
Des Moines.....265-5355

Mercy East Family Practice Clinic
5900 E. University Avenue
Pleasant Hill.....643-2400

Mercy East Village Family Practice Clinic
1300 Des Moines Street, Suite 204
Des Moines.....643-0833

QUICK CARE

Mercy Quick Care Clinic – Skywalk
604 Locust Street, Suite 210
Des Moines

Mercy Quick Care at Dahl's Foods Store
3400 E. 33rd Street
Des Moines

URGENT CARE

Mercy East Urgent Care
5900 E. University Avenue
Pleasant Hill.....(515) 643-2400

Mercy North Urgent Care
800 E. 1st Street, Suite 1500
Ankeny.....643-8100

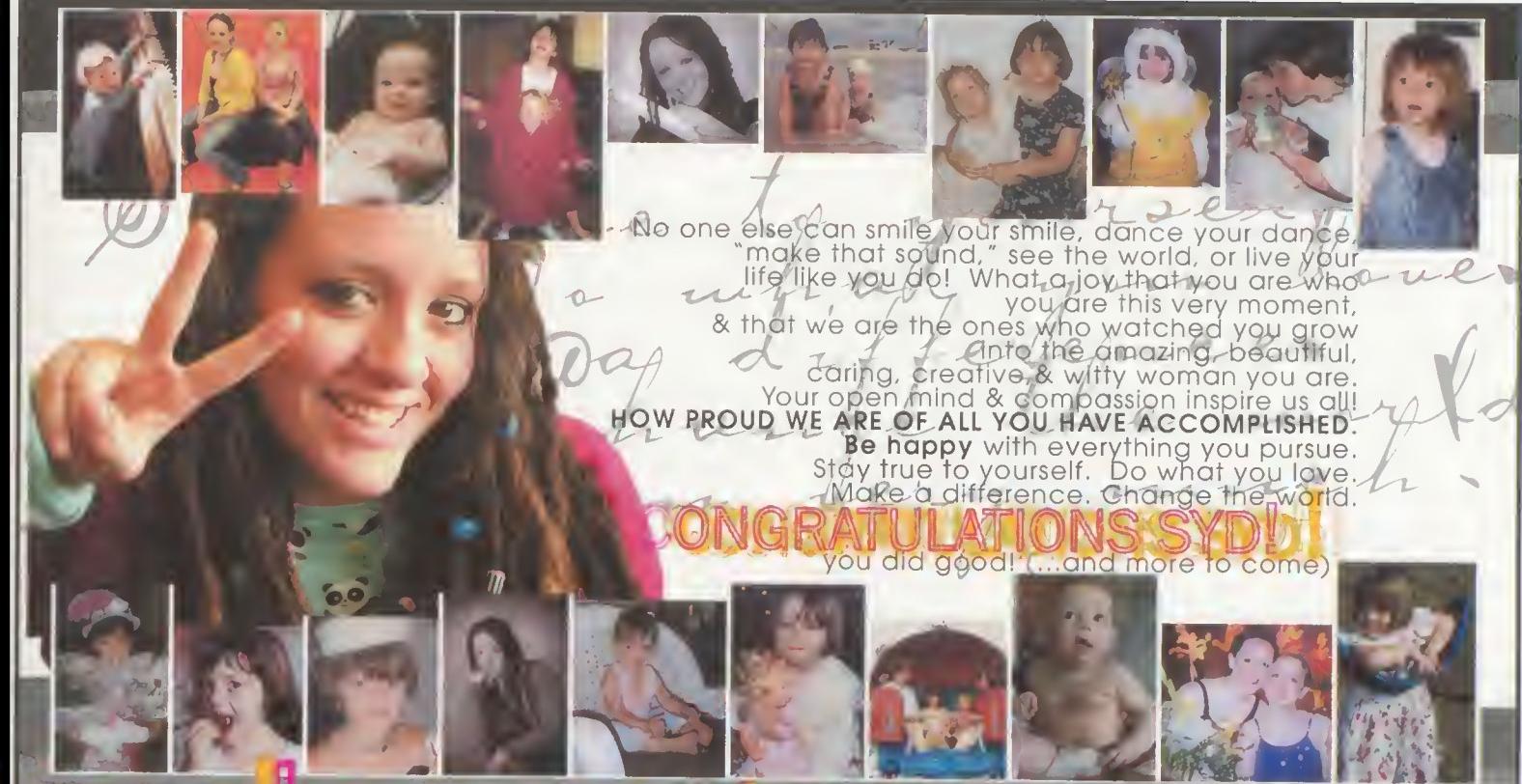
Mercy South Urgent Care
6601 SW 9th Street
Des Moines.....643-9400

Mercy West Urgent Care
1601 NW 114th Street
Clive.....222-7010



Mercy Clinics, Inc.

A member of Mercy Medical Center- Des Moines



Sydney we love you
jake, vicki, taylor, & kyle
madi

mom
grandma judy & grandpa joe
grandma cheryl & grandpa nelson
dad

Colophon & Acknowledgements

THE QUILLS STAFF IS GRATEFUL FOR THE PRODUCTION ASSISTANCE PROVIDED BY THESE 2006-7 YEARBOOK INTERN:

MICHEAL CAROLUS
LARISSA CONNETT
ZACHARY DOWNING
ELIZABETH GODOY

AMBER HAGER
ASHLY LOVELL
MARIO M-FIGUEROA
DANIELLE OLIVER

KYLE OUNDSON
AMY PARKER
KATELYNN SMITH
BRITTANY SYVIXAY

SCOTT THOMPSON
JAY VILLALOBOS
KYLIE VRY
SHAWNNA WILSON

...AND FOR THE GUIDANCE OF:

ED KELLY - PUBLICATIONS ADVISER

MIKE ZELENOVICH - PRINCIPAL

JENNIFER FEHRMANN - HERFF JONES REPRESENTATIVE

...AND WISHES TO GIVE SPECIAL THANKS TO:

TEACHER MARTY MOHLER AND HIS PHOTOJOURNALISM STUDENTS FOR THEIR CONTRIBUTIONS.

SPECIAL PHOTO THANKS ALSO TO ARCHIE WEBB PHOTOGRAPHY IN PLEASANT HILL, IOWA.

THE HERFF JONES YEARBOOK PLANT IN MISSION, KANSAS PRODUCED 920 COPIES OF THE 2007 QUILL.

THE 300-PAGE BOOK WAS COMPLETED ON MARCH 15.

SIXTEEN STAFF MEMBERS PUT TOGETHER THE SPRING-DELIVERY BOOK ON 80LB. BORDEAUX PAPER.

THE 4 COLOR PROCESS COVER IS PRINTED ON KIVAR COVER MATERIAL. ENDSHEETS ARE PRINTED WITH A 4-COLOR PROCESS ON WHITE VIBRACOLOR PAPER STOCK, DIFFERENT FRONT AND BACK. THE 8.5" X 11" BOOK IS PRINTED WITH OFFSET LITHOGRAPHY AND IS SMYTH-SEWN, ROUNDED AND BACKED. THE MAJORITY OF THE COPY THROUGHOUT THE BOOK IS 10-POINT GARAMOND. THE BOOK WAS PRODUCED DIGITALLY AND ALL PAGES WERE SUBMITTED ON CD DISKS USING 17 DELL PC COMPUTERS AND THE APPLICATIONS MICROSOFT WORD AND ADOBE'S PHOTOSHOP AND INDESIGN CS.

a g

Abdelrahim, Ahmed 170
 Abe, Yuzuru 184
 Abel, Afton 102, 159, 161, 170
 Ackiss, Marvene 158, 170
 Adams, Derek 196
 Adams, Donna 47
 Adams, Marylee 40, 50, 106, 107,
 164, 196
 Advanced Handbell Choir 101
 Aguila, Iris 184
 Aguilar, Carolina 106, 107, 184
 Aguilar, Jorge 105, 184
 Al-Hameed, Sabreen 6, 7, 170
 Alanis-Vega, Hugo 170
 Alarcon, Edward 196
 Aleantara-Gareia, Gabriel 170
 Alearaz, Karen 105, 196
 Alexander, Heather 161
 Alexander, Kristin 100, 101, 103,
 108, 170
 Alexander, Raehel 72, 101,
 102, 105, 106
 Alford, Lindsey 170
 Ali, Muhammad 140
 Allen, Alisa 163, 196
 Althaus, Gavin 158, 160, 170
 Althaus, Karl 9, 104, 105, 162, 165
 Ambroson, Cecily 153, 159,
 164, 184
 Amerison, Jerriea 104
 Anaya, Duleea 170
 Anderson, Devan 184
 Anderson, Joseph 158, 162, 196
 Anderson, Kelsey 105, 106,
 145, 164
 Anderson, Staey 101, 103, 106,
 108, 184
 Andrews, Kayla 170
 Ange, De 175

Anthony, Andrew 196
 Arambul, Martha 196
 Areher, Brad 105
 Areehiga, Jonathan 196
 Armater, Sydney 184
 Armstrong, Larry 184
 Arnett-Delk, Deryk 170
 Arnold, Todd 106, 184
 Arreola, Iduan 196
 Art Club 106
 Atary, Cieilia 170
 Atehison, Heather 105, 106
 Aueh, John 158, 170
 Audas, John 184
 Audus, John 158
 Aunspach, Jeffrey 196
 Avant, Jessica 5, 106, 107
 Avant, Tyler 101, 170
 Avila, Humberto 170
 Avila, Martha 184
 Avila, Socorro 184
 Aviles, Carlos 184
 Aviles, Edin 184
 Aviles, William 170
 Axland, Dustin 170
 Ayala, Matthew 196
 Ayersman, Jill 196

b

Baccam, Christopher 184
 Baeeam, Coby 106, 159, 184
 Baeeam, Monica 196
 Baeeam, Nieole 161, 170
 Baeeam, Rido 158, 184
 Bagley, Robert 164
 Bailey, Christina 196
 Bailey, Elizabeth 104
 Bailiff, Jacob 103, 108, 184
 Baker, Aaron 196
 Balark, Ellis 170
 Bales, Justin 106

Bales, Steven 196
 Bales, Vanee 196
 Ball, Brandi 184
 Ballard, Andrew 196
 Ballard, Ben 6, 56, 158
 Ballard, Darby 196
 Ballard, Gregory 196
 Banks, Emily 184
 Banner, Robert 162
 Baray, Julia 3, 163
 Barber, Cleighton 170
 Barber, Dillion 158, 164, 170
 Barker, Kayse 100, 104, 105, 164
 Barlean, Peter 196
 Barnard, Kelsie 170
 Barnes, Ashley 196
 Barnes, Nieholas 170
 Barr, Michael 184
 Barrett, Cody 170
 Barwick, Randy 159
 Bartley, Tammy 105, 196
 Barton, Patriceia 184
 Baseball 162
 Basketball 160, 161
 Bason, Erik 184
 Bates, Kyle 59, 158, 162, 196
 Battin, Michael 103, 170
 Bauer, Charli 196
 Bauer, Gage 184
 Baumbach, Benjamin 67, 105, 196
 Baumeister, Angie 141, 163
 Baumgardner, Amanda 102, 103,
 165, 184
 Bautista, Marlene 184
 Beal, Sammie 107, 184
 Beals, Trevor 90, 105, 114, 162
 Beek, Ian 162, 164, 165
 Beek, Kenli 184
 Beeker, Drew 170
 Beehum, Jaleesa 74, 100, 184
 Beem, Michael 158, 165, 170
 Beem, Mikel 100, 105, 108, 196
 Beer, Gianni 44, 103, 163, 196
 Beerbower, Miranda 184
 Beery, Brittney 170

Beggs, Ryan 89, 103, 170
 Beginning Hand Bells 101
 Bekish, Ceeria 170
 Belcher, Jacob 124, 158, 162, 196
 Belcher, Jamie 61, 158, 163, 196
 Belger, Michael 170
 Belger, Samantha 184
 Beliel, Buddy 170
 Belieu, Sasha 196
 Bellis, Amanda 66, 85, 103, 104,
 105, 108, 196
 Bellman, Jaebob 103, 108, 158, 170
 Bellman, Kody 170
 Bemis, Tyler 196
 Benavidez, Gerardo 184
 Bennett, Zachary 170
 Bennink, Chris 162
 Bensley, Cherish 170
 Bentley, Jamie 184
 Bergan, Lacey 8, 100
 Bernabe, Luis 184
 Bernardino, Alyson 170
 Bernardino, Antonio 196
 Bernardino, Kathleen 196
 Bernardino, Michelle 170
 Bernardino, Victoria 170
 Berst, Catherine 107, 184
 Besaw, Latisha 171
 Betaneourth, Wilmer 106, 171
 Betts, Alyssa 102, 184
 Bickle, Michael 196
 Biddle, Aaron 171
 Bierkamp, Annette 93, 107
 Bireh, Jamar 158
 Bishop, Erik 184
 Bishop, Ryan 171
 Bixler, Jon 124, 158
 Bixler, Jordan 28, 196
 Blaek, Cornelius 196
 Blaek, Emily 171
 Black, Misty 159, 171
 Blacksmith, Heather 159, 171
 Blaine, Brandon 171
 Blair, Kyle 158, 184
 Blair, Robert 158, 164, 184

index



Blakely, Falyn 185
 Blasnitz, Damion 185
 Blasnitz, Dillon 197
 Bloch, Demetreis 185
 Blodgett, Jacob 185
 Blodgett, Lacey 182, 197
 Bloodsaw, Tionne 197
 Blue, Mathew 171
 Blumenthal, Anthony 158
 Boattenthaler, Haley 104, 105
 Boeckholt, Sarah 171
 Boland, Vania 101, 164, 171
 Bolander, Timothy 58, 113, 158,
 162, 164, 197, 207
 Bolden, Jamell 164, 185
 Bollinger, Emily 163
 Borleau, Peter 107
 Borton, Jody 185
 Bosley, Cody 113, 158, 160,
 162, 197
 Boston, Arion 171
 Boston, Jordan 106, 197
 Bouger, Tara 163, 185
 Boughton, Addison 158
 Bounayalath, Naly 127
 Bounayalath, Naly 37, 86, 98, 103,
 104, 107, 127, 161, 165, 197
 Bounayalath, Sunny 159
 Bowen, Jami 23, 30, 66, 96, 104,
 105, 132, 134, 145, 159, 164, 241
 Bowen, Jena 6, 55, 100, 107, 197
 Bowers, Cody 135, 162, 197
 Bowling 158
 Bowling 158
 Bowman, Daniel 158, 197
 Boyd, Austin 101, 160, 164, 171
 Boyd, Kaydie 74, 75, 100,
 102, 185
 Boyd, Michael 6, 7, 21, 158,
 162, 197
 Boyd, Nichole 100, 101, 102, 108,
 159, 171, 185, 196
 Bozman, Courtney 101, 185
 Bradley, Andrew 185
 Branson, Michael 185

Breheny, Miranda 171
 Breton, Meredith 163
 Brewer, Andrew 185
 Brewer, Dylon 158, 171
 Brewer, Jerome 197
 Brickles, David 197
 Bright, Joseph 197
 Brightman, Rosemary 105
 Brito, Carlos 197
 Brooks, Justin 171
 Brouwer, Alex 160, 162, 171
 Brouwer, Ryan 7, 105, 115, 133,
 147, 159, 160, 162
 Brown, Aaron 185
 Brown, Antionae 164, 185
 Brown, Brandon 148, 158,
 160, 164
 Brown, DeVonta 104, 158, 197
 Brown, Emily 171
 Brown, Jazmyn 100, 197
 Brown, Jocelyn 161, 171
 Brown, Joshua 197
 Brown, Lacey 185
 Brown, Morgan 197
 Brown, Stephanie 106
 Brown, Tia 185
 Bruce, Kayla 185
 Brugioni, Thomas 185
 Brumbaugh, Charles 197
 Brumbaugh, Natasha 150, 164
 Brumbaugh, Stephanie 185
 Bryson, Darrius 158, 171
 Buchanan, Diero 197
 Buchanan, Karmen 171
 Buchman, Alisha 102, 185
 Buckner, Doyle 171
 Buckner, Kyeasha 107, 164, 185
 Buffalo, De Shane 185
 Buffalo, Narelle 100, 106, 107,
 108, 164, 197
 Bumpus, Shy-Londa 164, 185
 Bunhoeun, Sophheavy 171
 Burg, Joram 31, 171
 Burgess, Kenneth 34, 35, 128, 158
 Burgett, Damon 171

Burgett, Gayle 164
 Burgett, Samantha 171
 Burnett, Faith 103, 108, 185
 Burrows, Brady 158, 162, 171
 Bus. Prof. of America 104
 Bush, Anthony 158, 171
 Bush, Morgan 103, 108, 185
 Bustamante, Lorena 106
 Butrick, Kelsey 171
 Butts, Michael 171
 Byers, Ariel 171
 Byrd, Ariolc 171
 Byrd, Keyara 171
 Byron, Robert 185

Cao, Son 105
 Cardenas, Estefan 185
 Cardenas, Rafael 171
 Cardenas, Saul 162, 185
 Cardenas, Sergio 171
 Carder, Breanna 197
 Carder, Justin 185
 Cardines, Levi 6, 7, 113, 158, 171
 Carey, Mindy 150, 164
 Carlisle, Taylor 161, 171
 Carlson, Gary 171
 Carman, Josh 159
 Carmichael, Caitlyn 103, 163, 171
 Carmona, Jessica 171
 Carolus, Micheal 107, 185
 Carpenter, David 164
 Carpenter, Kaitlyn 163, 171
 Carr, Johnny 124, 158
 Carr, Manasha 185
 Carr, Shelby 101, 159, 171
 Carrasco, Carmen 159, 171
 Carrasco, Dalila 107, 163
 Carrasco, Yuridia 185
 Carrick, Allison 12, 105, 140, 163,
 197, 241
 Carrillo-Cenieeros, Daniel 171
 Carroll, Tiffany 144, 164, 197
 Carruthers, Cody 164, 197
 Carter, Antonio 158, 164, 197
 Carter, Blake 105
 Carter, Devin 197
 Carter, Kirk 164, 197
 Carter, Matthew 171
 Carter, Patrick 197
 Casner, Jessica 185
 Cassill, Christine 101, 185
 Cassler, Dustin 164
 Castillo, Marcial 197
 Cavan, Nari 185
 Ceballos, Fatima 185
 Ceballos, Jessica 185
 Ceballos, Judith 105, 107
 Ceballos, Norma 197
 Chagoya, Mia 92, 107, 197
 Chai, Jenny 49, 185

C



Imagination is more important than knowledge...

-Albert Einstein

Personally I'm always ready to learn, although I do not always like being taught.
 -Sir Winston Churchill



You see things and say
‘Why’ but I dream
things and say ‘Why not?’
-George Bernard Shaw

Always do right. This
will gratify some people
and astonish the rest.
-Mark Twain



Never look down on anyone,
unless you’re helping him up.

-Jesse Jackson

- Chamale, Karla 197
- Chamber Choir 72, 102
- Chamberlain, Justin 185
- Chan, Davie 163, 197
- Chan, Lynn 101, 183
- Chandler, Troy 171
- Chang, Jennifer 36, 185
- Chanthakham, Kai 185
- Chanthavisouk, Emily 185
- Chapman, Brett 197
- Chapman, Will 6
- Chappell, Ben 103
- Chappell, Nicholas 171
- Chase, Jonathan 171
- Chase, Joseph 197
- Chase, Margery 185
- Chatman, William 7, 158, 160, 164, 185
- Chavez, Carolina 103, 171
- Cheerleading 100
- Chess Club 107
- Christensen, Ted 52, 158
- Christenson, Amanda 172
- Christiansen, Ashlynn 172
- Chumbley, Tyler 197
- Cipperley, Devin 104, 105, 133, 146, 159, 160, 162
- Clark, Ashley 185
- Clay, Corey 185
- Clay, Rebeca 197
- Clearwater, Edward 10, 35, 63, 197
- Cleaver, Christopher 197
- Cleaver, Melody 185
- Clement, Jr., Dennis 172
- Clouse, Jasmin 6, 7, 105, 185
- Coehrane, Frank 197
- Cockerham, Jessiea 163
- Coe, Brian 197
- Cole, Jonathan 172
- Cole, Kevin 30, 172
- Cole, Tom 58
- Coleman, Amanda 73, 101, 102, 106, 197
- Coleman, Catherine 104, 107, 197
- Coleman, Johnny 156, 165, 185
- Coleman, Stevon 107, 158, 172
- Collins, Ashley 197

- Collins, Brett 163
- Collins, Colton 7, 113, 158, 162, 197
- Collins, Jerry 163
- Collogan, Lisa 127, 163, 165
- Color Guard 78, 100
- Colunga, Misael 197
- Colvert, Emily 106, 186
- Combs, Tarah 106, 197
- Concert Band 108
- Concert Choir 102
- Conn, Rodney 186
- Conner, Cillian 186
- Connett, LaRissa 7, 100, 106, 186
- Consolver, Tabitha 186
- Consort, Tiffany 197
- Contreras, Brissa 197
- Contreras, Gaspar 186
- Conway, Amber 172
- Cook, Ashley 197
- Cook, Charles 186
- Cook, James 198
- Cook, Nichole 186
- Cook, Stephen 172
- Cooper, Alieia 198
- Cooper, Tamara 172
- Cordaro, Jazmine 172
- Cornejo, Ludwing 162, 186
- Cornelison, Jacob 186
- Corona, Giselle 186
- Correa, Rodolfo 172
- Cortes, Jenny 186
- Cory, Miehele 100, 186
- Cotter, Robbie 164
- Court, Kayla 107, 198
- Cowherd, Lela 198
- Cox, Amanda 78, 100, 106, 198
- Cox, Kyle 160, 172
- Coyle, Andre 158, 186
- Cozad, Joshua 186
- Crabb, Chaney 10, 66, 105
- Craig, Daniel 15
- Crane, Robbie 186
- Crawford, Meltisha 186
- Crees, Steven 198
- Crewse, Christine 172
- Crone, Chelsea 172
- Crone, Justin 103, 108, 198

- Cross, Abbie 186
- Cross, Anthony 158, 186
- Cross, Karen 61
- Cross, Shane 158, 164, 186
- Cross, Tobias 180
- Cross Country 165
- Cross Country 165
- Croy, Amanda 106, 198
- Crum, Kathy 48, 49
- Cruz, Jose 186
- Cruz, Joshua 172
- Cummings, Michael 186
- Cunningham, Clinton 10, 198
- Cunningham, Joshua 186
- Curry, Joshua 158, 198
- d**
- Dabney, Logan 198
- Dak, Daniel 172
- Dale, Alieia 36, 105, 104
- Daly, John 186
- Dameron, Ashley 107, 159, 163, 186
- Dameron, Jontrez 158, 172
- Damron, Priscilla 198
- Daniels, Daivon 148
- Dank, Leah 105
- Darling, David 198
- Darnall, Shawna 172
- Darr, Kaylee 172
- Daugherty, Tiffany 56, 159
- Davidson, Michael 103, 108, 186
- Davies, Kristen 83, 101, 103, 108, 163, 186
- Davis, Aimee 159, 172
- Davis, Amanda 198
- Davis, Carlton 105, 165
- Davis, David 158, 186
- Davis, Doug 124, 151, 158
- Davis, George 150, 164
- Davis, Heather 159
- Davis, Larry 88, 103, 148, 164
- Davis, Luke 158, 160, 162
- Davis, Mandy 186

- Davis, Robert 186
- Davis, Staci 105
- Davis-Vaeo, Whitney 186
- Davison, Brad 128, 158, 164, 186
- Davison, Jennifer 104, 105, 124, 158
- Dawson, Abigail 99, 104
- Dawson, Ashley 172
- Dawson, Jordan 186
- Dawson, Timothy 158, 198
- Daye III, Russell 105, 186
- De La Rosa, Cody 172
- Dearehs, Emily 105
- Dearehs, James 172
- Deaton, James 158, 172
- Decker, Angel 186
- Deever, Jeremiah 41, 107, 186
- DeFraneiseo, Justin 186
- DeGoey, Aaron 6, 7, 104, 105, 134, 162, 165
- DeGoey, Sean 6, 113, 129, 158, 162, 165, 172
- Delaney, Tabre 106, 172
- Delgado, Edgar 105
- Delisle, Anthony 186
- Delk, Kalea 198
- Dellaea, Kirsten 102, 107, 186
- DeMoss, Christina 106, 186
- Deng, Deng 198
- Deng, Panther 198
- Denham, Justin 162
- Denin, John 198
- Denin, Kristina 82, 101, 103, 186
- Dennie, Aaron 172
- Dennie, Arnesha 186
- Dennie, Jessica 198
- Dentler, Jessey 158
- Denton, Ethan 172
- Deo, Chelsea 172
- Devilbiss, Chelsea 104, 105, 107, 165
- Diamond, Cara 164, 172
- Diaz, Jennifer 172
- Diaz-Colunga, Shantall 198
- Dickens, Hillary 101, 102, 106, 198
- Dickens, Lateesh 198
- Dillinger, Dustin 172



Whatever you do will be insignificant, but it is very **important** that you do it.
-Mahatma Gandhi



Diver, Claire 103, 108, 172
 Diver, Emma 2, 5, 103, 105, 107,
 127, 163, 198
 Diver, Rachel 163
 Djukic, Bojan 156, 158, 165
 Do, Jessica 183
 Do, Paulina 186
 Do, Tram 102, 186
 Dobson, Neil 186
 Dockum, Kendi 186
 Dominguez, Irma 107
 Donahoe, Neil 158
 Donahue, Nathan 186
 Dorrance, Anson 3
 Douch, Darie 164
 Douglas, Lincoln 5
 Downing, Zachary 165, 172
 Drake, Jaime 106, 198
 Drake, Julieann 106, 161, 186
 Drautz, Carl 50, 112, 158, 160, 162
 Draw, Corel 62
 Drayton, Denise 31, 61, 104,
 105, 107
 Drew, Matthew 108, 186
 Drewes, John 187
 Duckworth, Christopher 172
 Duckworth, Jordan 106, 172
 Duckworth, Justin 101, 102,
 106, 198
 Duckworth, Monica 198
 Dudley, Jerilyn 105
 Dufelmeier, Taqui 161, 198
 Dulaney, Matthew 187
 Duncan, Madison 100, 108, 172
 Duncan, Nancy 36, 37
 Duncan, Randy 149, 158, 164, 198
 Duncan, Risaun 198
 Dunigan, Jr., Eric 128, 158,
 160, 172
 Duntz, Richard 172
 Dupanovic, Ermin 172
 Dzon, Nathan 172

Eaton, Dcrek 198
Eaton, Josh 164
Eaton, Nick 114, 115, 162
Eckardt, Shelby 96, 97, 101, 187
Eddins, Cassie 198
Eddins, Tabatha 172
Eddy, Destiny 108, 172
Edvenson, Travis 135, 162,
 165, 187
Edwards, Jake 164
Edwards, Jimmy 164
Edwards, Justin 187
Eggen, Kacie 10, 104, 105
Eggleston, Michelle 108
Eimers, Amanda 50, 86
Eisermann, Dorothea 172
Eklund, Adam 48, 198
El-Baroudi, Samy 52, 104
Elder, Austin 113, 131, 158,
 162, 198
Elias, Jesus San 162, 202
Ellenwood, Emily 100, 198, 207
Elliott, Chad 172
Elliott, Tiffany 198
Ellis, Alyssa 66, 104, 105, 198
Ellis, Natasha 107, 187
Ellis, Nichole 10, 198
Ellis, Tierra 72, 101, 102
Elsinga, Adam 158, 160, 172
Enochs, Amanda 6, 7, 105, 151,
 163, 164
Enochs, Jacob 198
Erickson, Taylor 187
Escobar, Jennifer 198
Etter, Ashley 105, 163
Evans, Elliott 198
Evans, Leshia 187
Evouna-Ohane, Aubin 172
Ezell, Christian 2, 107, 163

Fagory, Fatima 187
Farnsworth, Jacob 172
Farrington, Jamie 164
Farris, Zachary 165, 172
Fast, Christina 198
Fast, Tabitha 173
Faux, Kimberly 187
Fees, Heather 198
Fees, Raymond 173
Feldmann, Douglas 104, 105,
 158, 164
Feldmann, Eric 116, 158, 160,
 164, 187
Fenstermann, Terrie 155, 159
Ferguson, Dearius 158, 173
Fertig, Samantha 187
Fcsslcr-Boylan, Molly 9
Fetters, Kelly 158, 187
Fetters, Lacie 173
Ficek, Alcxis 163, 164, 187
Fields, Kalynn 151, 161, 164, 187
Fierro, Eric 187
Filkins, Donovan 120, 161
Finch, Jcnnie 139
Finn, Alex 187
Fitzgerald, Jacob 198
Fitzgerald, Jessica 173
Fitzgerald, Ryan 162
Flagg, Anthony 165, 173
Flaherty, Amy 104, 105, 164, 165
Flaherty, Lacy 87, 104, 105,
 106, 164
Flanders, Dennis 187
Flores, Mayra 198
Floyd, Tycarr 46, 158, 198
Fogle, Robcrt 187
Football 154, 158, 160, 165, 173
Forbush, Taurean 198
Ford, Kody 107, 187
Foster, Alison 198
Foster, Nathan 198
Fousek, Breanna 50, 104, 106,

144, 164
Fraire, Zamira 106, 187
Francis, Kapri 173
Frazier, Jessie 49, 187
Fredericksen, Stanley 10, 199
Fredricksen, Aaron 173
Fredricksen, Josh 187
Freerksen, Brandon 187
French Club 51, 106
Fresh Air 101
Frommelt, Kerri 127, 165
Frye, Jeffery 187
Frye, Robert 88, 103
Funaro, Anthony 158, 187



Gabriel, Megan 187
Gagle, Samantha 66
Gagle, Seth 187
Gaines, Jessica 30, 187
Gaines, Magon 107
Gaines, Ruth Ann 41
Galvan, Sadie 173
Galvin, Eric 164
Galvin, Riley 9, 145, 164, 173
Gamble, Roman 158, 173
Garcia, Hector 187
Garcia, Juan 173
Gardner, Josh 162
Garretts, Lauren 102, 173
Garrison, Michael 40, 107, 199
Gearhart, Sierra 158, 173
Gee, Paige 100, 163, 173
Geiger, Adam 13, 85, 103, 108,

Gillaspy, Jordan 112, 158, 162, 199
 Ginn, Ricky 173
 Gish, Craig 105, 199
 Glover, Kayla 187
 Glynn, Mariah 106, 187
 Gobin, Premnarayan 173
 Godoy, Elizabeth 101, 102, 106, 187
 Gogerty, Ashley 40, 75, 100, 101, 102, 106, 187
 Gogerty, Matthew 165, 173
 Gogh, Van 29
 Goheen, Brian 101, 173
 Golden, Jason 91, 104, 105, 182
 Golf 160, 161
 Gomez, Laeey 187
 Gomez, Luis 135, 162
 Gomez, Nycole 199
 Gomez, Patricio 173
 Gonzales, Daniel 199
 Gonzales, Michael 165, 173
 Gonzalez, Alondra 163, 199
 Gonzalez, Jacqueline 163, 187
 Gooch, Shirley 28, 58
 Good, Jeremy 158
 Good, Tailar 187
 Goodell, Brandon 158, 173
 Gordon, Cicely 173
 Gordon, Sid 16
 Gordon-Young, Cody 199
 Gorp, Ashley Van 36
 Gowdy, Victoria 173
 Gowin, Eli 199
 Grafton, Robert 187
 Graham, Jessica 173
 Graham, Olivia 35, 55, 105, 199
 Grant, Nicole 187
 Grantham, Kylie 173
 Green, Brooke 187
 Green, Melvin 148, 161, 164, 165
 Green, Rebecca 187
 Gregg, Roman 187
 Grier, Liz 159
 Griffin, Maureen 36, 37

Griffin, Star 164
 Griffin, Tyler 173
 Griffith, Luke 159
 Grimm, Hannah 163
 Grimm, Jessiea 173
 Grimm, Katie 6, 32, 35, 55, 62, 63, 105, 199, 241
 Grochala, Alexander 158, 160, 173
 Grochala, Brittany 101, 104, 105, 124, 158, 163, 199
 Grochala, Matt 114, 162, 164
 Groh, Elizabeth 187
 Groh, Kayla 173
 Grommet, Jacob 158, 173
 Grove, John 173
 Grover, Abigail 14, 28, 61, 86, 87, 88, 89, 103, 104, 105, 241
 Grunsted, Bailey 187
 Grutel, Bessie 105, 199
 Gruwell, Kerrie 187
 Guadarrama, Leslie 173
 Guerra, Cynthia 199
 Guerrero, Miguel 173
 Gulling, Casey 187
 Gulling, Jeremy 187
 Gutierrez, Teighlor 105, 138, 139, 163, 173
 Gutierrez, Tiffani 66, 104, 105, 107, 158, 183, 199
 Gutierrez-Leon, Patri 188

Hall, Dunlap 173
 Hall, I'Ston 85, 103, 108, 188
 Hall, Jeff 33
 Hall, Quintin 158, 173
 Hall, Sierra 173
 Hall, Stuart 158, 164, 207
 Haltom, Jeremy 164
 Haltom, Tiffany 173
 Hamblin, Adam 173
 Hamilton, Brittany 199
 Hamilton, Justin 188
 Hamilton, Nicholas 103, 108, 173
 Hampe, Cody 173
 Hanlin, Kayla 188
 Hanson, Lyndsay 62, 105
 Hardenbrook, Holly 106, 173
 Harding, Nolan 173
 Hardwick, Robert 165, 199
 Hardwick-Schori, Amber 101, 199
 Hargis, Jessica 41, 107
 Harkert, Monica 199
 Harmon, Amanda 107, 159
 Harmon, Jennifer 10, 20, 74, 104, 105, 147, 155, 159, 241
 Harmon, Jordan 158, 188
 Harmson, Michael 107
 Harper, Charlie 173
 Harrington, Jeremiah 158, 165, 173
 Harris, Angelina 173
 Harris, Deandre 174
 Harris, Jamie 174
 Harris, Richard 10, 165, 188
 Harris, Taevon 106, 199
 Harris, Tiara 199
 Harrison, Jacob 188
 Harrold, Salena 188
 Hartgers, Travis 174
 Harvey, Colten 101, 102, 106, 158, 188
 Hastings, Ashley 199
 Hastings, Jacob 158, 162, 199
 Hastings, James 188
 Hatfield, Carrie 141, 150, 163, 164
 Hauge, John 158

Hauser, Chrisanne 106, 188
 Hauser, Trent 164, 199
 Hawthorne, Robert 164, 188
 Hayes, London 148
 Haygood, Quinton 199
 Heaberlin, Brian 104, 162
 Heaberlin, Dewey 199
 Heard, Devontray 158, 160, 174
 Hearshman, Logan 199
 Hebert, DeAnn 49
 Hecker, Timothy 199
 Heese, Don 52
 Heggen, Alex 199
 Heggen, Kathleen 100, 103, 174
 Heggin, Alex 160
 Heller, Thana 139, 163
 Hellmers, Britni 105, 199
 Hellmers, Daniel 188
 Hellmers, Tessa 101, 102, 188
 Helm, Kaeli 51, 104, 106, 151, 164, 165
 Henderson, Miranda 163, 188
 Henkle, Jordan 165, 188
 Henning, Katie 174
 Henry, Nathan 199
 Hensley, Brian 158, 164, 165, 188
 Her, Christine 86, 104, 199
 Herman, Zachary 174
 Hernandez, Adrian 162, 188
 Hernandez, Javier 107
 Hernandez, Jessica 199
 Hernandez, Jonathan 129, 158, 188
 Hernandez, Jose 199
 Hernandez, Monica 174
 Hernandez, Zaraida 188
 Hernandez-Urzua, Adriana 174
 Herold, Devon 188
 Heuermann, Kase 103, 108, 174
 Heuermann, William 165
 Hewitt, Caitlin 174
 Hewitt, Randi 105, 199
 Hibbard, Jake 164
 Hidalgo, Vanessa 174
 Hilding, Ryan 105, 158
 Hill, Ashly 188



Be **true** to your work, your word, and your friend.
 -Henry David Thoreau



Everything has its **beauty**
 but not everyone sees it.
 -Confucius



Hill, Matthew 199
Hilson, Ariel 102, 199
Hilt, Elizabeth 103, 174
Hinman, Molly 30, 174
Hinshaw, Seth 89, 101, 103,
174, 183

Hites, Dallion 174
Hochstetler, Christian 174
Hoekensmith, Heidi 20, 21, 102,
105, 199

Holcomb, Morgan 188

Holder, Dorian 188

Holder, Herbert 188

Holder, Tremesha 199

Holleran, Evan 174

Holmes, Elizabeth 199

Hols, Christopher 188

Home Remodeling 56

Hon, Sara 188

Hook, Susan 152, 153, 159

Hopper, Lindsey 199

Horch, Blake 56, 105

Hornbaek, Phil 128

Hornbaek, Phil 158, 164

Hosek, Mykel 199

Howard, Andy 160

Howard, Bethany 199

Howard, Jami 174

Howard, Jonathan 199

Howser, Jacob 158, 174

Howser, Nicholas 199

Huang, Chen Yao 105

Huchim-Garcia, Wendy 174

Huderson, Emily 161

Hudson, Johnica 103, 108, 188

Hueberman, Kase 160

Huggins, Amber 45, 200

Hughes, Charles 107, 132, 188

Hughes, Sashekwa 188

Hummel, Justin 200

Hunsley, Derek 174

Hunsley, Nathan 56, 200

Hurley, Benjamin 6, 7, 104,

158, 162

Hurley, Kate 100, 152, 153,

159, 174

Hurley, Rachel 159

Hurley, Rebecca 3, 161, 163

Hutchins, Kyle 164

Huxford, Natasha 106, 188

Jensen, Tyler 113, 116, 160,

162, 174

Jetty, Ariel 133, 161, 165, 188

Jilek, Steven 174

Jimenez, Domingo 174

Jimenez, Jesus 200

Johnson, Andre 103, 107, 108, 188

Johnson, Brandie 105, 200

Johnson, Bria 49, 107, 174

Johnson, Casie 12, 13, 14, 45, 47,

82, 105, 139, 200, 241

Johnson, Ciera 200

Johnson, Jennifer 54, 154,

159, 200

Johnson, Latishia 161, 174

Johnson, Mallory 150, 164

Johnson, Melissa 200

Johnson, Rayshawn 200

Johnson, Ryan 104, 105, 159, 160,

174, 183

Johnson, Samantha 106, 159,

174, 188

Johnson, Sarah 41, 103, 104, 107,

108, 200

Johnson, Skylar 188

Johnson, Stephanie 200

Johnson, Trista 78, 100, 103, 106,

107, 108

Johnson, Zachary 158, 174

Johnston, Gregory 165, 188

Jones, Alissa 46, 200

Jones, Ambreyana 107, 174

Jones, Ashley 105

Jones, Brett 174

Jones, Jason 158

Jones, Jessica 104, 107, 200

Jones, Johnny 188

Jones, Larry 158

Jones, Learie 158, 160, 174

Jones, Pearle 188

Jones, Robert 188

Jones, Tony 200

Jones, Jr., Michael 158, 165, 174

Jordan, Aaron 131, 149, 158, 164

Jordan, Dora 106

Jorgenson, Jammie 200

Joseph, Roda 188

Juarez, Samuel 174

Kain, Kyle 174

Kaldenberg, Mary Jane 70, 174

Kasper, Ashley 7, 49, 57, 74, 90,

100, 104, 105, 14, 28,

146, 200, 24

Kasper, Madison 6, 48, 49, 74,

100, 174

Keeney, Jacob 102, 174

Kellogg, George 105

Kellow, Shane 9, 90, 105

Kelly, Whitney 100, 105, 182

Kelman, Bradley 174

Kelsey, Burdette 46, 160, 200

Kelsey, Patty 161, 174

Kemp, Tyrae 158, 160, 174

Kenesy, Tony 200

Kennedy, Rachel 188

Keopraseuth, Phouthasae 104,

165, 200

Kerber, Brendon 148

Kerber, Desiree 100, 101, 159, 174

Kern, Kelsi 158, 188

Kern, Tiffany 200

Khammany, Jessica 104, 105

Khammany, Joseph 174

Khamphasong, Michael 174

Khanthavong, Kevin 188

Khanthavongsa, Brenda 200

Kheuakham, Vilailack 104, 105,

159, 183

Khounlo, Ryan 174

Kifer, Kristi 159, 200

Kilby, Hannah 8, 14, 73, 105, 153,

200, 241

Kilby, Jessiea 188

Kilby, Kyle 45, 165



It always seems **impossible** until it's done.

-Nelson Mandela



A slip of the foot you may soon **recover**, but a slip of
the tongue you may never get over.

-Benjamin Franklin

You really can change the world
if you **CARE** enough.

-Marian Wright Edelman



Killen, Bradley 174
Killen, Joshua 200
Killen, Tom 200
Kinmel, Kayla 188
Kimmel, Jr., Dennis 174
Kimmel-Kendrick, Marissa 78,
100, 103, 108, 174
King, Delbert 189
King, Kelsey 105
Kingen, Heather 54, 154, 159,
163, 200

Kingen, Lorrie 159, 174
Kingery, Joseph 158, 189
Kinter, Allison 161, 163, 189
Kittell, Cody 200
Klopfenstein, Vince 158
Kochheiser, Erin 106, 189
Kochheiser, Phillip 175
Koenig, Kathy 106
Koeppen, Dave 161
Koeppen, Kayla 161, 164, 200
Kommavongsa, Tim 105
Kot, Iryana 163
Kouangvan, Darika 103, 183, 189
Kouri, Ethan 158, 165, 200
Kramer, Erin 159
Kreitz, Kayla 175
Kreutz, Jade 105, 159, 161, 175
Kristufek, Caleb 175
Kyagonalilwa, Claudia 102,
107, 189



LaBelle, Brandon 7, 158, 200
Lacy, Curtis 160
Ladd, Sara 189
Ladurini, Jacob 175
Laird, Zachary 162, 189
Lakers, Stacey 103, 108, 175
Lambert, Gregory 175
Lamberti, Jeff 52, 55
Lamin, Anthony 200
Lammey, David 189
Lampc, Kameran 189
Landeros, Alicia 175

Landers, Paul 49, 158, 200
Landon, Amber 102, 175
Lange, Joel 104
Lange, Stefan 159
Langerud, McKinzie 101, 159, 175
Langford, Dionna 101, 102,
106, 189
Lansing, Thomas 200
Larimer, Samantha 189
Larsen, Chelsea 163, 200
Larson, Tyler 74
Lawrence, Ashley 200
Le, Cory 189
Le, Dang 175
Le, Duy 200
Le, Ka 105
Le, Thu 175
Leach, George 189
Leanos, Ricardo 175
LeBlanc, Michelle 107
Lechuga, Humberto 107, 162,
183, 200
Lechuga, MariLu 183
Lee, Ka 104, 105, 106, 200
Lee, Mor 106, 175
Lee, Sharmaine 150, 164
Leete, Nathan 175
Lester, Brandie 189
Lester, Mark 200
Lester, Nicole 189
Leuang, Kurtis 107, 158, 189
Lewis, Jeremy 104, 105
Lewis, Joshua 200
Lewis, Justyn 158, 164, 200
Lewis, Keiyana 175
Lewis, Lois 100, 151, 164, 189
Lewis, Michael 175
Lewis, Patrick 148, 164
Library Aides 106
Ligouri, Bob 140, 163
Lijadu, George 189
Like, Would 51
Lin, Angie 159
Link, Sharon 207
Link, Whitney 163
Lippold, Jessica 159, 175
Liston, Benjamin 165, 175
Liston, Michelle 200
Little, Khibresha 189

Little, Khisheka 102, 175
Little, Kybray 200
Lloyd, Daniel 200
Lo, David 175
Locke, Austin 4, 40, 72, 73,
102, 107, 200
Lockhart, Latisha 105
Loeurng, Soriya 175
Loftus, Bryan 158, 165
Logan, Sean 113, 114, 158,
162, 200
Lohf, Tammijo 200
Lon, Jamie 200
Long, Jamie 200
Long, Lowell 30, 92, 102, 132,
133, 139, 161, 163
Long, Shakilah 175
Longoria, Alexander 175
Longoria, Diana 103, 201
Lopez, Ivan 201
Lopez, Maria 189
Lord, Sadie 189
Losco, Crystal 201
Lott, Omar 189
Lounsberry, Coach Derek 34,
134, 162
Lovan, Diamona 163
Lovan, Isaac 175
Lovan, Jacklyn 201
Lovan, Maranda 201
Lovan, Nicholas 101, 105, 106
Lovan, Nisa 189
Lovell, Ashley 116, 189
Lowe, Erin 164
Lown, Sarah 2, 66, 103, 105, 108,
127, 163, 165, 201
Lu, Audriana 67, 104, 105,
161, 201
Lu, Benson 175
Lucatero-Trevino, Oscar 106, 189
Luft, Brian 114, 162
Luft, Jennifer 88, 89
Luft, Marty 112, 162
Luft, Tanner 162, 164, 165, 201
Luft, Taylor 159, 175
Luft, Tyler 114, 115, 162
Lukenbill, Nicole 164, 189
Luna, Alex 162, 201
Lund, Dashean 175

Lundbohum, Jalynn 102, 175
Luong, Thinh 104, 105
Luongvan, Colby 189
Luu, Anthony 201
Ly, Linfoung 175
Ly, Meena 104
Lynch, Jacob 175
Lynch, Lacey 175
Lyon, Jennifer 105, 106, 164, 165
Lyon, Joshua 103, 106, 108, 201



M-Figueroa, Mario 100, 107, 170

Macada, Alcjandra 175
Maceda, Cesar 89
Maceda, Ignacio 201
Macias, David 175
Maddex, Tyler 175
Madison, Kayla 105, 201
Madison, Phraitho 105, 189
Madison, Tanisha 107, 201
Magang, Nyandiet 105
Magang, Wour 189
Majerus, Andrew 201
Majerus, Benjamin 189
Major, Ariel 175
Makhmuryan, Yana 189
Mallct, Rebecca 104
Malloy, Amber 100, 175
Malm, Robbie 90
Mangra, James 158, 175
Manley, Luke 189
Mann, Ashley 189
Manning, Jade 103, 145, 163,
164, 201
Manson, Shardaine 100, 189
Manyvong, Meththa 135, 162, 201
Marching Band 85
Maria-Mendoza, Mariela 175
Marquer, Steven 175
Marquez, Alma 107, 175
Marquez, Gabriela 175
Marquez, Linda 189
Marquez, Madelin 175
Marquez, Marisol 201



Whatever you are, be a
good one.

-Abraham Lincoln



To be yourself in a world that is constantly
trying to make you something else is the
greatest accomplishment.

-Ralph Waldo Emerson



Marquez, Norma 189
Marquez, Yolanda 201
Mart, Andrea 102, 106, 201
Martin, Alec 158, 189
Martin, Crystal 175
Martin, Jessie 105, 201
Martin, Leigha 201
Martinez, Alejandra 102, 175
Martinez, Ernest 175
Martinez, Jose 107, 175
Martinez, Luis 201
Mas--Aros, Oscar 201
Massey, Corey 189
Mata, Genaro 189
Mata, Leslie 50
Mata, Luis 107, 162, 165, 201
Mata, Melody 50
Mata, Miguel 175
Mathis, Alexander 8, 201
Mattix, Stacia 158, 189
Mayorga, Beatris 189
Mays, Tia 6, 7, 40, 107, 161,
164, 201
Mays, Tiara 37, 61, 159, 161, 164
Mburo, Patrick 162, 189
Mburo, Pius 201
McAninch, Dustin 105, 156,
158, 165
McCartney, David 175
McCasland, Korbi 107, 175
McCaul, Traci 82
McClish, Sean 175
McCord, Michael 105
McCormick, Katelyn 175
McCuddin, Kathleen 98, 104
McCuddin, Molly 74, 100, 189
McCuen, Jessica 175
McCuen, Kelsi 100, 104, 163, 201
McCuller, Loretta 161
McDaniel, Jennifer 103, 104, 105,
108, 138, 163, 164
McDonald, Ian 201
McDonnell, Chad 37, 104
McElvoguc, Tyberious 175
McFarland, David 189
McFarland, Sarah 103, 107,
108, 201
McGee, Giovani 201
McGee, Lori 201

McGinn, Justin 189
McGinnis, Theodore 189
McGregor, DeAngelo 31, 107, 175
McGregor, Melvin 189
McGregor, Robert 201
McGriff, Jorden 9, 14, 25, 52, 67,
85, 105, 150, 164, 201, 241
McGuire, Mantez 189
McGuire, Richard 176
McKay, Marshall 158, 189
McKeehan, Richard 189
McKeever, Hannah 2, 83, 89, 101,
103, 163, 183, 189
McKenzie, Martasha 161, 176
McNeeley, Amber 47, 102, 201
McNeeley, Stuart 176
McOhane, Fortune 201
McPherson, Michelle 45, 106
McVey, Sierra 189
Meath, Derrek 189
Medearis, Dustin 112, 113, 158,
162, 164, 176
Medina, Elizabeth 190
Medina, Jennifer 5, 107
Melber, Maribeth 139
Mendenhall, Alex 165, 176
Mendenhall, Ashley 144, 164
Mendenhall, Colton 176
Mendenhall, Natasha 48, 100
Mendez, Heidy 176
Mendoza, Isabel 201
Mesta, Veronica 176
Meysenburg, Abby 103, 158, 201
Meysenburg, Holly 103, 176
Michael, Eric 190
Michael, James 190
Mickle, Cody 158, 176
Midthun, Michael 190
Mila, Samantha 201
Millard, Taylor 176
Millard, Thomas 201
Miller, Abigail 13, 47, 201
Miller, Ashley 190
Miller, Christopher 164, 165, 201
Miller, Elyria 190
Miller, Heather 176
Miller, Kendra 201
Miller, Kreshawndra 106, 201
Miller, Logan 6, 105, 126, 148,

149, 162, 164, 165
Miller, Taylor 90, 104, 158, 165
Miller, Tyler 190
Milligan, Andrea 161
Mills, Shanda 176
Mills, Shane 105
Minor, Macey 190
Minter, Dorian 104, 158, 164, 201
Mitchell, Catherine 176
Mitchell, Zachary 164, 190
Mkhatvari, Liana 163
Moats, Deric 190
Mock Trial 107
Moeller, Jesse 190
Mohler, Marty 62
Mom, Jonathan 176
Mom, Monica 163
Monetti, Susana 101, 102, 201
Mongar, Chelsy 100, 176
Mongar, Nicholas 58, 93, 105,
117, 121, 130, 146, 158,
159, 201, 241
Montalvo, Jorge 190
Montesinos, Madai 190
Moody, Chantell 11, 96, 101, 103,
107, 201
Moody, Edison 107, 176
Moore, David 176
Moore, Jeffrey 103, 107, 158, 190
Moore, Kyle 106, 190
Moore, Marguerite 106, 107
Morales, Leonardo 201
Moreno, Susan 37, 70, 104,
105, 182
Morrill, Ashley 201
Morrill, Justin 176
Morris, Joshua 201
Morris, Linnea 50, 106
Morrow, Roberta 176
Morton, Courtney 75, 100, 190
Morton, Karissa 53, 61, 99, 104,
105, 165
Morton, Ken 164
Morton, Melissa 101, 176
Moses, Katelyn 72, 73, 100, 101,
102, 104, 106, 107
Mosley, Regina 164
Moua, Alis 190

Moua, Chin 106
Mounphoxay, Alyssa 37, 89, 103,
106, 107, 163, 201
Mullen, Emily 9, 101, 144,
164, 190
Mullin, Allyson 63, 105, 106, 201
Mullin, Amanda 201
Mullin, Chelsea 176
Mullin, Meribeth 13, 102, 163, 190
Mullins, Nicholas 201
Munoz, Angel 176
Mure, Tracey 176
Mure, Jr., Troy 202
Murillo, Ruby 107, 190
Muroki, Merissa 176
Murphy, Courtenay 190
Murphy, Laurel 151, 154, 155,
159, 164, 202
Murray, Brayden 106, 107
Murray, Morgan 190
Murray, Tyler 176
Murrillo, Ruby 163
Myers, Joshua 105, 114, 158, 162
Myers, Staci 190
Myers, Zackery 105, 202

h

Nachtigal, Jared 164
Nail-Umanzor, Trevor 176
Nall, Levi 190
Naovarath, Anne 48, 161
Naovarath, Malaytong 176
Naranjo, Max 190
National Honor Society 86, 104
Neal, Theresa 202
Nelson, Ashley 107, 202
Nelson, Joshua 190
Nelson, Kaylee 190
Nelson, Shawn 106, 190
Nemmers, Linda 61
Nerison, Geoffrey 202

Nerison, Jessica 176
New Horizons 105
Newberry, Jerrica 102, 176
Newberry, Tamisha 104, 105, 241
Newcomb, Nicholas 105, 107,
126, 165
Newsome, Itasha 202
Nguyen, Doan 107, 158, 190
Nguyen, Hoang 14, 36, 88, 98,
103, 104, 105, 148, 159, 183, 241
Nguyen, Lan 103, 176
Nguyen, Lom 159, 183
Nguyen, Nancy 103, 176
Nguyen, Nuong 90, 101, 105, 202
Nguyen, Phuc 190
Nguyen, Susan 176
Nguyen, Toan 89, 103, 158,
176, 183
Nguyen, Uyen 176
Nible, Kaitlyn 202
Nichols, Kenneth 158, 176
Nichols, Patrick 190
Nicholson, Charles 190
Nicholson, Joey 176
Niffenegger, Wade 202
Niswander, Gabriella 176
Niswander, Zoe 176
Nixon, Joseph 190
Nizzy, Antonio 113, 158, 162, 190
Noel, Brooke 202
Noring, Jordan 176
Norwood, Cameron 190
Nouchanthavong, Alexandria 176
Nutt, Katie 100, 176
Nutt, Stephen 103, 108, 202

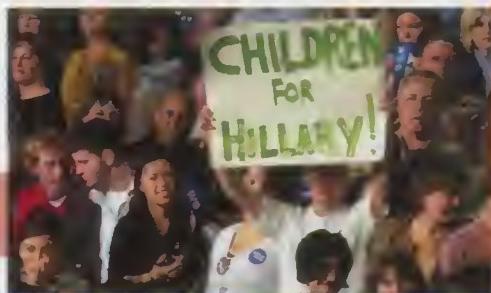
Ochanpaugh, Travis 105, 158
Odegaard, Jamie 105, 190
Odom, Amber 48
Odom, Gabriel 202
Oertwig, Travis 176
Oleson, Bill 56
Olgren, Paige 8, 202
Olivares, Cindy 190
Oliver, Cody 107, 158, 190
Oliver, Danielle 106, 107, 190
Ollin, Amy 202
Olson, Jennifer 176
Olson, Michael 202
Olson, Nickolas 176
Olson, Rachel 101, 105
Omundson, Kyle 56, 190
Orchestra 88
Ordaz, Ulises 202
Ormeno, Kevin 162
Ortega, Albert 190
Ortega, Ruby 105, 202
Osborn, Jenna 176
Ounaphom, Lot 176
Ouverson, Casey 128, 158, 160,
162, 176
Ouverson, Stephanie 66, 67, 76,
77, 105, 202
Overman, Christopher 202
Overton, Zachary 176
Owen, Jordan 116, 158, 160,
164, 190
Owens, Deontaye 103
Owens, Nicole 202
Owens, Zachary 190

Palmer, Ashley 190
Palmer, Christina 190
Palmer, Ellen 202
Palomeque, Emma 176
Paramore, Tiffany 176
Parcel, Kelly 176
Parker, Amy 120, 163, 190
Parker, Christian 202
Parker, Keyanna 202
Parsai, Shikha 86, 104, 105, 106
Parsons, Devan 190
Parsons, Kristopher 103, 108, 176
Patino, Omar 190
Patrick, Steven 190
Patterson, Jessica 101, 102,
107, 190
Patterson, Kamylle 176
Patterson, Meleah 190
Pearson, Chris 202
Peavey, Ashly 163, 190
Pederson, Sara 202
Pederson, Steven 176
Peek, Chase 202
Pena, Jocelyn 202
Pep E Club 90, 105
Percussion Ensemble 103
Perez, Karen 103, 159, 176
Perez, Troy 158, 177
Perkins, Edward 190
Perkins, Jocelyn 164, 191
Perkins, Sarah 6, 66, 104, 105, 163
Peters, Jacob 191
Peters, Joanna 101, 102, 106, 191
Peterson, Joey 6, 133, 160, 162
Petrie, Jordan 102, 159, 191
Petterson, Meleaha 102
Phan, Minh 177
Phanouvong, John 159
Phanouvong, Linda 163, 202
Phaviset, Davina 177
Phengsiaroun, Mickie 76, 77, 100,
104, 202, 207
Phillips, Becky 164
Phillips, Bryan 158, 177
Phillips, Leon 158, 177

Phillips, Rebecca 164
Phommavong, April 191
Phondeth, Precsa 191
Phongphachone, Carolyn 177
Phongvixay, Matthew 105
Plascencia, Fabiola 177
Poland, April 191
Porter, Justin 191
Porter, Tiffanie 150, 151, 161,
164, 191
Powell, Sam 161
Prep Choir 102
Price, Cody 156, 162, 165, 202
Price, Dalton 162, 165, 202
Price, Katie 100, 101, 102, 106,
163, 165, 191
Project Sewing Machine 107
Pruitt, Jacob 162, 202
Puga, Ana 107, 202
Puga, Jesenia 177
Pyne, Prince 177

Quiero, Yo 51
Quinn, Channing 107
Quintanar, Lorenzo 102, 164, 177
Radley, Jennifer 104, 105,
154, 155, 159, 161, 163
Ramirez, Janet 163
Randolph, Chelsey 35
Rangel, Jonathan 202
Rangel, Stephanie 6, 101, 202
Rankins, Corey 158
Rankins, Zazetta 161, 177
Rasavady, Sophie 177

O'Dell, Brittany 6, 10, 67, 100,
105, 202
O'Hern, Charlotte 96, 101
Obermeier, Brett 202



You don't need anybody to tell you
who you are or what you are. You are
what you **are!**

-John Lennon



S

- Rasmussen, Starla 191
 Ratcliffe, Sunday 105, 191
 Ratsakanh, Daluney 202
 Raya, Roberto 191
 Rayman, Nicole 77, 91, 100, 104, 105, 207
 Reasoner, Kyle 56, 63, 105
 Rebelsky, Ted 158
 Reed, Dusty 148
 Reed, Jacob 101, 158, 177
 Reed, Richard 191
 Rehm, Kyle 107, 160
 Rehm, Nathan 177
 Rehms, Chelsea 105, 202
 Reich, Nicholas 177
 Reicks, Gary 131, 158
 Reimer, Matthew 158, 177
 Reimers, Lacey 177
 Reinier, James 177
 Remus, Ryan 104, 105, 158, 162
 Renfro, Frank 191
 Reya, Roberto 106
 Reyes, Adriana 107
 Reyes, Diana 37, 106
 Reyes, Francisco 106
 Reyes, Janeth 191
 Reyes, Jessica 106, 177
 Reyes, Jesus 107
 Reyes, Jose 177
 Reyes, Judith 191
 Reyes, Taide 202
 Reyna, Rieo 191
 Reynolds, Alex 158, 165, 177
 Reynolds, Renee 103, 159, 177
 Reynolds, Torcy 202
 Rhoades, Amber 202
 Rhoades, Corey 191
 Rhoades, Gage 162, 191
 Rice, Justin 135, 160, 162
 Richardson, Elizabeth 191
 Rickabaugh, Amanda 105, 202
 Ricon, Juan 158
 Ridout, Justin 191
 Rife, Chelsea 163, 191
 Rife, Elizabeth 177
 Riggan, Annette 105
 Rincon, Juan 8, 158
 Ring, Ally 100, 103, 202
 Ritchie, Amy 23, 106, 191
 Ritter, Samantha 182
 Rivas, Joseph 11, 93, 105, 107
 Rivas, Kole 158, 160, 177
 Rivas, Luis 177
 Rivas-Correa, Nereida 177
 Rivas-Correa, Soraya 202
 Rivera, Armando 105
 Rivera, Magali 191
 Robb, Larry 177
 Robb, Micheal 191
 Robbins, Adam 191
 Robbins, Amanda 177
 Robbins, Brittney 100
 Robbins, Kelsey 177
 Robbins, Nikki 76, 100, 164
 Robbins, Shelby 191
 Robbins, Tiffany 177
 Roberts, Rick 130, 158
 Roberts, Ryan 191
 Robinson, Ashlyn 159, 177
 Robinson, Brianna 103, 108, 120, 164, 191
 Robinson, Kelsey 102, 177
 Robinson, Kimberly 154, 159, 161, 163, 191
 Robinson, Lachelle 191
 Robinson, LaKeitha 48, 191
 Robinson, Marvin 158, 191
 Robinson, Mason 177
 Robinson, Raymen 4, 5, 106, 107, 191
 Robinson, Shahira 105, 164, 191
 Robinson, Tiara 191
 Robles, Arcelia 202
 Robles, Cecilia 102, 103, 191
 Robles, Natalia 177
 Robuck, Joseph 191
 Rochon, William 191
 Rockey, Eriea 66, 105, 191
 Rodriguez, Ana 177
 Rodriguez, Ana L. 202
 Rodriguez, Byanca 177
 Rodriguez, Consuelo 192
 Rodriguez, Cristian 177
 Rodriguez, Guadalupe 107, 162, 192
 Rodriguez, Jasmine 107
 Rodriguez, Jerry 192
 Rodriguez, Jesus 107, 162, 192
 Rodriguez, Jose 135, 162
 Rodriguez, Karen 104, 192
 Rodriguez, Maria 102, 106, 177
 Rodriguez, Mariana 106, 177
 Rodriguez, Martin 177
 Rogers, Chris 177
 Rogers, Colin 192
 Rokes, Ben 100
 Roland, Morgan 164
 Romero, George 178
 Romore, Robert 164
 Rooker, Ashley 192
 Rosenbalm, Deangelo 158, 192
 Roth, Amanda 25, 152, 153, 158, 159, 202
 Roth, Samantha 152, 153, 158, 159, 202
 Rothmayer, Joshua 192
 Rounds, Buster 160, 162
 Rounds, Tyler 158, 165, 178
 Rourke, Denise 74, 76, 77
 Rourke, Scott 162, 165
 Rowat, Megan 103, 108, 178
 Rowe, Dustin 178
 Rowe, Kami 178
 Rowe, Kyle 29, 102, 145, 164, 192
 Rowe, Mason 178
 Ruacho, Daniel 202
 Ruby, Danyelle 178
 Ruby, James 178
 Ruiz, Lacey 178
 Ruiz, Victor 178
 Rules, Robert 5
 Rumbaugh, Stephanie 192
 Rushing, Tenesha 178
 Rustan, Calab 192
 Ryan, Jaymee 192

There are more **love** songs than anything else. If songs could make you do something we'd all love one another.

-Frank Zappa





Yesterday's just
a **memory**,
tomorrow is
never what it's
supposed to be.
-Bob Dylan



Fake it until you **make** it.
-Steven Tyler

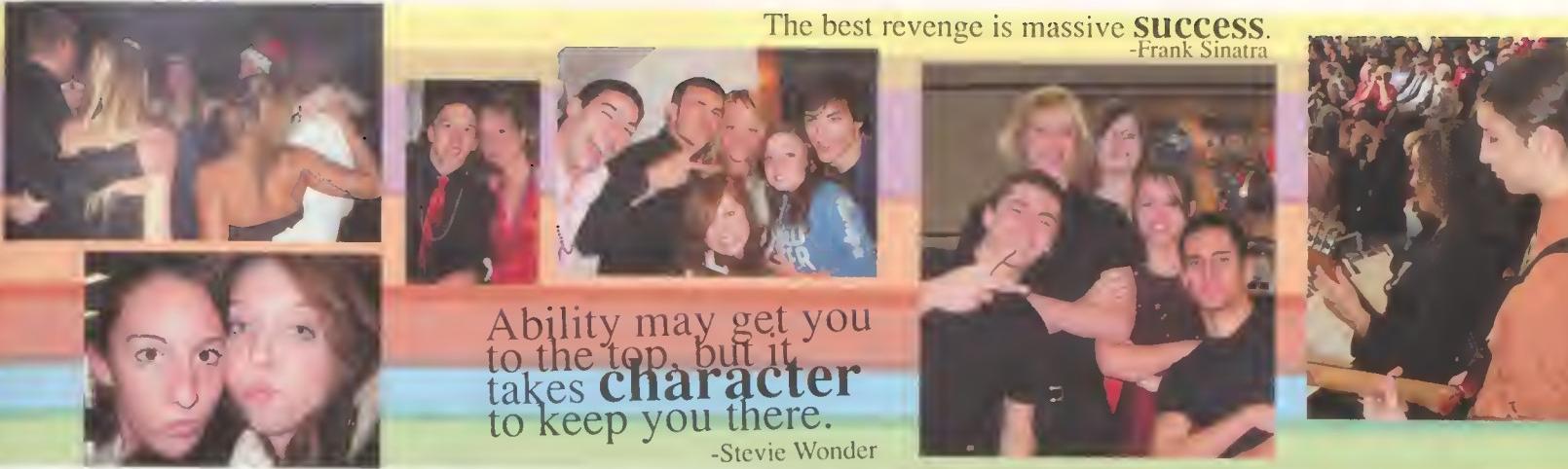


Schaff, Rhiannon 178
Schaffer, Samantha 203
Schaffer, Tabatha 192
Scheffers, Justin 178
Schibner, Amanda 100, 178
Schibner, Samantha 203
Schillinger, Brian 203
Schillinger, Connie 178
Schipper, Zachary 178
Schmidt, Antonio 203
Schmitt, Mackenzie 100, 107, 146,
159, 203
Schmitz, Adam 203
Schnoebelen, Jessica 101, 103,
108, 178
Schnoebelen, Nathan 103, 108
Schock, Michael 203
Schoon, Greg 158, 160
Schuler, Caitlin 159, 178
Schuler, Cory 203
Schultz, Jacob 178
Schumacher, Ashley 178
Schuster, Daniel 203
Schwartztrauber, Layla 101, 178
Schwartztrauber, Rachael 6, 96,
101, 203
science bound 92, 93, 107
Scott, Christian 165, 178
Scott, Craig 203
Scott, Dani 104, 106
Scott, Dexxter 107, 203
Scott, Jamie 203
Scott, Samantha 106, 192
Scroggins, Brittany 203
Sease, Tina 203
Segovia, Jesus 192
Seher, Tyler 178
Sellers, Mattison 12, 138, 139,
140, 141, 163, 203
Semper, Raheem 178
Senecaute, Haley 164, 192
Senecaute, Scott 178
Sengaphone, Andy 159
Senior Board 98, 99, 104
Seward, Heather 74, 100, 192
Seymour, Elija 158, 165
Shabazz, Bryce 203
Shabazz, Stephon 165
Shabazz, Terreon 103, 192

Shad, Mykeal 158, 164, 203
Shannon, Paige 6, 62, 164, 203
Sheeler, Carrie 107, 203
Sheldon, Sam 158, 164, 192
Shepherd, Charissa 192
Shepherd, Cody 101, 158, 162, 178
Sheridan, Stephen 192
Shimer, Michael 106
Shoafstall, Veronica 178
Siakhasonc, Abby 159
Siakhasonc, Vilaykham 192
Sibert, Tayler 102, 192
Siders, Natasha 6, 104, 105
Sigmund, Benjamin 113, 158,
162, 178
Sign Club 107
Sims, Antoinette 178
Singh, Jaspreet 46, 47
Sisamouth, Shandy 158, 192
Skalsky, Justin 192
Skeffington, Chauncey 101, 102,
106, 165, 192
Skinner, Jacob 203
Slifka, Alexandria 192
Slifka, Richard 203
Slinger, Kyle 113, 203
Slinger, Tyler 158, 162, 165, 178
Sloan, Larry 192
Sly, Kory 192
Smith, Alexandria 102, 178
Smith, Allison 161
Smith, Amanda 106
Smith, Cari L. 178
Smith, Christian 104, 105
Smith, Cody 203
Smith, Danielle 158, 178
Smith, Dashawn 178
Smith, Daveion 178
Smith, David 178
Smith, Derrick 40, 104, 107
Smith, Erin 102, 192
Smith, James 158, 178
Smith, Jayanna 102, 178
Smith, Junior Jessica 9, 23, 107,
124, 158, 203
Smith, Katelynn 124, 153, 158,
159, 163, 192
Smith, Katie 28, 104, 105, 164
Smith, Kiandre 107, 158, 160, 192

Smith, Mallory 104, 105
Smith, Marcus 31, 158, 192
Smith, Michelle 203
Smith, Richard 107, 192
Smith, Samantha 106, 132, 133,
161, 203
Smith, Seirra 103, 178
Smith, Shelby 161, 164, 192
Smith, Skylar 192
Smith, Spence 160, 165, 178
Smith, Tiffany 101, 158, 178
Smith, Trenton 103, 104, 105, 108,
154, 159, 160
Snow, Benjamin 192
Soccer 162, 163
Softball 140, 163
Son, Mary 104, 105, 159
Son, Sarah 103, 178
Sonderleiter, Mary 192
Sorensen, Kevin 16, 158
Sorensen, Stephanie 103, 108, 203
Sotelo-Mata, Leslie 106, 178
Sotelo-Mata, Melody 178
Soward, Willieontae 203
Sowder, William 23, 102, 106
Spagnolo, Tina 203
Spanish Club 106
Spaur, Brett 158, 162, 192
Speck, Addison 6, 10, 90, 91, 100,
104, 105, 151, 154, 159,
164, 207
Spencer, Darcie 104
Spence, Jeremy 178
Spencer, Jerrica 203
Spencer, Stacee 74, 100, 178
Spinks, Conner 192
Surgeon, Courtney 179
Surgeon, Crystal 192
Starace, Robert 40, 41, 101, 102,
103, 106, 108, 192
Starcevich, Don 164
State, Michael 192
Steben, Ashley 163, 203
Steinke, Kim 108
Stephens, Tara 192
Stephenson, Lyle 192
Steuerwald, Jamie 105, 203
Stevens, Anthony 107, 192
Stevens, Donald 192

Stevens, Karlie 103, 106, 192
Stevenson, Traesha 192
Steward, Matthew 179
Steward, Thomas 193
Stewart, Ethan 179
Stewart, Travis 102, 103, 106, 108,
179, 203
Stigler, Belinda 29
Stilson, Brittany 103, 106, 107,
108, 193
Stock, Paige 100, 105
Stockbauer, Leah 193
Stookey, Justin 158, 193
Stookey, Rhonda 179
Storm, Stephen 179
Stout, Codie 203
Stoutenburg, Carl 103, 108, 203
Stoutenburg, Meri 103, 108, 179
Strahl, Alyssa 193
Streeper, Sunshine 179
Street, Chad 116, 160
Strock, Sarah 161
Strohmaier, Chris 84, 108
Strother, Josh 52, 84, 103, 108
Stroud, Kara 179
Stroud, Katie 203
Stroud, Sarah 105
Stuber, Steven 204
Stuhr, Allison 106, 163, 193
Stumm, Tyler 160, 193
Sturtz, Katie 14, 99, 104, 105,
159, 241
Stuve, Devan 78, 100, 103, 179
Sullivan, Christopher 9, 113, 158,
162, 193
Sullivan, Jennifer 100, 204
Sumlin, Daquinta 204
Summy, Derek 55
Summy, Kelsey 161, 179
Sur, Bien 51
Sutton, Errol 179
Swackhamer, John 193
Swanson, Johnathon 158, 193
Swimming 164
Swinehart, Jason 105
Swisher, Corey 193
Symphonic Band 103
Sysombath, Bobby 101, 193
Sysombath, David 179



The best revenge is massive **SUCCESS**.
-Frank Sinatra

Ability may get you
to the top, but it
takes **character**
to keep you there.

-Stevie Wonder

Syvixay, Brittany 74, 100, 106,
156, 193
Syvixay, Joshua 204

t

Tappan, Katelynn 96, 101, 191
Tarr, Amy 86, 104, 105
Tavera, Franeiseo 179
Taylor, Kierra 179
Teichroew, Jerel 193
Templeton, Zaekary 179
Tennis 159
Terrazas, Leonnell 204
Terrell, Khennedy 179
Terrones, Andres 193
Terrones, Vietor 204
Terry, Dante 158, 179
Terry, Heather 66, 105, 204
Tharp, Christina 6, 91, 100, 104,
105, 163
Tharp, Randy 101, 193
Theater Arts 107
Thephavong, Brenda 179
Thepkome, Pinda 179
Theppanya, Matha 104, 105
Thevenot, Lucas 105
Thomas, Dustyn 179
Thomas, Paris 148
Thomas, Tye 204
Thompson, Alan 204
Thompson, Cameron 193
Thompson, John 40, 41, 76, 77,
100, 107, 204
Thompson, Joshua 179
Thompson, Julian 179
Thompson, Marissa S. 193
Thompson, Nicki 193
Thompson, Robert 148
Thompson, Scott 70, 193
Thompson, Stan 10, 52, 144,
145, 164
Thompson, Tommy 107
Thompson, Tyler 204

Thor, Tongkou 179
Thurmond, Megan 103, 108,
164, 193
Tiano, Nicholas 193
Timm, Alexis 58, 164, 204
Timm, Evan 164, 179
Tinoko, Miguel 193
Tinsley, Jacob 179
Titus, Ashley 193
Titus, William 158, 193
Tonear, Brett 104, 130, 131, 146,
158, 159, 162
Toomer, Samantha 100, 102, 193
Torres, Afton 55, 204
Torres, Joshua 179
Torres, Maria 179
Torres, Samantha 164, 193
Torres, Thomas 193
Træk 164
Tran, Anousone 193
Tran, Charles 179
Tran, Jessica 106, 144, 164, 204
Treen, Kelsey 104, 159
Trejo, Jose 182
Trejo, Lesly 193
Trejo, Yoali 179
Trigg, Brittney 179
Tucker, Aaron 193
Tudovie, Domagoj 204
Tudovie, Zaslina 179
Turay, Esther 106, 179
Turner, Casey 159
Turner, Diamond 107, 164, 193
Turner, Kania 102, 204
Turner, Shanae 193
Turner, Tara 160, 179
Turner, Taylor 179
Tutje, Travis 103, 108, 193
Tuttle, Nieholas 179
Tyler, Nadia 100, 179

Ukpan, Horaleo 160, 193
Ukpan, Leo 158, 164
Ulmer, Melissa 138, 193

u

Ulmer, Missy 154, 159, 163
Underwood, Bradley 128, 158,
193
Ung, Jesse 105, 159
Updike, Paige 193
Upward Bound 104
Urbina, Abigail 193
Usovsky, Brianna 104, 106, 204

X

Valadez, Orlando 134, 162
Valdez, Jose 193
Valdez, Mariana A. 204
Valenzuela, Emanuel 204
Van Cleave, Karla 106, 193
Van Dyke, Brittany 179
Van Gundy, Allen 66, 67, 105,
160, 164, 204
Van Gundy, Amy 104, 105
Van Gundy, Rose 193
Van Weelden, Robert 83, 101, 204
Van Winkle, Cody 179
Vandermark, Joe 193
VanderPloeg, Jessiea 102, 204
Vandersehoor, Joseph 160, 179
Vang, Jiear 33, 36, 87, 98, 99, 101,
104, 105, 106, 146, 159
Vang, Kee 104, 159, 204
Vang, Naipong 101, 104, 193
Vang, Pa 89, 102, 103, 104, 158,
165, 193
Vang, Va 158, 179
Vang, Xylon 204
VanGorp, Ashley 103, 105, 108
VanGundy, Brooke 104
VanHelten, Adam 104, 105, 162
VanHelten, Ethan 164, 204
Vanvongthong, Phonesiri 104
Vanvongthong, Phonethip
104, 105
VanWeelden, Robert 103, 108
Vargas-Palma, Ezequiel 193
Vargas-Palma, Yuri 193
Varos, Melody 106
Vasquez, Mario 204

Vaughan, Sarah 50
Vega, Ivan 204
Vega, Perla 177
Velasquez, Maria-Moni 193
Velazquez, Luis 179
Verwers, Ryan 193
Villalobos, Jay 103, 158, 193
Vineent, Aaron 107, 158, 193
Visser, Emily 204
Volleyball 159
Vong, Jennifer 101, 103, 179
Vong, Jessiea 67, 104, 105, 204
Voshell, Grant 158, 164, 179
Vry, Kylie 138, 163, 193
Vry, Tyler 102, 107, 179

W

Waddell, Robert 204
Wade, Brooke 82, 101, 102, 193
Wagner, Beverly 105
Wagner, Christina 193
Walker, Jeffrey 193
Walker, Kelsey 105, 158, 179
Walker, Pamela 105, 194
Walker, Tasjanae 104
Walljasper, Tim 158, 162
Walton, Brittany 179
Ward, Kayla 159, 179
Warming, Sam 164
Warner, Craig 204
Warren, Taylor 163, 179
Wasson, Brandy 179
Waters, Devin 194
Waters, Samantha 141, 161, 163
Waters, Sierra 179
Waters, Victoria 179
Watkins, Brandon 104
Watkins, Jaeob 204
Weatherall, Jared 93, 107, 158,
160, 204
Webb, Cheyanne 194

Webb, Matthew 165, 194
 Webb, Nikole 179
 Weber, Andy 158
 Weesner, Crystal 101, 106, 194
 Weets, Aarron 204
 Wegner, Nichole 204
 Weichman, Brittani 101, 194
 Weiland, Megan 205
 Weinman, Alicia 104, 159
 Welch, Glen 46, 160, 205
 Welker, Jorden 159
 Wellons, Yasday 194
 Wells, James 162, 205
 Wells, John 162
 Wells, Zach 179
 Weltzheimer, Randy 194
 Wendel, Timothy 179
 Wentland, Johnny 103, 165, 194
 Wentland, Jordan 165, 194
 Wessel, Ashlyc 105
 Wessell, Amber 102
 West, Cole 158, 162, 179
 West, Stephen 205
 Whalen, Edwinn 205
 White, Andrea 41, 107
 White, Daejore 180
 White, Kaylee 180
 Whiteman, John 103, 107, 108, 205
 Whitfield, Kelscy 101
 Whitfield, Kelsey 103, 180
 Whitson, Nyla 205
 Whittington, Taylor 165, 205
 Wiand, Kian 116, 160, 194
 Widlund, Matthew 113, 158,
 162, 194
 Wiczorek, Carly 100, 180
 Wignall, Ashlyc 205
 Wilber, Brooke 102
 Wiles, Markey 194
 Wiles, Terry 158, 180
 Wilford-Kirk, Nicole 106, 194
 Wilkerson, Blake 158, 180
 Wilkinson, Blake 194
 Wilkinson, Brittany 144, 163,
 164, 194
 Wilkinson, Dylan 180
 Williams, Allen 106, 158, 162,
 165, 205
 Williams, Briana 180

Willianus, Bryan 162
 Williams, Christopher 40, 73, 102,
 106, 194
 Williams, Daric 98, 104, 105, 164
 Williams, Lauran 161, 180
 Williams, Miya 88, 89, 103, 180
 Williams, Natc 156, 158, 165
 Williams, Neesha 180
 Williams, Ravon 103, 106,
 108, 180
 Williams, Sydncy 9, 11, 14, 20, 78,
 87, 100, 104, 105, 108,
 241
 Williams, Travis 194
 Williams, Volin 205
 Willson, Brookc 205
 Willson, Robert 205
 Willson, Sheena 194
 Wilson, Adrian 205
 Wilson, Amanda 161
 Wilson, Chelsea 105, 205
 Wilson, Cody 158, 180
 Wilson, Derick 129, 158, 194
 Wilson, Shawna 78, 89, 100, 101,
 103, 107, 194
 Wilson-Cross, Tobias 158
 Wind Symphony 103
 Winousky, Kayla 101
 Winterbottom, Austen 63, 165
 Wisnousky, Kayla 101, 159, 180
 Wisnousky, Tyler 195
 Wissler, Christopher 195
 Wissler, Jessica 100, 205
 Wolf, Adam 205
 Wolfe, Brian 180
 Wolfe, Michael 180
 Wolfe, Ronald 205
 Wollesen, Christopher 160, 180
 Wollesen, Dcrek 205
 Wollesen, Kacey 35, 62, 63,
 105, 205
 Woltz, Lacy 74, 75, 100, 195
 Wom, Sara 180
 Wong, Sento 195
 Wood, Grant 29
 Wood, Michael 101, 102, 106, 205
 Wood, Nicole 163
 Wood, Samantha 102, 180
 Wood, Tyler 181

Woodard, Teenah 103, 108, 181
 Woods, Katie 103, 108, 195
 Woods, Kayla 181
 Woods, Kennesha 104, 164
 Woods, Kylee 100, 104, 105, 159
 Woods, Mikayla 205
 Worden, Joshua 181
 Woxell, Amber 205
 Wren, Cody 159
 Wren, Nickolus 159, 205
 Wright, Anthony 181
 Wright, Heather 195
 Wright, Melissa 181
 Wyant, Nyasha 205
 Wyant, Tyree 205

Young, Thomas 158, 164, 181
 Zambrano, Eli 181
 Zamora, Leonel 181
 Zelaya, Ismael 181
 Zenor, Joshua 195
 Zermeno, Rosic 195
 Zimmerman, Jake 160
 Zust, Amanda 140, 141, 163

Z

X
Y

Xiong, Paoge 159

Yang, Dao 104
 Yang, Samuel 181
 Yaw, Jessica 205
 Yingst, Ashley 66, 67, 86, 104,
 105, 161
 York, Patience 195
 Young, Artell 195
 Young, Ashley 105, 181
 Young, Chase 195
 Young, Chelsea 181
 Young, Clayton D. 181
 Young, Courtney 181
 Young, Jennifer 102, 106, 195
 Young, Josh 107
 Young, Kelcey 163
 Young, Lindsey 195
 Young, Nicole 205
 Young, Robert 103, 106, 107,
 108, 195

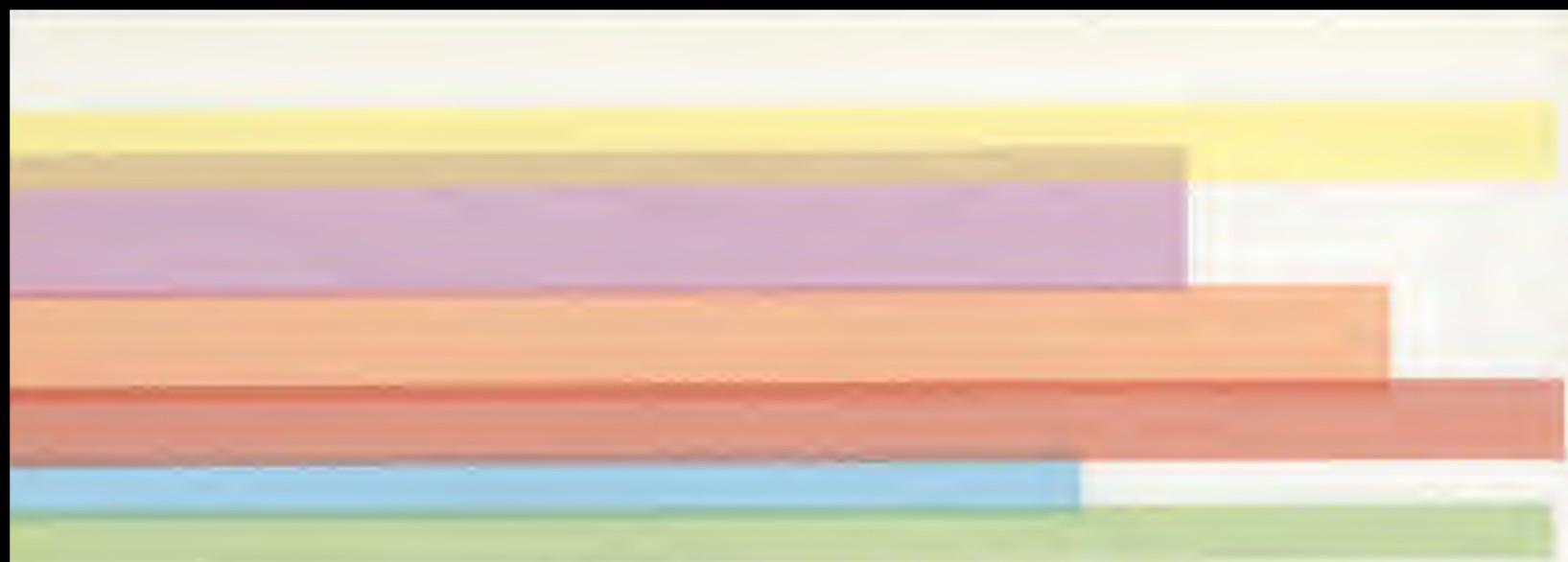
If it is worth
doing, it is worth
overdoing.
-Steven Tyler

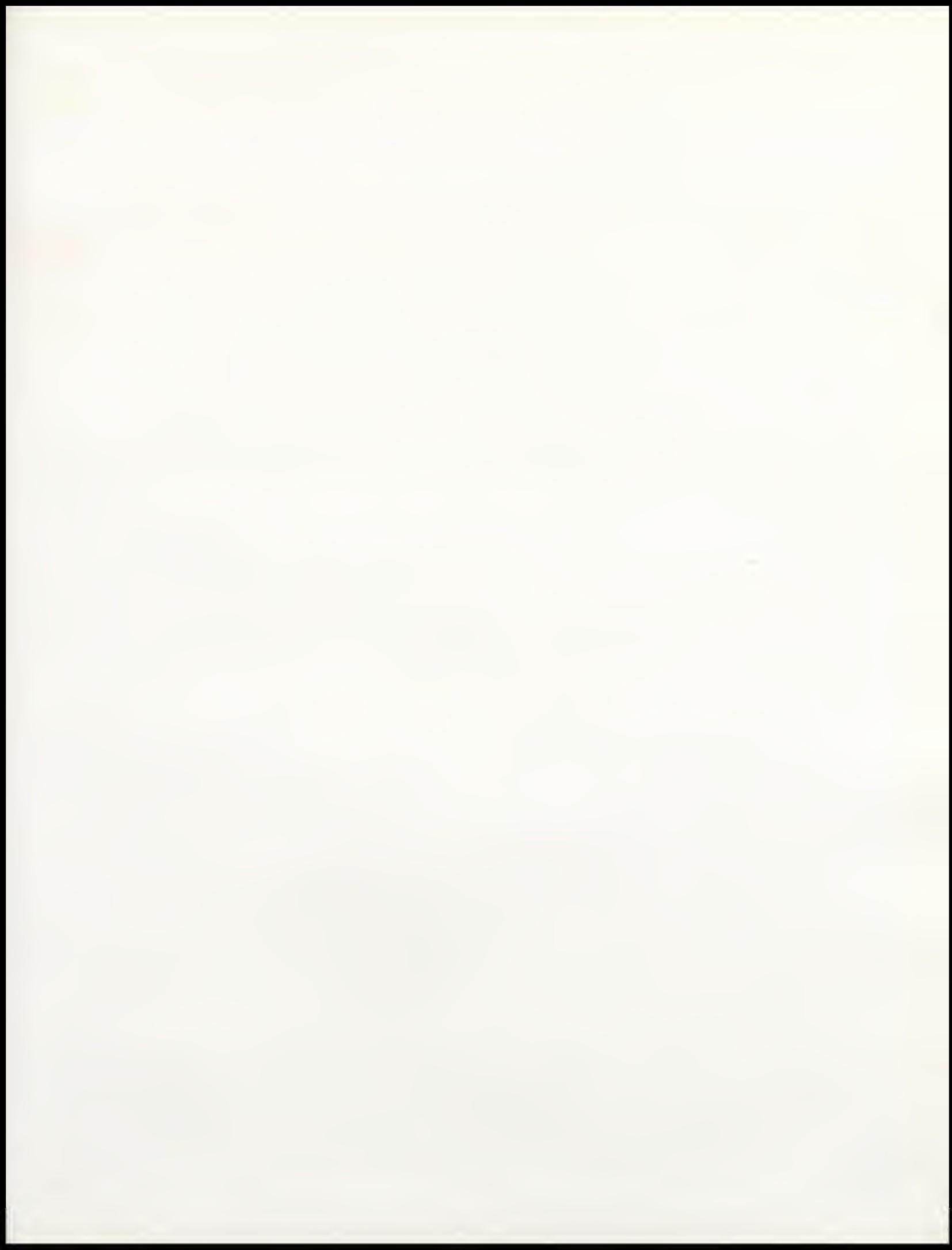


The one thing that can solve most of our
problems is **dancing**.
-James Brown



autographs
on paper

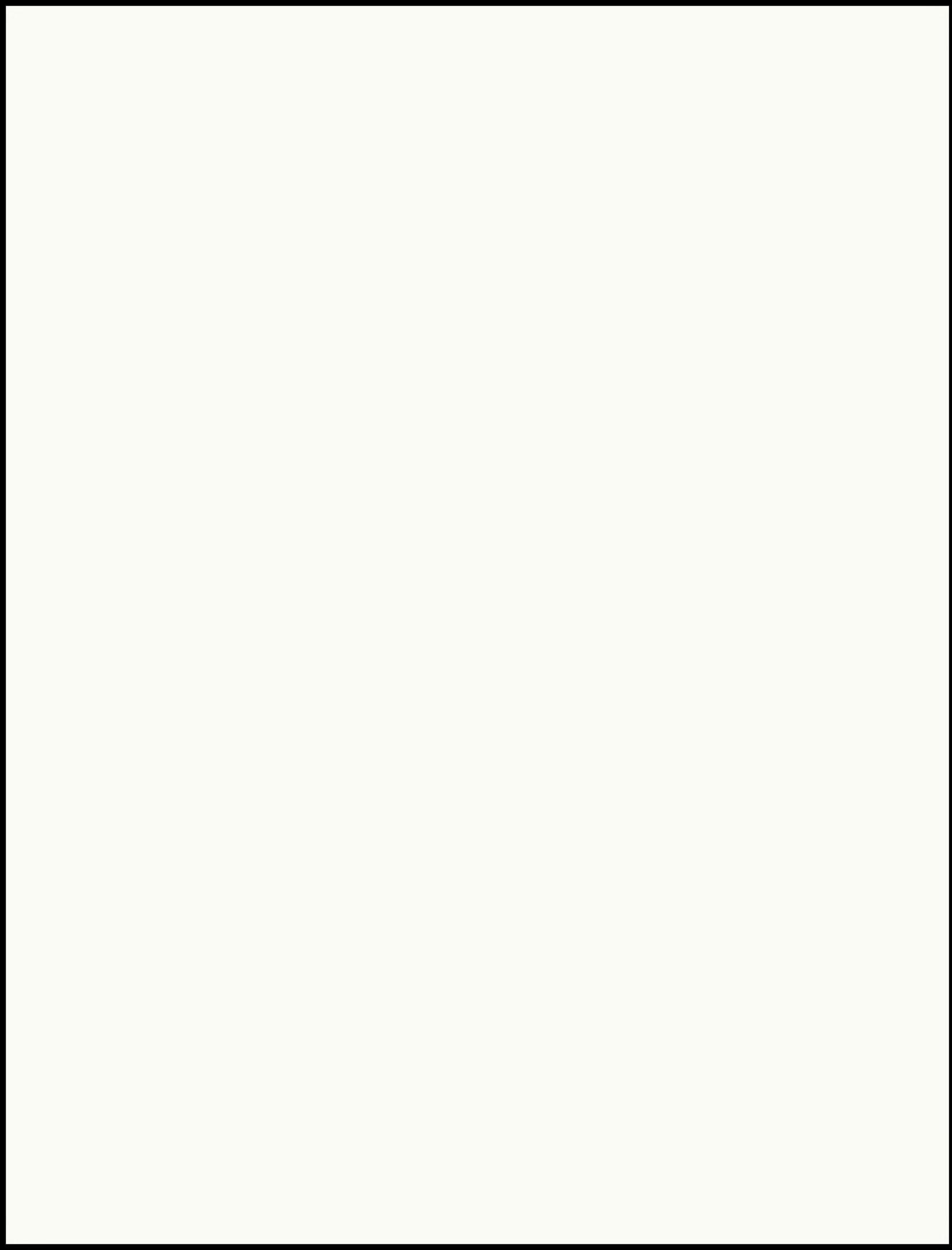








HJ



congratula



tions



Class of 2007
2007 Class

